

THE UNOFFICIAL

WOG MANUAL

SELECTED WORKS BY SEAN KENNEDY

EDITED BY AVAGDU

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NOTICE:

This is currently VERSION 1.0

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PREFACE

The majority of the following manual was transcribed as a labor of love over several months time. To begin with my motivations for creating this manual were entirely selfish. I wanted a way to have a condensed, easily referenced document of what I felt were the gold nuggets of information presented by RantMedia. Transcribing the material was like writing down my own thoughts coming out of the mouth of Sean Kennedy. I agree with most of what he has to say, and frankly, he says it better than I ever could. But in an effort to 'become the media', I have learned many things since beginning this manual that will help me share my own voice and ideas with the world. The manual is as close as I may ever get to a statement of belief, and it is something that I wish to share with all my friends online and off in order to better explain my how my mind works. To explain what it is to be a Wog and why.

The second reason I created this manual was for the RantMedia community. I hope that you share my vision of the Wog manual as an extremely useful tool to promote RantMedia and the ideas they embody. To paraphrase Sean Kennedy, fans are Wogs and they think for themselves. That is what I hope we can accomplish. I think one of the most important lessons we can learn from early organization of Wogs is the strength that comes from bringing together diverse counter culture groups under directional chaos. We will not be successful if we continue to fight amongst ourselves over issues of little significance to our own daily lives.

Over the years since RantMedia began broadcasting, tyranny on the North American continent has reached exponential proportions. This is an issue of extreme importance as it determines the fate of generations. Whether you believe criminal elements within our own government are to blame or soulless multinational corporations, RantMedia exposes their malicious intentions and aptly titles them "the corpolitical". RantMedia stands as a bulwark against authoritarianism and corruption and speaks to the only audience that will truly enact change - young people. If we do not cut the poison from our ailing countries we will lose our nations forever. We must act now.

RantMedia has taught me so much over the years and I owe them a debt of gratitude for setting the pace on my path to becoming a more free individual. I now understand the importance of self-reliance and I have the knowledge, the courage, the skills and the equipment to face any challenges that I may face in this unsettling new world that unfolds before my eyes. I hope they do the same for you.

As a final note, this document is living - it is not canon. It is like a smorgasbord, take what you like and leave what you don't. Modify it as you see fit, but please credit the people who worked hard to bring this to light. If you think something is missing, spend the time to transcribe the material yourself then release your own version. If you'd like to add it to this document, contact me and I'll review it for future releases.

Thank you, I hope you enjoy this as much as I do.

- avagdu (Sunday, February 24th, 2008)

SKTFM.TV

SKTFM.TV is an ongoing video series of Sean's adventures through life. The first episode premiered in 2001. Throughout the series Sean antagonizes dangerous cults, denounces blind consumerism, reveals the school prison state, condemns corrupt corporations, experiences Burning Man festival and explores ideas with gear, kit, and self empowerment that will become the precursor to the Patrolling with Sean Kennedy video series. The series is presented as entertainment and educational only, do not attempt to recreate the material presented. The following is selected and pertinent transcriptions from the video series. To view the full episodes, go to <http://sktfmtv.rantmedia.ca>

SKTFM.TV (2001) Episode 1

“Focus Of The Mind” 33:00 – 35:44

You know what's really weird? You get a lot of people and they look around the world today – You see everything happening in society, you see everything on the Internet, you see everything in advertising, all that kinda jazz. You know what it winds up being? It winds up being confusion. Confusion and distraction. Distraction and confusion.

Confusion is the tool to stop your brain, your mind - from focusing on the things that are important to you. That's the problem. That's what you need to wonder about. You got to get yourself focused. If you don't have focus, your bitched. Without focus of the mind you got nothing. Without focus of the mind you can't focus on the things that are important to you.

Why are commercials designed the way they are? It's all shock cut! Shock cut! Shock cut! Everything's in on you, right in your face. You can never determine what's important to you. You can never see what's important to you, you can only see what they want you to see. And then, after you've been deeply programmed, after you've been crammed in your little cell for a while – your bitched. You're bitched! You got nothing you can go with.

And then what? Then what do you have, huh? Then you're just lost, you're wandering around, no idea who the hell you are. You got no focus. You got nothing going on in the mind. The mind is important. Your own mind is important. That's what you need to remember.

OK, so how do you do that? How do you do that? How do you purify your mind? How do you keep yourself so your head's clean and clear and you can think? First thing you gotta do is shut everything else off. You got to close down all the other things that aren't really important and don't really matter.

You sit there and you got all this television and wanting and needing, your wants and needs, your needs and wants, and everything gets all fucked up and you have no idea which is important and which is not important. Stand back, unplug, turn everything off, sit in the dark for a while. Gotta reboot the head, man.

You gotta reboot the head, man. 'Cuz if you don't reboot the head, you're fucked. You're fucked. And then what? Then what? Then what do you do? You're sitting there, you have no idea what you want. So you have to focus. You have to sit there, turn everything off and then turn it back on and think about who you are, what it is that you want. What do you want out of life?

What would other people see if they sat back and watched you for a long period of time? What would be the thing that they witness out of your life? Number one thing you gotta remember is how important you are. You gotta remember how important your own thoughts are, your own beliefs, your own ideals. 'Cuz you know what? At the end of the day, nothing anybody, anyone else says matters!

People come at me all the time saying “Hey Sean! Hey Sean, you should do this! Hey Sean, you should do that! Why do you run KULT this way? Why do you want to do this? Why do you want to go to MTV? Why do you want to talk to people in modern media?” Hey, you don't like it fuck you, OK? I got no time for that. Alright, I'm just trying to live my life and do what I want, with my thing.

You wanna do something? You do something your own way. Do it your own way! You don't need me, you don't need television. You don't need Ghandi, Buddha, God, nothing man. You don't need none of that! You got to unplug the mind and focus in on yourself. Because you are your own person, that's what important.

So what are you supposed to take out of this? What is the idea that you're supposed to have inside your own head? The number one idea that you gotta have inside of your own head is that you don't need anybody. You don't need anyone. You always gotta remember what's important and what's important for you.

Don't start buying shit just 'cuz you see some images on the screen or on the TV. Don't listen to Sean K because Sean K tells you stuff, don't listen to the media because the media tells you stuff. Don't listen to Henry Rollins, or Jello Biafra, or Noam Chomsky, or any of those guys just 'cuz they tell you stuff. Go make up your own mind. Get all your data, make your own decision. And always remember, Hey! I could be wrong. My name is Sean Kennedy, and I am The Fucking Man.

“Mall – The New Church” 23:42 – 24:47

This would be the new church. Today's Sunday, it's before the show. And as you look around, you will find that people come from one church, and they go to another one. The corpolitical church of the mall. The great mall. And people wonder why, y'know, they walk around - they see things.. and they do these different little rituals on their Sundays, they come down here, go to the mall.. y'know?

And something where it would be as simple as y'know, buying a.. I dunno, fuck - whatever it is you need to buy, you spend it – wind up spending hours and hours and hours wandering through the mall. Now this is all shot on 8mm tape because it becomes very painfully obvious as you walk around and you see things, how incredibly corrupted things have become.

When our sense of community becomes “Wow. The parking at the mall is really bad.” And everybody knows what you're talking about. Because it's the 'intensity' of the mall. The atmosphere of the mall. And it's nothing more than a series of shops. I don't really get that. I really don't understand how that works. And I don't know how we got to that stage. When the mall became a social mecca. When the mall became a place to meet chicks.. y'know? There's something fucked up about that.

“Army Surplus Gear” 12:48 – 23:36

What's next? What's next is.. army surplus gear. It's very important that to be a professional in today's day and age you have to look the part. You have to look like - “Hi! I could fix your network, but I could probably kill your family!” Best way to do this, is do most of your shopping at an army surplus store. And army surplus stores are handy that way. So here's an intro for my army surplus store segment.

...

When you're out, and you're looking around, you're gonna be running around in the web, on the net, that kinda thing - it's one thing to be looking for army surplus gear and kit that you got to keep the kit with you, but you never get a chance to actually touch it. So where do you go to get the good kit?

You can go to places like eholster dot com where they have like, your hundred and fifty dollar leather sling, but then, what happens then? You've got no place to actually go and check out stuff, hands on. So the best place to go to check that kinda stuff out – you wanna go to an army surplus store.

Because you can get good deals at good prices, if you go to the right place. The best place I've found is my buddy Dave's. Which is where I got my shoulder rig, which I've been wearing for a good chunk of my life. They've been snapping, going here and there - but this guys got all the good shit from all the different countries. We are going to give a point about how that works now – Check it out. That's Dave's.

..

OK, first things first, when you go in an army surplus store, you're not treated like a fucking scumbag, you're a guy there, you're paying for a product, which you should be the one who gets treated like a good person, I don't give a fuck how old you are, because guys are gonna be coming in to spend cash. Now, let's see, what are we here for? We're here to get gear for your kit, alright?

You can go into Nokia, and all these other places that sell those shitty little fucking pleather cases which are good for nothing anyway, or you can go get something that costs you half as much, lasts you twice as long, and won't get you in trouble for stomping on squirrels.

The kind of stuff I'm talking about is these guys here – Calde Ridge for example. Now Calde Ridge is a local company, they do all their stuff, there's places – Calde Ridge dot com. And you pick up, let's see, a cell phone case off of these guys for like - seventeen bucks, eighteen bucks, depending on what their make is.

The advantage of going with a place that's got mil-spec gear? It's all done with heavy cordura. Everything should be double stitched. Doesn't really matter so much what its made of, as long as it's heavy material but the big thing you got to watch with all things is stitching. Stitching, stitching, stitching. If the stitching's no good, get it the fuck out of here. It's OK to spend good money on kit, if you don't spend it, then get out of my face.

Now if you're going to be buying kit, the one thing you gotta know is – what kind of a carrying system are you gonna go with? Are you gonna go with a carrying system that's going to be all on your belt, you gonna get all Batman about it? Or are you gonna go for an all over body solution, OK? If you're gonna go for an all over body solution.. this is the next step up. 'Cuz you can go from like, you can go to a belt solution, where you take a series of belts and then put your pouches on there. Which is good - however getting in and out of vehicles, can be a little bit timely, going over fences - things of that nature.

The next step above that is to go for a shoulder holster solution. This is what the guys at eholster dot com did. They took a general shoulder holster - put your PDA on one side, your cell phone on the other side. Used one for a while. Very, very good. Don't drop your gear. 'Cuz y'know what, when you drop a six hundred dollar cell phone, it sucks a lot. Not only that, you drop your PDA – you've lost all your data - very, very shitty.

So, but then, what next? Because you've got your GPS, you've got your MP3 player, it's just not going to fit in a shoulder rig any more. So what do you gotta do? You've got to switch to an **all over body solution**. Got to get that buzz word in there, OK?

If anybody gives you any flack, hey well that's their problem, alright? What I got on here is I got an assault vest. Assault vests you should be paying anywhere from fifty to about a hundred and twenty, a hundred and fifty Canadian for. Which is about what? Seventy-five cents American? Something like that.

But the point is.. is if you spend the good money on the good kit.. places that make good kit? Guys like Black Hawk, Eagle Industries, Calde Ridge also makes some stuff – but I don't think they make.. any kind of assault vest solution. But if you're just going to be starting out, there's no sense going and spending a hundred and fifty bucks on getting yourself a decent assault vest. You can get some pretty good solutions for belts.

A lot belts come out have zippers on the inside so you can put things like handcuff keys, you can get your various lock pick tools, I mean, whatever you really need and keep in there. Usually cash. Cash is king. Gotta have cash in there, if you don't have any cash in there, it's gonna be no good.

OK - When you're looking at a load bearing solution, OK, you gotta make sure that you're getting something that's a little bit rugged, a little bit more hardcore. Why do you go with mil-spec rather than some shit you buy at say.. Oh, I dunno.. Like Fucking *La Chateau*? The reason why is 'cuz the guys at *La Chateau* don't use their gear. The king here is function over form. That's the idea. If you have the fact that you can get some good kit that's military grade, you know its made for people who run around and shoot other people. So this is why it's a good idea to have kit made that way.

This kinda stuff here – this is South African webbing, OK? This is from 1984. The load bearing system I was wearing before, which was all black, probably pretty hard to see and to tune in on. That's also South African design. These are people who like, run around in the desert all the day, every day. I mean African climate's very, very warm.

A vest solution is better than a jacket some times. You know what? In the summer, you're running around, you're doing a lot of stuff, you get really, really hot. Heat is a killer. Gotta keep cryo. You don't keep cryo everything goes for shit, OK? If you're going to be buying something, make sure that your kit has got.. like, don't get anything that's too worn through. 'Cuz it's gonna wear out, that's no good either.

And it's OK.. and people go “Well I work in a corporate environment, I have to wear, y'know, suits and stuff like that, Sean..” The solution here is to, A - keep your kit clean and keep it tight. This right now looks like a big bag of webbing, OK? But if you sit there, you do up all your straps, you keep it all tight and professional, you look like you're a pretty keen solution to any kind of problem that could possibly happen, OK? You don't look like you're a piece of shit, you look like you're a guy who's got it going on. OK, you're like “Wow, that guy's dialed right in, he looks like a fucking shock trooper.”

Doesn't really matter. What matters is what's on your person, have you got the gear you need. That's what's important. That's what you got to bear in mind when your purchasing this stuff. If it costs a hundred and fifty bucks and it's brand new, think about running it through your washing machine a little while, stand on one arm and pull on the other one, does it come apart? No fucking good.

There's a nifty little solution invented for people who are worried about tearing the shit out of their clothing. It's called rip-stop nylon. What is rip-stop nylon you ask? Absolutely. It is the cyberpunk solution.

What you gotta do is.. rip-stop nylon - when you tune right in on this, you'll see the little tiny squares.. look at all the little squares, they're just all right there. You know what happens there? If you rip one of 'em, it'll only fray to the edge of the square. As opposed to where as if you rip like, a general piece of cloth, it will tear out the entire thing. So, rip-stop is a solution. Why? 'Cuz it has purpose. Everything you have, has to have purpose. **If it doesn't have purpose – it's fluff.**

Another piece of kit that you gotta have in every single AWOL bag, I don't give a fuck who you are, 'cuz you know what, you're gonna go out somewhere, you're gonna crash, you're gonna need a place to sleep. You know what you need to have? **Any idiot can be uncomfortable.** Important to remember. Every idiot can be uncomfortable. It takes a little bit of fucking knowledge and know-how to be comfortable, OK? Ranger blankets. Ranger blankets.. this whole fucking blanket probably weighs less than a pound. It's actually made out of recycled garbage bags. Super light weight, super warm. I've used one up to minus thirty. You couple this with a Gortex bivy bag - you are good-to-fucking-go in any urban environment. Very, very sweet.

OK - So, you've gone.. you've got all your kit. You're gonna have a bag to put it in, because, you know what? A vest isn't too much, and we need to go to extremes. We need to have a back pack to load our shit in. OK, the number one thing you gotta remember here is you can't have more than thirty percent of your own body weight, OK? So take what you weigh, divide it by like.. zero-point-three-zero and you get your thirty percent body weight. If you hump more than that, no matter who you are, you're going to wind up falling down and going boom, OK? Nobody can carry that for more than an extended length of time. You know what? Carrying your shit around will become a hassle – nobody likes hassles. Don't do it.

If you're gonna be going for some serious volume you want something that's small, light weight. Yea, sure , a solution like this, you go with like, your South African bergen. OK, yea. What can you carry in here? Well, most of South Africa. Hence the name. But, you don't really need to pack that. What you're gonna need to pack, is your going to get yourself a nice day pack, something like this.

This is a rip-off of the Eagle Industries Beck Patrol Pack. It's what I use, I use the Eagle Industries one, I don't use this one here. Whenever you're looking at a bag, your checking things, like you're checking your strapping on the bag, you're making sure these shoulder straps can stand up to some decent abuse, you're making everything's breathable, you're making sure that the whole works has got an all over points so that it's not gonna go when you put some wear and tear on it. Bags die, it's what they do.

You're going to spend money on kit that you're gonna use everyday? Here's what you're going to spend it on - you spend it on your boots, you spent it on your bag and you spend it on a decent tunic jacket.

Knives. What about knives? “Sean, you gotta get a good knife, what kinda knife should I get?” What kind is the knife we should get? OK. The kind of knife you wanna get is.. this is very, very important. First of all, a knife's got to feel good to you. If it doesn't feel good to you, it's good for shit. Second of all, it can't send you to jail. Yea it's great that you don't wind up bleeding in an alley somewhere, but it's no good to get ass fucked in the shower either, OK?

So here's what you gotta do – when you're looking at a knife, you could go for something like this, a Ka-Bar solution, but where the hell you gonna carry something like that? “Oh, excuse me officer, no.. I'm scared of cardboard boxes and dogs a lot!” No, it doesn't work, OK?

So, you go with a smaller fixed blade. Yea, absolutely, but then you feel like.. well, no. Because it's really gonna be hard and you're going to end up hurting yourself more than that. The number one solution you wanna do is get yourself a folder.

Folders should be ambidextrous, thumb opening. If you're gonna open one in front of a cop, OK, you don't sit there and pretend you're ninja-boy-rambo. OK, you don't do that.. What you do, is you sit there and use two hands and only.. if you drop it a couple times it's good too. 'Cuz a lot of places have laws concerning that. Familiarize yourself with the laws. Knowledge is power.

I myself, what I carry – I go with a CRKT – Columbia River Knife & Tool, they make a good knife, it's a cheap buck and you don't wind up paying through the nose like you do for SOG and for Cold Steel stuff. This thing here was designed by Bob Casper and another dude named Finley Crawford I think his name is, anyway he's all over “Tactical Knives”. These are solid knives, good blade. Knives are tools, you do not throw them. “Oh, I throw it too..” Gil Hibben knives, y'know those really fancy dancy ones - good for shit. OK, they're all show - no going. What's the rule? **Function over form.** That's the plan.

There's a lot that you can do with shoulder surfing. But there's a lot you can do from shoulder surfing from across the street. And it's even better when you can shoulder surf from down the block. We're talking about optics. If you can get a hold of a decent set of optics.. something with some good.. you can get some stuff that has ambient lighting, but you start getting into that kinda thing, unless you steal it from the army, you're going to be making some big bucks invested into that.

What you're going to do is get yourself something small, compact, take a look - think about functionality, think about waterproof. You're gonna be outside, you're gonna be going binning, you're gonna have posting watches. Guys are gonna be on rooftops looking to see what gets thrown in the trash. You need to have something small you can pull out of your AWOL bag or your 'tac' vest and make sure that you can spot it, OK? Some guys junking out trash, hey it's his garbage, you can pick it up. But you gotta know its there. You gotta know, you gotta see it. That's why optics are the way to go. You're spending any where between fifty bucks to two hundred bucks - but it's gravy, it's gravy.. you can get a larger piece of kit, you don't have to spend the big money. OK, that's the plan.

OK, last but not least, OK, when you go to an army surplus store, the number one thing is price. Most of these guys buy their stuff in case lots. OK, they buy it from abandoned kit from the government. Obviously the optics and stuff they don't, brand new kit they don't. But you shouldn't be paying through the nose. If you're going to keep on going in there, guys like, Dave's here. I mean, there's a lot of army surplus stores around, why did I do Dave's? Because Dave's got the best gear at the best prices and he treats people well. You can get Dave at the email address below [<https://dstactical.com>], he does shop online, and your American money always counts for more cash up here, OK? So, until that.. that's pretty much what you're looking for in an army surplus store. Make sure you don't get caught up in fluff. If something doesn't feel right, you're probably being ripped off.

SKTFM.TV Episode 2 (2001)

“Stupid Rich People” 9:02 – 11:36

Sean: This is the state of our society – I'd like to buy my wife something.. well that's good right? “I can sell you this four hundred dollar pen?” Yea? And I can sell you a beating. Fuck off. “.. Yes, it's very good. How about this table?” How 'bout that fucking table? I'll give you fifty bucks for it if you're fucking sales lady gives me a blow-job to go along with it, Jesus Christ.. it's just terrible. Fuck, it was horrible man. Cimm: Yes. Sean: The shit they're selling in there. Fucking homos. You know like.. how fuck.. Y'know, what's amazing though? People buy it.

Cimm: Yea. Sean: Like, they must. Because they have a store. That's is in business. Cimm: And they just didn't open up. Sean: And they just didn't open, so that means that there are people so fucking thick on this planet, that they would look at these paper mache, half-particle-board-bulk-by-product-mother-fuckers, these tables, and these little fucking gadgets and shit - “Yes, this horribly brass cast monkey that you see – yea, that's.. that's a hundred and fifty dollars.” Don't you feel guilty? Jesus-fucking-Christ. I guess it's free enterprise and shit like that. You know what would probably make me mental?

If I went to Beverly Hills. “How much for this t-shirt? Are you on crack?” - “Oh well, we don't have those kind of people shopping here, we don't have your kind here..” - “Yea, that's 'cuz I'm smart. You don't have smart people shopping here? You just have rich fucking stupid people shopping here?” Cimm: That bleed money. Sean: How the fuck, how's it's possible for someone to be rich and stupid? Like, people don't just trip, fall over and they're fucking rich. Y'know, it doesn't happen like that. They're usually pretty bright people. Y'know what I mean? People are like, “Well, fucking, y'know, the corporate big guy..” and shit like that – well they're fucking.. like, they're smart. OK, that's how they got their money. OK, unless they inherit it, in which case they're broke pretty fast buying shitty furniture for too much money. I'm like, fuck. “Four hundred dollar.. Four hundred dollars for this..”

Cimm: It keeps the 'rif-raf' out Sean. Sean: Yea, the 'rif-raf'? What? I guess I'm pretty high on the 'rif-raf' category. And then I go over to that, the neighboring shop.. “What do you sell here?” - “We sell pens and watches.” If I came to you with a business plan, saying I'm going to open up a shop that sells nothing but pens and watches - they're not even related. Like.. “..What time is it? Oh, I need a new pen..” No, it doesn't work like that. “What do you sell?” - “I sell press-on nails. That's all we sell in the store, just press-on nails, that's it.” Holy fucking.. - “Welcome to 'Status', where we sell pens and watches. And we have a coffee barn in the back. You cannot order the duck you can only order the fish.” Jesus.

SKTFM.TV Episode 3 (2002)

“Spiritualism Rant” 29:48 – 31:02

Sean: God damn, Fucking... Y'know, what is the point of going to Burning Man if you're gonna go there for like, y'know, two days and then bail? Y'know, what the fuck's the point of that? Cimm: Totally. Sean: Y'know, like “Oh yea, I dropped by..” Cimm: “I dropped by once in awhile..” Sean: “I dropped by for Burning Man, I don't know anything about Burning Man, I've never been to Burning Man..” Cimm: “I think I'm gonna go to Seven-Eleven and pick up a..” Sean: “I think.. Yea, y'know, I think I'll pick up some Cheetos and then I'll be back, y'know.. in the desert to party..”

OK, well I guess if you're going there for the fucking party, whatever.. I kinda think that - like, in today's day and age there isn't a whole lot of spiritualism. Cimm: No. Sean: Y'know, all of our spiritualism has turned into religious mind control. Y'know you have to Fucking stand, slip, sleep, shit, kneel, put this piece of paper in your mouth.. Y'know, and it's all mind control. So what's left for spiritualism? What's left for you to find yourself? Y'know, there is nothing. So why not make a pilgrimage? And.. like the Buddhists say man, suffering begets wisdom.

If you go out there, and you're prepared, and you're ready to go through the experience of it, and meet these people and fucking do your shit, you should have a good time. You don't need to fucking go and y'know, “Oh well, y'know, Hi! I want to bring y'know, Wal-mart with me out to the desert..” No. You're missing the point here. It's like people who go and like, just rip off peyote buttons and go eat it in the bar. No, you're missing the point here.

SKTFM.TV Episode 4 (2002)

“Scarman” 12:36 – 15:30

Scarman: You're about to film. What's your name sir? Sean: My names' Sean Kennedy. Scarman: Sean Kennedy? Sean: Yea, yea, so sorry. Scarman: That's good. Sean: Alright, so, what do we want?

We want scars, eh? Scarman: Do you have any scars? Sean: I do, yea, right there Scarman: Yea, how did that happen?

Sean: In '96, when I was in the Canadian Armed Forces, and we were out on.. in a.. out on defensive, in the middle of January, it was fucking cold, I mean we're talking.. Scarman: What does that mean? A maneuver? Practice? Like training? Sean: Yea, Yea, a maneuver. So anyway, they got us out there, it doesn't really matter why, we're out there because the Sergeant told us to go.. and we're all sitting in these trenches and the snow is blowing really, really hard.. like really, really, really, hard.

Scarman: Were your feet numb? Sean: Oh, yea, the whole body's numb. Scarman: Right. Sean: We're talking about a Canadian winter here, where you know, with wind chills minus 75. Scarman: Right. Sean: Anyway, we were on a defensive, I was in a heavy weapons trench, and we were firing, and the neat things about casings in a rifle, is when you fire three or four thousand of 'em through an assault weapon, they heat up - really, really hot.

And now my buddy was in next to me, and he'd put around nine hundred and fifty rounds down range, and a casing came out and the casing caught in here, it caught inside my collar and burned actually into my throat. And I sat there, and I couldn't see what the problem was, and I actually reached up and I grabbed hold of it, but it had stuck and I tore a huge chunk out of my neck. Scarman: So do you think the burning caused more problems or the rippage of the skin? Sean: Probably the tearing of it. Scarman: The tearing, probably yea.. Sean: Instinctive. Instinctive response to stop the pain, right? You gotta get it out of there.

Scarman: What else are you gonna do.. So then I see also maybe some scar here.. Or is.. Sean: Oh, this? Oh shit, yea - I got a ton of these man, I got one up here. Scarman: And is that.. Are those fight scars? Or just falling down.. Sean: No. **No, those are victim scars.** Scarman: Victim scars. Sean: Those are when you're fourteen years old and you don't play hockey so they pin you up against the wall and beat you for a while. Scarman: So actually, you.. not only did you get a physical scar from that, you got an emotional trauma.

Sean: Sure, y'know, you get beat to fuck as a nerd, and then everybody thinks "Oh well.." and some how.. Y'know, it was a lot simpler when we could all just go out and kill a boar in the middle of the jungle and all of a sudden we're men. But we're not, and that's why guys in bad Trans Ams with bad hair happen when they're forty-five, looking for a nineteen year old piece of ass. So, everybody's got your scars, man.

Scarman: Have you overcome that or do they still haunt you?

Sean: The scars are important, it's part of what makes you who you are. It makes you.. It gives you character. So next time you see someone who's bullied or maybe the next time you see something that's happening that's happened to you, you react to it, because you understand that scar and you would spare that person that pain. So..

Scarman: Is there a scar that you wanna transfer on to me? Then I'll take it.. I'll take it with me and then I'll wash it off at the end of the week with all these other scars.

Sean: Sure. Where is that? Like that.. fresh area there.. alright, thanks dude.

Scarman: Thank you. Thank you.

SKTFM.TV Episode 5 (2002)

"Cooking with Sean Kennedy – IMPs" 2:28 – 9:12

Hello, and welcome to 'Cooking with Sean Kennedy'. It's.. really imperative when you go out in the desert and you're as hung over as I am, that you eat. If you don't eat you will starve to death and become much like this talcum powder. So when going into an extreme rave style party situation in the middle of the desert with a bunch people dressed like chickens and drive around in large hearses, it's imperative that you maintain a consistent diet. Otherwise you run the risk of not having anything to 'yack', and that would be bad.

For my particular choices on this particular operation of Burning Man, I chose.. chose to go with Canadian Forces IMP bags. IMPs, standing for 'Improvised Meal Pack' or as the army likes to call it – 'I Might Puke'. But y'know, if you've got a mother that cooks like mine, the IMPs are not that bad. The nice thing about an IMP bag is that it's a complete meal solution.

You get your bag, you.. take your utility knife, 'cuz god knows you've got a good knife, right.. which has been.. gone through some shit.. in the last little while. My utility knife is really dull, because I've been using it. Inside the IMP packs, you open it up, and there's a wonderful thing to greet you. They usually have a candy of some type. I'll pull it all out here, I'll strip her down. This is what's on the front. Now, on the front of the IMP bag, it tells you what it is. This is supper, usually a lunch or supper. And the date on the IMPs is good for five years from this date. So this particular one here is good 'till 2003.

This is a foil bag here, this guy here as promised is Salisbury Steak along with every entree you get a dessert as well. Sliced peaches is this one. Now, that's cool on it's own but wait there's more – you also get some bread that's good for five years. Don't think about it too much, it'll be OK. Then we got, oh it's usually a grab bag – I got instant banana pudding, which is kinda frightening really. What else I got in there? I got some cup 'o noodle soup, lemon citrus drink..

I got some jam for my bread, I got instant mashed potatoes – now all this shit you can just use by heating, like.. you don't need a cup, or a canteen or fuck all – they give you everything you need to survive. No cooking utilities – none of that shit. You can eat it cold. Now, along with this.. they even go so far as to give you some ketchup and your spoon. OK, now in the field what you do is, there's a lot of this shit you're never ever gonna eat.

Oh, moist towelette – which by the way, these fucking things rule in the desert, OK? These things are the shit.. So you got your spoon and all that stuff – now if you're going in the field or you're packing around the city or whatever and you can't afford to take a great big fucking bulky unit like this - you field strip it.

OK? What you do is you take all the stuff that you're gonna eat right out of the bag, which is essentially just these two packages here, and you.. rip open the cardboard, once you rip open the cardboard, inside you have a foil bag. Now, the nice thing about these things.. this is the sliced peaches here, and over here we got the.. whatever the fuck it is.. Salisbury steak and mushrooms. You take it, crack her open, you got the two bags. Now that takes up considerably less space. Now, how are these things made? They're too fucking easy.

Nice thing about these things is that you do not include any water. I say again, you do not put in any water. You could piss in a bucket, heat it up, and cook this meal. It is already pre-cooked, it does not need to be cooked, OK? But, should you desire to cook the meal.. all you do is get any kind of fluid, could be anything, I don't recommend pissing in a bucket but you could in an extreme circumstance if you need a hot meal and you're gonna die OK? But if you're that.. if it's that brutal try to get some snow or something.

But anyway, any fluid, ditch water, you fucking name it. Submerge the foil bag in there, boil the foil bag, you heat it up, she's good to go. If you're in the field, and you've got no time to.. cook your meal or whatever. You gotta remember, number one, when you're camping it's not food it's fuel. The way these things work, you take 'em, grab em a long the edge, you can tear 'em – you don't even need a knife with these fucking things, OK?

Open her up, and inside we have this very yummy looking – yummy, mmm, look at that.. doesn't that look good? Mmm..Mmm.. yes. IMPs are you're friends. And you stick your plastic spoon in, which came provided, and you eat the shit cold. Tastes a lot like dog food. But, y'know, bottom line is it makes the pain stop. Well, the number one winner is though – the shit you will pack, is these little fucking jewels right here, they come in every pack, this is the best part of 'em.. that's right – instant coffee.

Now, a lot of people don't know that instant coffee actually contains more caffeine than regular coffee. So if you're just going for caffeine high, get the instant coffee. Now there's nothing.. official been sanctioned about these things, but I'm here to tell you this stuff is like crystal fucking meth, OK? This stuff here speeds you up so fucking fast.. holy crap. What we used to do is, we used to make these things called 'ranger coffees'. Where you take these, you crack it open, you take a can of coke and you dump the contents of the packet inside the can of coke and you drink it. Tastes like ten tons of shit – but.. baby, you are tracking fifteen targets at once standing on top of your carrier, let me tell ya.

So if you're gonna field strip these things down, you strip it down to the packs, cram these in your side pocket here, like so, you can usually take about two meals, maybe even three meals with ya. Desserts are good - for like a treat, quick pick me up, getting low on fluids, whatever. And you usually take the instant coffee 'cuz just about everyone's got hot water at their disposal.

Pan bread's good but it's kind of a luxury. Time like this, it's alright, because let's be real.. you don't wanna be spending all your time cooking when you're out here in the middle of fucking.. whatever the hell it is the fuck you're doing.. chasing around giant chickens in a hearse. So that's.. 'Cooking with Sean'. Tune in next week where, y'know, I take on Iron Chef Japan with mystery ingredient of phlegm.

“Why Are You Watching This?” 32:42 – 34:58

...

Sean: ..You do not talk about Fight Club. Off-camera: Why? Cimm: Quit talking about Fight Club. Sean: Quit talking about Fight Club. There's a lot of people who've broken the first and second rules of Fight Club. Cimm: I see there's a lot of new members here tonight.. Sean: You know what I'm wondering? I'm wondering why people are watching this on a DVD who've never been to Burning Man. And are assuming that somehow this is going to make it up. Cimm: Go to.. Go to fucking Burning Man and experience it for yourself!

Sean: Yea, you know what's really sad.. y'know, all those fucking nature shows and shit.. like they're cool and everything, so you know what an alligator looks like. But you're never gonna get the fucking feeling. Like, come on man! Television and all video is a research fucking media only, alright? It is not a substitute. **OK.. desire is not an occupation, OK?**

That is not what you have to do. You have to get out, you have to live your life, you have to do your own fucking thing. I'm nobody, man. I'm Sean Kennedy. I'm The Fucking Man. How am I 'The Fucking Man'? 'Cuz I just decided one day, man.. I'm 'The Fucking Man'. And that's it. That's the shit.

You wanna go out and do some fun? Go out and do some fun, man! Do some crazy shit.. film it, fuck it.. write it. **Whatever you wanna do. Just do it.** But don't fucking.. don't try to rely on other people's video fucking personification in order to give you some kinda.. sort of aural cleansing. Anthony Robbins doesn't need any more money, man! He really doesn't. Just fucking.. go out.. it's cool, it's cool, you're cool, everything's cool, just decide it, and fucking go!

“Well I uh, I uh..” Yea, OK, whatever. You can stack your excuses up to keep yourself safe, you go right ahead and do that but you know I'm right. So.. that's it, man. Just fucking.. just do it OK? Just fucking.. go out and take control of your own life, because that's.. what this place is all about, it's all about expression, it's about taking your own life.. it's about.. well, it's about taking.. taking control of your own life.

And like, people – we reinvent ourselves daily. “Well, I'm not that of person..” Fuck you man, every cell in your body is replaced every two years, OK? Every cell in your body, every two years. **You reinvent yourself daily, you change your own history.** How many times have you lied about things that happened in your past and bent it just a little bit to fit your own needs, eh? How many times has that happened? Well I'm here to fucking tell ya, OK, you can change yourself, you can change who you are, you can change everything about yourself, you just gotta to go ahead and do it. My name is Sean Kennedy, and I am The Fucking Man.

Cimm: Yes.

SKTFM.TV Episode 8 (2002)

“Take Back The Waves” 18:49 – 20:45

It's been pretty amazing at how the reception of the Sean Kennedy television show has been going. People are really, really sick of the modern mainstream media. And the way to overcome that is to become the media. All I did was I went, with my buddy James - Cimm... we took off. After the radio station.. we got a radio station, now we got a TV show, things are moving up and on in.

We've gradually been able to get things.. as technology progresses, more things become affordable. Recently, what's become affordable for us, is now we offer DVDs. You can log on to the site and have all the SKTFM glory you want. It's a mystery to me why you like it, but if you do, you can get the DVDs. OK, you get them off the Rant Radio site – dub, dub, dub, dot Rant Radio dot com. All the details will be forwarded to you there.

It's important to us that we keep a hold of what media is. There used to be a time, in Russia and in foreign countries where they would put stamps inside printing presses - so they could track a printing press. So the dissemination of knowledge was kept very limited. People couldn't spread the propaganda. People couldn't spread information or knowledge. That's the only difference – between knowledge and propaganda – is your alternative agenda.

If your agenda is to educate - it's knowledge, if it's something else – it's propaganda.

So think about that, next time you watch television. Think about that, next time you watch the news. How much of what you're.. are you getting is either.. really knowledge or is it propaganda? Are you scared of shark attacks that don't exist? Are you scared of like.. the road rage scares? Gimme a break. Somethings very, very wrong.

And we need to seize back our airwaves, our sound waves, our radio waves – we need to take back 'the waves'. We have to make sure that everything's there. When you're regulated on.. in the next episode, we'll be talking about 'Steel Wheels', people who have.. like.. living this amazing, amazing four by four, they built, they live out of it. And they travel and do they photography. How they are regulating our beaches now. It's illegal to see the ocean unless you pay a fee. How much further is this really gonna go? It's not just paranoid ramblings anymore, it's starting to get a little bit scary. My name is Sean Kennedy, and I am The Fucking Man.

“Suicide Rant – Live on 'What The Hell? Show' March 19, 2000” 20:52 – 25:10

OK, that's right, it's Sean K, time for live rant season. This week we've got some fuel. We've a little bit of fuel for me, OK? I'm looking in *The Province*. Around Wednesday or Thursday, on the cover of *The Province* there was a young kid who's fourteen years old. What does he do? He went to the Patella bridge, and he jumps off the fucking bridge. He goes and jumps off the bridge, and he left a suicide note. And why did he do it? Why did he jump off the bridge? Because he was teased so badly by his peers, that he was like “I have no where to go, I have no where to turn to, I have no friends..” must not have Internet, and I'm just going to fucking kill myself.

So he goes, consults a Ouija board first, and it says “Oh, you should kill yourself..” Because this is what fucking Ouija boards say. So he goes and what does he do? He goes and he fucking jumps off the bridge. And I was like.. Oh.. Y'know, when are people going to fucking realize that one, the shit that people say in high school, a lot of people get really upset because “Oh well these fucking kids, y'know they picked up a gun and started shooting people in Columbine, they started shooting 'em, they were killing these fucking kids in Columbine, wow.. what's wrong with our society?”

No. What's wrong with your fucking kids? OK, because to a teenager, that's their fucking world is the high school, man. That's it. That is their complete suffering. And let me tell ya, the abuse that fucking sustains.. you have to be an adult to have the charter of rights to mean fuck all to you. Teachers take shit away from you – you are a sub-fucking-citizen. There are convicts that have more rights that teenagers in America. And that is a fact. Cops can smack them down, they can be raped, their word is no fucking bond, they're absolutely fucking at the end of their rope and so what do they do? They pick up a gun, they go to the school and they extract some justice on their own terms.

And what do these people do? They go “Oh this was wrong, it was so fucking wrong.. What's wrong with our society?” Our society is fucked! That's what's wrong! It's all wrong! It's been a fucking duration of wrong for close to forty fucking years now. We've been all raised by media to believe in icons that don't exist, and we're just gonna fucking keep on feeding it to you – have some more Friends you little fuck, watch some Hollywood Squares, have some fucking Jeopardy, it's a joke. It's a fucking gag man.

And there's a fourteen year old kid who throws himself off the bridge, because he didn't know my fucking name. If he knew my fucking name, he wouldn't have thrown himself off the bridge, he would have thrown some other fuckers off the bridge.

Don't kill yourself, kill other people! It's never that bad, you have the gun to your temple and you go "Wait.. I have a gun.." It's not that fucking bad. You never kill yourself, that's retarded, holy fuck!

Like, why would you do this? Why? "Oh, things are really bad for me in high school, things are really rough, so I'm going to kill myself.." - "No wait, I'm going to run a way from home and kill some pimps and get some money, and then I'll fly to Paris, join the French Foreign Legion, get trained in.. as a shock troop, come back, hunt them down, and kill their kids in front of them!" Ta-da! Which is more appealing?

Or you could kill yourself, that's so fucking dumb, it's the height of stupidity, you fucking kill yourself.. There's so many other reasons, so many other things you could fucking do, but no, no, I'm gonna fucking kill myself. And people, down the road, when I get fucking arrested, it's gonna happen, I'm gonna get fucking arrested, OK, what it does..

People say "Oh, he's corrupting the youth! Look at what he said, he said they shouldn't kill themselves, they should kill other people!" What?? What? What are you talking about? Yea, I'm corrupting youth, I'm telling you exactly how the fuck it is. If you don't believe me, why don't you ask some kids because they'll tell you the same fucking thing. The same thing.

Everybody in denial. "La la la, fucking la. My world consists of Gap jean commercials! That's my fucking world!" The only thing teenagers have to worry about is *dating pressure*, that's all we worry about is *dating pressure*. Like fuck, man. **When I was a teenager, I was worried about making it off the fucking school bus alive.** That was my stress.

"Shit! I wonder how many times I'm gonna get beat up fucking today.." That was before the big hormone kicked in, OK? And I practiced my well known Scottish art of 'Fuck-Yu' which consisted a lot of head butting and then of kicking you in the fucking face, alright? It's gonna go real bad, really fucking fast..

So what's the solution? What's the solution here, enough negativity.. People have to start communicating with fucking people, people have to begin to understand what is going on in the world.. you cannot believe the television because everything that comes out of the 'god box' is a lie. **Everything that comes out of the god box is a fucking lie, OK?** So that's all I have to say about that.. I'm a lot happier now..

SKTFM.TV Episode 9 (2004)

"Flea Market" 13:50 – 14:07

This is a flea market. A much better solution than the mall. You look around, you see all these people that aren't paying taxes on items, so that they can sell them and be free in their purchases. You're helping real people with real money. You should find flea markets in your own communities and check them out 'cuz you'll find things that you can't buy in regular stores, just as good, for one-tenth the price - plus you can barter, that's a real solution.

“Beach Rant” 14:35 – 15:50

Can somebody please explain to me what happened to my beach? I'd like to know what happened to my beach, OK? Well the problem here is that, I used to be able to go to the beach – walk down to the beach, walk along the ocean side, throw rocks in the sea.. that's not really an option anymore. I'd like to know why that is. Not only is it that I can't walk down to the beach anymore, I've got to pay for every time I come here to see the ocean.

Do you know that the bag of water surrounding a baby has the same salt content as the ocean?

And now it's charging me a buck twenty five an hour just to go see my mom? Gimme a break man, that's messed up. It ain't the birds get a break in this joint, man. They can only.. they can't pay taxes. Birds can't pay taxes. So you know what, they're not going to be able to sit up there, no way, uh-uh, no freeloading for no birds. Check it out.

I mean now you just can't come to the beach and start celebrating nature. No, no - now it's no bikes, no pets, no dogs, no littering, no glass bottles, no walking around, no worship of nature - not a religion, do not worship. Make sure you don't litter in the water, make sure you don't swim in the water – 'cuz it's too polluted. Can't do that - no, no, no. But make sure you pay your buck twenty-five. And no freeloading birds, none of those birds, birds who land on top of those posts – they're anarchy birds. The black bird of anarchy, and you can't have those.

Not that I don't think nature should be protected, not like I don't think bays and beaches should be somewhat regulated but the pendulum's swung too far. Too far. What's the point, man? You can't get out there? You can't go and enjoy the sun if you don't have a buck twenty-five to park your vehicle down by the seaside? And everything's gone so far, far away from nature.. I mean, come on! Why don't we let nature manage her own business and let us go down and see it once and awhile? That'd be a better plan, don't you think? My name's Sean Kennedy, I am The Fucking Man.

“School Prison State” 7:04 – 12:49

This is my high school. It didn't always look like this. 'Used to actually.. be a lot smaller, it was.. it looked.. a little bit more like a prison complex – you know how they used to have those little schools, they looked like those little prison schools, where they talk to people and shit, and then they like, send your kids there because they're bad. Y'know, but now all schools are starting to look like a.. a mall.

Which is, ironic, because you remember the mall and you look at this, and certain similarities beginning to happen between all public places,y'know. The only thing that makes a difference here is now in some places of the United States they're actually having corporate sponsorship for schools. Which is interesting, because then they have Pepsi logos and shit all over the school. Which is really cool so it kind of indoctrinates you into this, y'know, “I work for the corporation” kind of mindset.

You can't have our society completely dominated and our choice completely dominated. It's like, if you're sat in a room and they bombard you with images of Coca Cola for three months, and you're let out of the room, and there's a can of Coke there, and say, “Would you like something to drink?” Of course you're gonna say yes. I mean, that's not free choice, that's programming. Y'know, and that's what we're talking about here.

And quite often people, y'know, they have this problem with this programming and they're not really sure why. They say "Well, I don't really think that's right.." And they'll ask "Why? Why don't you think that's right?" - "I don't really know, it just doesn't really seem like it's right." - "Well you can't justify it so you're wrong." Well that's not right either. See, you gotta go with your guts always.

I came to this school in 1989. And when I came here, it's much like every high school that ever was, just like the high schools were before, y'know, I was there - and high school's the same as they were in '79. You had your different tribal status. Which is the basis of all of our society. You have your different political structures, what you have here is your jocks, your geeks, your.. y'know, your little preppy crowd, you've got the slut crowd, you've got the crime crowd, you've got all those different guys.

And it's just different varying degrees right across North America. You got, y'know some places down in the States, y'know, they got the jocks are a little more violent, gangs are a little more violent, they all get into their racial status and all the rest of this bullshit but, it's all based upon the need for acceptance. The need for acceptance.

And as that progresses, as people leave, they leave this high school, they take that mentality, that society that they've learned in these places and they move on. And no one gives high school any credit. Y'know, no one.. no one sits there and goes "Well, y'know, there's a statement of y'know, high school is you just grow out of that shit.." No, you don't grow out of that shit. You don't *grow out* of that shit. You *grow up* with that shit. And you take it with you. Kinda like baggage, y'know.

Not too far from here, down across the way there is a.. you can't really see it from here, but there's a place called Mack's Milk. It isn't there anymore, it was bought up by some other, y'know, corporate kinda Seven-Eleven or some place like that. Anyway, myself and Ronin Medic used to walk from this school down there every.. every day at lunch.

We'd talk about shit y'know, at that time, back in '90-'91, Desert Storm was on and we had our Desert Storm t-shirts and our Desert Storm trading cards, y'know. We thought it was all cool, y'know, that Desert Storm and Operation Desert Storm hired the same company that.. hired.. that Coca Cola hires.

So when you have companies like Coca Cola marketing war, and the same marketing companies that market Coca Cola market war, you wonder why our society is as fucked up as it is. I'm down here with Apoc. Who.. was nice enough to fly up here from Buffalo. And it's a pretty good weekend, we've been hanging out, talking and shit.

And the goal of these.. of this video magazine that we're gonna be putting it out is to explain how.. you.. how.. how we're all conditioned, and pointing it out, real time. Just on 8mm tape, you can see it everywhere you go. And all you gotta do is just change your perception, and changing your perception can change your thought, then changing your thought, you can change your reality. And that's what this is about.

...

It's funny, when you put an animal in a cage and you beat it, it'll eventually start to act savage. Now an interesting thing is when you get into the high school prison structure, which prepares you of course for corpolitical prison structure, they have video cameras, that watch you.

Why the fuck should there be video cameras watching children? Is this to maintain security, is that what this is? Or is this the desire, or the knowledge that things are gonna get bad?

They know that this.. this.. this neighborhood here, this isn't a bad neighborhood, there's not a lot of violence here, but they got those video cameras up there, watching the kids, 'cuz they know it's gonna get bad. So rather than taking steps to prevent it from getting bad, from stopping the lies, and stopping the things that can't happen, they're just going to.. monitor it, y'know, put these little cameras up.

And let these kids know that “Y'know, well, we're always watching you. Y'know, we always.. you have no freedom here, you're on school property, this is school land. You're here to learn, and then we're going to crank you out, you're our product.” That's not what schools are about, man. Schools are about learning, it's about having fun, it's about making friends and shit. And at least that's what it should be about. That's what online learning's about.

I mean, which is cooler - school or the Internet? Why do you think that way? You shouldn't. There are real people, that should really be able to teach you. Yet we're all fucked. Because of that. Because of corporate mentality, man. Because of the prison structure. Because of 'prevention', and all this kinda jazz. **Why don't we just.. stop fucking around, and have some real faith in real people.** Why don't we try that for a change? Why don't you not have guys with shotguns in schools? You know? What if you were to treat these kids like, “Hey, we're just all trying to learn here..” Let's be real for once, OK?

“Future Projects” 16:40 – 28:07

... Books are going to be made illegal within the next twenty years, so if you wanted to invest in something I would suggest you buy yourself some rare books. Because I guarantee they're going to be banned. 'Specially certain books, they've already started banning certain books. I've got lots of books here that would be banned.

Like this one here, *Modern Herbal*, this is a reprint, you can get this, I got this for sixteen bucks, and it's a reprint from 1931, and inside of here you've got all the herbal information, it carries all medicine, medications, wild – everything for North America, things like that. Any kind of text books.

This here, everyone's been saying “Sean, let's see your writing..” You wanna see my writing? That's my writing - these books here, this is the entire.. this is the entire collection. The only thing that's not here is 'Scabbed..' but this is 'The Blood Stained Rabbit' as it's currently sitting. This is gonna be released for free on the web very soon, actually. I'm three chapters away from having it released.

All these little red marks you see here – this is why it took so long, 'cuz I wasn't able to do this, but I got a really good friend of mine named McSwain, who runs a LiveJournal, if you search for 'in a pickle' you'll find her.. her weblog, she's super cool. And she actually went through this double spaced, line by line and re-did the whole thing, so I'm going to be able to.. to release that and give it out to people and stuff like that 'cuz..

See, what's.. what's happening is that we're not.. we're not really getting anywhere, y'know? We're all really angry, we're all wearing the right t-shirts and stuff like that, but we're not really getting anywhere. Nobody's really doing anything, and this is a major problem.

Now I tried to join the army and make a difference to the world by joining the army, and I tried three different armies - it didn't work. The army's kinda established and they're already too ingrained, there's nothing you can do for them, y'know?

And they've got their own agenda in what they're doing.. and then you got the.. well, you got the The KULT, y'know, doing a 'religious' movement. And KULT didn't work out because no body was clear on what their actions were supposed to be. Everyone wanted to fight against something, everyone wanted to be a certain way, so I think what I'd like to do..

You have a militant organization that you can start that will make a difference in a positive way without being violent. **A lot of people confuse militance with violence.** I believe that a man should be able to defend himself, and a man should be able to defend his family. Y'know, if that means that you have to break the law to do that, then I guess that's what that means.

Because your first priority is.. is to your loved ones and to your family, I mean really. And I think I'd be.. I think I'd be just with that.. if a guy's worried about his children and he wants to protect his children, I.. I can justify that. Even if the guy's like a total crack-head, if he wants to protect his children, I have to respect that, y'know, it's nothing personal. And if people were just worried about defense.. now there's a difference between like..

A lot of these militia groups in the States like that, I don't think they're necessarily bad. People think they're all bad. I don't think they are, I think what they are is they're just people who are concerned and they go out.. and they.. and yea they're afraid.. there's a lot of scary shit going on, y'know. I mean.. y'know.. even.. if you talk to 'em, and you really talk to 'em, they bring up a lot of really valid points. These are not stupid people, these aren't some 'Cletus-the-slack-jawed-yokels' these are some smart guys and they are afraid of something. Maybe they have something to be afraid of, maybe they don't - **but what we got here is good people that are afraid.**

What the problem is, with our culture, we.. we bear way too much in fear. And I've done a lot of thinking, that's why I write horror. And a lot of people go “Sean, why do you write horror? You're a cyberpunk guy, y'know..” And no actually, all horror is based on conflict. Based upon things we don't understand, coming to destroy us – this is what horror is based upon. There's only one way you can deal with that. Which is why horror has kinda died as a medium, now. 'Cuz no one can write about horror in a modern setting. Because, y'know, if a ghost shows up, well Navy Seals versus ghosts, y'know. Well, ghost is gone.

But what people have forgotten, is they've forgotten that there really is things that we don't understand. Charles Fort wrote a book which was given to me.. 'The Politics..', this book right here, 'The Politics Of Imagination' by Charles Fort. And he discussed.. he was this guy who researched the.. paranormal. The guy is a living god.. the Fortean Times website – [forteantimes dot com](http://forteantimes.com). Where they report all these things that don't fit into science.

And people go “Well, you're just crack pot..” No dude - No, it rains blood in some places, in some places y'know there's spiders that are found that can bite a man in half. And people go “No, that's not true..” Oh no it is true actually, there's photographs of sea monsters and nobody gives a shit they're like “Oh, whatever..”

Doesn't it bother anyone that there's been so much evidence about Big Foot and stuff like that and yet we still deny they exist? Y'know, why would we do that? Well, because the forest industry would be shot to shit. That's why. I mean, come on, think about it, if Big Foots there.. Well, it's one of two things it's A – it's either a really primitive man or B – an ape. Is it a demon? No, no such thing, a demon's just an out world entity.

So it's either an ape or some kind of simian man, if we discover it - we can't forest anymore. It's gonna be a big investigation - all the cash is gone, blah, blah, blah. And then the church would get all upset “Oh, no, no.. it's not an ape man.. is it ape, is it animal, is it man?” No. The last thing we want is something that bridges the gap between nature and the environment because then the truth gets to be seen, right? “Oh, Shit.. maybe we should be looking after the planet..” Maybe it'd be a good idea if we don't shit in our water. Hey, that's a good idea. Y'know, basic stuff that you can learn from your dog, but people don't do it, y'know?

'Survival Guide for the Under Eighteen' this is something that was written by Mark.. and he sent this to us. This manual here is the same as a military manual that I have, only it's probably on another book shelf, this is not my entire collection, but..

When you look at it, most of the planet's empty, dude. Like y'know, we as a cyber culture, we were tied to the cities because we were.. we needed power - we needed power, we needed to be in the cities.. we needed to have heating.. computers were sensitive electronic equipment. Yet now – we're wireless. And we've got rugged gear, we've got rugged kit, we have the capability – technology has progressed to the point where we can actually.. live with like.. at the risk of sounding really freaky.. live with nature, without losing anything. With.. having a symbiotic relationship. By having a self contained relationship with.. with nature.

Having.. going out and camping is a prime example. Everyone loves to camp. Why? “Because you can get good and drunk..” Well, yea, that's.. camping and alcohol have to go together, it's a.. it's fact. But really, when you're out there, I mean, all you have to do is go for a walk in the forest and you can feel difference, man. I mean, we're not supposed to be inside in these harshly climate controlled environments and stuff like that. That's not natural, that's not.. that's a good thing.

And electricity's there. Now we got hydrogen fuel cells. Now you can buy an independent house supply powered fuel cell. You can do all this stuff without turning into a psycho-christian-gun-toting-fuck. You can make sure you and yours are looked after. When you take into account all of these things..

People go, “What have you been doing Sean? Y'know, with the show and everything, can you talk about your writing..” All of these things, everything you see here is all working towards a set of.. a set of books that I'm writing called *The Magi*. It's a six book series.. and it's.. and I'm the man character and it discusses every single view that I have.. in a six volume set. Which we've got it.. I've got most of it written actually, well a lot of the first book, but it's something that you've got to get structured, you've got to get organized, and you've got to make it happen.

And in order to do that.. Unfortunately, I had a lot of.. I had a lot of problems, we live in a culture where everything is so toxic, and we're not really sure what it is that we need to do or what exists and young people.. especially people like you, people who are watching this.. who are serious about it, if you're still watching at this stage, you're probably pretty serious about it.

We gotta.. you have to step back,y'know. The Eagle's did a song called *Learn To Be Still*. And if you wanna make a difference, and you wanna clean up your own life and you want to stop being so god damned freaked out and scared all the time and not knowing what to do – you need to stop distracting yourself with video games, you need to stop distracting yourself with things that are a waste of time, with things that aren't productive and aren't positive. “But, I like that stuff..” No it's true, and I like it too, I'm a big gamer myself, but wouldn't it be nice not to be afraid? Wouldn't it be nice not to have fear?

And that's why I write horror. Getting back to this horror thing. Is because fear is the opposite.. like you got good and evil right? The great battle between good and evil. And the christians and all these religious groups and science have a problem. And the problem they have is that they don't think that.. the christians say that this energy, life energy of the universe, is self aware, it's god.

And scientists go no, no, there's life energy in the universe, but it's not self aware. I put it to you that it doesn't matter if it's self aware or not. It really doesn't matter. If.. if there is a god, then it's a good god, and 'he' loves you, so don't worry about it. If there's not a god, then that means there's a good force in the universe, and it's trying to do good things, so don't worry about it. So, the whole point of whether or not there's a god makes no difference whether or not we believe.

So I'm not trying to get into a religious tangent, I don't wanna talk about religion and stuff like that.. I'll talk a lot about energies.. because I don't think there is such thing as magic – But I think there's such thing as science we don't understand anymore, I think there's energies that mankind used to harness that we don't harness anymore. There's machines that we used to have..

There's all sorts of suppressed tech that shows that magnetism's real, Tesla did some funky shit that.. I mean, I'm sorry, that guy was a wizard man, you can't tell me that Tesla wasn't a wizard, if you don't know anything about Tesla, go look up some of his creations, the guy had like a thirty foot ball of electricity he made hover in the middle of his room to light it - in his lab, that's how he lit his room, with static electricity, like fucked up stuff.

So, it's about.. when you look at it that way.. you have to be aware that there's good and evil in the world, right? And people go “Yea, OK, would you say there's good, would you say there's evil?” Well and a lot of people go “Well, I don't know if there's such thing as evil..” No, cut the shit. There's evil stuff. Child porn is evil. OK, manipulating people against their will is evil. Hurting people, anything to do with suffering is evil. And.. what is the cause of that is like the whole good and bad thing.

And people go “What's your moral compass?” And I think I've got one. I think after a lot of thinking, and I mean a lot of thinking I came up with a moral compass. And my moral compass is, that if somethings made and has to do with love, meaning it's a.. it's a positive thing like.. moms, apple pie, y'know that whole selflessness, the whole Buddhist concept.. anything which is.. puts your trust in the universe is.. has to do with love.

And then people go “Wow, that's pretty vague..” But when you look at evil, it's not. Because what is evil? Evil.. the opposite of love you think would be hate, that's not the case. You see hate by itself cannot exist. You need fear for hatred to exist. Without fear hatred falls apart. So the opposite to love is fear, and this is why, if you understand the nature of the thing, you.. you're no longer afraid of it. And that's why I write horror.

You understand? Is because - if you understand fear, you understand everything that there is to be afraid of, and you no longer fear it. And a man with no fear is to be feared, himself – because he's immortal. And this is all getting into the *Book of Five Rings* and stuff like that and I know I'm getting pretty 'heady' with you here so if you don't.. if you're not really following me and on that just watch this five or six times and think about it when you get high and y'know, you'll understand what I mean.

But.. it's a case of.. of making decisions without based on fear. And by eliminating fear, you have to have control. If you're prepared, you.. there's no reason to be afraid because you're prepared for the eventuality. **So being militant and being prepared isn't about being negative, it's about being positive.**

It's about thinking that “Yea, we've got a chance. We got a shot at this, man.” If anything.. every one looks around, look at the news and like “The world's falling apart, it's turning to shit, everything's fucked!” Yup. “Why you got the trailer and all the gear?” Because I think there's a chance, man. I think we're going to be able to pull this thing back together.

I think people like me, and you and whoever else wants to get on board with.. with what we're doing.. I think we really can make a difference. The only person you can control.. and this was the downfall of KULT is that KULT tried to control other people. The only thing you can control is yourself, and y'know, you can have an influence on your family and your loved ones and try to be positive with that. And when you got as much military stuff that we have in our society floating around - the military exists to deal with a high conflict situation, it's only natural that people would start to become militant.

Not necessarily violent, but militant. **And I'm a big fan of militance, but I don't like violence.** Violence – people get hurt, and suffering and all that, and you have fear and vengeance, and it.. it's a dead end street, man. Which is why I'm a big fan of defense, and I think that people should have the chance to defend their homes.

So, that's.. that's pretty much what I've been working on and where I'm at and over the next series of months we're gonna be shooting pieces of tape that are going to be unlike any reality show you've ever seen. I'm not really gonna try to dress it up to ya, I'm not going to try to feed it to ya, I'm going to have you talk and have you talk with some of my friends, guys like Angus, guys like my buddy Ryan, who.. they're all switched on.

And we're gonna.. we're gonna see if we can figure out how to.. how to live without.. without poisoning ourselves, I mean a totally encompassing system, I've got designs for things to do with organic living. Making sure that y'know, no matter what – once you control that – if you control what you put in your body and how you live, the corporations lose control. Because that's what the corporations have.

Corporations have desire. **They have you chasing things you do not need, to impress people you do not like.** So if you can suck back from that, no longer buying new, go with recycled. Military gear is the best gear in the world. It will last longer than anything. **Why should you buy weak civilian kit which is controlled by corporations?** Corporations control civilian media, so therefore you leave the civilian media. Very simple stuff. “I don't know how to do that..” I know, that's why we're making these movies.

SEAN KENNEDY CHRONICLES:
TALES FROM THE AFTERNOW
THE WITCHHUNTER CHRONICLES

Narrated by Sean Kennedy and produced by Cimmerian, Tales From The Afternow is an audio book style story of the realities of post-apocalyptic life at an undetermined time in our future. A future where corporations hold all the real power and people have been reduced to burning bodies to make spare change.

The WitchHunter Chronicles is a series that prequels and exists outside of the future Tales From The Afternow timeline. The story concerns modern day (2004) events in the everyday life of Sean Kennedy. It blurs the lines between fantasy and reality by dealing with topical issues but the show is categorized as fiction. This is reiterated on the final episode where Sean describes events which were later published in his horror novels, especially *The Scabbed Wings Of Abaddon*.

To listen to the entire *Tales From The Afternow* audio series, go to <http://www.theafternow.com/listen.php>

Sean Kennedy Chronicles: Tales From The Afternow
The Witchhunter Chronicles, Episode XVIII: The Beginning
Recorded 02.06.04, Transcript 07.16.07 / avagdu
file: afternow_128_18.mp3

This is a test of this remote system that I got here. Make sure it works. The whole thing is controlled by a switch on the microphone which is pretty switched on.. wow this is fucking.. totally rad.

This is Independent Librarian Dynamic - Sean Kennedy, The Fucking Man and I'm not broadcasting currently, I'm using an outdated piece of tech now - its a 3430 AV full auto-stop cassette recorder which I bought from a used thrift store paid twelve dollars for it, it was made by a company called Califone, its Cali- C-A-L-I-F-O-N-E Industries Limited, Vancouver B.C. Canada. There's a serial number on the back here - HB350254, this is meant to be.. well a journal maybe of some kind some sort of a method I don't know if I'm ever gonna give it to anyone but uh its meant to be - for me, to document what it is that I am doing and uh how uh events are unfolding as I see them in the news world around me..

Things are going well with the Wog movement right now - there's been a lot of problems with things happening in the news .. there's a lot of very scared people currently, there's a lot of people who.. I mean fear is rabid everywhere - I made a mistake and I watched the news the other day and when you watch the news.. things - things get out of control, like every single commercial is about drugs now and then they get on the news and tell you the most hideous stories about people walking into a neighbors house 'cuz he's jealous about this woman and he shoots them, y'know - like things are in such a state of disarray right now, its almost of biblical proportion .. which I find to be pretty disturbing.

I listened to the Coast to Coast AM show every night at about 10 'o clock - now some nights I don't handle it - George Noory is the guy who hosts it and he's pretty switched on but sometimes some of the guests get a little bit far out there for me but the guys who are far out there.. who, y'know, are always great to talk to and hear their points of view, I'm reminded what a guy named 'Love Ring', told me one time, he said "You can learn a lot from the madness.." but its - its crazy when you're listening to this radio show and the people who come on aren't insane anymore and they're talking about things that don't really make sense...

But, y'know, just as animals can sense that things are going to happen, and.. like weather changes, or earthquakes, or whatever, its been proven that animals can do that - I think that people can sense that as well, I think that people can.. feel.. coming change, I think they can tell that things are gonna go.. either bad or worse, and I think we got a change like that, not only is it coming, I think its already past, and I think that change happened on... well in Y2K, probably September 11th, actually.. the infamous 9/11... I mean that's, that's really where it all ended, isn't it?

That's when America woke up and realized that there a lot of bad people in the world who hate you because you believe in a god maybe, or maybe they hate you because you've been running CIA ops in their country, or maybe they hate you because... for their own political gain and they need to have an enemy to strike out against, if it wasn't America it'd be someone else.. it'd be England or China... China is a scary fucking country, man, I'm really worried with what's going to happen with China..

There's not going to be any post production on these - this is being recorded to an audio cassette which used to be a mix tape, which I got out of the glove compartment in my car - currently I'm at...

I should give you a GPS grid here, see if I can configure it, so I can tell you exactly where I am, it's a rainy night, it's February, its the Sixth, I believe... today, yea, it is February Sixth, of 2004, currently, by our standard calendar..

This with either be loved or hated by certain people, I don't really care if it is or not.. I don't really care if.. Well I'm not being paid for it, which is truth serum, which means that everything I say in this microphone will be things I honestly believe..

Now, speaking of the microphone, its a remote system, this thing is.. this little things' vintage, thats the best part is, I bought this whole entire setup at a used store, now when this thing was knew - I don't know when this thing was new but, it was worth some good dollars back in the day..

And now I got it for less than fifteen dollars and I'm using an old tape and I have a completely contained remote switch cassette recorder system, you gotta see this thing, man - its right out of "Fear and Loathing In Las Vegas", its got a retractable handle on it, its got a wind up extension cord, and of course because I'm a switched on Wog, I got all the gear I could ever possibly need, so I got an adapter that runs it off my car..

Currently I'm employed as a security guard, actually I'm the Vice President of a security company, which is a really fancy way of saying that I sit around in a parking lot all night for no good reason, whatsoever, but you do what you can - my current GPS grid coordinates are - North 49 Degrees, 10.052; by West 122 Degrees, 40.047.

Now the first thing I want to say, this message, whoever hears it, whoever receives it, if you're a Wog, or if you're just an Internet listener, or you're someone who found a tape, maybe, I don't know how you found this...

But let me tell you something right off the top about Wogs, let me tell you something about this... this movement that's happening right now, that's being fueled by Rant Radio, that's the rebirth of KULT, let me tell you something about Wogs, and this is the groundwork here, episode one, we must... always... obey... law enforcement.

You will never, ever, ever, clash with law enforcement. This is vital. If you wish to effect change in society and structure, if you wish to prevent the coming police state, you must use the same tactics that the government is using on you. We have to become very educated with how we are dealing with the gradual destruction of our society.

Now the foot soldier on the ground, of the government - of the powers that be - whoever they may be, I don't know if their aliens controlling things, I don't know if its a bunch of crazy Republicans, I don't know if George W. is a fucking robot - I don't know.

I mean , I got theories, I don't think he's a robot - y'know I mean, everybody's got an idea, but I don't know what it that is right now because I can't verify it, but I promise you - that I will take this tape recorder with me where ever I go, and whenever I think of things, I will document them, and then I will broadcast them to the web.

Ideally, I'd like to have about a one week lead time, because I'm pretty convinced, that eventually, if I make enough noise, and I dig deep enough, well, I'll disappear. And when that happens, that's when the torch gets passed to another Wog.

Being Sean Kennedy, and being the guy who started KULT, I've an advantage in that I learned a lot when I started KULT, I learned that - you cannot lead people, people can only lead themselves. You cannot give people guidelines, they can only choose guidelines for themselves. If you try to force guidelines on other people, they will not listen to you, you will be wasting your time. You cannot do this. It's.. the only thing you can do, is explain your thoughts and actions and hope people of a like mind will hear what you say, and come on board.

It's true that I'm gonna be handing out free haircuts - pretty soon, I'm gonna be showing up at weird GPS coordinates, and.. well not weird ones, just locations where there's a power source.

And I'll be giving people Wog haircuts - which for anyone cares to look them up, they look a lot like a recon cut, I'm sporting a very fine model one and I got myself a handy dandy set of industrial grade clippers which I'm really, really pleased about - its.. pretty outstanding how these things are gonna work.

Every time I.. turn this tape recorder on I should give you a time date stamp, let you know if its the same night or not, actually you know what, that would get kinda tedious, so I'll tell you what, if its a different night, and if I haven't talked in it in a few hours, then what I'll do is, I'll give you a time date stamp.

Right now its 8:10 in the PM, and I'm listening to a classic rock station, the song I've currently got on is.. Credence Clear Water Revival, *Roll Baby Roll*. I could be wrong there.

I'm recently gettin' into classic rock and roll, rock and roll is an interesting thing, y'know, it's one of those one of those phenomena that, y'know, we all grew up with - but now its dying - rock and roll is slowly rotting away, classic music of an era when freedom was on every one's lips, is being lost, somehow tumbling away into the darkness of history.

I honestly feel that we need to hold on to the music.. of a time when freedom was the mentality, we have to hold on to that music, being it was the artists of that time that were able to put into words the thoughts and feelings, and we can capture that.

If we just hold on to our music. This is why.. peer to peer sharing is so powerful. It enables children all over the world to listen to music that they would otherwise never be able to hear. it enables.. a kind of.. community that is never before seen.

You are welcome to mix music in behind this, sometimes you might hear music in the background, I don't know if I should leave that there, I mean I am recording this on pretty old piece of equipment, and it is going on a re-taped over tape.

Cimmerian will be keeping all originals, but the originals aren't really worth anything, their not exalted, maybe a collector's edition somewhere, if somebody ever winds up actually giving a crap. But its pretty frightening when you think about how much information is being regulated, controlled.

I've got a god given talent, my mother was an entertainer, my grandmother, grandparents were both entertainers, it actually goes back seven generations, being an entertainer. But what is that? what is an entertainer? An entertainer is just someone who teaches, really, all entertainers are teachers, they take stories and they tell them. so if I'm going to be anything, I guess you could list me as a storyteller. I try to tell as many stories as I can. I try to make my voice heard I guess.

So if you think this is worthwhile, or if you ever come across an episode, that you think is well would speak to someone you know, please, make a copy of it, give it to them. give it to people you don't know - give it to people, leave it, give it to people on trains and buses, matter of fact...

You can go to thrift stores, you can buy old cassette recorders, and rather than just giving them a tape, why don't you just buy an old cassette recorder for a dollar, set up an old crappy set of headphones, and leave the whole unit sitting there, so not only would they get a tape, they'd get like a cassette recorder and the headphones..

I mean all this is very, very feasible, we're just recycling old tech, its the... that's what the underground is, we take the garbage that society throws away and we do what we want with it, we make the world a better place with the refuse of the popular.

Thats why I'm so switched on with military gear. **Military gear is the best kind of gear on the planet.** its the kind of gear that lasts forever - its very, very cheap, and its highly effective - and I think it looks pretty cool.

But what does this got to do with law enforcement? Well I'll tell ya.. you see, when you start shaving your head like a US marine, and you start bringing your shoulders back, start sticking your chest out, you start being proud of who you are, you start giving yourself a bit of a mandate, you start to read a little bit, get educated about the history, about people...

You start to scare people because then they realize that you have power. Anyone with power is terrifying. even if its just personal power. Now this is where all revolutionary movements fail... is that, when the police show up, and wanna search, and make sure you're not hurting anybody, they resist that because they believe in the concepts of rights.

I'm here to tell you that your rights are gone. The US constitution, although its fantastic document, and if I was to build a new world I would probably take most - if not all, of the US constitution, verbatim - and probably take some of the charters and rights and freedoms of Canada, and I would somehow forge a document that makes it so everyone can protect their family, so that they can live free from tyranny, and so they can live how they choose - regardless of race, religion, or creed.

That's the dream. Just in case anyone's wondering. Everyone's out looking for the American dream, and the Canadian dream and the great dream of the new world. **The dream of the new world is escape from tyranny.** Be it governmental, be it corpolitical, be it religious. Its about escape from tyranny.

And the revolution I'm talking about, is not so much an revolution as the evolution, we as individuals need to make choices in our own lives, while we still can - we still have choice. We can still choose what we spend our money on, we can still choose how we cut our hair, we can choose our manner of speech, we can choose what programs we watch, we can choose how we spend our money. **We can choose how we spend our money.**

And in by choosing how we spend our money we will show, the world, that we're serious about our commitments, about our ideals.. you need to invest in yourself, you need to make sure that your commitments, and your ideals, y'know, will live on.

Whether or not your a Wog.. well, Wogs, what are Wogs? What do we believe? Well we believe, truth, justice, honor, and freedom. but.. the way that we differ from any other organization is that we are completely non-violent towards other living humans.

If a police officer comes to you and wants things, give it to them, if you have drugs on you, and he finds that you have drugs, give him the drugs, do not resist, cooperate fully. and you would say to me, "Why Sean? I'm going to end up in jail!" You are not as important as this movement is. You gotta understand...

If you are doing illegal things that are dangerous and can land you in jail, you're probably a bad guy. Now if you're just a song file sharer, y'know what I mean, and you got a hard drive full of songs, you gotta think, are you really gonna do jail time for that? Are they going to hit you with a lawsuit and stuff, are they going to punish you, are the corpolitical gonna come down on you? Probably. Is that going to hurt you personally? Yea, yea it will.

So you got to take measures to make sure that you won't get caught. If you are going to do something illegal. And you gotta make it as strong as you can. But you cannot fight law enforcement in any way. I don't care what it is.

If you're somewhere and a law enforcement guy, anybody, comes up to you and says "I don't want you here!" Leave. Walk away. Non-violent compliance - thats the only way that you can be heard. Protests do not work. Everyone protests.

But if you're in the middle of a conversation and somebody says something that you don't agree with and you stand up and you walk away - that is a huge statement in of itself, that's very, very powerful. We need to take control of our own lives.

You can never enforce your decision on someone, George Bush isn't going to listen to you - waving a sign, he doesn't care, not about that. George Bush is doing what he thinks is best. You can bet on that. I don't think George Bush is born evil, I don't think he, y'know, joined the Skull & Bones and stuff and now he's all, y'know, he wakes up in the morning, wrings his hands and y'know, he hangs out with Skeletor and discusses how to destroy the world - maybe he does, I don't think so.

Just like cops... maybe there's a couple cops that are psychos, maybe there's a few cops that are just guys with small dicks and big problems. But there's a lot of cops who are good, decent people - a majority of cops, are decent people. But these decent people, these cops, they think that we're the enemy.

They think that young people and children, people who read, people who are aware of their rights, are the enemy. They're told this, they're programmed with this. So the only way that we'll be able to effect a difference, and to fight back against the tyranny that is coming from the corpolitical state - is to win the hearts and minds of the soldiers of that movement. To win the hearts and minds of the police officers.

Do you realize what would happen, if just, y'know, for the first six, eight months, let's say we had twenty thousand people, OK, in a city, all Wogs.. and out of those twenty thousand people, y'know, say, say the population of the city, let's put it at, like say, uh the population of the city is a hundred thousand, twenty thousand. One in five people are Wogs. That's a lot of Wogs. Alright...

But, when the cops start getting concerned, because y'know, these guys are walking around in army kit, and they show up and they say "Hey, What're you doing here?" and I say "I'm sorry, Should I leave?" [they say] "Uhh.. well, yea" [then you say] "Ok, we'll leave then - bye!" and you leave. They have nothing. The minute you resist law enforcement - they have a weapon to use against you, and you will not win.

You have to take a lesson from guerrilla movements. We're gonna move a evolutionary, peaceful, guerrilla revolution. That will sweep North America, if I have my way. We're going to take people outside. We're going to show they how to live. **We're going to show them, that there really is hope for tomorrow.** That's the goal. That's the goal of the show I'm doing - Patrolling with Sean Kennedy... That's the goal of my existence. I don't wanna hurt anybody - I want to teach people how to have fun, how to live life.

Do you know how much of the planet is currently just.. hidden? Holy crap! We got cities, just cities, yea, everyone knows cities, right? When was the last time that you got lost in the woods? When was that last time you climbed a tree? When was the last time you actually looked with your own eyes upon on a scene of nature? It's not the same as it is on television. It's not.

There's energy that's there, there's things going on that Charles Fort's reported on, and y'know well, these guys like, like well, Art Bell and George Noory on Coast to Coast and the newspapers and the newsletters and everybody.. they're all trying to talk about this weird stuff that's going on in the world. That's real. I mean, we're talkin' really real. I don't know how much you may believe, or even want to believe.. but I mean, there's a lot of people who believe in it. I mean a lot. Does that mean it's true? No, but I think it bears investigation.

A lot of people say, "Well, I don't believe in Big Foot because I've never seen 'em." There's more evidence of Big Foot than there is we landed on the moon! Yet we don't really wanna just give in do we, we don't wanna just give in, and say "Yea, I believe in that." So, what're we gonna do? Well, we say "When somebody shows me that's fine.." Have you looked? Have you gone and looked? No. You haven't.

And everyone who does, that media is controlled by certain people, whether or not you see it. So, y'know, standard modern media goes and finds anything that's truly revolutionary - if y'know, Dan Rather, managed to get an interview with an alien, on a street corner, you'd never see that interview, because it would be held.

This is why, now with technology we have the ability to spread ideas and thoughts, we have the capabilities... Now, more than ever before in history - to do true, underground media, and let the will of people, the consciousness of the actual movement of people, become law.

And we have everything in place. We just don't - we're at a very dangerous time right now, there's a lot of terror coming in a lot of people are gonna try to take away rights, that our grandfathers have died for - but we still have time, we're not screwed, and its important that you understand that.

If I thought we were screwed, I would dig me a bunker and I'd buy me a bunch of IMPs and just hold up in there and wait for the bomb. But I don't think that's the case.

If we can talk to enough people, especially young people, who can realize that the world is fucked before they, y'know, try to sell their souls to it, if we can get enough people who can vote, who can make real differences in the community - it's real easy to just sit back and say "It's all fucked, have another beer.." "Ah.. its all fucked.. who cares, get high.."

No man. You do what you gotta do, to make it through the day, that's a fact - but you can't give up. You can't give up. That's what the alternative crowd is. **We're the people who have hung on to our individuality in the face of all this oppression.**

We're the people who truly believe that we can make a difference in the world, and that the world, despite all the shit, is actually a decent place, despite all the fear that exists right now, in the war on terror, the war on everything, the war is everywhere. People are wearing camouflage clothing that aren't part of the alternative crowd. And who aren't in the army. You wanna talk about a sign of the times. That is a big sign of the times. And what does that say?

...

It's a couple minutes later, I'm driving now, I'm actually driving around a parking lot, a big one, this parking lot is actually bigger than some golf courses, which is kinda of crazy, but there it is. All around this parking lot, it's interesting...

Parking lots are a funny thing 'cuz you get a big cross section of people - everyone thinks that their car is a huge expression of who they are, they wax it, they take care of it, a car is like your own personal little flag, its a reflection of your lifestyle, it's like a tombstone on wheels for everyone to see, y'know, who and what you are. The new Ford "Ozymandias", buy it now, for all you can buy. It's kinda crazy.

But while driving around out here you get to see a lot of crazy stuff. Just people, how they interact with each other. Everyone has ideas about how they say they interact, everyone has ideas on how they want to interact, but really, y'know, most people are terrified of each other. You get on buses and nobody speaks, they ride elevators and nobody talks.

Those scenes we see on TV, of buses and elevator, everyone's always talking, y'know their smiling and laughing and stuff - is that life imitating art or is that art imitating life, I don't know..

But in this parking lot out here when you drive around, it's pretty interesting how people, y'know.. it's a movie theater, y'know. They pull in here, like the change of the tide - seven-ten, seven-twenty, nine 'o clock showing - Tuesdays the tide of cars will swell again, then they will wash away back into the ocean of nothingness.

Then why are they here? Why do they come? Oh, to worship at the altar of Hollywood, of course. What other reason could they possibly have? "Hi there, my life is shit - I bought the lie, could you please show me another movie so I can somehow make it seem like everything is going to be OK?"

Our society, Western culture, is based upon belief. Belief in certain codes and values, belief in sitcoms... Belief in ideas that really aren't true - but y'know, I don't want to get into a big truth argument, about what the truth is, and I don't know the truth so I suppose I can't say what it is.. but I think I can say what it's not...

Truth is definitely not, a whole bunch of single people living in this communal apartment, y'know, kinda half-ass-edly dating each other - that's not reality OK, that doesn't work. That dynamic doesn't work. You can't toy with emotions the way that people do. It's a spectacle. It's a gesture. Their clowns. Y'know, and everyone's forgetting what the real world is all about.

More and more people are spending time in their cubicles, more and more people are y'know, trying to lock themselves into these virtual environments. Virtual realities.. and people are real. The people are real. The IRC channel is not populated with users. That's populated with people. **These are real people who are sitting down and communicating - that's a powerful thing.**

So what people don't like, is not the hackers - they don't like the fact that hackers talk. You can be the biggest hacker you want - the FBI will find you, they will hunt you down like a dog and they'll kill you, they'll shoot you dead in the street for looking at files you shouldn't have done, don't you worry about that. That's not their concern. Their concern is your gonna tell somebody about it. That's the problem.

What's the point? Why am I doing this? What the hell am I doing this for? Why do I get up everyday? Why do I go to school? Why do I try to learn things? Why do I go to a job that I hate? Why am I working as hard as I can, for next to no money? And that guy over there has got a brand new card that he didn't work for - I guarantee he's not flipping burgers...

Why? Why do I bother? Why don't I just stick a needle in my arm? Or, y'know, destroy my body with anti-depressants? Why don't I do that? Why do I fight? Not making any money from Rant Radio. Cimmerians' not making any money from Rant Radio. Nobody's making any money from Rant Radio.

And everyone all over the world who sees and marvels at the phenomena that Rant Radio is - they all ask us the same question - "Why do you do it? Why do you bother, man? You're not going to make any bread at this, y'know... You're not going to go anywhere with it..." No. Probably not. I do it - because I want to die fighting.

Truth be told, I thought a lot about how it is I want to die. **The way I see it, I'd like to die on another planet, or at very least - not on this one.** If that means that, y'know, you got to get off world, then we got to get off world. Really it is about getting off world, but that's a whole different conversation.

But, why do we do it? Why? Why carry on? Why should you listen? Why do you do it man? Why do you download those shows? Why do you know everything about this guy?

"Hey Sean, why don't you.. Why don't you get yourself a decent, y'know, digital tape recorder? Why don't you do that?" Well, I paid fifteen dollars. And I'm using old cassette tapes that I can buy from dollar stores for a buck. **That means that I'm really, really hard to stop.** If the cops showed up and took away my tape recorder - well I'd just go get another one.

There's a lot of digital media and crap like this, but at the end of the day I can just hand Cimm a cassette tape and we're good to go. But why? Why are you doing it? Why do you fight?

Because I'm a good guy. At some point in your life, you better ask yourself this question, and if you haven't asked it yet, now is a good time - "I am a good guy, or a bad guy?" Some people say life's more complex than that - I don't think it is.

See good guys, well, they make break certain laws that are not.. eh.. they're, they're good people who do bad things from time to time. That's what good guys are. And bad guys? Well, their just evil. That's a word that no one likes to use these days, is evil.

Y'know, I'm not a psycho Christian bigot who's out there burning books, I'm Sean Kennedy The Fucking Man. I'm this counter culture, dude. I guess.. What-What the fuck.. What - What would you call me? Am I an icon? I don't think so. I'm sitting in a parking lot, right now, watching a bunch of cars getting rained on. That's not really icon material.

As a matter of fact, I get spit on a lot. Ahh.. that's a lie. That's a lie. I've never actually been spit on. But y'know, when you wear a security jacket and you walk around, people are all like "Y'know, you're Fucking corpolitical, blah blah blah..." Actually, no one's every said corpolitical to me either, but y'know, they make fun of you. You get ragged on a lot. That has a certain amount of psychological damage.

I'm sure all the shrinks who are going to be listening to this, will have all sorts of developmental disability stuff.. that they will be able to talk about. Not that I have a problem with psychology, I think it's very, very valid. **I just think that the pharmaceutical companies are using psychology to justify getting people hooked on drugs.**

I've had a lot of time for psychology, it's well, it's helped me out a lot, I'll tell you that. Three years I spent in Shilo, Manitoba - in the snow, I had a lot of time to think. I had a lot of time to re-evaluate myself and I realized that, y'know, the army was a lie. A huge, elaborate, multi-million dollar lie.

I love soldiers, don't get me wrong. I got all the time in the world for soldiers, I'll buy any soldier a beer any time any soldier wants. He'd have to show up in person and I'd have to have the money on me. But if I've got the cash.. I'll buy him a beer.

Why? Because I love soldiers. These are people who stand up for what they believe in, these are people who live their life, cut their hair, clean their nails and brush their teeth with the notion that some day they might have to give their life for their cause. And the cause of North American soldiers is freedom. Freedom. What real freedom is? Choice.

So, although a lot of people don't choose to support soldiers.. and that's fine. Everyone's free to choose. I'll support them. I'll support them with every fiber in my body.. Any soldiers who ever happen to listen to this, please don't ever think that, I fault....

...

Tape ran out on me. Stupid thing. Ah, well, what do you do, eh? You can only do so much.. Anyway, where was I? Oh yea, why I'm doing it.

I guess to sum up.. As long as you can jump on a motor bike and drive around this continent, that is North America, you're free. As long as you can pierce your own flesh with steel if you feel like it, you're free. As long as you have the right to choose with your own body, you are free. As long as you have the right to defend your own family, you're free. **As long as I'm broadcasting, and there's no one stopping me, and as long as you're listening, that's freedom.**

Communication. Communication is a very, very powerful thing. The ability to communicate with people. But it's a double edged sword. A lot of people ask me why I don't answer a lot of email, or y'know, I try not to do a whole lot with constantly online... because I did that before.

See, what happens is you get the Black Shakes. 'Cuz you spend too much time with technology. The Black Shakes, I've talked about the Black Shakes before. The Black Shakes is a psychological condition which exists when people are using technology and they do not balance their lives to reflect the use of this technology.

What does this mean? It means that if you have.. wireless capabilities and you're able to control your life with a computer and do everything online this should give you more time outside not less time outside. Do you understand?

Technology exists to make our lives easier, not more difficult. This is why technology exists. **Technology in of itself is not good or evil.** It's just how its used.

Much like weapons. And some weapons are used for defense, sometimes are used for offense. But it's the use of the weapon. It's the individual, using the item - that needs to be accountable.

Because I do this, because I... make these recordings and broadcast through the internet, I have to be accountable for what I say and what I do. I understand that.

There's freedom of speech, which is the essential freedom that allows me to do this.. but the spirit of that freedom of speech is what allows me to make these recordings and keeps me free, but I'm still accountable - if I start telling people to hurt people, or if I was to ever, y'know, try to incite a riot, or cause destruction of personal property, well I'd be accountable for that wouldn't I? Because that isn't just.. y'know.. an accident. That's something I planned.

This, thereby, brings us to my policy regarding why you must never resist police. If a cop showed up at my house tomorrow, I'd let him in, and I'd make him coffee and he could go through all my stuff. And if they chose to arrest me I'd go along quietly with them and we would use our justice system and I would call upon the forces of the Wogs, everyone who's a fan, and everyone who believes in what it is that I do - to support me.

That's..That's all I got. I've only got me. But I'll control me, as best I can. While still trying to get to the bottom of things. I guess it's kind of symbiotic relationship I have with the internet. Because I don't actually think of millions of people listening to this, or thousands or hundreds, or even.. anyone really.

But I feel like, well, I'll take as many people with me as I try to document things as I can.. but I can't be communicating with everyone, because it takes too much of my time. And furthermore, some people have suggestions and ideas, believe it or not, I read the emails that get sent to me, I just don't reply to them. Some people feel bad that I don't do that, but I haven't got the time.

And, one of my gifts, personal gifts that I have is that I'm a very good communicator, I can talk to people. But the problem is that, with that gift, I'm very easily influenced by other people as well. This is why the only camera man I work with is Cimmerian. And I limit my online community contacts to certain people.

If I don't do that.. If a person doesn't control, who and what they communicate with and what they take into their mind and body - there's gonna be you wind up losing yourself, you wind up losing track and you get addicted to.. well, television programs and all the rest of it and before you know it you got the Black Shakes. So it's.. it's a bit of a tight rope.

So anyone who listens to this.. and feels bad because I haven't responded or I didn't return their email.. I'm really happy Apanthropy is doing his rapture drills.. I'm planning one myself.

But, I mean.. I can't.. If people were looking at - from accolades from me, I'm no one to give accolades, I'm just a guy, just like you. The only difference between you and me.. well, I'm thirty. I don't know how old you are.

And I'm fighting. I make what - ten bucks an hour? I got a little house. I don't want to talk about that much, because that is where my wife lives. And she's the closest thing to god that I have. That's another thing too, should probably talk about that... how much tape to I got left on this.. little more I guess... Oh.. I got all kinds of tape on this side..

Marriage. Relationships. See that's a funny thing. Marriage is a strange concept now, people don't understand, y'know, marriage is kind of a dirty word these days, people getting married five or six times, all the rest of it... They'll go "Why not? Why even bother getting married, y'know?"

Now this is gonna weird you out. Marriage shouldn't be about religion. Marriage shouldn't be about god. Marriage should be about commitment. It's about being accountable to your spouse. To a partner. It's the two of you against the world - that's what a family is, is a group of people who - it's like a tribe, it's your own little gang that you control.

A lot of people go, "Well Sean, y'know, that's kinda the classic viewpoint of what a family is.. but that's not really what it is.." No. Now more than ever, man.. Now more than ever, you need to hold on to your kids.

Gordon Edwards wrote a book called "Hold Onto Your Kids" where he talks about how.. young people, although, y'know, their trying to survive now, young people, because we have no role models, are turning to their peers. And luckily.. luckily there's a few people out there who still view me as their peer even though their like, fifteen or sixteen years old.

There's young people, there's middle aged people - I guess, I don't - I don't care how old you are, I don't care if you're ten. If you view me as your peer then I count myself lucky. 'Cuz any man who'd call me his equal.. and that's fine.

There will be people who claim I'm everything from sexist, to crazy, to an egotist, to a fascist, to dangerous, to you name it. I don't own any guns. I don't have a single weapon that's a firearm. **I have absolutely no interest in hurting anybody.** I want to help people.

So, episode one, monstrous disclaimer - I'm one of the good guys, don't shoot!

Sean Kennedy Chronicles: Tales From The Afternow
The Witchhunter Chronicles, Episode XIX: Finders Keepers
Recorded 3.11.04 17:08, Transcript 07.29.07 / avagdu
file: afternow_128_19.mp3, TIMECODES: 4:40 – 22:48; 31:00 – 44:46

4:40

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3-11-2004 17:08, It's a Thursday. Doing some thinking, checking in my notes, I'm at my house, currently. The Wogs, y'know, if we're ever gonna try to get anywhere or do anything, we're gonna need to make sure we have some parameters set up, guidelines. Y'know, you'd think it would be pretty easy to crank out Ten Commandments, y'know, some crazy Jewish dude climbs a mountain and cranks out fifteen of 'em and y'know, comes back down.

You'd think it'd be just too easy, but, see I like keeping things really, really simple. Y'know, it's hard to set up a good set of parameters, y'know, 'cuz if you make 'em too difficult to live with, no-one's gonna live with 'em and your base laws are not gonna work, so I've had to give a lot of thought as to what the parameters have to be for the Wog movement.

And, by the same token, you have to make sure that you don't make people enforcing laws turn to hatred, 'cuz then you wind up getting like, y'know, weird religious police and stuff like that, like what they got in Afghanistan and Iraq and all those countries. So the way I see it, these are my parameters, I've made them up. I'll go through 'em first and then go back over them again here.

Be gentle. Be kind. Know your dose. Never doubt your enhancement. Respect life. Seek the truth. Fear is a myth. One Wog, one kit. Suffering is horrible. Nothing useful comes from hatred.

That doesn't even sound like rules, they sound like statements or almost, instructions, but I suppose that's probably what they are. Let's start from the top.

Be gentle: what does that mean? Well, that's pretty straightforward isn't it? Don't.. don't be.. like, you want to be gentle with things, y'know, in all matters of your life, try to be as gentle as you can. 'Cuz when you get all angry and stuff.. it's hard. When your on the edge, and your exploring, and your on tasking, y'know, when your out in the bush and that, sometimes... its hard for me to be gentle. I try to be just gentle as I can with people and with things I don't understand, and things that are fragile.

Most people in our society are fragile. Y'know, so you gotta look a little deeper than what that just says, more than just 'be gentle'. Well, what is gentle? What does being gentle mean? Y'know, a gentleman, gentlewoman? What is that all about? So, I'll let people fight over that, but I think that you can't really get too.. you can't.. it's pretty hard to corrupt 'be gentle'.

Be kind is another one. Now.. you can be kind, about a great many things, you can still eat meat and be kind, y'know. You can even be kind in war, believe it or not, you can do that too. I mean, kindness is one of those things.. being kind and gentle are y'know, those things based in love, so it's.. kind of a good thing to keep as a parameter. To know, you can be gentle, but y'know, well ever heard of "killing me softly"? So being kind has to do more with intent than it does with action.

Know your dose: Now this is a nice way of saying - all things in moderation. But you have to know what moderation is, you have to know what too much is, you have to know what too little is, you gotta be able to keep track of that. Because if you can't, whatever your dosing will control you.

Be that pornography, be that the Internet, be that video games, be that television, be that advertising, y'know, you gotta know where your limits are. That's why the whole fasting thing- where you cut yourself off, so you can see what the parameters of yourself are. That's what the whole fasting thing is about. We'll try to touch on that a little bit later.

Also, never doubt your enhancement. Now this is a big thing. People go "Enhancement, what the hell does that mean?" Well, the fact that you are asking questions about your life. The fact that your not, y'know, just watching wrestling on television and y'know, having yuks and drinking beer. The fact that you are trying, means that you are, as a person, enhanced. You know what I mean? Like, because not a lot of people care. But you care. The fact you care, makes you special. That sounds really *hokey* but, it is in fact, the truth.

Look at it, you know how many people live their lives, day to day, and they never even think... about there could be something more, there could be another way to live your life, maybe that... everything we're doing things is kinda wrong? Y'know, you know how many people do that? Everybody does that.

But you, your a little different. You know, you think things... you don't really know what to do, but you know that what they're doing is not really the best idea, you know that. That's not hard to see. Y'know, I mean, where's the.. so.. it's.. don't doubt your enhancement. Don't doubt yourself.

Respect life: Life.. anything alive, OK.. is amazing. Do you know how much in the universe, like, if you go outside the little blue ball, you know how much in the universe is dead? Do you know how much dead stuff there is?

...

Seek the truth: What the hell does that mean? Seek the truth. What is the truth? Is the truth clinically proven? Is it clinically tested or is it clinically proven? You could clinically test anything, couldn't you? Seeking truth means you look for the facts, you look for what really is, what is undeniable, the truth is undeniable - that's how you know what the truth is, you must always seek that, and then use that as your basis for decisions.

Fear is a myth. Now you'll notice, in this list of parameters, that I haven't numbered any of them. I haven't numbered any of them, because, well, you don't need.. each parameter is just as important as the other. It's up to the individual to put them into the sequence that makes the most sense for their life. I know, what I'm saying here is true. I know that fear doesn't exist.

And if we can just convince ourselves that there is no reason to be afraid of anything.. You, like, people are going "What are you talking about Sean? Fear exists."

No. Imagine for a minute. Fear isn't a real thing. Fear is just simply, aggression. OK, it's.. a cautionary means. Y'know what I mean? Fear is something that your body uses to release adrenaline to prepare you for battle, right? That's entirely what fear is. That's the purpose of fear. But isn't that the same thing as aggression? Aggression is controlled fear. Right?

So I put it to you, that we don't really need fear anymore. As long as you are trained, you should be able to handle whatever is thrown at you, because you've been trained for it.

Well, then that brings us to fear of the unknown. Well, I wanna leave it for.. y'know, apes and animals in the forest to be afraid of that which they don't understand. I don't think we should be afraid of that which we don't understand. We should be inquisitive and brave and like, probing towards it, but I don't think we should be afraid of it.

I think if anything, we should be probably be aggressive towards things that we don't understand. Not violent, but aggressive. Don't take any shit. What's going on? What's really going on? We don't know the truth about what's going on, so why don't we get aggressive about that? Why don't we start getting a little guerrilla about how we find out what's going on.

Hackers.. their only crime is curiosity. Well, great. If you're gonna start being a hardcore hacker, I guess you start better learning what it is to, well, be a librarian. To distribute knowledge, 'cuz that's what hackers do, right?. They're like Robin Hood, for the every day man. That's what the whole hacking thing is about. And everyone's all wondering what that is.. hacking.. is seeking the truth without fear.

One Wog, one kit. Man, let me tell ya, this is something that I have struggled with.. you would think that me, being mister kit god, that I'd be able to hold on to all my gear. That is not the case. I keep giving all my stuff away. True. I'll save up money for months and months and months, and I'll like, I'll buy something and I just give it to somebody.

I don't know why I do it, I guess I feel bad for them, or I want them to think I'm cool, maybe... I don't know why I do that, but I keep doing it. And it'd be OK if was with like lifesavers or something like that, y'know, but I mean, when you do that with a two hundred and fifty dollar knife, y'know, it starts to get expensive because you keep replacing your good gear.

Gifts are an amazing thing.. gifts are really, really cool. Especially ones that people put a lot of thought into. I think a gift is as cool as how much thought went into it, you know what I mean, like, the amount of effort that went into it. Y'know, it's.. that's what it should be about. But anyway, getting off topic..

One Wog, one kit: what does that mean? It means that you must have your own list of stuff and you must know where your stuff is. Keep track of your stuff. Your stuff is important. Keep it ready. You never know what tomorrow's gonna bring, man. You never know what tomorrow is gonna bring.

You gotta make sure, you gonna know where your next meal is gonna come from, you gotta make sure you gonna know where your gonna sleep, even if.. even if you've lived in the same house for fifteen years.

Especially, if you've lived in within the same house within fifteen years. Because if you get thrown cold into the street, your gonna become food for some greater creature. So you gotta be prepared for that. Be prepared, but don't be afraid.

Suffering is horrible. This is a truth, parameter and statement. There is no reason, whatsoever, for all the meat that we have on our tables to be suffering. Those animals should be living a life, that is [con]fined and restrained and all the rest of it, that's fine, but they shouldn't suffer.

Now suffering.. gives it.. being.. well, it has to do with consciousness. Now, do plants suffer? Well, no... why not? 'Cuz they're not conscious. Or so the debate continues.. I don't want to go down that road. But we're gonna just assume now, that suffering, things that can scream in agony, things that have a face, y'know?

If they're suffering, there's no greater horror than that. Fear is born of suffering. You see how that works? And from fear comes hatred. If you eliminate fear... from the fear, hatred and suffering triangle, the triangle can't exist and therefore the other two lose power. Draw that out on a piece of paper. You got fear, suffering, and hatred. That's.. That is the essence of evil, right there. That triangle.

Now the really good thing here is.. is that.. we've tried to destroy hatred - not gonna happen, why? Because there's too much fear, too much suffering. We've tried to destroy suffering, but that's not gonna work. Because, well, y'know, we got too much fear and hatred.

So what do we do? We can't destroy hatred, we can't destroy suffering. What if we destroy fear? What if we rule out fear, what if we just deny it? I'm not afraid. "Well, you can't climb that mountain.." - "Yes I can, I got all the gear right here.." - "But you'll die!" - "Why? I have all my gear, I have everything I need, I even have rescue flares.." - "No, but, aren't you afraid of what could happen?" - "No. I do not know fear. I embrace the unknown." That is the idea there.

Nothing useful comes from hatred. Now, we can't eliminate hatred. Hatred is a great human tradition. We love to hate. Oh, man there's few things on this planet.. that I.. Well now, I can't speak for all people of the world, I'm a white guy. And, actually, I'm more than that, I'm an Irish.. I'm born of an Irish-British decent, so I'm about as white as it gets.

And.. wow.. we love to hate, y'know. Wow, white people. White people.. love hating stuff. And we get all righteous about it too, y'know, we get all like, up and high and mighty and we're like.. God! Y'know, we always bring god into it, right.. God knows.. and he gave us this earth.. and we are the care takers.. therefore above everyone else.. and y'know, we're the ones that are supposed to look after all these poor people all around the world, y'know... and we will hate our enemy!

That's like a big part of white culture, is hatred. I would say.. it's part of human culture, 'cuz I think all cultures might have that.. but I don't know. I can only speak for me, 'cuz I'm a white guy. And.. well, whatever. It's weird when you to be exacting like that, isn't it? With the whole politically correct thing.

I mean, does it even make sense? Does the whole racism thing really make sense? I don't think it makes any sense, really. I think that.. that is another hatred-suffering-fear thing. I don't know, I think its a public communication thing. That's one of the reasons why the Internet is one of the greatest things ever invented... but anyway...

Nothing useful comes from hatred, man. You see? Think of everything that hatred brings.. now find one thing useful about hatred. "Well, I had a teacher I hated once, and 'cuz I hated 'em so much I worked extra hard and y'know.. I was successful in that class..."

OK.. OK, but how much damage did that hatred motivation do to you? I mean, that.. That would start a germination seed that would like, run your whole life. You're only gonna work for people you hate for [sic]? What kinda.. whoa.. hey.. no, that's deeply, deeply damaging... not good, not good.

Hatred, is not the same as anger. See a lot of people think anger is bad. I don't think anger is bad. And I think there is a big difference between anger and hatred, y'know. Some people say that.. well, well.. god hates.. No, god doesn't hate anything... god's angry with stuff.

That's why.. people used to say, "Sean you look really angry!" "Yea. So, what's wrong with being intense?" Is that what.. Is that what anger is? Is anger just intensity? I mean, I don't.. I don't understand.

But.. hatred. Hatred is.. it's a.. it's a sickness. It's something that is born purely from fear. If we could just eliminate that.. well, we'd have this thing nailed down pretty, pretty tight.

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Try to imagine how crazy I look right now, hunkered down over a tape recorder that's plugged into the wall with a remote mic, checking my email. What a bizarre image that's gonna be for when my wife gets through the door. Got some email here, see I do actually.. read my email. I had to prove that, so I figured now would be an opportune time. Got one here from Reagan.

"Sean, listening to the new episode of Tales from the Afternow that you just released, I have to say that I'm impressed. More impressed than the very first time I heard your voice, and I wanted to say, thank you."

Well, I don't know what you'd thank me for, it's not like I got any control over the sound of my voice - matter of fact, you should record yourself sometime and play it back, and say what your own voice sounds like, I've yet to find anyone who thinks the sound of their own voice sounds cool.

But.. I've never really understood what people find impressive about what it is that I do, I mean, I guess I'm unique in how I do it. But, it's very important.. that.. you don't think that I.. I don't have any special talents, that's why what I do is cool. I think.. that's why I think what I do is cool, is that, anybody could do what I do. And I think everybody should. That's my arrogant problem.

Anyways, she goes on here to say: "Although, I may not agree with everything you say, I agree with the moral and right values of which you spoke. I respect very much your view of the world, and appreciate what you are doing to help make it better. Please let me know if there's anything I can help you with, and feel free to contact me at anytime.. by the way, I came back to Rant Radio ... recently in my new show on Fridays, called *Shoutbox* it's not the best, but I'm trying to do my part. Sincerely, Reagan AKA Kaizie Sol."

Who's going to be changing her name, because I just totally compromised her security, but Kaizie Sol has been floating around forever, so if she's doing anything, she should probably be changing her security name anyway.

Well Reagan, thanks, man. But why are you so concerned with "...it's not the best?", "...it's not the best, but I'm trying to do my part.." Why do we always call down everything we do? Does anyone know that? 'Cuz I call down what I do. Hell, I just called it down. Just now.. just right now, I just called that down.

Why do we do that? Why do we call our stuff down? Why do I do that? I don't know.. let me think about this for a minute.. Why did I just do that? Well, I guess it's because I don't want to appear arrogant.

Y'know.. is that what it is? Is that a fear based thing? I'm afraid the other person is going to think I'm arrogant?

"Well it's possible, Sean, y'know, they could/might think you're arrogant, I mean, after all, you do go parade around the universe calling yourself 'The Fucking Man', don't ya?"

- "Yea, that's true." What an odd, odd state of affairs. Don't really know what to say. Hmm. Well, if it's not the best... Actually.. it should be the best, Reagan, 'cuz it should be the best that you can do. That's what I think is what the best is. "Aww... isn't that Sesame Street?" - No, think about it. If it's the best you can do, then that is the best you can do.

If a guy, y'know, becomes the president of the United States, and he does the best job he can, can we really fault the bastard for it? I mean seriously, what if, let's say.. George Bush.. let's pretend for a minute.. that guy is doing the best job he can. Let's assume, that the president of the United States, is concerned with his job. Maybe, no matter how fucked his moral values are, or what his brain capacity is.. No matter what that is, he knows his job is important. On the base level, okay. He knows he's the man.

So what do you suppose, he's going to.. try the best he can.. to do what's right for the people of the country. Even if he's part of secret organizations and there's people pulling his strings, and aliens got control of everything, and whatever. Never mind any of that shit.

Where the metal meets the meat, the president of the United States of America knows, he is.. in a lot of shit. Because he's making decisions that effects the lives of millions of people all over the world.

Do you think it's easy... to be like a banker? Or one of these business tycoons? Mother-fucker. Every single day your ass is on the line. Could you imagine an existence like that? Wow. So no wonder they... y'know, a lot of people in.. in power, drink so damn much.. The stress has got to kill these guys..

So I'm not worried about whether or not a show is the best. I just.. Anyone who wants to help out with the Wog movement, anyone who wants to do that, they just have to do their best at whatever it is that they do. And if that happens, try to imagine the world we can make. Try to imagine what that would look like. It'd be the most powerful thing you'd ever see.

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I'm not afraid of guns, I think it's silly to be afraid of guns. I think that.. I think that everyone should fire a gun. If you've never fired a gun, I highly recommend you do it. It's the pinnacle of our culture, it's what we care more about than anything else. We are a culture of violence. We believe in war. We value war. We like killing each other, we think it's fun. This is apparent with our video games, with our movies. We desire conflict, always. We like the whole concept. We think its a good idea. So really, the gun is what mankind is all about isn't it? I mean, when you get through the brass tax. Really, it's true when you run out of bullets, you got a fancy club, but you got to respect the power of a firearm. You really do. **So I highly recommend everyone should fire a weapon.**

But, more to the point, I now have this weapon.. which.. OK, first of all, did I steal this? I mean, I've gone through a whole gamut of emotions over this.

First, I was afraid that I was gonna get caught. Which is always what you feel. And then I started feeling a little guilty, like, "Wait a minute, what if I what I watched wasn't some kinda deal or something going down.." What is that was just like.. I don't know what it would be, but, What if I just stole somebody's pistol? Y'know what I mean? What if there was nothing illegal there, and I just walked in, opened the door and took it. And now I'm a thief?

Well.. I've got an.. I don't if its unregistered.. but I've got a loaded .45 under the passenger seat of a car. And I don't think its there for.. y'know.. bear attack or anything like that, I think it's there to do some damage to somebody.

So I took the gun.. so at the very least, now, whoever was gonna have that gun doesn't anymore, now I have the gun. It's an amazing feeling to hold a loaded weapon. Amazing. If you sit back and think about it, it's even a more amazing feeling to have a loaded weapon with you in a public place. That... is a crazy, crazy feeling. People say that it wouldn't really matter, but.. it does.

You can see 'em all, walking around you, you know you get the same jeers, these people – calling you a rent a cop, loser.. the usual stabs of "So you think you're tough?", what a goof, what a geek. And all the while you know, that you got the power to end this person's life with a finger twitch. Unbelievable. Frightening power. The power to kill.

I wonder sometimes if that was what Tolkien was talking about with the one ring. Y'know, if that's what the corruptible power... the power of the ring is the power to kill, and it corrupts whoever touches it. But guns, in of themselves, are not evil, they're just a tool.

You got a... mechanism to house an explosion. You have a chamber, which through one means or another, a bullet is loaded into. The firing pin is struck, firing pin strikes a primer, the primer set off a small charge which ignites the gun powder within the shell casing.

Depending on the type of powder, how much is in there, depends on how quickly it burns, it doesn't explode – black powder explodes, but normal gun powder burns very, very quickly – producing a lot of gas, that gas ruptures the actual slug itself, the bullet of the shell, from its seal, and pushes it... down the barrel.

Now the barrel can either be smooth, it can be rifled or it can an octagon shape or some other method of causing the bullet usually spin. If it's smooth, it doesn't spin, and not spinning, therefore it will not go as far.

And the length of barrel will stipulate how much pressure you have, well how much time.. the bullet has time to build up pressure behind it, so if its a short barrel, it won't have the foot per second velocity that a longer barrel pistol would have. This pistol has got like.. it looks like, it's.. its a little longer than usual, I think they're stock eight inches but this one looks like... its I'd say probably like ten inches.. long.. it's..

If I were to see it in a picture I would think it's kinda pretty, it looks kinda cool, y'know. It looks like something The Shadow might use. But seeing it here, in the family parking lot of a movie theater it looks.. kinda ugly.

Y'know, it looks like a hideous thing. Looks like a.. y'know.. you imagine finding a bloody axe in a bathroom. That's kinda the way it makes me feel to look at this heavily polished firearm, glinting in the street lights. It's... it's bizarre.

And how do I feel about it? How do I feel about it? Why did I take the gun? “Sean, why did you take the gun?” “Why did you take the gun?” I don't know. I guess I wanted to take it. That's the weird thing, I don't know really why I took it. I really don't. I guess it was a good thing, right? Because, whoever had the gun before me, y'know, they probably would have hurt someone with it.

Y'know, but who's to say I won't hurt someone with it? Who's to say I won't shoot myself with it? Or.. Y'know, I don't know.. I mean, I don't think I'm unstable. I guess I have to be accountable. **I guess that's what being accountable is all about.**

Because if you have a weapon you have, really, the ultimate accountability. You have to.. You have to be accountable, with a weapon. That's, y'know, that's what people who founded the US Constitution, I think, were talking about. Y'know, I don't claim to be really, really bright – but I think, I'm not sure.. but I think.. that the right to keep and bear arms is about, y'know, making sure that a government is accountable to its people. **And at the highest level, the people are supposed to be able to rise up against a government, that they feel is tyrannical.**

Now a tyrannical government could mean.. anything I guess, but I don't think that I live in tyranny here in Canada. I don't think that I'm y'know, suffering a whole... a whole lot. I think that I actually got it pretty good where I'm at. So I don't really want to rock the boat, y'know? But still.. y'know, in the times of peace, a man should keep a sword by his side, y'know?

And this gun is.. its designed to kill. There's no...there's no two ways about this. This.. this weapon.. I mean, there's other rifles used to hunt, and there's rifles used for target shooting, but this particular pistol, the Colt Model 1911, is designed for one purpose and one purpose only, and that is to kill people.

They used to give officers pistols, y'know – you know what they were for? They were for shooting their own soldiers, no kidding. British officers would carry pistols, so if men tried to desert or screamed at the horror of war, and became what they called cowards... Back then, now they call it shell shock.

There's a bunch of different phrases for it, but anyway... the officer was supposed to shoot the man, thereby motivating the other men to, y'know, spur them on to victory. That was the whole idea.

This gun.. this gun's been fired before. It's been abused. I mean it's still very functional, I mean, these guns are known for being really tough, and.. I wonder if this gun could talk, y'know, what it would tell me. But, I think it's a good thing I took it. I think that.. if there's a god or something that it was probably his will to do that.

Now, what do I do with this gun now, that I have it? I don't wanna take it home, can't leave it in the car. Y'know, I'm gonna have to find something to do with this gun. Everyone's afraid of them now, your not supposed to have them. They have a stigma of being evil.

If I get stopped or pulled over on the side of the road with a gun, in Canada, are you kidding? But it.. I don't think it should be like that though.. 'cuz it's not that way with swords is it? I mean really, y'know, if I run out of bullets all I got is a really fancy club.

I got my sword at home, that I kinda half made, half bought. It's an Ontario Knife Company sword, combat katana. I filled off the stupid little nubs that come with it and altered the sheath so it gave me a larger hand guard, anyway. I have that, that's my.. If I was gonna have to defend my household against the demons of the universe, I would probably grab that. That would be the weapon that I would grab.

Now, looking down at this massive, y'know.. a .45 is big, OK? I don't know if you've ever seen one, y'know, you think “Oh it's just a pistol..” No, no, they're pretty big. Y'know, and I always used to wonder in the old movies where the guy - ran out of bullets he'd throw the gun at the guy, y'know, you ever seen that? He'd run out of bullets, he realize the gun was empty, and he would throw the gun at his enemy.

I always thought “Why would he do that?” Well, if you've ever held a handgun in your hand, if you've.. if somebody threw that at you and it hit you, you'd be.. you'd be dropped pretty good. If this thing was ever hucked at me, wow, I don't know if I'd get up again.

But.. I don't know what to do.. Did I do something illegal? Am I a criminal now, 'cuz I have this gun? 'Cuz I took it off this.. y'know these.. they were drug dealers, I know it was drugs, I know it was. There's so much drugs in all... shit that goes on up here, I know its drugs.

So, I disarmed a drug dealer without his knowledge. I stole from a drug dealer, is what I did. I took something that didn't belong to me and it belonged to a drug dealer. Is that vigilante justice? Is that disarming the enemy? Is.. What did I just do there? Help me out. I think I did the right thing, but now I'm a criminal. Now I..

Do I.. Can I take it to the cops? I'm afraid to take it to the cops, because, y'know, “Where'd you get this gun? Oh, this gun was used in a crime.. Oh look at your past, your Sean Kennedy, your an Internet icon.. Oh, what was the name of this group that you used to run? Oh, what does that mean?

Oh great, can you step over here please we'd like to talk to you!" Perfect.

My wife isn't gonna let this gun in the house, I better not tell her. I don't know what to do with it. What would you do with it? What would you do with this gun? You can't take it anywhere.

Would you... Would you hide it? Would you throw it in the ocean? Well, hang on now, let's look at this from a another angle.

I mean, the world's kinda scary right now isn't it? I mean, I don't know I.. For me, I mean, I love my wife more than anything else in the universe, she's the thing I never talk about, y'know because its sacred to me. And I.. I think about someone hurting my wife, and I go insane, y'know, like, I'd rather die.

If someone was broke into my house, and was gonna come for my wife, I'd kill him dead. And I know that may go against a lot of things that I try to teach, but I'm sorry. You have to defend your own. You have to. Otherwise what's the point?

Y'know, I mean, I love my wife, I can't.. I couldn't imagine.. Y'know, her being raped or something. I'd.. I'd seriously, I'd do twenty five years, no problem. No problem. Smile at it. Get raped in the shower not feeling too bad about the whole thing. Why? Because my wife's OK. And that's what love is. It's about sacrifice.

And.. so on that level, y'know, I think I should hang on to this thing. I could probably hide it in the bedroom, y'know maybe, cut away some dry wall, put a fake piece of dry wall up, and just keep the gun in a bag.. y'know, a zip lock bag, put some WD-40 in it or something, so it preserves it so in time of crisis I could get at the gun quick y'know... just in case I need it.

Why would something like that be illegal? Why would be illegal to have a firearm to defend themselves? Why would be illegal to own firearms? More than that, really, shouldn't everyone have.. definitely, y'know, the 'defender of the household', really, I mean whoever that would be, man, woman, whatever.

I mean a single mother, you'd think that single mothers should have like, all kinds of guns, really, I mean.. They're.. y'know.. They're pretty busy and they're rundown, and y'know, they.. they could be victims, maybe they should be the ones with the guns.

Single moms with guns , eh? 'Course I think I'd have a hard time unloading this particular pistol to a single mother. It's kinda menacing looking. Maybe I'll just hang on to it. Maybe I should just.. take it home, strip it down to its core components, keep it clean, just keep it lying around. My life's bound to get pretty interesting. Maybe its a gift from god.

This is Independent Librarian Dynamic, Sean Kennedy, The Fucking Man.
May server protect us all.

Sean Kennedy Chronicles: Tales From The Afternow
The Witchhunter Chronicles, Episode XX: The Medicine
Recorded 3.17.04 11:15, Transcript 08.03.07 / avagdu
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I wonder sometimes what the end would be like. I wonder what it would look like. I mean, it's been a long time since I got punched in the face. A really long time. But last night at work, I got clocked a good one, so hard in fact that I lost my balance and I wound up staring at the sky. When was the last time you got punched in the face? I mean, when was the last time that somebody really just full of hatred belted you one? Family members count. When was the last time you had that real stinging copper taste, that warm wet feeling of blood in your mouth? When was the last time you felt that? I had forgotten the last time I felt it.

The incident started easy enough, I mean it was straightforward - typical stuff. The bar let out, it was spring break, a bunch of kids who were underage snuck their way into the bar, and they came out, loud and proud, and decided to take on the security guard. I'd like to say I fought the good fight, I'd like to say that I, y'know, tried to do the responsible thing and all the rest of it. But I wound up.. it happened so fast, y'know, it always happens so quick. And it's never when you expect it. You never get in a fight when you wanna get into a fight. You never get in a fight when you think it'd the easiest thing to do. Doesn't happen.

If.. I sound a little different on this recording its because my lips all swollen up. There's a lot of sane people arguing, even as I make this recording now, three-seventeen 'o four, at eleven hundred fifteen hours, it's Wednesday. There's a lot of sane people who think that.. these audio recordings are still some kind of work of fiction, and they argue about reality amongst themselves. Well let me assure you that is not the case.

Right now, between the ice pack and the cold beer I'm trying to keep my lip from separating from my face and quite probably running out the door. The kids were in my face just like that. Somebody said something, I got shoved from the side, I turned to look - "whack". It's amazing. Never ceases to amaze me how proficient teenagers could be at causing pain.

We don't like to see that, we don't like to recognize the true annuals of our nature which our displayed by the teenage culture. We don't like to embrace that, we like to think that they're just kids, y'know, they don't really show what the world's all about. But really, no, at the lowest level, when you take away all the rules and all people's power, they degrade to what they truly are. They do it in prisons, they do it in high schools, they do it all over the world.

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Thank god for the Internet. That's all I gotta say, man. Thank god for the Internet. If it wasn't for the Internet where would we be? Who would we be talking to right now if we weren't hooked into the Internet?

Those of you out there, who listen to me, those of you out there who understand what it is to stare at the floor while you wait for the next hit. You will know what I mean when I talk about the pain of loneliness. Everybody's words mean so little when you're the one who's bleeding. That's why I have to learn to seek strength within yourself.

It's difficult to try to get back into society once you're out. Right now, I'm thirty something. So for those of you who are half my age, maybe less than.. well hell, even if you're less than nineteen years old, you wanna think really hard about jumping off the ship.

It's not like it was back in the eighties where, y'know, you could jump off and jump back on again, y'know. You could join the counterculture and then grow up and be something else. You know, the hippies turned dot-com executives turned homeless, that whole crowd. You wanna think about whether or not you want to get involved with the counterculture. Because, well, very soon it's gonna be us and them.

Very soon it's gonna be all the sane people who take their medication three times a day, listen to their fear dosage, get their infotainment advertising updates, and all the while pumping drugs through their system to make sure they feel OK. Very quickly, you're either going to be one of the sane, or you're going to be labeled some horrible name. Maybe they'll call you a geek, nerd, loser, wierdo, survivalist, gun-nut, terrorist, hacker, counterculture icon, punk, freak, weirdo. These are.. well these are my people.

This is the tribe I was born to. I didn't pick this, the society picked it for me. So what're supposed to do? Do you give up? Do you throw your hands in the air when you lose your job? Do you curl up and die in a little ball? Do you close your eyes so tight that you wait... to stop breathing? Do you close your eyes at night and try to will your heart to stop beating? No, you can't do that. You gotta keep going.

Being a security guard, you get spit on... all the time. Not literally of course, but, you're an object of ridicule. Imagine you take all the ridicule a cop takes behind his back, only you have to take it to your face. That's what security guards deal with. Not that I'm crying the blues. I'm sure I could find all sorts of employable opportunities in some other field. The minute I think of one I'll let you know. All I know about is survival. On one form or another. And I guess, through out all of this, somehow I started making recordings and people started to learn.

Like it or not, when you listen to this, you're taking a piece of my mind into yours. Every time that you listen to anything, any kind of media – music, radio, television – you're taking that inside of your own mind. And on some level, what you see, hear, experience is going to effect the way you think and how you see the world. This is the reason why I feel what I do is successful. Because I never lie to people. Not purposefully - I'm sure I've said things that aren't true before, but it's an honest mistake. I just didn't know.

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There's so many of us, y'know. There's so many freaks and outsiders now. There's so many of us that realize the lie, that even the mainstream is trying to market the realization of the lie, if you can believe that. **Cyberpunk isn't a leather jacket. Cyberpunk is a state of survival.** In a time when men no longer use swords and electronics is sorcery.

So what do we do? Do we sit back and we wait for the sky to fall? Do we sit back and wait for the storm of the century to sweep over the planet? For the earth to awaken and scratch itself, and rid itself of the plague of humanity? Is that what we're waiting for? Do we just sit idly by like good little droids?

Or will we be Wogs? Will we be the proud outcasts, those ready to survive. Those who will take the better components of our civilization – music, art, literature – and preserve them. Preserve them for future generations. **We can do this, as all, independent beings, we can form a nation, an alliance, maybe even an army.**

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It's Thursday now. I.. I didn't go to work last night. I.. it's been a crazy couple days, let me tell ya, for all of you who are keeping track of my life here, mapping it out day by day.. last night..

Tuesday night I got smacked in the mouth, right? Wednesday I was pretty bummed out, Wednesday night I didn't go to work because my jaw still hurt from where I was cut open, and .. anyway, turns out my jaw's infected, and.. it hurts like a bastard all the time, so if I sound a little different when I'm talking to ya, it's because the muscles in my jaw are.. they hurt a lot if I move my mouth too much.

So, you might think I'm trying to imitate certain accents or drawls, but that's not the case, it's just 'cuz my damn jaws all fucked up... anyway, so.. anyway, with it being infected and stuff, they wanted me to go on to these.. anti-inflammatories and all this kinda jazz, and he really wanted to load me up on these antibiotics, and I wasn't really into that, 'cuz I wanted to do a more holistic approach, I don't believe in a lot of these anti-biotics they feed ya, I mean it's just a little bit of pain right? I mean, you can live with pain.

So I went to go see this... Chinese herbalist, that a friend of mine recommended me to; I'm not going to give that name out, 'cuz I don't wanna this guy dragged into it, but anyway, he gave me a prescription that I had to go get filled from this little Chinese herb shop down in Richmond. And.. I got this powder, that.. what I gotta do is.. like, they're little caplet pills and I take them, like, four times a day.

And I do not know what the stuff is called to save my life. The herbalist wrote some stuff in Chinese on a slip, right? So it's like doctor's.. signature.. prescription.. in Chinese. And.. I took it to the shop which [he] just gave me an address for, because everything is in Chinese in that part of town, and the guy just gave me the pills and told me: you take one at dawn, one at noon, one at four-thirty, and.. like, four-thirty PM, and one if you feel weird after sunset...

Is what I got out of it, anyway, that was the instructions I took, so I started doing it.. and today's my first day and I gotta tell ya, I'm.. I'm feeling pretty good today. Y'know, I don't really know what's going on but jeez, I feel great. So.. I just thought I'd check in, give you some positive news, and with my jaw, still, I don't wanna aggravate it too much, but the pain is pretty much gone, it just sorta feels numb now. Anyhow, I'll keep you posted on what's happening..

One of the purchases I made online last week has showed up today. I.. bought this onHand PC, made by some crazy company called Matsucom. And.. they had a special on, if they were... came in tactical black I guess they were cheaper. So I got this onHand PC in tactical black. After all was said and done, I paid two hundred bucks for it.

I mean, I like gadgets, gadgets are pretty cool - but a watch, I mean, you can judge a man by his watch. I mean really, time is all you have. If you don't control your own time, then you're not free. That's what freedom really is.. people talk about freedom, “freedom's not free...” Well what is freedom?” Freedom is being able to do what you want with your own time. Hence, free time. How many of us have free time? How many of us actually have freedom?

As I'm looking through all the features on this onHand programmable PC, I see that this temporal lock, this little device that is used to measure the passing of now, is a really valuable tool. I got one of these on wrist.. or onHand PCs or whatever, because I always find that your PDAs are too hard to get to, if you put 'em in your pocket, you can't alarm them, tell you what to do at certain times, but a watch - you can do that.

I was looking for a PDA watch, and there's a company, *Dead Dinosaur* or something like that, that.. makes.. watches that are supposedly wrist-top personal data assistants. Well, after going through this thing that I got for two hundred dollars Canadian, I'm here to tell you, I've never seen a gadget like this in my life. It's pretty sweet. If anyone wants to get himself a piece of gizmo-gear, this would be the piece I'd get ya.

Now I'm still waiting for my other part of this to show up which is my watch strap. You know, you got too much free time when you are breaking down your watch and watch strap as both after market components. It's a company down in the States, make a item called the 'defense band', do a search on Google, you'll find it, 'defense band'. And they've built a garret into their.. watch strap in order to subdue as a weapon of emergency only. They sell 'em to the public, so I bought one.

A lot of people would ask, “Well Sean, you're against violence and all that..” Oh, you're right, I'm against violence, absolutely. But this brings us to the category of weapon of emergency. See, some people say that you can't be against violence and be prepared at the same time, no, I believe you can. I hate violence, I abhor violence, I.. it scares the hell out of me. I'm afraid a lot of violence.

Well, I shouldn't say afraid, but I'll say I'm aware of how much damage violence can do, and how quickly it can erupt so you want to be cautionary towards it. This is what the.. founding fathers of the United States wanted when they said that the people should have the right to keep and bear arms... arms are not just weapons.. I mean, arms are weapons, rather.. *Arms* are not just *guns*. You gotta think of it that way.

Before the advent of the firearm, the sword ruled the earth for a thousand years. I think that they can regulate firearms 'cuz it's very hard to make a gun, comparatively. As hard it is to make say a pair of nun-chucks, or tonfa or perhaps a quarter staff.

Guns are hard to maintain. You gotta make sure they don't rust, gotta make sure you keep 'em fed with ammo – otherwise all you got is fancy clubs. And I think that once everything actually hits, the supplies will get cut off to the armies of the world. And very quickly, these men, who claim to be soldiers, who haven't been trained in the ancient arts, will find themselves at a loss for what to do. **They don't train from the ground up anymore. And they should.**

I'm not really highly trained.. but I've dedicated most of my life to getting ready for what I feel could be an imminent.. well, inevitable. So I'll try to tell you guys what I can, give you hints on the gear I use, maybe it'll help you out.

...

Friday, three-nineteen. It is now, zero-five-eight hundred hours. I'm at grid: November-four-Niner-degrees, one-four point one-six-four by Whiskey-one-two-two degrees, five-one point two-zero-nine. On the Garmin GPS unit.

I've been doin' a lot of thinking about.. what's going on. And.. I noticed some disturbing trends the last little while. It's funny when you stop listening to the news, and you stop paying attention to all the programming, how things begin to slowly slide back into place.

Not at once, it doesn't like all come crashing in on ya, like you'd think that once you stop listening to the media lie, you start feeling lonely, you get the dregs, y'know, kicks out – you wanna watch your old shows, you wanna listen to this bullshit music they feed ya... but if you get past that and you start listening to music you choose to listen to. Y'know, maybe for the first little while you might continue to listen to y'know, whatever the 'top forty' is. But very quickly you'll find that you'll lean towards maybe more aggressive music or softer music.

And then you start experimenting with aggressive or softer music. If you like softer music you might get into like Steve Roach, or maybe you could get into old Kris Kristofferson stuff, or maybe you might be a little more electronic ambient, or you could be even contemporary, get into classical. If you're more aggressive, you might get into gabber, you could get into Hellsau, or you might get into some of these thrash bands, or you could go metal, you might get into Iron Maiden and stuff.

But the bottom line is that there is so much music out there, that essentially.. there's so much media available through the Internet for free that we no longer need the constant feed that the media machine turns out. And this is.. where the strength of the Wogs come from.

Had an interesting thought the other day, see the neat thing is, is that, people will no doubt ask you, and ask anyone who claims to be a Wog, y'know, “How do you be a Wog? How do you become a Wog?”
Well, you're a Wog when you say you're a Wog. There is no Wog membership card.

There was a.. group of.. well, they're now 'terrorists', they never used to be 'terrorists', they just used to be 'activists', but now they're labeled 'terrorists'. Called the 'Animal Liberation Front', and what these guys would do, right or wrong, whether or not you agree with them, is that they would.. break into labs and free animals. Now, whether or not you agree with breaking into labs and freeing animals, you can definitely see why they did that. You can definitely see the desire to end the suffering of these animals.

Which is, y'know, although it is for science, and whatever you may believe on that front - but, I mean, these animals suffer there's no two ways about that. Now, there was no official 'Animal Liberation Front'. Y'know, there was no secret headquarters, there was no 'Animal Liberation Front' commander who issued orders that descended down throughout the world.

That's kinda what I wanted to do with KULT, is I wanted to make this massive alliance of the counterculture so that when finally we were all brought down under one banner we could, y'know, change the face of the world. This was.. This was my grand vision. Which, y'know, hey - aim high.

So.. that didn't work though. Because people can't be controlled. And I didn't know that, I thought that they could. But luckily, I figured it out before I turned thirty, that people can't be controlled.

Whatever they try, people cannot be controlled. So there is no system of government that would govern a large nation that will actually work. Unless you are in a time of war, because you must always have a common enemy, right?

So what we need to have is we need to have.. essentially.. localized government, like state or whatever, so if you don't like the laws in one state you can leave and go to another state and that state would grow proportionately, what have you. I mean it's very, very simple when you think about it.

So, the problem is now, is that the reason why people used to get together in groups, was for what reason? Well, for fellowship, for community, so you can be amongst people you want to be amongst, right? Well, low and behold, we have the Internet. And the Internet makes it possible for us to communicate.. except for touch.. in every way.

We can see each other, we can talk to each other, I think with the right apparatus you can even have sex with each other without actually touching - but that's a whole 'nother bivouac and I think it's kinda sick and weird, but anyway..

I would think that the Wogs.. Wogs are by essence.. although we are all outcasts, and although we are all misfits and freaks in our own way.. and I'm not special, I mean I'm the biggest freak – well I suppose that might what makes me special - is that I'm the biggest freak whoever was.

Y'know, in my own opinion, I don't know anyone who's weirder than me, I mean what kind of a psychopath carries around a tape recorder when he's a security guard in the middle of the night in a colossus.. y'know, parking lot and talks to himself, I mean, that's.. that's insane.

What's more insane is that people listen and pay attention to this - crazy loser. Y'know, I mean... when you think about it - “Holy shit!” So, when I look at that and I go “Why? Why does that happen? Why do people listen to me? Why do they do this?” and I think the reason why is because.. I never quit.

No matter how bad it got, I just.. If I couldn't handle the pain I would fall down and I would crash and I would burn. But I just keep getting up. And that's the same thing that you do. If you're listening to this right now, especially if you're an old school fan who's just kept up... and this doesn't mean you go in the IRC, this doesn't mean that you communicate.. y'know, with me, and maybe I don't even know your name, but you've listened to a lot of the stuff I've done.

Y'know, even right now you're thinking, “He's not really talking about me..” No, no I am talking about you. You. It doesn't matter what you are, you know who you are. And that's what your strength is. Is that you don't quit. Y'know, they scorned you, they kicked you out, they didn't want you as part of their group, so you expressed yourself as an individual, and everyone still laughed at you, and you lost most of everything that you ever valued, but still you carry on. Still you fight the fight.

Maybe you're like Smokehouse, who's in a wheelchair, in a nasty financial situation with his relatives dropping dead all over the place and yet he still carries on.. he still fights. I've never.. I don't have one-tenth Smokehouse does. I don't know how he does it, I really don't. He believes in this crazy guy who lives thousands of miles away.

Cimmerian, who I have no financial ties to whatsoever, continues to pump out tireless work, into making a counterculture movement medium that the world has never before seen and is getting stronger every day. And somehow I'm caught up with this. It's amazing.. when you sit back from the whole thing and go "Jesus Christ! Do you realize that there are people who don't even know what computers are?"

Do you realize that, there's people that.. when you got your Palm Pilot or your PDA out, they go, "What is that? Is that a calculator?" It's amazing.

When you think of the kind of connection that we all possess. It's like, we're that little section of the gutter, where the world swept us, and while we were in this gutter we decided to make a fort.

And that was fortress Wog, that's where all this happened, it's just, we all just started talking to each other. And now, we're not hackers, yet some of us have hacker skills. We're not soldiers, yet a lot of us have a lot of soldier skills, we're not jocks, because some of us like sports, but we don't like a specific sport.

We have knowledge, and a great vast, many interests. We're consumed by music, poetry, art. We study violence. We study war. We study tactics. We study things that normal people brush aside because it's too hard for their brains to chew on it. That's where we live. We're like, intellectual scavengers - who've grown very wily in our time on the fringe.

So, what are we? Well, I guess.. we were always here. I guess I'll just give it a name. And that's.. that's what the Wogs are. You're a Wog. That's where you fit in. You fit in nowhere. You fit in like a distance reconnaissance platoon somewhere deep between enemy lines, where there's you and maybe a couple of your friends, and you listen to the show, and you listen to me, and you understand what it is that I'm talking about.

And there's a lot of people right now who are going "Whoa! Sean! I don't know what you're doing with these radio broadcasts.. I don't know.. Is this a journal or? Y'know.. Did.. Did you really find a gun?" Yea, I found a gun. I'm not lying. You know, it's an amazing series of events, but the more unbelievable things are, the more crazy the real things that happen to you, at what point do you stop believing me?

If I told you ten years ago that I was going to be some multimedia figure known all over the world would you believe me? No. You'd have said "Whatever Sean, you're a crackhead." If I told you I had visions of the future, would you believe me? No. But if I told you I met a celebrity you'd believe that. You see what I mean, we're conditioned to believe certain things.. I could tell you any number of things, y'know.. How do we determine what is believable and what is not believable?

Y'know.. it's.. our perceptions of reality are what really govern our actions. See, I've talked about this before, and I talk a lot about this in my writing, but I firmly believe in the concept of 'reality hopping'. I also used to call this 'fish bowling' if you've ever heard that expression before.

And I know you've done this, but you just.. don't know actually what it is.. When you 'fish bowl' is when you sit in like a mall maybe or in a crowded place somewhere and you isolate yourself from people, you're now alone. And then after they forget about you sitting on that bench or wherever you're currently, y'know, residing.. you can enter into other people's lives by staring at them.

You'll see like, the yuppie family walking down and you can like, enter their lives, and you can see their concerns. You can see that he's really concerned about his next car payment, but she really wants to keep up appearances with the neighbors, the kids are really happy because they just got a new pair of hundred and fifty dollar jeans. The boy wants to get himself a starter jacket, but the girl, y'know, secretly hiding the fact that she's afraid she's gonna look fat, and all the other nine year olds will make fun of her. That's.. that's y'know, one reality.

And you've got, y'know the family who's trying to survive, and still have some kind of fun and dignity, so they.. maybe everybody's not as clean as they should be, and the mother's got five kids. And you keep on looking and you see someone else that looks just like you..

Y'know what's funny? I can just get crazy militant. I can wear just the most strikingly bold camouflage clothing and I walk into a mall, and y'know, everyone automatically nail me as an outcast, y'know “Oh my gosh, this guys crazy, look at him, he's all dressed like a commando guy..” but if i walk up to a guy who's a punk.. y'know, let's say he's got the severe spiked hair and everything – a lot of times with the young ones, they don't.. they're.. they're afraid of you.

It's like, all the counterculture is afraid of each other. Y'know, the punks are afraid of the.. guys with the.. like, skinheads... not aryan nations, but y'know, there are people who just shave their heads. But you see what I mean, like militants and the goth crowd and the punk crowd and the y'know.. that whole.. even.. y'know.. “What is god?” The Marilyn Manson-ites, the children of the dark side..

Y'know, if we all just stop being afraid of each other, and realize that we all got the common enemy, we don't need an alliance, we don't need a huge governing body. Y'know, if you decide to take up the cause. **If you decide to strike out and live your life like you choose.** How you choose to live your life. If you take up that cause, then by default, whether you like it or not, you are following the principles of what Wogs are.

So, what am I... what I am trying to say to you.. I guess.. I think that there's alliances to be made. And this has led me to some very interesting ideas regarding alliances. You see, I've .. I think that the very old are interesting. Have you ever talked to old people? They don't lie.

Weird. Weird. **Anyone over the age of sixty rarely lies.** Why? Why would they, they're over sixty, they're gonna die soon. K, so, quite often at that point they want to talk but nobody wants to hear 'em. Yet they are the ones telling the truth. Isn't that ironic, Isn't that ironic? That's really the great payment y'know...

Don't tell me not to go to hell.. Like, don't tell me that “Hey Sean, you shouldn't be a prick..” Why? “You'll go to hell!” Big deal. But if you were to say “Hey Sean, don't be a prick, or you will die old and alone and no one will care..” Now that's some scary shit right there. Old people... and, y'know, we're not new here. I'm an old man listening to this, and I'm thirty-two. And there's probably a few people who listen to this who are older than me..

Pardon me, I'm thirty, I'm not thirty-two. Honest. But.. I got an email the other day from a fella who was thirty-two and he said “Yea, you know, I get a lot of the references you make. Y'know, we should start up *Yoyodyne* propulsion systems.. you know, stuff like that. And I feel, y'know, great that there's people who kinda chewed on the same sort of.. y'know, media that I did growing up who get a lot of the images.

But there's all these young people who are the next generation, and it's made me realize that there are older generations of outcasts. We're not.. We're not the 'firsts', guys. They're are guys that come before us. And these are the guys that chased after the JFK assassinations, these are the guys who made the films like *Trinity [And Beyond]* – the atomic bomb movie, y'know, who exposed the lies. These are the people who have been researching outlandish claims, and have been searching the truth for so long, y'know, generation after generation.

Being a Wog, we're not starting anything. **We're kinda putting our own post-modern cyberpunk apocalyptic militant spin on the culture that's always been.** Ever since Charles Fort started tracking all this stuff, that he said “Hey, wait a minute, the medias not telling the truth..” They started talking about the paranormal, and not just the paranormal, but news no one was reporting, y'know..

Osama bin Laden, as of right now is in custody. No one believes that, but he is. And George Bush is going to pull him out of his hat, just before the elections. Of sure, he'll get captured in some glorious way and there'd be no way he could fake it. You do a time-date stamp on this. Let me tell ya something, George Bush is gonna through a series of intense - ooh, lots of drama. But, like it or not, Osama bin Laden is going to wind up being captured, just before he goes to the polls. That's just the way it is. Why? Because it makes sense.

He's got the guy in custody right now. He came down the pipe like two months ago. People are gonna go “How did you know that Sean? Did you use your military contacts?” No, man. I didn't use my military contacts. I've been doing.. I knew that the same way that I know everything else that I put in 'The Afternow'.

I remember it. I remember it by looking at history.. seeing the subtle trends in history.. and then seeing those same subtle trends again. There's nothing.. there's nothing magical about it, you just gotta open your senses to what the world's telling you through the Internet. Look at all the news sources, look at the alternative media, see what people are saying. Listen to the rumors that people say they heard from special operatives.

Listen to these things - yes, a lot of them are garbage, but eventually you wind up with similar rumors coming from sources that couldn't possibly know each other - and those are the ones you verify, those are the ones you chase. Some people will go “Well Sean, I don't know if I believe you, I mean that's a pretty bold statement, making a statement like that..” Yea, hey I could be wrong. If I'm right, it doesn't mean I'm infallible, If I'm wrong, that doesn't mean I'm stupid. It just means, I was wrong.

See, people want, people want to find god in people. Prophets and stuff, they want that. They want someone who's infallible to tell them what to do. And I'm saying you don't need that, just like you don't need Sean Kennedy, you don't need any of it. You just need you. And for the love of god, if you just learn to be still, you can determine what it is that you really want.

And it'll hurt. It'll hurt like a bastard, because they've got.. you addicted to drugs you don't even know you're taking. You're putting it in your mouth with toothpaste, you're taking it into your skin with all these weird lotions, they're prescribing medication en masse to our children and nobody seems to care.

Where were all these fantastic medical diseases that kids have? No one has a.. health issue anymore, no has a.. no one's just crazy anymore. There's no crazy people anymore, everything's a condition, everything is treatable with the right medication. May cause anal seepage. Do you see what I mean?

We're slowly turning into this doped, feed lot culture.

Where nobody has the power to move anymore. Nobody packs light, we're enslaved by all our possessions. Chasing things we don't need to impress people we don't like – working jobs we hate. Stop and think about that. Stop and think about whether or not your parents did that, and their parents. Eventually, when you talk to the old people, they'll come around, they'll say “No, travel, live your life. Live free, follow your dreams.” That's what they say. Do you think they're lying to you? Do you think they are just old and senile and they don't get it?

Well I'm here to tell you, they get it. They know exactly what they're saying. But the problem is we're not hearing them. I think.. I should try to make some kind of alliance. I'm don't know how I'll get through to the counterculture beyond us. But I think there's a lot of Wogs who listen. I think there's a lot more of you than even I know. And that's OK, I don't want numbers, I don't wanna create some list where you all can be tracked down. I don't wanna.. I don't wanna know how many people are listening to these tapes.

I never need to know. That's why I don't pay attention to email, I don't get involved in things, because I've got other things to focus on, I've gotta bring the truth as much as I can, I've gotta find things for ya. The way we do that, is by exploring media. Do you see? But isn't a normal.. I didn't make that up. We've been doing this for years.

How much media have you heard that was made in the 1970's? How about the 60's? How about the 50's? How about stuff from the 'Golden Age' of radio, when there was no television. Let me tell ya, there are recordings available that you can get for free just about anywhere, that will blow your mind. It'll make my feeble scratchings on tape look like.. pretty pale by comparison. **I'm not an ego-maniac. Well I suppose, not so much as anyone else in entertainment is not an ego-maniac.** You gotta be a certain amount of ego-maniac just to even talk in front of people. An unknown amount. But I just.. I never think about that, I just talk to you. And.. I don't make any money. Well, I haven't.. I'd like to one day. I don't know how I'm gonna do that. But I've got faith that eventually something.. will.. happen. That doesn't make a lot of sense. But, if we can master this, I mean, being ourselves. Eventually, those will be those of us who choose to seek. There'll be those of us who will be. Oh.. what's the word.. scavengers, I suppose, a lot more aggressive.

The Wog armada, the whole – y'know, those of us who are willing to fight. And not with violence, but with other ways. With our minds, with the tools we have available to us. There's a war, that's happening right now. And that's the war.. for your mind. Religions want it, cults want it, everybody wants it. Even I want it. The question is what do they want to do with it. I want to give it back to you. **Snatch your brain back, zombie. Snatch it back and hold it.**

...

Wednesday, March twenty-fourth, two-thousand and four. The time is now sixteen-forty-three hundred hours, I'm at my home grid. I've.. been going through these MK ULTRA books. And I think I figured out what.. what they were talking about back in the sixties, and the fifties, I guess. At that time, the world was really.. fighting communism, OK, and communism is a political idea, so you gotta understand, at that time like, communism was hated like a plague, like it was a scourge of the universe, OK?

So, what the Americans did is they used this MK ULTRA program for the concept of making soldiers. And.. what MK ULTRA was for those who don't know – is a psychological operations.. conducted by the United States of America to see, using hypnotism and drugs, to influence the minds of people - civilians, soldiers, what have you - and see what kind of results the government would get in order to use people like some kind of.. a machine, y'know, to turn them into operatives for them.

It was.. through the MK ULTRA project that.. the development of.. a lot of mind altering drugs which we use today in our anti-depressants and stuff like that, this is where all of the anti-depressants industry originates from. Is actually from the MK ULTRA experiments. Because up until that time there was no real interest in the.. development of.. mental psycho-actives in order to control people's personalities, lives, things of that nature.

So, prior to the late sixties which was the.. a time of freedom for our entire culture, at that point, prior to then, there was no real influence by people using mind control drugs.. of any kind. So you'll notice that culture, as well in history, if you look at history throughout time, everything seems to kinda go really, really snake-y once the government starting using this mind control technology at that time.

Like if you look at the time, MK ULTRA, that was really the turning point, 'till now we have, y'know.. the media.. control the world. Which of course the media has taken.. non.. non-medicinal knowledge of how mind control works through things like.. hypnosis, through subliminal suggestion, through linguistic programming, through ideals like this, that are proven ideals - they exist, they work. But these.. highly paid advertising executives – they have been using this. But this is where we get all our programming from...

So you must understand, that the mind control.. the connection I'm making here.. is that the MK ULTRA projects are the birth of what we have now as modern media which is what's controlling society. If.. you didn't have the modern media telling you everyday what was going on, or if someone took over the media, you could tell people whatever you want was going on. You could tell people there was a war in China when there was no war in China. You could tell people that.. aliens were landing in a farm in Massachusetts and people will believe that, and they have done so in the past because of the.. lack of information, you see?

And this is why.. one of the arguments for, the proponent of, keeping the Internet free. Is because that way, y'know, there's always communication, we always know what's actually happened by actually talking to people. But now.. in our time.. now that, y'know, every thing's coming to a head - there's the ability for us to communicate openly and freely over the Internet as Wogs. Telling each other the truth, forming small groups and alliances, and things of this nature.

There are already groups of.. Wogs, small sub-factions showing up on the web, I was really pleased to see that. Their.. just like kids.. with laptops and stuff like that, who are running around their schools and wifi centers and stuff.. it's great. And their already picking up on it, I'm over joyed with that.

And a lot of people, y'know, I've gotten emails asking “Well, what's the guidance here? What do we use to guide the Wogs?” No, there is no guide. OK, it's just the whole movement itself, everything I do, I suppose, could be called a guide. I don't really know what to say.. but it's.. How do you.. How do you define this to people? I guess it's the ability of free choice and thought and expression for yourself.

That's.. that's definitively what, y'know, Wog is in keeping with the traditions of seeking the truth, and being kind and all that kinda jazz. So there is no.. 'Wog mandate', there's no 'Wog manifesto' as such. I mean there's the spiritual side of it, which comes from magi.. but I mean..

Anyhow, way off topic. But the.. whole MK ULTRA thing is where modern media comes from, and that's sorta what these documents here are talking about. The actual project was to develop a kind of.. like.. some kind of a program of some type. It's like a training manual.. of some kind. I don't know what it's for. But this.. I guess you.. It's like a program you watch on a television, or I guess you could put it on a head mounted display, I guess.

And this program, you.. I guess there's some.. conditions in the experiment that you have to follow. But essentially, you take a human subject, you put him in an area with this program, that is.. a visual program, like a film - if you would, OK, that this person watches. So you know, when you always see those political re-education camps, and all that kind of jazz.. like in Red Dawn, for example...

If you rent the movie Red Dawn, in Red Dawn, they have this political re-education camp. And that was made in the 80's when they were still talking about MK ULTRA. So, that political re-education camp was designed using military specifications for that film. A lot of people don't know that.. but in that film, that the.. those political re-education camps were drawn up from, what was considered to be.. of the day.. high-end military documents. So, the.. the whole.. in the.. political re-education camp there's a drive-in.. there, and they're playing this film on the drive-in, and this is what this booklets I have are talking about. Is how those films are made, and how to use them properly.

Like their a programming sequence.. if you would. But they're so big, it's not like it's a program, it's not like its an hour long. This is for an extended duration. In order to run through the entire program, it could take anywhere from, y'know, twenty to forty days. For a person to completely, complete the entire program. Because you can't focus on the program completely for.. more than.. I think it was, four hours.. is what they say, that they found that subjects after four hours, began to lose retention and things like that.

Anyways, so, this is what this.. this things all about. And, I'm looking at this going "Wow, that's amazing!" Because.. they give quite clear instruction on how it all works. I've really got to scan this and put it on the web. Because.. a document like this, is.. it's amazing. Like, you can.. I suppose you could.. I don't know what I could do with this.. I mean, you learn skills and stuff, as well.. it's not just, like.. you gotta understand..

What the success, at the end of the book here, where they talk about what this does, is when you're done.. and you've actually done this re-education, you're not a zombie, like, you'd think you'd be this zombie, but you're not. You've been.. re-programmed. You know what I mean? It's like.. imagine you're a computer and you were running Windows, OK? And you become self-aware as a computer running Windows, on some level. Now, you hear that there's another method of operating, and it's called Linux, OK?

And you want to switch over to that other operating system, but all the other Windows systems are going "No, no, no, don't go to Linux, don't go to Linux, it'll be really, really, bad, don't do that, don't do that.. " And they.. harp on it, and there's this.. weird.. subversive, alternative movement that appears in society that is really degraded, and downtrodden, and feared and labeled 'terrorism' and stuff like that.

And this is.. what becomes known as like these 'Linux people' who start to show up, and these 'Linux people' y'know, have a culture and world and universe all to themselves, you see? And, the Windows, eventually, certain, y'know, PCs decide “Well, you know what, I've.. worked in this Windows operating environment and I hate it here - every thing's crashing, I'm smothered with advertising, I don't know what's gonna happen next.. y'know, I'm fed new shit every year, it's.. garbage, I don't know what to do with my life...”

So, what do they do? Is - just as people would y'know, get born again.. in our society, these PCs would go.. and take up, would remove their operating system and install Linux, OK? And you would be running on this new operating system, which is totally unlike anything you know..

So this is kind of where.. Now, I know that's kinda hard, but that's the only way I can describe it.. because I'm condensing that.. what I just explained there is.. I guess.. a metaphor for about 150 pages of text. So that's sort of what the gist of it is, is that it's not just how to make a movie, it's how to make a program that programs people. I don't know enough about computers to know what that's called.. but, what do you call a program that's makes.. dynamic programs that are configured to hardware on the fly?

What do.. What do you call that? If someone could email me with that, that'd be great... very, very interesting stuff. I think I'm going to have to look more into that.. I guess that's probably it, I guess I should sign off for now. My name is Sean Kennedy, and I'll talk to you again.

...

Sean Kennedy Chronicles: Tales From The Afternow
The Witchhunter Chronicles, Episode XXII: The Gray Man
Recorded 3.22.04, Transcript 08.10.07 / avagdu
file: afternow_128_22.mp3

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It's Monday, March 22nd, 2004. This is Sean Kennedy, I'm at my home grid, doing yet more research on a whole multitude of things that I thought were previously kept secret.

...

I've been thinking a lot about freedom lately. I've been thinking about what it means to be "free". Is it.. something that we.. we think? Do we think we're free? Y'know, we live in a free society.. the word freedom is thrown around a lot. You see it on "live free or die trying", or "live/ride free", do this free, that free. What does freedom mean? The land of the free.. software isn't free, ideas aren't free, people's thoughts are no longer free, no material is free, wireless transmission isn't free, you got to license every thing, every thing is taxed.. what's left that's free? **You and me, are we free? Are we free people? Can we just call ourselves free?**

Can we get up and move where we wanted to? We always got free choice right? I guess freedom does mean choice. But we live in a society now, that.. all of our choices are, y'know.. predigested. You can either live in a condo or a townhouse. You choose. That's the freedom of living in America, y'know. That's if you don't choose to live in an apartment. "Well, I'd like to live in a house, actually.." - "Oh well you don't have enough money.."

Money. The means in which man enslaves his brother. I hate money. I've always hated money. Rotten with the stuff. I get a hold of it, and y'know, I've got so many things that I want, that I... it's gone before I have any of it. There's toxic food stations that pump me so full of calories and empty carbs and the worst kind of fats imaginable. I'm puttin' on weight. It's difficult.

It's difficult to.. y'know.. what does all this freedom mean? Can we even stand any more freedom? Or maybe we're off track here, maybe there's a few basic, fundamental freedoms that we're missing here, that we're not thinking about. Like.. well, things in the animal kingdom, for example. They're free for sure. Things that are born in the wild, they're free. They are free to defend themselves, by any means they see fit. They are allowed to defend their own lives, it's like a god given freedom that they have.

So I think that we should be able to defend ourselves. That should be it, shouldn't it? Aren't we allowed to defend ourselves? As.. Just as individuals now? I mean, y'know, if a man comes into my house and tries to kill my family, I have the right to defend myself don't I? Even if that man is a member of the government? The right to defend yourself. A human right. Dot-com.

I wonder about that, what other freedoms do we have? The freedom of movement. Y'know, you're born, you can move right? Can we move where we want to? Can we cross borders like we want to, anymore? No, wait. No, you need make sure you have your papers in order. And if your papers aren't in order, then you can't cross. "If you're papers aren't in order then you can't cross the border. It's not our fault you can't cross the border, the paperwork we gave you is not in order." You see how that works? It's insane. If you wanted to build yourself a rocket ship and fly to the moon, could you do it?

Not.. do you possess the math, but are you free to do that?

What's to stop you from doing that? Well there's laws. "You can't just fly!" - "Why not?" - "Well, because there's laws." - "Well, I can fly though. Y'know, I built this machine here, I had a dream and it came to me, and now I built it, and I'm going to teach other people how to fly.." - "No, no, no... that all has to be licensed. We have to control all of that. We have to control how people move."

That's why there is no flying cars. We have it where people are building backyard jet packs and you mean to tell me that a corporation can't get a flying car off the ground? They already built large walking robots. "Quadraped" was built back in the 50's and 60's. They don't want to go in certain directions, because they don't believe there's money there. They. Them. The corpolitical. They want to keep their workers/consumers/human resource in one place. They don't want us to be transient. They don't want us to move around a lot. They wanna watch our purchase records, pay attention to our credit rating. And when the time is right, they can see whether or not we're a flight risk.. before they lock us into a wage slave lifetime.

...

I just got home from work, and.. I've had a pretty interesting evening, let me tell ya. I.. it's Thursday right now. And.. it's.. no wait. it's Friday, because it's.. it's three in the morning. And.. I just had a visit from the government.. y'know, you hear about the government coming to visit people and.. you never think it's actually going to happen.

I don't know whether I'm going to air this tape or not.. I just want to get my thoughts down for personal record later. I mean, what do you.. what do you do? I feel like.. I feel like a rubber band's been put over my head and I've been.. I've been shot into space. I'm just.. I've had this recorder with me for so long now, that I.. all I can think to do is record what I'm thinking so I've got it.. it's a lot quicker than notes I guess, and they say you should always take notes if.. something drastic happens, so you know where you stand, and all the rest of it, so..

Anyway, I was at work, and I was just walking around and this guy comes walking up to me and I thought, I was at the theater, y'know, and I thought somebody was like "Oh, my car got broken into.." Or something like that. He was an older fellow, he kinda looked like.. I'd be like.. he had like a stubbly beard, y'know, like 'Alex Guinness' style, and he was a little older and it was gray. And he was wearing a brown sport coat and kinda of an off-white.. shirt with a pair of casual slacks and.. I.. I'm not describing.. This clothing was so incredibly non-descript. I can't even.. like, to say it was brown is wrong.. because it was sort of a beige-y sort of color, it was very, very..

Anyway.. he walked up to me, and I.. I have never seen this guy before. I guarantee you I've never seen this guy before. I've got a pretty good.. y'know, I meet a lot of people, but my family's been in show business for a long time, and although I'm crappy with names, I'm really good with faces, and I'm here to tell ya, I've never seen this guy before, OK?

Anyway, he.. he walked up to me and he goes "Hi, Sean." And.. I just turned and I said.. Y'know, I'm trying to do the 'name-face access' thing, 'cuz I'm like "Ah, shit.." and then I really don't know this guy, right.. So he says "Can I talk to you for a second?" and I'm like, "Yea, sure, OK, y'know, I'm at work, whatever.." And.. I'm walking over and I thought, y'know, the first thing I thought was violence, right?

Maybe I pissed somebody off and this guy is here for retribution and we want to isolate me, right? But, I mean, we're in a parking lot, OK, I'm brightly lit, I've got a radio with me, my boss is quite close by, and if I.. I'm, y'know, the vice of the company so if anything goes wrong all I gotta do is get on the radio and I can have y'know, ten guys in there in a matter of seconds, y'know what I mean? So anyway..

He says to me, he goes.. we're walking along, OK? Just.. He just walks, and he's smiling, y'know, the guy is totally the most friendly lookin' dude you've ever seen in your life, OK? I've got to really stress that, the guy looked like 'everybody's dad', and he had his hands in his pockets and he said "So.. I'm here to talk about what you're doing.." And I said.. "I'm sorry?"

And he takes out his wallet, out of his pocket, and opens it up and he gives it to me and inside is.. inside is this, y'know, ID tag. And.. I don't know what ID looks like.. I've never seen what CSIS ID looks like.. but I mean, it's.. I guess it was governmental. I.. I have to get a picture. I haven't had a chance to get online yet, because my connections' down right now, my Shaw connection, so there's nothing I can do but..

Anyhow.. the guy showed me some ID and said that he was.. he was with CSIS. Now, when a buddy of mine got top secret clearance, when he was in the army, I'd seen some, y'know.. I had a guy flash a CSIS badge in front of me before and [I] looked close enough that I went "Yea, OK, whatever.. Yea, OK, then CSIS is here.." So I thought something was going on with one of my buddies or something..

And he.. And I'm like.. "What do you mean, what am I doing? What're you doing?" He goes "Well, y'know, all this broadcasting you've been doing and all these things you've been saying have been freaking a lot of people out.." And.. it was just like that. That's exactly what he said. 'Freaking people out', y'know. And I'm like "I'm not really sure what you mean here.. you mean like the Rant Radio thing? Is this what you're talking about, Rant Radio?"

And he goes "Ah.. Well, not so much that.. it's just some of your ideas, a lot of young people are listening to you and now there's.. y'know, quite a few kids running around Langley with a haircut that you gave them.." And I'm like "Yea, but I'm just trying to teach people how to feel independent so they don't need to depend on 'source' and stuff like that, y'know, so they can live their own lives.. Y'know, I'm not a.. I'm not a.. I'm not a terrorist or anything like that.."

And he goes.. "Oh, no, no no.. no, this isn't about terrorism." And then I really started to freak out. Every thing's about terrorism now. **There's nothing that's not about terrorism.** How could this not be about terrorism? So I'm like "What's this about then?" and he goes "Well, Sean you gotta understand that there's a certain amount of spiritualism that's involved with any culture." And I.. I blinked, and I looked at him and I said "What?"

He said "Spiritualism is a key component of any culture, Sean. See, when we have all settled this land, we destroyed the Indians spiritualism, their culture was completely shattered and then we fed them toxins, and we took their land." This is what the guy said to me, OK? And I'm looking at him now, and I don't know what the hell to say, because I'm like 'Oh, shit.. I don't know what this guy's on about, but he's pretty serious and he's talking about this like he's eating nachos..'

He saw that I was getting a little worried, and he started to, y'know, kinda calm down a little bit. I guess.. I mean, how you could calm down more from what he already was but he just sorta broke into a wide smile, he said "Listen Sean, I don't want to you try to get the wrong idea here, OK? I'm not leaning on you, I just want you to know that you got a pretty good thing right now. You're living in that little house. You got your wife. She's gotta good job, running gift certificates. You're doing OK, your doing fine. But, y'know, sometimes, if you make too much of a fuss, you can.. your life can get shaken up. And if it gets shook up, things may not settle where they were before, and you might not like that."

And I'm like 'OK, I'm being threatened by a government official, and he's doing it really good, 'cuz I don't know what he wants, but right about now, I'm willing to do whatever he wants so that he tells me what the hell's going on..' And I said "What are you talking about here?" And I started to get a little angry. Now I don't think he expected that response, y'know what I mean? I don't think he expected to come up to some guy who's talking into the Internet.. He's expecting some.. some dude I guess.. but I mean, he's gotta know that I've had ex-military training so.. I don't know why, I mean, he must have watched all my stuff, I mean at the very least, he must have downloaded and listened to everything I'm saying so.. I mean, I don't know how he expected me to react to this.. maybe he was just trying to see what I was.. I was all about but anyway, I was like..

"Listen man, what are you telling me here? What'd want from me?" I don't remember exactly what I said.. because as you can imagine it was pretty intense and this.. this was about an hour and a half ago.. and he said "Well, Sean.. Who do you think is really running things?" And.. I don't know where the hell he's going, I'm starting to wonder whether this guy's really CSIS. And he says "Who do you thinks running things? Who do you thinks running the show here? Who do you think keeps all this in line?" And I said "I don't know." He goes "That's right. You don't know. You don't know who's running the show. But you're making a lot of noise, and you're drawing a lot of attention."

And I'm like, I'm seeing what he's doing now, he's making the threat. And I don't know what happened at that moment - I mean a lot of things went through my head, I thought about the gun, y'know.. that was the first thought. But then I realized, well, I don't even know if I realized anything, it's just like something went 'pop' inside my head, I.. maybe it's the herbs, I dunno.. but something.. something happened to me. And I looked at him.. and I looked at him and said "What was I right about?"

And that one caught him off guard. He wasn't.. he didn't expect me to start asking him interrogatory questions. And he looked at me and he said "Pardon me?" and I said "What am I right about? If you're going to walk up to me and you're going to tell me to stop what I'm doing, and tell me to put everything I'm doing on hold in my life, OK? I'm willing to do that.." Lie.

"..I'm willing to put everything on hold if you just give me one piece of information, because I can't walk away from this empty handed, I've put too much work into it. What was I right about? What was the thing that I was right about, that has you coming to me, that has the government coming to me, right now - What was it? Was it The Afternow? Was that it? Is it because of.. is it because of Tariff 22, is it because of the music sharing, is it because we're getting too big, is it because of the haircuts, is it because of the anti-tyranny stuff, is it because of the corpolitical stuff.."

And he goes "No, no, Sean I can't tell you any of that. But there's an answer out there." And I said "Listen, man, don't be pulling no X-Files shit on me here, I need to know, OK?" And he smiled, he said "Yea, I heard your rant. But I suggest you don't you get physical with me here, because I'll kill you."

And I said “OK.” And it was at that moment that I honestly.. I think he.. maybe he sympathized with me, I dunno, maybe it was all an act, I have no idea..

But he said “You should read a book, Sean.. You should read a book..” And I said “What book man?” And he goes “Well.. it's funny, you've read a lot of.. you talk a lot about Robert Heinlein, y'know, but you never talk about his book *The Sixth Column*..” And I said *The Sixth Column*? Now, Heinlein never wrote a book called *The Sixth Column*, not that I know about, maybe somebody else can find it. But it's a book called *The Sixth Column*. And he just nodded his head.

“You were right about a lot of things, but you were wrong about the time.” And he turned to walk away from me. And I said “Hey wait a minute, man that's..” And he turned back and he said “Look, you read that book, think about it a while - and then you'll know how it was that they took over.”

And when he said that to me, when he said 'They took over.' I mean his eyes, y'know, it was.. it was like a fifty thousand yard stare. I've never seen eyes like that on a man.. Well, that's a lie, I'd seen it on some vets, I'd seen it on soldiers. But I mean it was.. this was something that went far beyond.. y'know, the law and his job and him just having to come talk to me. This guy.. he was trying to tell me something, and I know that. I mean, he - we were probably miked the whole time, and all the rest of it, I - maybe we weren't, y'know, 'cuz I didn't see any wires on him and we were in a public place and there was so much echo coming around..

Maybe he was, he had to come talk to me because the government told him to and he was trying to communicate with me, I don't know what it is, but that's what happened, OK? And.. he walked away. He got inside of a.. a car and took off. The car had government plates on it, I didn't get the numbers, but I saw that they were government plates. There's no way to run government plates anyway. In Canada, we have government plates that a.. you can park where ever. You can park a car in the middle of an intersection, if it's got government plates you can't move it.

It was.. I mean.. What do you say? Where do I go from here? What do I do? Should I stop? I mean.. I mean, all bullshit aside guys, I just got talked to by like, an agency with a acronym instead of a name, OK? I mean w-what.. 'the man in spectral brown', I mean.. What the hell? I'm going to head to bed now, I don't wanna.. I don't wanna say anything else. I mean that's everything I remember about the incident. I'll tell you right now, I'm really happy that I found that gun. This is Sean Kennedy, it's.. Friday morning, I.. I don't know what to say.

...

It's the next day now, and I've had a little bit of time to think. Y'know, I went to bed last night, I woke up this morning.. and my wife - she got up, and I was thinking about whether or not I was going to tell her about it, y'know, and I decided I was going to wait a little bit, 'cuz I didn't know how she'd react, 'cuz I know she'd freak out if she ever heard about, anything like this..

So anyway, she said that she was.. she's got plans to go shopping today and all that that, so she's off.. and I really had no interest in going with her and her sisters to go shopping, so I'm staying home.. and I was originally going to watch a bunch of movies but I think now I'm just going to record my thoughts and get down so I can remember what it is that.. what's happening right now..

You see, I gotta to let you guys know this is.. this is quite probably an illegal broadcast, OK? Like, what you're listening to right now is going to be considered illegal. If not now, then very soon. I don't know how they're going to make it illegal, but they're going to. I mean, they can get me by saying I'm a terrorist, that could say I'm a.. I mean hell, they could probably call me a pedophile, they could.. they could do whatever. I mean it's just a matter of, y'know, somebody.. it's not true of course, but y'know, somebody could just say it and then y'know, they whip the hype on it..

Does anybody really care what the truth is any more? I mean, do we care? If, y'know, they just said.. I mean, look at.. look at Michael Jackson, right? I mean, who knows if the guy really did anything but we all.. we've all condemned him, right? Just because he's weird. Well, I'm easily as weird as Michael Jackson is.. Y'know, I mean, it's not really normal to go around teaching, y'know, kids how to survive in a post-apocalyptic world - I guess they don't really like that, they like to make sure that they die along with every one else, I guess, I dunno..

But anyway.. this is probably an illegal broadcast. Furthermore, another decision that you need to make is whether or not you want to continue listening to these broadcasts, because it's put up or shut up time and I don't know what.. what the fuck to do. **I'm going to keep broadcasting because I told them I'd give everything up.. But I didn't say which everything I was going to give up.** Y'know, I'm not going to use the banks anymore, 'cuz I think that their a.. they can track you on that, so I'm going to be running purely on cash. I'd like to create a credit-less society where everything is all done on physical means, how about that for a plan?

Also, as I continue to do these broadcasts, it's entirely possible that I may have to leave my wife. Not divorce my wife, get away from her – so that she's not caught in the crossfire. I love my wife dearly, and I'll stay with her as long as I can. But I'm not going to tell her anything about what is happening and when it happens she'll be.. her ignorance will keep her safe.

I don't really.. I don't want to be giving time and date anymore. Or where I'm at. I don't know whether or not I'm giving GPS grids, I mean, if it's.. if it's feasible for me so I can give those who are paying attention the date and time and all that, I will, but.. they can track me by that.

So, right now it's 'next day' and I'm sitting down, getting something to eat and I'm thinking about what's going on.. and it really is a gut check for me isn't it? I mean, y'know, “Hey Sean, are you going to keep just being a little Rant Radio guy, y'know, and all these kids, y'know, they listen in to you and stuff like that, well.. well, you're thirty something now, so you gonna stop now? Are you going to give it up? You just gonna be like, 'Well, guys, it was fun but I got life to live..' Y'know, I've got things to do.. That's what they always say, y'know, I've got things to do..

Like what? Like breed, procreate, crank out a couple of pups and make sure we got some more consumers, is that what I'm supposed to do? No, I don't think I'm up for that, I'm sorry. Looking at the whole thing here, I just.. I think it's time to kick it up a notch, I really do. I mean, I must be doing something right, because I'm promoting change and if I'm not promoting change then why'd the government come talk to me? Y'know?

So, if they want me to just curl up my toes and quit then they should find themselves another pussy because this particular pussy isn't going to play ball. So, I guess I'm going to become some kinda pirate media source, I guess. I'm going to keep getting these tapes. I'm recording this onto an audio cassette tape. Y'know how easy it is to get an audio cassette tape out to somebody?

I mean, unless they start [de]magnetizing all our mail so we can't communicate by audio tape. It's fast, quick, easy. I can record it anywhere and I can get the truth back to you people. I don't know how far it's gonna go.. I really don't. But.. we can't just lie down. I can't just stop, I can't just quit, y'know? It's either going to have to kill me or their going to have to try..

But they better pack a lunch, 'cuz.. Well, let me tell you - having this gun nearby really makes me feel.. safe, y'know? Because if somebody came into my house, and said.. was going to try to take me out, I don't care what kind of logos their wearing – they're getting shot. I don't care if you're a cop, I don't care if you're a.. you're a government official, I don't care if you're the neighbor.. Shit, I don't even care if you're my mom..

You come into my house and you're trying to kill me - you're going to get shot. And I think everyone has a right to defend themselves.. And if you don't agree with that, well, y'know, I guess you might wanna stay tuned 'cuz boy am I ever going to entertain the hell out of you with all my ghashtly deals..

But I'm not going to let myself or my family die. It's just not going to happen. So, what do I do now? I'm probably going to lose my job as a security guard. Maybe, somehow, be able to make money with Rant Radio or something. 'Cuz if they take away my job as a security guard I'm pretty much pooched. I got no source of income, I'm not going to go to work for Starbucks.. I can't go work for Wal-mart. Could you imagine? “Hi, my name is Sean Kennedy, welcome to Wal-mart.” Oh, my god. I mean I.. it would kill me. This is a problem with being a part of the counterculture. So I guess right now I'm a part time security guard and a part time pirate media source. Well, pirate's not really.. pirate's too close to terrorist, what do we want to use?

Independent. Independent and pirate, same thing. So I'm an independent media source. Yea. Yea. So I'll give out all the.. information I can to you guys, as media. And I'll.. well, actually, I can't give it to you guys, because giving implies that I've transferred possession. So I guess I'll.. I'll tell you about it. You can get information from me. I'll be like a.. like a library. Well actually, I'd be a librarian. So I'm an independent librarian.. Yea, yea..

Fucking rights, man. That's what I am. That's what everything who's got 'peer-to-peer' is. That's what.. that's what file sharing is. If you're file sharing, you're just an independent librarian, that's all you are. I mean, think about it, what do you do?

You hear something.. If I heard a song and I sang it to another person, OK - I've carried that tune, I've violated a copyright law. When you.. when you break it down that far. It's a thought crime! If you sing a song to me, if Johnny Cash sang a song to me when he recorded it, OK, and I went outside and I sang that song again to a crowd of people who are waiting, and they recorded it, and it was a decent quality, and it was comparable, and I did a good job of it, then I've just committed piracy or plagiarism I mean..

“You copied him.” Yea, well I gave him credit. “Yea, but you made money from it.” Well, no I didn't, I just gave it to other people, there's no money changing hands.. “Why is it a sin to speak?” Oh, freedom of expression. And the right to bear arms. I guess the second amendment takes care of the first. I gotta give it to these guys that came up to me though, I don't know if it was CSIS or not.

But I guess.. I'm going to use you guys as a sounding board for what I'm doing, alright? Hope you don't mind, but I'm going to let you know what my plans are.. and then through the email and the forums.. I can, without responding, y'know what I mean? The forums are probably the best place,

because like, well my.. [indistinct] is eventually going to be shot.. as long as Rant Radio stays up and the forums are there I should be able to receive information from that, feedback from people, advice, whatever..

Well, here's my logic so far, see if you guys can keep up with this, alright? I guess we got an organization that is out to destroy me, and it must be fairly powerful because.. Well, no, what do we have? What do we have?

We have a guy who walked up to me with a badge, he.. and I never saw a gun, so we have a guy.. this could just be just a crazy fan for all I know. I don't think so, and he was driving a car with military plates on it. So you can't just find those, OK, those are pretty hard to come by.

So he was somehow involved with the government, I mean I saw the car. So the question is.. is who's in charge. He didn't tell me who's in charge, all he told me was to read that 'Six Column' book by Heinlein. 'Cuz my Internet connection is down, I cannot get online to check it. And the wife isn't home so I don't have the car.

It's pretty funny, actually, y'know, I've noticed that industry tries to make you dependent upon their services – don't own things, you just log in to us and give it to us, right? But you gotta ask yourself, like, you're not going to have an Internet connection forever, y'know, what are you going to have when the Internet turns off? What if they shut it off?

That's their.. if they can't control it, you bet they're going to destroy it. So, have you got enough data amassed? Have you got enough data in your own library to keep.. y'know, keep yourself entertained, to keep yourself going? 'Cuz if you don't, you should probably think about that. Storage is cheap. You may as well have a data dump for the equipment we use.

Now, so we got a government organization.. of some type. But it's.. gotta be a shadow organization otherwise they would have the cops pull up and grab me. So this means that the police are not in on it, otherwise they would have just hauled me down to the police station and really put the fear of god in me. Now this guy is pulling some of this espionage secret spy stuff. And they're probably nursing to the fact that I'm a bit of a conspiracy guy, but if they want to play mental chess with me, that's fine.

'Cuz, y'know, the guy who taught me how to play chess was, well - Myamoto Musashi. Chess, with Myamoto Musashi. Yea. So that's fine. Balls deep. I'm going to stop using.. my cards. I.. Cards are useless, I'm going to start ditching those. **I'm going to start dealing with raw cash. I'm going to make sure I got my passport. So I can move if I need to.**

Furthermore, I'm better make sure I get my hands on a vehicle. Because at the end of the day, it's how well you can move around. 'What does it do, how well can it do it?' Right? So, I'll have to get myself probably a truck or a four by four, or maybe a car I can jack up that's got some good speed on it. **Get kinda road warrior with the whole thing.**

But.. hang on now, what if this guy was just an independent individual? What if this organization.. see, they're.. they wanna be.. they're shadowy right? 'Cuz.. I can use that against them right? Yea, that makes sense. Because if I can expose them.. then.. Ah, wait a minute, that's why they didn't pull me down to the police station, is because of you guys.

You see if I was all of a sudden to up and vanish, if I just disappeared, well, you guys would stop getting the shows, wouldn't you? You wouldn't be able to listen to this anymore. Hmm. So they can't really just grab me and make me disappear, because there would be way too many people asking questions, so they figure they'd put the fear in me. So they have the guy drop down - tell me to stop, and they think I'm not serious about this, they think I'm just *hokey*, because they know I have a wife, a little house, they know I came from a bad background, y'know, grew up pretty much in poverty.

So, they're gonna to expect me now, 'cuz they threatened my household and my family, y'know, indirectly – to just curl up my toes. They're forgetting 'Building C-4'. If any of you guys get to talk to Hammer face to face you should ask him about 'Building C-4'.

That was where the old Sean Kennedy died and the new Sean Kennedy was born. That was.. a place where they put us through a course called 'Battle School' and it.. well, damned near killed me. I guess it did in some senses, I mean, I was destroyed as a human being afterwards. But you see the strength I got from that, is that the heart kept beating no matter how hard I tried to stop it, and I kept breathing even though I tried to not do that anymore.

So I'm stronger now, and because of the way I live, with my bags, with my kit, with my AWOL bag and making sure everything is categorized, I can drop everything and haul ass at the drop of a hat. My wife doesn't know shit. She doesn't even know I'm taking these Chinese herbs. So that's fine. That's fine. If it comes down to that, all I gotta do is get to my bags and I'll be fine.

I'll just take to the road, who gives a shit. I'll forward tapes back to Cimm and he can get them out to the people. Not a problem. Furthermore, if I start letting out grids, I betcha there's one or two of you out there, who don't talk on the Internet. There's people out there who download this, who - if I was to give a grid, they could probably meet me and make sure I got the supplies I need. **Just some food and some water, I don't want any money.** Well, no more than twenty bucks at least. I mean, if you're walking around with a great sum of money..

Isn't that funny, if you walk around with no money - physical cash on you, and no identification, it's a crime? As long as you look OK, and you stay in suburbia, you can do that.. But once you put on a pair of blue jeans that are clean, a white t-shirt and a jean jacket or a flight jacket, just a flight jacket, like a military flight jacket, OK?

So you have blue jeans, white t-shirt, flight jacket on - and go walking around some area that you're not familiar with.. or that you are familiar with, like, some area that you aren't normally seen, y'know what I'm saying? Like so, if you don't go to the mall, go to the mall, OK? But the mall is actually bad because there's crowds there. But just outside. Don't go to the mall, bad idea. Like, go walk down a street. Or walk in or around a public place or around some industrial buildings, or anything, just walk around, outside.

And eventually people will come up and say “What're you doing here?” I say “I'm walking here, I'm free to walk around here.” - “Do you have any ID?” - “No.” - “You don't have ID on you?” - “No. Why do I need my papers with me? I'm walking around, I'm free..” - “No, no, no..” And they'll ask you to leave. And if you try to stop them from telling you to leave, you'll go to jail. That's how severe it is. How did that happen? How asleep were we at the wheel to allow that to happen in our country? It doesn't make sense. So I guess I better walk around with some cash anyway, because if I don't, then well, I'm screwed.

I feel kinda weird about the whole thing, because I don't really feel that bad about it. I mean, seriously, when you step back, look at it and say "Hey Sean, you spent the last ten years trying to build a counterculture movement, now the government's trying to shut you down, you're walking around, you got a loaded gun.." Which I keep with me now by the way, I highly suggest investing in a shoulder rig, I would walk around with a drop leg holster, but unfortunately, well, that draws a lot of undue attention.

But.. well, Eagle Industries, any number of companies that make a really nice shoulder rig. Or, actually, what I'm probably going to do is I'm going to get.. design myself up a vest that I can use, that has a concealable.. like, in the trauma plating in the front, you can conceal holsters in there and stuff like that, be a good idea just to have a concealed weapon on you like that, in case..

Well, for where it's going now, well all bets are off now. Really, coming up and talking to me was the dumbest thing they could have done. Because, I mean - what, did you think I was kidding? Did you think I was, like.. **What kind of a person lives on IMPs, stockpiles kit in his house, and then tries to win the hearts and minds of youth by promoting independent thought?**

I mean, on one angle, yea, they probably came up and talked to me because it's effective. I.. there's over two hundred and fifty kids running around Langley, that's what they said in the Langley Times anyway, two hundred and fifty kids are running around Langley with Wog cuts now – I mean, you'd think they would be happy about that, right? Clean cut, good kids, not race specific, not gender specific. There's even a few girls sporting Wog cuts.

I always wondered, y'know, if they were going to try to nail me with the race card for the whole thing, because it looks kinda.. "Well, it's close to being a skinhead, so that's the same thing, right?" Well, it's also close to being, y'know, Mahican, so does that make me an Indian? Like, no, it's just a haircut guy, get a grip.

And since I give it to everyone who shows up.. those meetings are going to be harder to hold now, 'cuz if they know where I'm going to be at a set time they are just going to show up and put me in a car. Especially since I've kicked it up a notch. I don't know what they expected me to do when they threaten my family like that. But, I guess they weren't expecting me to talk to you over the tapes.

I need you folks to really pay attention over the next.. Oh Christ, two years.. the next two years are looking scary. I don't know what's going to come down the pipe. I think there's a lot of distraction happening and we're not keeping our heads up, we're not watching the skies, y'know? What's coming at us that we don't see? What does the government know about that's.. that's, y'know, going to pass by us that we don't know about?

That's.. that's where the real question is.. Is there something going on that we don't know about? Is there a reason why we need this war on terror? Because, I mean, if this thing is engineered, and the whole thing is, y'know, state sponsored.. they got a reason for doing it. It's not just to 'take control'. Alright, you got control, now why do you want that control? Is there something coming down the pipe?

There's so much crap that's happened that has global implications, within the last couple years, the weather is changing like you wouldn't believe. We can't deny that guys. I know we gotta go outside, and we don't spend any time outside, but trust me, the weather is changing, guys. There's blizzards all over the world.

Yellowstone National Park, they've shut it down. It's been shut down for a while now, they're estimating a massive explosion, it's supposed to hit in September.

I mean, guys.. somethings going on, y'know what I mean? Like, we can't be messing around any more. We gotta make sure that we.. well we.. survive I guess. Survivalism isn't just for, y'know, these psychos that live out in Montana, this is something all of us can do as Wogs, as people. I mean, I dunno, I don't.. the mentality of it is.. I guess at the end of the day, you gotta make sure you can get up, breathe, keep breathing. **Get up, breathe, keep breathing. That's it. And as long as you can do that, you can make up your own mind.**

So I'm not trying to.. Well I'm trying to talk about freedom and letting people make their own decisions. And then I'm going to let you make your own decision. I.. I mean, everyone needs friends, but I've got a lot of friends. So, if you don't like me, that's OK. Just don't try to kill me or nothing, alright? And I won't try to kill you. It's all fine.

But I guess the government doesn't feel that way, so there gonna try to take away my house, my family, and everything else. And I'm not the first person they've done it to. Y'know, that's the funny part. Is.. now that's it's actually happening to me, it's so apparent.

Like, imagine if the government came to you, y'know, and did this to you, and you tried to tell people about it.. what do you suppose their response would be: "Well, y'know.. you've been doing a lot of crazy stuff listening to that music, I mean look at how you're dressing now man, your wearing those combat pants all the time, you've got those t-shirts with the happy face with that bullet hole on it.. that's not normal. That's not a healthy thing to do. That's not right."

Well, now I guess they're just going to side with the government, right? I'm not one of the usual sheep so I guess I'm going to get stuffed inside of some dark hole somewhere and they're going to cut me off from the media, let me stop talking to people. **All I'm doing is talking now. Talking into a cassette recorder. Am I that dangerous?**

I guess I must be, but they don't think I am. So the 'Gray Man' there, who came to me and talked to me. 'Mr. Non-Descript'. 'Mr. I'm-Going-To-Fade-Into-The-Background'. You're probably listen.. listening to this recording right now. I told you I was going to stop, man.

I'm gonna stop being a member of your society. I'm gonna go completely on the outside. If you guys think that you're all gonna y'know, bug my phones, and all the rest of it. You gotta remember who you're dealin' with boys. **I've been reading about counterculture, and surveillance and counter-surveillance and hacker motif since the dawn of time.** And, don't forget, you can't track Wogs. We don't allow ourselves to be put in a database. We don't identify ourselves. Wogs are everywhere. You can't stop us, man!

There's probably people, in the room with you right now, after listening to all my media, who agree with what I say, who are themselves Wogs, and you don't even know it. So if you want to get me, you wanna, y'know, tie me down, you wanna take away my family, all the rest of it. Come get some. I'll be waiting. My name is Sean Kennedy, Independent Librarian, and I am The Fucking Man.

PATROLLING

WITH SEAN KENNEDY

Patrolling with Sean Kennedy shows you how to kit up your mind and body for patrolling. This video series prepares you mentally and physically to survive in our modern world. Sean takes you through the process from the bottom up on how to deal with everyday life. The first season deals with the wilderness and the kit to survive there and to help you in every day life. The second season delves more into surviving the urban world, life hacking, and investigating the supernatural. The series is presented as entertainment and educational only, do not attempt to recreate the material presented. The following is selected and pertinent transcriptions from the video series. To view the full episodes, go to <http://patrolling.rantmedia.ca/>

Patrolling Season 1 Episode 1 (2004)
Excerpts Transcription
Transcribed by ion, Edited by avagdu (2007)

2:07

See, it all starts like this when you're naked in the middle of nowhere in the forest. This is how we're supposed to live. When we're born, we hit the ground, we've got nothing. We're just this soft, pink flesh, in a big scary world. Where it's cold, and wet! Which is weird, because why the hell are we living in regions that are this cold and wet? I mean, look at me! I got no hair on my body! I'm not supposed to be out here like this!

I'm supposed to be in a warm, temperate region, maybe with a beach, getting a tan. You know? That's where I'm supposed to be! But no! Some asshole decided he was going to move out in the middle of freaking nowhere where it's really cold, and we can't walk around naked. Who's thinking? That's what I want to know. So what you need to do is you need to think about what kind of clothing you're going to buy. You need to think about what kind of clothing you're going to go and dress yourself with because everything you have is a tool. This is what you start with.

This is the beginning, right here. This is where it's at. So, what you need is you need your gaunch-line, man. You need your first line gear. When you hit the ground naked, in the middle of the forest, you're cold and wet, and you don't know what the fuck is going on, you need to figure out what's the first piece of equipment you need. The gaunch-line. And the gaunch-line kit you need before anything else, is a belt.

Patrolling Technical Specifications File #029: Equipment Belt.

3:26

The funny thing about belts is there are a lot of things you can do with a belt. A belt can be anything from a piece of rope that goes around your waist or to the high-end gear. Wogs, of course, use function over form, always. But let's look at all the belts so we see why we make that decision. Everything you chose, has to be chosen for a reason, with high-end capabilities.

First we have your standard piece of belt. Now this is a pretty cheap belt, it's got a little clasp, it goes together... It's white. It's pretty gay. But to illustrate the point, this is your beginning point for belts. Then you get into the debate and fashion and stuff like that if you happen to be buying new. But nobody buys new. If you buy new, you have to buy recycled. This is a little more the speed of what we want. This'd be, you know, Britney Spears'd wear that. For the Wogs, this would probably be your low-end belt you'd start with. Something like this, 7 bucks, on one side you've got camouflage, on the other side you've got khaki. These buckles come off. You can swap the strap over, you're good to go. You could actually... If you didn't like this, you could go down to a store like Mountain Equipment Co-Op or something like that, where you can buy just the strapping, raw, and do it that way. You'd get a really strong belt that way, but then again, it's all about the buckle. If your buckle fails you've just got, like, a piece of string essentially.

Now, a lot of people go for the western-notion of leather. Man's been wearing leather for so freaking long it's not even funny. I don't really care so much about the humane aspects to it. I think it's unfortunate that we got to kill cows, but I got to keep my pants up, so there. This was the standard, for such a long time. And people think that this only are your two choices. You can either go with a good leather belt, or a crappy little fabric belt. But that's not the way it is. You can get into the heavier leather belts. This is a little bit... We're starting to get a little tactical here. The brown, well... This is generally designed for the cowboy type, the country worker, that kind of a thing. Now, you can't really go wrong with it, because, I mean, they're very, very strong and they're very well constructed. And quite often, they come with these little things like secret pockets on the inside.

Where, of course, people go "Wow, that's really cool, you can put money in there", you know? No, you don't put money in there, you put handcuff keys in there. If I had a zipper belt like this, I'd probably roll up about \$200 cash in American funds, and I'd probably put some handcuff keys in there. And if you want to, there are a few companies that make very, very small knives you can put in there. You can wear that so that it doesn't bend, or whatever. That's a really good idea to have. That way you're never really screwed. I myself, I didn't wind up going with this. I had a belt like this for a while there. They're very, very strong, but depending on your lifestyle... My lifestyle is a bit different than that, I'm pretty into the hard-use tac-gear. Your point where you're going to have failure is of course with these belts that these holes, they start to stretch, they get out of shape, and six months down the road... You don't buy kit new, you buy kit used, right? How is this going to look after it's wet for four days? Well, leather rots, it's flesh. It won't last as long in extreme use as more synthetic materials, so it's better to go with a synthetic material over leather, not because of animal rights, but because it makes sense.

Now a lot of people say that it's an idea to go with suspenders, and suspenders are really, really great. These are bright red suspenders. People with Wog haircut should not wear bright red suspenders, because the skinhead movement have made red suspenders pretty much untouchable for everyone.

You don't really have any place to put any gear that you'd put on your belt, so tactical suspenders, although functional, are used to keep up your pants, versus your belt which is where you keep your kit. But for keeping up your pants, suspenders actually do a better job. So if you're so skinny that you need to actually wear suspenders, buy suspenders, and also buy a belt, so that you keep them both.

Or you get yourself a nice shoulder-rig and hook it to your belt, and that way, your shoulder-rig turns into suspenders as well, kind of a dual-purpose sort of thing there. There's a company in Vancouver called Calde Ridge and they make some tac-gear too. And they make actually some pretty good stuff. They're a new company. They actually came up with a line of tactical suspenders, which I find to be somewhat humorous. But they do make a really good shoulder-rig, which has served me well for quite some time. So I'm kind of a fan of Calde Ridge. You get good quality stuff, and heavy cordura with some good buckles on it, and you're not paying through the nose, like you are on, like, Eagle Industries, London Bridge, or other companies that make the really, really high-end gear.

Anything that you're going with, you want to make sure, again, you're going for strength. Moving from suspenders, you can get into the simple synthetic belts. Now these ones here have Velcro on the inside, the reason for that, is for when they're done up, you're not running into that loop problem. The thing goes around your waist, and when you do it up, the Velcro holds it in place. Velcro is surprisingly strong. You wouldn't think that it would handle, something like this. But you'd actually have to go through about 8 inches of soft Velcro in order to break that free. It's not going to happen. This is your low-end belt. This is the beginning point for the Wog. A belt like this, they run for like, \$11, so you can pay 20 some odd bucks for a leather piece of shit that's going to rot on you in the rain, or you can get a synthetic belt, which is space-age, and Wog approved.

Moving from that, we can go into the high-end belts of this type. Exactly the same thing, only it's got some extra features to it. Moving right up. Price point on this guy here, you're up to 20 bucks for something like this. So it does jump pretty good, but then again, you've got to bear in mind, how durable is this going to be? You can wash this, you can beat it."But it's warranted for life! If I break it I send it back and get a new one." Well, who cares? If it breaks on you, it means you don't have that, and you could be in a situation where you need that kit.

Now my own, personal favorite, is when you have the emergency rappelling harness belts. These belts are about as tough as they come. That's what I enjoy about these belts. You got to think to yourself "This is designed so that if you need it to, you could rappel from it. It's got an extra function. What a brilliant idea!"And I always like to... When I look at a belt, you gotta think to yourself: "If I fell of a building, and my belt caught on a hook, half-way down the building, would my body rip itself apart around the belt?", because that's kind of the criteria that Wogs go with.

Once you get past that, you can use these small belts that we just saw here. They have the Velcro on the inside. You can get tactical belts to go over top. Now I have seen people, a guy named Centaur, took pouches, mounted them on his exterior belt for his daily carrying. All you need to do is you take the belt off, when you're ready to adjust, and then you just throw it on, over top, and the Velcro that is on your pants, keep your pants up, and this Velcro here on the inside just sticks to it, so this belt like mounts to the other belt. It's a concept that's very, very good. It's tried and true. It's battle-tested. Because after all, things that are battle-tested, are best, always. However, this concept of load bearing is dying, because there have been better technologies that has come out. People are afraid to adopt it, which is unfortunate, but it happens. These belts are very, very good, but if you're going to be that concerned about duty, you should be carrying everything in a vest. But in day-to-day life, you can't really walk around in your tac-vest. Unless you're me...

So what I'd do is, instead of that, I'd probably stick with a belt such as this one here. I myself, I wear an Eagle Industries version of the same belt, and I've found it's served me really quite well. I went with a variety of Calde Ridge pouches, where I can keep all your gaunch-line kit on there. Which we will be going over, don't you worry, step by step. So it's pretty handy, with the Eagle industries belt, I've got the ability to rappel. If I need to get out of a situation or a structure. You're not hooped. If you don't wind up using it, then you don't use it, and you've got a cool story to tell. But at the end of the day, you've got to be as prepared as you can. And that's the Wog way.

10:08

But before we can put anything on, we have to be clean. You have to take all the toxins that are on your skin, off. You're taking all of these toxins into your body every day, from your diet, from the environment. Your body processes them and sheds them through sweat. We never actually take the time to clean ourselves. Women are better than men. Men don't give a We're proud of the fact that we're a bunch of slob. That we're not clean. So if you want to learn how to be clean, you've got to go to an expert. And nobody knows [better] about being clean, than girls.

10:45

Well, now that we have the general dirt off of the Wog, we have to get into some of the more nitty-gritty so we have to throw him in the shower. Now I recommend that you use a good, natural soap, preferably vegetable based. It's better for you, it's better for the environment. And you're not harming any animals. This one is great because it's made out of olive oil and has vitamin E in it, which is really good for your skin. And that's essential for cleaning your Wog.

So I'm going to throw him in the shower, get him all scrubbed up. Now he has to do this on his own. Can't help him do it. This is something that he's going to have to learn. After that, we're going to get on to the finer details of cleaning your Wog. Now that the Wog is essentially clean and we have him out of the shower, we're going to work on the hands and nails, and the same thing could be applied to the feet. Now generally, it's best if you use your nail brush when you're in the shower because it's a lot easier to get all the dirt out from underneath the nails while you're there. But if you haven't done that, you can do it again in the sink, but there's always going to be some left over dirt under the nails.

And the best thing for cleaning out underneath the nails, which won't harm your nails, won't scratch them up, is just a nail stick. It's just made out of wood, so it's not going to scrape like metal will scrape your nails, which isn't good. So this won't scrape your nails and it won't hurt you either, if you accidentally stab a little too deep. What we'd do then is we'd go underneath the nails with the stick, and clean out most of the dirt. So this should get most of the dirt out. The other end, too, you can use to, you can see it's kind of angled. That's to use for when your cuticles are soft, for pushing back the cuticles of your nail, and it won't scratch your nail bed. So once your nails are clean, you need to make sure that they're trimmed. I usually recommend nail scissors. Now these particular ones are more cuticle scissors, because they've got a finer nose on them. Nail scissors are usually wider.

When you use a clipper, which are OK, it won't usually cover your whole nail bed, so you end up with these... Only cutting part of it, so it kind of tears the rest of your nail. So the nail scissors are better because you can usually do it with one full swoop. And after you've clipped the nails... When the Wog doesn't move all over the place, it's easier. So basically shape them. Don't want them too long. You don't want to get lots of stuff trapped underneath them. You don't want to cut them so short that the end of the nails --- is exposed. Then after you trim them up, a good thing to do is just to smooth the edges is, I use a ceramic nail file.

Now ceramic is good because it smoothes down the nail, but it doesn't tear it up. Metal, when you use a metal nail file to file your nails, it actually leave little rough edges, that eventually start to peel back, and then you start getting things caught in them. But a ceramic nail file will smooth the whole nail, and it doesn't matter if you're going in one direction, or both directions. It'll do the same job. Then you just file the nail. Make sure there's no rough edges. You don't want them to get caught on any of your equipment.

Feels good. And that's about it. And then what you want to do, afterwards, is make sure that you do moisturize your hands. Even though you're going to be doing a lot of rough work, it's good to make sure that your hands aren't going to get all cracked and going to start breaking and splitting and bleeding. So after your hands are clean, your nails are done, just give them a good lotion up, and you're ready to go.

14:27

Of course, in order to wear a belt, you need a pair of pants.

Patrolling Technical Specifications File #251: Tactical Pants.

14:41

The thing is, now we're talking about pants. Now, chances are, you didn't evaluate the pants you currently own properly. So, chances are, the pants you currently own are all shit. They're all useless. Can't do a thing with them. If you have to choose and to buy effective gear, and in order to wear a belt, you need to have pants, so you have to buy the best possible pants you can. But who makes the best ones? It's very, very hard to tell, because advertising, which should serve to inform us of different qualities and capabilities that pants have, does not do this. Instead, advertising has mutated over time to be a great evil which is out to destroy our soul. So, in order to actually talk and to... In order to actually figure out what kind of pants we should have, we have to go out and physically talk to people.

Fact: Advertising is destroying your soul.

...

20:14

So when you go and look for used pants... - Right. You basically want to look for condition and quality. Now, where am I looking? Because this looks pretty faded to me, it this... -Well, faded means nothing. -No? Because it'll still be strong. What you're going to look for is: Thin in the bum. Oh, thin in... because this is reinforced, I guess? Yeah, so you want to make sure your seams are good. Oh, OK? So when you say "Seams are good" what do you mean? Like... They're not frayed, they're not ripping, they haven't already been sewn up. Because that's where it's going to go? Yep. Ok, and it's usually in the seat first? Seat and knees. Seat and knees? Oh, so that's why they're always put reinforcing on the knees? Yeah, for crawling around. So these here are a pretty good buy, because I don't see any wear on these at all. No, they're just faded. Oh, I see. OK. This one here looks like a heavy cotton, but the Canadian Forces one here... are very light weight. Yeah, this is a light weight pant. Now this one would be good for, like, you know, I don't know, whatever, like daily wear, but this would probably be better for summer I guess? This is 60/40, right? So it's a heavier material. What does that mean? 60/40? How that breaks down...? It's 60% cotton and 40%... Ah! Polypro... Polyester.

OK. So what about this guy here? This guy here's got a big sew mark in it...Yeah, that's common with the Canadian pant. Oh, is it? It's very thin, but this is a winter pant so this isn't a really good one [to get caught with? OK, so is there another Canadian Forces pant here? Here we go. Here's a Canadian pant. These ones are surplus as well, because it's got the guys name in here and everything? - These are really bad. - These are bad? Because they thin out. You can see my hand. - Oh, I see. - It's going through. But it'd be good for summer if you didn't care, though?

Yeah, it'd be good for summer. So if you're down in Arizona, ... anybody who's down there, all the Wogs down there, they might want to get some Canadian forces pants to wear so they're not getting sun on their legs. They breath good. So that'd be a way to go. Now you could do rip-stop and use the American, but they fade really bad. -Oh do they? -Yeah.

Let's talk about other countries, because you've got a bunch of other countries worth of pants here. Who makes some good pants around the world? For issue army kit. -British. -British? Well I like the British stuff. -German's is good. -German's? Hate their pattern. Yeah, hate their pattern, but it's nice stuff. But it works out, though? But the British, if you've got some British pants, let's take a look at the British stuff. - Those look good, are they Dutch or British? - It's Dutch, but it's pretty close. Yeah, OK, so these are Dutch. Let's look at the Dutch. Lot's of people in Amsterdam, good country. They fade, but they don't wear out. -Ah, really, so they're pretty... -They're very good quality. And they're soft! These are really soft, they're much softer than any other pants we've touched so far. It's kind of, I think it's a tighter thread count or something, - I don't know what's going on here. - I think it's doubled-up. Is it doubled-up? Because that's really nice. And you know, the British, those people know a lot about uniforms, the cuts of their uniforms usually look really sharp. What else do we got here? We've got a bunch of stuff.

...

25:24

So, when we want when get past the surplus stuff and we're actually buying the new stuff because it's not surplus but it is surplus, like, some of these got N.A.T.O stock numbers in them, but they're new, and civvies can buy them, how does that work? Basically, anybody can, even with a N.A.T.O number you can still own it. - Oh really? - Oh yeah, we order them in, it's no big deal. We can totally tell. Has a N.A.T.O number in it. The N.A.T.O stock number, that's how the North Alliance Treaty Organization tracks their gear, right?

So if you order a stock piece, that's the stock number they go with. So it'd be interesting if any of the Wogs out there can get their hands on a... because you can apparently get a catalog that has all the N.A.T.O stock numbers in it? You can look up any database on any N.A.T.O stock number and get the number of the kit, as well as the identification part You can do it on the web too. You'll sometimes get hits. If you find a piece of kit with a N.A.T.O stock number, you can look at it.

But anyway! These pants, now which... in the land of these pants, what do we buy? We're buying new, or buying online, what do we want to go with? Well, it depends. If you're down south, you'd want to go with the rip-stop. With the rip-stop, why? - Because it's lightweight. - OK - The downside to rip-stop is after you wash it a few times, - Yeah. The lines come through the material. Those little lines. But they're a lighter pant and basically all rip-stop is there for is snagging. So if you rip like a little square, it'll just fray out that one square? OK now, so the thing now is that these wear out on me a little faster? -

60-40 is the way to go. - OK, so what are we looking at that's 60-40? - Right here. - OK, and this is made by Propper? - Yup. - OK. And, who uses this? Well, that's a US. OK, so any of the SWAT teams could be using this? - Anybody. - Anybody could be using this thing, and it's issue. It's an issue piece of kit, you've got the washing instructions plain as day right there, which is good to see. And, now would you say this is a pretty good pant? - Awesome. - Really? - Awesome pant. - Really? - So it'll totally stand up to what you can dish out? - Takes a beating.

OK, and what's the price on that? Oh! It's only 50 bucks! Jesus! A set of new jeans usually run you, especially if it's a name brand, what is it, like \$130? So sometimes it's worth it to buy new because as used it's only \$10 cheaper. Oh, OK then, if that's the case, unless it's like some weird specialist stuff. Unless it's something like Australian, or Czechoslovakian...

And check out the selection of brand new pants you guys got! Holy shit! Tiger striped, up to MARPAT, CADPAT, everything... Desert digital. You name it. Yeah, awesome! OK, well what about the... when it comes to camo patterns, what do you think would be pretty handy, but bear in mind, everybody's going to be wearing this. So what'd you suggest if someone had to choose on a pattern that was going to go with anything, you know, for personal fashion. Personal fashion? I'd say do CADPAT. CADPAT? Canadian pattern? That's the ones the Canadians invented isn't it? Yeah, and then the Americans stole it and created MARPAT. Yeah, that's right. So actually, is this CADPAT here? Yeah, and it's actually made by Propper. It's made by Propper? Wow! So you get all the durability in a...

Now, do you know how CADPAT works? Why this camouflage is different than mine? Like, you look at mine and you look at this. It's digital, so it's made to trick your eyes. So as long as you don't move a lot, you won't see a lot of movement, except for flesh. Oh, so this has been designed to actually deceive your eyes by the way your eyes see? - Yup. Oh, wow! so if you were in the bush, this'd be the way to go? Yup, as long as you're moving slowly. As long as you... Yeah! One of the reasons I brought this thing up. Yeah, wow! Sweet! What about, is there anything for urban? - Is there like an Urban CADPAT? - Well, this is... Not yet. Not yet? This is bleeding-edge stuff. How old is this? This is only a couple of years old? This has only been around... Only really been issued a year and a half, two years. So this is the bleeding-edge stuff? This is what who's who in the zoo is going to be having... Everybody is going to be wearing this.

- This is the new marine MARPAT. - Which is... Oh! They thought this one up by them selves did they?! Look at that! Wow! Well, you know, as long as it saves lives, who gives a shit? OK, but... Oh and these are...? Those are... Canadian issue. Wow, cool! So these ones'd be good for the... But they're the same material as the wind pant, so they're a little thinner. So it'll be good if you're down south? Yeah, but if you want something that's going to last, go with the Propper. So that's if I'm in the bush. What if I'm in the inner city and I want to make sure I got something that's going? I guess you could go with Black? You could go with black and you could go with Night. Yeah, that's a little bit more subdued, isn't it? Know what I mean? That seems... Does this pattern actually work? Because I've seen this a lot, I don't know if it really works. Nah. - It's mostly fashion, or what? - Pretty much. - Snowboarders. - Snowboarders? Tight!

29:59

But the thing is that now you have all this data, you have to listen to yourself, using your own experiences, and make the decision that's right for you.

Patrolling Season 1 Episode 2 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

“Underwear”

2:35

When you think about it, your underwear should be the first layer that absorbs sweat. The purpose of underwear is to take the toxins from your body and take it away from your body. Because if you sit there, your sweat is full of toxins. If you leave your sweat next to your skin and it rubs and causes skin irritation – that's where chaffing and chaff comes in. So, what's they're supposed to be is absorbent. And that's what it does – this is just your standard set of brown briefs. Brown's good because you wouldn't get any stains you couldn't see right away. But still.. the sniff test – y'know it's bad when you're at that level. Now during the day, this is handy but..

An underused piece of kit is the 'long johns'. Your legs have massive amounts of blood flowing through them. If it's slightly chilly outside, you put on a set of 'long johns', you could wear t-shirts with that and it wouldn't be a problem.

Boxers – are a waste of time. I don't really know what the tactical use of boxers are. They don't take [sweat] away from you.. people say “Well it makes me feel free and clear..” Well that's great, but it's not really absorbing anything. The Canadian Forces issue these.. they're like polyester boxer shorts, I don't know who was thinking what, but I think somebody made like, some money on that deal.

But like, if you were to get a set like this, [long john's] and it was slightly temperate outside, your legs will stay warm, this warms up the rest of your body. Because if you're staying warm on top and you've got nothing on your legs, well the heat's just gonna dump out of you. Your crotch and your armpits are the major heat zones of the body. That's why if you get cold, you see people do this, they put their arms under.. because that's where all your heat comes from, that's your heat dissipation. So it makes sense if you've got expensive clothing and shirts, which we're gonna get into, that you should also be wearing an undershirt. That's the whole concept, that's where t-shirts originally came from, they were undershirts.

Some people, in colder climates, use polar fleece instead of underwear, this is a bad idea, because if you sweat into the polar fleece your polar fleece... - Sean? - Yea, yea. - What you seen the tactical underwear? - Tactical underwear?

So what do you mean by tactical underwear, what's that all about? - Well, Under Armor. - Under Armor? - Yep. This is a very breathable material, it's called polypropylene, and it wicks the sweat away from your body. - What does that mean, does it absorb it? - No, it takes the moisture away from your body, and brings it to the front. This is what all the hockey players are wearing, NASCAR drivers, guys who race motor bikes, they wear it under their leather suits, keeps you dry.. a lot of the SWAT teams.. that's the only reason why we brought this in, is for the SWAT team.

- Really, so the SWAT teams are all wearing this? - Yea, they were in underneath their uniforms. This is.. so you've got tactical underwear. Now this... this your long sleeve. - This is the form fitting one, so it's really close to your body. - And here's the gaunch. Nice.

So this is the primo.. - It's like the BMW of underwear. - Really? High-speed, low-drag.. - Yep.

So what we thought was underwear, wasn't just underwear, your t-shirt is part of underwear. What about the t-shirts? The Under Armor stuff has a cool wick layer that takes it away from your skin and brings it out to absorb in other clothing. Now the thing is that.. you might think that “Well, isn't that the same as just.. as not y'know, having under wear on, because it would just carry it out to your clothing?” Not exactly. Because it doesn't touch your body, this stuff is form fitting, and that's the good plan. Let's take a look at what other t-shirts are out there, and what t-shirts should be, and what they've become.

Now when it comes to the realm of t-shirts, the underwear has become this. This is your underwear. This is the bundes wear, but you'll notice that.. how are you supposed to get any kind of absorbency when your armpit is way down here.. you're not going to get any absorbency out of that. This is just for comfort and for heat. They're worried about heat distribution and what not. I'm not a big fan of the 'wife-beater' muscle shirt, not my thing.

Moving up from that – this is what t-shirts should be. T-shirts should be snug fitting, absorbent clothing. This is what keeps your gear.. what they had before they had things like underwear, this was the Canadian issue stuff, this is what was given out to the guys.. you come in here, you don't have to spend thirty dollars on a set of underwear, you spend ten bucks - you get a sanitized, perfectly good t-shirt, which you can use and wear.

What are you paying so much money for t-shirts for? Why should ya? If you wanna go to AngryShirts[.com] or something like that, you bet. Get a statement that says something you want it to say. But don't become a human billboard. That's what the.. all t-shirts have become. Somehow.. somebody back in the 60's thought “Hey wouldn't it be great if we put logos on t-shirts?” Good job, pinhead! Look what you started! Now everything's all messed, and everybody's walking around with t-shirts, “Tommy-My-Finger” and whatever.. I mean, it's bull. So if we were to get back to – it's all about function. So when you stop looking at “Oh.. does this have a brand name..” No. Never mind the brand name. What does it do? If it doesn't do anything, its lazy.

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I feel like a super hero! I mean, check this out. This stuff is totally tight fitting, I'm completely warm, I'm not cold at all which is really, really nice. So you can like, mac right out on this.. I mean, this is great stuff, you can't do anything wrong with this. Hey what's this worth? How much is this, for this setup here? - 91.60 How much? - 91.60 – 91.60???

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Now if you go down to the *Running Room* you can pick up some pretty high speed kit as well, so you don't always have to go with like, an Under Armor type solution. Now what do we got as a price on this? This set.. This set here forty dollars. That's what you pay for cool wick stuff though. Because it's... it's high speed gear. On the back of it, what does it say? Super Microsoft? No, super-microft. Oh, OK, whatever that means. And this is like, these would be as shorts, right? This is what you'd wear so that you don't get any chaffing. 'Cuz chaffing can be damaging to the male sensitive region.

These ones here, which is like.. well it's kinda the same thing but it seems like it's a little bit more of a 'cuppy' kind of a thing.. So I don't think.. these are exactly made by the same thing. These ones are thirty bucks, but I'd rather pay the extra few bucks and get the legs and that way you'd be covered up. Because when they sit here, you can have a lot of movement there and you won't get any wear on your thigh and you're.. actually your thigh takes a lot of motion when you're running and stuff like that so you wanna be careful with something 'cuz.. I mean, y'know, you gotta move. Now some people have a problem with paying forty dollars for a set of underwear, y'know.. that is a lot of cash, but really, it's your balls on the line. So what you need to do is you go down to a store where they sell it and you just.. acquire it.

Patrolling Season 1 Episode 3 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

“Boots”

Patrolling Technical Specifications File 104: Boots

Sean Kennedy here, glad to see [you've] managed to make it up to this point.. well done, you! Now since we've covered the basics of underwear and being able to frolic in the forest, we're gonna move on and forwards with one of the most important parts of your body in an area where I don't mind saying I am gifted. Yes, it's fact that because of my family, probably 'cuz we're Irish in descent and we're a strong nomadic people, I've been endowed with a very.. well a pretty extraordinary physical feature which is often overlooked because it's usually covered up. That's right, we're talking about nothing else but my feet. I have the most amazing feet on the planet.

Now the interesting thing about the human foot.. this is a foot. Now a lot of people.. now.. this guy's got some dirty nails.. Why? 'cuz I'm a guy.. and guys don't look after their feet, but you gotta keep 'em clean, it's a good idea to keep 'em.. y'know, your nails pretty trimmed and [all] that.. the wife is always bugging me to.. y'know, have my nails trimmed.. Now it should be noticed – that I'm wearing slippers right now and.. I'm gonna jump around a little bit on you here on this.. I know we've only covered.. y'know, gaunch and everything, and I've got a lot of stuff laid out here, I'm gonna cover all of this eventually OK, but just keep up with me for the time being.

I'm wearing slippers, these are Italian pool side slippers with a towel lining. I would recommend.. it's my recommendation that you should usually go bare foot.. but because I've been raised in a society where we've been taught to isolate ourselves from everything, my feet are like these tender.. non-calloused.. things. They're super sensitive.. I mean, they're.. they're kind of pristine, really. I mean, when you look at that foot, there's not a lot of scaring there, the skin's pretty fresh.. It's a nice looking foot. Not to mention I have.. I have beautiful feet normally.

In Arabia when they torture people, what they do is they make you kneel down.. they go to the backs of your feet – because when you're kneeling your foot's flat, right? And they go to the backs of your feet and they hit the bottom of your foot with a cane. That's what they do, today, in Saudi Arabia when they torture people. And they do this twenty or thirty times. Now, the interesting thing about the human foot is that every nerve in the human body, all the nerves of your body, terminate in the sole of your foot. If you beat someone's foot, it feels like they're exploding again and again and again – it's just wham, wham, y'know every time it hits ya.

Your feet, because of all those nerves there, that's a.. this is actually one of the most sensitive areas of your body.. it's not like getting kicked in the nuts.. Your feet are extremely important. Anyone, who's ever done any kind of sport or hiking will tell ya, baby – if your gonna drop money on one piece of equipment – you need to drop money on how you look after your feet. And if you don't believe that.. then y'know, you may as well turn this off now. We're not talking about y'know your food, your shelter yet – you got some clothes on, you've managed to get some things happening.. and the first thing you have to look after is your feet. You got to take care of your feet, by god - look after your feet.

This is not taught anywhere, anyone who's ever lived will tell ya that you need to look after your feet, kids know they have to look after their feet, that's why kids always wear combat boots. They know instinctively that “Yea, I need to look after my feet..” It's an instinct because this is your only contact with the world, without your feet you cannot move. It may seem like I'm being a little obsessive about feet here, but if you think about it, you're really not. We pay no attention to our footwear in society.

No I just went for a walk with.. with Cimm there, and these are the shoes that he has.. and I'm gonna do my best to cover up logos and things like that.. but these shoes here are what young people are wearing – y'know, this is like a skateboarder shoe, little bit of rubber here, that's nice. Now, this is your standard urban shoe, and this is great if you live in an urban environment - but you're totally limited to where you live.

I mean you can't go for long walks in the grass, we just came back and his foot's all soaked, there's mud all over it.. I mean the shoe's not gonna stand up, it's not designed for it. Those shoes are great - for sane people.. y'know, people who.. wanna y'know, stay in the city and go to their job, and y'know.. nine to five..

You can tell a lot about a man by his footwear. I judge people by their footwear. Almost everyone judges everyone else by their footwear, too. I mean if you go into a store.. even in sales stores now, they look at your footwear and they judge you as a person by what you wear on your feet. Even the rabid vegan crowd, y'know “Oh, you're wearing leather on your feet.. blah.. blah.. blah..” they always get up in your face about that.

What you gotta do is figure out “What is the best boot for me..” Now, for Wogs.. Wogs decide everything from a piece of kit, from the criteria as follows: What does it do? How well does it do it? That's it. If there's two items that you wish to compare, you say “What does it do?” What are it's capabilities? And then after it does that, how well does it those capabilities versus other products that do the same thing. “What does it do? How well does it do it?” That criteria can be said from every kind of raw material, fabric, tunic, jacket, boots, footwear.. what have you.

What does this shoe do? Well, it looks like it covers your foot, and provides some padding. That's about it. What does *this* shoe do? Well this shoe here is totally waterproof, is gore-tex, has ankle support – which the other shoe does not.. takes a little longer to put on and take off with the amount of lacing's.. but the support right here is great. It's also, I think lighter than the other shoe or of comparable weight. For a lighter shoe, you get a far more durable shoe, that is waterproof, has gore-tex, so it seems that combat boots are a better choice than runners, for Wogs.

Now in doing this, you're gonna need to make sure you make the right choices for the kind of combat boot you go with. Using that criteria – What does it do? How well does it do this? If you use that as your criteria for anything that you buy, you will conquer advertising.

Advertising has to establish need before you buy things. If you get around that need.. “You need this, because you need to be cool..” - “Fuck you. I don't need to be cool. I need to cover my feet.” You can say that to any salesman. “You should buy my super wax..” - “Well if you're super wax is better than any other wax, for an affordable price, I'll buy it! But if not - Fuck off! Live in the land of quality!”

OK, so first layer you need to have.. everything you wear should be loose and in layers... but with socks it's hard because you have to have some support there. What they used to do is.. is they used to take a cotton sock, they put a cotton sock over your foot as an inner, and they take a wool sock, and put a wool sock as an outer. Now I didn't want to go with a pair of socks like that 'cuz like the underwear I just wanna buy.. this touches your skin, it touches the most sensitive area of your body so you need to make sure you have very good socks as well as shoes and technology has gone forwards that we can.. we can do that now, we can get like high speed gear.

So I went to Mountain Equipment Co-Op and I found these socks. Now I bought these socks.. these socks called Ingenious. I don't know anything about 'em, found them at the store, compared them to a bunch of other socks. I approach the sock rack and said “What does this sock do?” I found the sock with the most capabilities, and “How well does it do it?” that did it the best way I could see how from the criteria that I preset. And I've chosen these socks. These are fifteen dollars socks. Made by Ingenious dry-line comfort. These socks won a Nobel prize. That's pretty high fucking praise. Y'know, when a pair of socks wins a Nobel prize, I think they're good socks.

“Ingenious is the only sock available with dry line comfort.. blah.. blah.. blah..” Basically, it does the same thing that the wool and the other ones do. So if you can't afford fifteen dollar socks, buy wool socks and cotton socks – sport socks are perfect. K, we'll see how well these socks perform... Oh, and you've got the nice brand there on the side of your sock.. all padded.. Now the way these socks work, is they've actually built an absorbent layer on the inside of the sock that is like the cool wick for.. for the same thing that your underwear does.. and then it has an insulated layer on the outside so it draws moisture away from your feet.

Above everything else, keep foot powder with you in case you need it - but you must keep your feet cool and dry. I don't give a fuck who you are or where you live, but you must keep your feet cool and dry or your feet will rot off. This is important. This is why I'm covering it first. If you forget everything else, for fuck's sake keep your feet cool and dry, OK?

Make sure you get socks that are the right size – good quality socks actually say their size, like a shoe size OK? So you get your socks, bang! The sock is form fitting, sticks to your foot well. Fucking wear the sock properly for Christ's sake, the thing's been designed by engineers and stuff to work. If you don't use the equipment properly, you're an idiot.

Now after this point, for foot care, if you're in your house, y'know, it's probably good to wear slippers, 'cuz you gotta protect your socks, and your socks are covered anyway.. plus if you're sharing an abode or what have you, I share, I live with my wife and people are always here so it's not a totally private abode, OK, so it's best to have slippers so you don't damage the socks because they're fifteen dollars a piece. Now it should also be noted that.. although I'm showing you one pair of these, I'm not saying you should have one pair of these. I'm saying you should have ten pairs of these. The same with the underwear. Between seven to ten pairs of socks and underwear should be in your wardrobe at any moment in time.

“Sean, Jesus Christ.. that's like, ten pairs.. that's like.. three hundred dollars worth of underwear..” Yea. Yea it is. Yea. Yea, that's right. Because you wear your underwear and your socks year round, they're right next to your genitals and where all the nerves terminate in your body. So chances are, if you're gonna have good gear, you may as well keep it so that you're comfortable. Hello? Any of this making fucking sense? It's common sense.

Going towards footwear, we've decided that running shoes.. this shoe here is fucking pointless. I have no idea what the fuck.. I guess it must be one of those 'cool shoes'. Being is y'know, function is form, what we're gonna do is we are gonna move to the minimum size shoe available. Now this for me, is not a high top shoe, this is a three quarter cut. And the reason I went with this shoe is.. this is a gore-tex shoe. This particular one, it's.. I guess what they call these a 'hiker shoe'. Like a 'hiking' shoe is what they call it because it has support for walking. Hiking is nothing more than walking, OK? This has some ankle support and good foot support throughout the shoe. It's gore-tex, it's waterproof.

For these kind of boots, I will give you three brand names. Look at the criteria of what these three brand names use and then measure other brands against these three. If these three begin to charge too much for what they offer, then I would switch to another brand. It's just that these particular brands have a good standard of footwear, which I have based a lot of my knowledge from. The three brands are Matterhorn, Danner, Hi Tec (and they make a series called Magnums). Now Hi Tec is a bit of a slave wage, I know their stuff is made in Vietnam, I don't know how their workers work.

But they do make good shoes as opposed to the Nike crap which I wouldn't buy anyway and they have concentration labor camps. They [Hi Tec] do make good shoes and unfortunately I have to give priority to the Wogs. OK, a lot of people go “Well Sean you recommend you should..” No, the Wogs come first. These are the people who are going to be out there on the front lines, they're gonna be the soldiers so they gotta be able to look after their feet. I will give you the cheapest, best product to go with for that purpose, alright?

Once you've decided that, a lot of people say “Why don't I.. Why didn't you go with the full length, Sean - Why don't you go with the full.. like, the 'jump' boot rather than the runners?” Well the problem is, with the 'jump' boot is.. if I could wear the 'jump' boot all the time, I wouldn't actually wear these. These are actually more of a dress boot. It's got some ankle support, it looks good when you're in the city, y'know, you can glass shine them all up. It's a dress boot, is what it is. This is.. if you want to be punk and you wanna still be a wog, and be downtown and hardcore.. You get yourself a pair of clean combat pants, you blouse them, you mirror shine these boots and people look at you like you're a god. Because it's like, “Holy cow, look how shiny his boots are..” They judge you by your footwear. These boots here are shit kicked, but a lot of punks like to go with that same thing because it has that clean paramilitary look to it. “I am downtown, I am here.” and that's what the punk movement and the gothic movement was all about. It's about care of the feet, it's about meticulous care, although on an alternative path.

These ones here, I guess they call 'em a three quarter cut, or whatever.. a hiking boot, I mean you know what kind of boot I'm talking about here you can see it. The high top version of this boot is this boot here, which is these are the 'Go Devil' Danners, these were designed for the rangers in Fort Lewis. OK, now this is all leather, gore-tex, waterproof right the way down. You can stand - and this is a fact - You can stand in these boots up to your ankles and be standing there for so long that ice freezes around the boot, OK - so your boot is frozen in a puddle - and your feet will still not get cold.

Provided you're wearing the proper kind of sock system. These boots are incredible boots.

Danner charges a lot of money for them. In my opinion, between Danner and Matterhorn, they are at the top of the game. For who makes the best footwear that I'm personally aware of. I don't know of any European, but in North America, it is Danner and Matterhorn, and the cheaper version of those are the Hi Tec's. I own a set of Brute 4 (?) Danner's. Now these are designed for law enforcement, things like that. The inside of the boot is pretty much maintenance free. It's all.. try to keep it clean and stuff, it's hard to keep this clean. Danner's ship with an insert for orthopedic support. I will say this now, I do not have enough money to go get orthopedic insoles. But.. and Danner knows the importance of insoles so much that they include an extra support insole for their shoe.

I would think it would be pretty obvious then that if you can afford getting orthopedic insoles for your feet even if you don't have foot problems, go get them. An ounce of prevention is worth a ton of cure. So, I will assume now.. 'cuz again, I'm not made of money and I can only do so much, I've got a lot of high speed gear here to show you guys but I just haven't been able to afford to go get orthopedic insoles.

But imagine, if you did, that I had a set of orthopedic insoles here. If you were kitting up perfectly out here – OK, you want to get yourself these kind of shoes with an orthopedic insole that goes inside the shoe and then you take your insole with you when you're boot shopping. Try it on with the insole. Because.. buy the insole first, then the boots. I didn't know that until later, OK – I got these boots as a gift and I.. that's why I didn't do it. But you should get the insole first, then get the boots if you can afford it.

OK, get.. whatever you need right now, whatever you're wearing on your feet right now that's fine, get orthopedic insoles, you can wear them with your current shoes, and then when you can, as soon as you can switch over, get yourself a set of like.. three quarter cut hiking boots. If you don't like the Danner design, look at the capabilities, find another company that meets that same criteria for you. OK, but I would definitely recommend that the criteria that these boots have, “What they do” make sure your footwear does it.

Why did I go with this over the full size? This one here is breathable, it's got fabric on the sides, this one here is leather, as you can see – the leather one wears pretty good, I mean these boots here have been through hell, there's some wear on the insoles, stuff like that.. so the boot wears pretty good. This one here, I went with purposely flat soles because it eliminates tracks when you're walking through the bush.

If you have flat soles on your foot, it's very hard to leave more of an imprint, because people can follow you, judge by your boot print where your boots were made, and chances are.. where you're going. People judge you by your footwear, remember that. So, with a flat sole you lose some traction – well you lose all traction and it's difficult because if you're not wearing your boots correctly you will lose your footing, but if you have your boots laced on properly and tightly – you can feel the earth through your boot without having the traction in there. Now that's purely a personal standard, OK?

That's not saying everyone should do that, like my buddy here – this is your classic combat traction here, grips the sole, you've got your center piece here.. these original combat boot designs were actually designed to tear flesh, is a rumor I've heard, from the very first combat boot treads that ever came out, they were actually designed to grab people's faces and twist them and tear them.

That's the urban legend that went around the army circles when I was there. So that's the two schools of thought on the tread pattern.

If you want to go with a tread pattern, I would recommend this tread pattern over just about anything else, this is your classic tread pattern. And it's.. it's a very solid tread pattern, you got lots of wear there. A lot of guys do fancy designs, 'cuz they want to give the insole more *impression* of depth, when in actuality there's very, very little rubber. When you go with a solid flat, here's a lot of rubber there, you can see you actually get what you're paying for.

Once you've made that decision, great – go out and buy the boots. Well we're not just gonna stop there right now. After you've purchased the boot you must be able to care and maintain the boot so you aren't spending a hundred and fifty dollars or two hundred and fifty dollars every year. A good set of boots can last you five to ten *years* if you look after them. The advantage to this is if Wogs go out and do this, you will be out of the shoe game! Nike can spend as much as they want on the advertisement, because you don't need shoes anymore. You got the best shoes.

People go “You should wear different shoes..” - “Why? What does it do? How well does it do that? My shoe does this.. This is how well it does it.. My shoe does more than your shoe, and it's perfectly the same thing. Sorry, your shoe loses. It's just that simple.” If you're running, wear a running shoe, don't know much about running shoes, don't like running. So I can't really advertise.. you get a.. y'know, a good fucking running shoe. But I do know a lot about day to day life and being a Wog, so that's how I have come to that decision.

“Sleep”

29:31

“Who the hell gets up at dawn? What kind of a god-awful asshole would drag himself out of bed at dawn? When the sun comes up.. Why the hell would you wake up when the sun comes up? No, you have to sleep so you go to work at these hours so we isolate you from nature. No.. don't get up at dawn, you've only slept for an hour..” Even though when you wake up at dawn, you have more energy throughout the day, tests have shown emphatically all over the fucking world. That's how people can survive on like, 44 hours of sleep a week. Which is what I survive on.

People go “How do you do all this Sean?” I sleep 44 hours a week. Cimm – I heard he sleeps one hour a week... Sean – No, I don't sleep one hour a week, but I do choose how I sleep, and I sleep 44 hours and there's a reason for that, which I'll be teaching you how to do. And you can accomplish fucking anything. The power of will. Cimm- I'd certainly would like to sleep less. Sean - Oh, 44 hours, that's all you need, but you have to.. The trick to sleeping less is mastering what you do in your waking time - you have a certain amount of energy, as you.. It's a total fitness solution, right? People go, “Be in shape, buy my product..” I'm gonna teach you how to be in shape, without buying any product. I'm gonna show you how to exercise, eat right, do everything for free, why? Because nobody fucking knows! And I do. So, that's what we're doing. Don't like it? I'll give you your fucking money back!

Patrolling Season 1 Episode 4 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

“Spring Cleaning”

02:54

Today is the first day of spring, and being the first day of spring that means that we have certain traditions as Wogs that we must uphold. Yes, the first day of spring means that you have to do is spring cleaning. The first thing you must clean above yourself is your clothing. Come with me, my wife is not home and during this tasking time while she's away I'll be exploiting this advantage of her not being here to throw out most of my clothing. The problem is our society is that we've become far, far too weak - we have a lot of shit that we don't need.

4:13

You can have as much underwear as you need, there's no regulation on underwear whatsoever, always amass underwear.

4:48

Socks are okay. You can have as many socks as you want. However, and this is important - you must develop a personal hatred, a deep intense burning hate – for socks with holes in them.. Anytime you see a sock with a hole in it, it must be destroyed without fail, man.

5:19

OK, now we're into the t-shirts. T-shirts you should have seven pairs of t-shirts for your summer and winter dress. Being the first day of spring, you do a summer and winter dress change over. You have your winter dress which you do on the first day of fall and your summer dress which is on the first day of spring.

...

And this is the dynamic when we come to t-shirts. I've got a local band that I'd like to promote, but I don't want to walk around looking like a billboard. Fuck. Well I'm wearing the Rant Radio t-shirt, but I've got a special extenuating circumstance there because I'm very deeply involved with Rant Radio so it's kind of a pride thing.

Wearing a t-shirt with a logo on it is kind of a cop-out for me, because how much 'Point Five Zero' do I really listen to? I don't listen to a lot of 'em, y'know. So they kinda put their brand on me. And essentially, they gave me a t-shirt and said “Hey Sean, you can clothe yourself but we're gonna put our logo on there..” That's kinda what they did there. Not that it.. they're good guys. I had them on the show. They're good guys. And everytime I wear that shirt that would be making a statement about the band.

So it's very important that you give a lot of thought about what goes on your clothes as a label because people will label you with that, right? You're wearing 'Gap' and pretty soon I mean.. I say “people who wear Gap” and you get an image in your mind. People who wear a garment of clothing.. people who wear a brand of clothing and now you know what kind of people they are? No, no, no. That's mind share. That's the mind share. That's the corpolitical using mind share to control how you're thinking, OK? You've got to get past that, you've got to get back to basics.

7:42

All I'm allowed to have here for essential kit you've got to have basic.. If you don't have these items than you don't have a wardrobe, OK? You need five pairs of pants. At least five pairs of pants. You could go with seven pairs of pants if you don't like shorts, but otherwise you need five pairs of pants, two pairs of shorts. If you don't walk around in shorts.. “I don't like the way I look.. I look fat in shorts..” Well if you walk around outside in shorts a lot you won't be fat for very long. Seven undershirts. Which undershirts of course are t-shirts, that's what t-shirts are. You have an unregulated amount of.. there's certain clothing that you can have as much as you want of..

9:39

OK, so we're done. So we got so far.. my wardrobe consists of some t-shirts and a kung fu outfit. Now this means that whenever you meet me you're welcome to call me on it because this is all the clothing I have. After all the clothing is done, I'm not just taking it and filing it. No, no, no. It goes into the winter dress folder or it goes well.. into pretty much the.. y'know, the dumpster. Well not the dumpster, those clothing donation things..

10:26

Hawaiian shirts.. Now Hawaiian shirts, like old underwear and certain t-shirts - have soma. You have to be very careful with Hawaiian shirts because they have a lot of power. You have to respect Hawaiian shirts. If there's one thing that I would say would be a Wog symbol, I probably say.. a Hawaiian shirt would be in there somewhere. Y'know what I mean? If you were to have a photograph of the ultimate Wog, I think on some level he'd have to be wearing a Hawaiian shirt I'm pretty sure about that.

11:26

A Hawaiian shirt should cause pain upon the mind. There's a Russian word, that word is 'lumshavoc'. Loosely translated in English, 'lumshavoc' means 'thing that hurts my head' which causes you to access things that you probably don't understand. So any Hawaiian shirt has soma and should be a 'lumshavoc'.

12:10

Kung fu pants. Ah, the infamous Kung Fu outfit. That's when you wear that by the way.. when you're not going outside, when you get up in the morning, this should be the clothing that you wear to like stretch in, do your exercise in.. very, very comfortable. Doesn't.. it's for indoor use only, it's not for public witnessing, I prefer the Kung Fu outfit because y'know, you can't fuck with six thousand years of Japanese engineering.

15:12

The seven pairs of pants... Einstein.. A lot of people are like “Sean, you're so fucked..” No, dude. Einstein had seven sets of the same pair of clothes. Seven sets. Why did I come up with seven as a number? Einstein. Yea, that's what he did. Why? 'Cuz he didn't have time to worry about the bullshit that society puts on clothing. So you gotta take a lesson from Einstein.

15:51

This is just a standard fleece vest, I'm looking for a logo.. is there a logo on it? No I cut the logo off. Good. This is how you sanitize your gear. But there was a label here at one point. And what you do is you just cut the label off and then you wear the clothing anyway. Yea. And some people are like “Well people make fun of me if I'm not wearing Gap..” Yea, but you're not wearing anything, you're just wearing a vest. Anyone who'd make fun of you about the clothing you wear, you make a mental note of that person in your mind, you form a perfect picture of what they look like and who they are, and then you never ever have anything to do with them ever again - because they're idiots.

16:52

Why would you be buying clothes that don't work? Anything that's a physical material item.. Is “What does it do? How well does it do this?” And if you're worried about the level of technology, think about how small it is. But other than that there's no reason whatsoever in the Wog mind, to have excess crap. Because the things that you own don't own you but what they do.. do is they.. they can be used against you. The less you have, the less they can take away. So make sure the stuff you keep is what's important. You've only got so much attention. Like your wife, like you're girlfriend, like.. like whoever.. You've got to focus on that.

You've got to focus on what's important to you, you got to forget what other people say. Voltaire had it down man, he said “To care what other people think is to be controlled by them.” And that's.. that's bang on. But we forget that and we make exceptions to that rule. But there's no place for that anymore, things have gone too far. We need to get control of it. So I'm going to take these clothes now and I'm gonna.. well I'm going to take them down and donate them to a good cause. Don't throw clothing away, never destroy. You got to focus on what's important, we've got to get back to the fundamentals here, that's the idea.

“What is a Wog?” / Source: WikiWog

32:12

So the question is: What is a 'Wog'? What is.. what does a 'Wog' do? Like, why? What is a 'Wog', how does it happen? Now there's the Scientology version of 'Wog'. What the Scientologists call 'Wogs' is like a slur. It was originally a racial term that they would use for undesirables, is what a 'Wog' is.. But, uh, I've taken the term 'Wog' and I've kinda run with it here. I think Wogs are people who are live by their own codes, and actually have codes that they choose that they don't answer to anyone, and they're independent, so they're like a Ronin. You know, like the old Samurai? The masterless Samurai.

32:47

So that's where, a Wog is a Ronin. But he's not a violent man. Violence is horrible. Anyone who knows anything about violence will tell you that. So yet he's, in a way, he's a seeker and a peaceful warrior.. So I'd say that a Wog would be a Ronin, of an exploration based culture. Not a capitalist culture. 'Cause our culture we have here is capitalist, man, it's fucking everything up. Y'know, this.. this is the world here! This is what the world looks like. This is what Earth looks like. This is it! Right there! (pointing)

33:16

This is the area we live in. I mean, it's raining and it's wet, but it's beautiful! And there's life everywhere, but we focus on these crazy little cities. And we're destroying the planet. And nobody seems to dig that, y'know, maybe we've gotta higher purpose in life, without getting into, y'know, psycho-religions and 'Jesus wants us to blow up Israel' and whatever, y'know? I don't think...(stops) There's a whole lot more to the planet than just Israel. There's a whole lot more world than Middle-East. Y'know, there's people dying all over Africa and everything. There's all kind of shit everywhere, and I.. (stops)

33:47

Charles Fort, y'know, the guy who did 'Fortean Times'? He was this amazing dude, who thought up that science as we understand it was actually mind-control. He thought that there's so many things that happen that are paranormal, that don't fit into science, that science is wrong. And it's wrong on such a fundamental level. Like, what if magic was real? What if I could prove that there was a Bigfoot? What if we could prove that there were dinosaurs that were walking around? Does that mean science is wrong? Well yeah. Does that mean that Christians are right? Well no.

34:17

I mean something else is right. And being a Wog means you're (not) afraid to face that. So we seek the truth. That's the purpose of being a Wog! To seek! You're supposed to find knowledge and knowledge is power. And we use that for the greater good of everybody! And that's why we wear all the gear and the kit and the setup. So no-matter what happens, we're ready for it, we can help people. This is the concept of why we do what we do. What I intend to do is I intend to find out an' get to the bottom of a lot of these things. I want to seek knowledge, and take you on the trip with me! I want to go out there, and I want to go find Bigfoot! And Fucking-A I'm going to do it! I live in BC, I've got all the gear! Why not? Nobody's done it properly. They've never been on a proper alert mission for Bigfoot. Never happened. But in order to do these kind of things, you get the real answers to go for yourself, to look for yourself, to ask the right questions and then have Cimmerian film it so I can give it to you..? No one's done that! Because everyone wants to make money with it.

35:10

I'd like to make some bucks too, but you know what? I've got a nice little house. I'm alright. I can live like that for a while. But I think it's kinda bigger than that, you know? And I know it's.. Anyone who knows anything about filming and sees what we do will go "Yeah, well they're not making money" and they'll say "Why are you doing it? You're not making any money! Why are you doing it!?" Well, because we want to make a difference.

And the only way we can make a difference is by taking these ideas, these concepts, this mental virus, and giving it to you, so you can adapt it and do what you want with it. Because if you adopt the ideas and techniques of Wogs, you become a Wog and you become part of the solution, not part of the problem. And then we can really start to do stuff. My name is Sean Kennedy, and I am the Fucking Man.

Patrolling Season 1 Episode 5 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

Patrolling Technical Specifications File 175 Belt Line

My fellow Wogs, it is come time that we must now prepare to gear ourselves up with belt line kit. This particular stage of the gearing up process is important to me because this is a culmination of thirty years of standard hardcore nerd gadgetry. Which you're about to see has come by a daily search by my constant involvement not only in the military, but in every facet of my life from hacker culture, counterculture, every single adventure I've gone on I've found that this kit above any other gear has been most important to keep with you.

So if you don't like anything else in the rest of this series – you don't agree with the Wog lifestyle, the Wog ethics – you will see that the truth of Wogdom, the 'Wog Way' will come to you if you just happen to have this particular set of gear with you at all times. Don't care how you wear it, put it in a bag, y'know, whatever.. when you're ready to join the Wog ranks, wear it on your belt, K? And then y'know, gradually the truth is revealed to you and you'll be able to come along with the rest of us because we know which way we're going.

Now first of all, lot of people ask me “Sean, y'know, you were doing great and then you went all crazy and then you.. you're doing good again, now why is that exactly?” Well, in typical Wog fashion, I realized that I was somewhat unbalanced in some crazy, crazy ways. So I had to find a way to bring myself back into check, and to do that, I found out about Moldavite.

And these are huge chunks of it, these is a 23 gram piece and this piece here I've got it.. you can buy it on eBay, best place to get a hold of it is on eBay.

Now this is Moldavite I've wired, this stone emits a radiation, it crashed in the Moldav region of Czechoslovakia about fifteen million years ago. And this particular stone is radioactive, but its not radioactive in a way that most people can measure. It's radioactive in due to what the alternative sciences people say. What it does is it.. for some reason.. speeds up my brain, I'm able to think clearer, faster, sharper, your senses go crazy. If I was to say one thing that you wanna get, you wanna get your hands as big a chunk of Moldavite as you can and wear it around your neck next to your skin.

Now the reason.. what I did here is I made a pendant out of it. This is.. above any other piece of gear, this is what you should be wearing, OK? You wanna make sure you got your Moldavite. This is dog tag chain, right.. 'cuz I was in the military, this other little piece here.. I don't like wearing wedding rings, eh? They're a pain in the ass so what I did is I put my wife's name on here “A. Kennedy” and the GPS grid coordinates for my house. And she's got one and I got one so that if ever I'm dead and rotting in some alleyway somewhere bitten in half by a spider.. she'll be able to.. they'll mail me home. So you wanna have your Moldavite, that's first and foremost.

Now from there, we go into the Eagle Industries belt. Strong belt as per covered in episode number [one], if you haven't seen episode number [one], you're watching these out of order, go back! As you put on your belt you got your bean bag, carabiner, prozium case, flashlight, your multi-tool, knife, lighter and your wallet.

Starting off you got your bean bag. A bean bag.. this is a Calde Ridge glove bag that I use but you can use basically a bag where you keep a snack for yourself. You should always have.. what I have found after all my time – chocolate covered coffee beans. Chocolate of any type you should have with you, make sure it's organic chocolate.. y'know, with no wax in it, but you wanna get fair trade chocolate covered coffee beans. It's an appetite suppressant, it's an energy source, and the sugar burns off in your system. You can run pretty hot when you're 'mowing' on these, let me tell ya. I stayed awake for four days, on the fifth day I started to hallucinate. I don't recommend doing it for more than four days.

A Caribiner. Totally useful. Make sure you get a real caribiner, one that locks, one that can take a couple hundred pounds on it, OK? They're good for tying in your keys and everything else to.

OK, this is a flashlight. This is not my flashlight, this particular one is on loan. This one is on loan from 'Cowboy'. This is a LED flashlight, you'll notice it's been 'dummy' corded. Para-cord is part of your maintenance kit, we'll be covering that later. OK, these xenon [sic] LED flashlights, they put out a psycho, psycho bright light K.. this will illuminate this entire room.. as a matter of fact, watch this. OK, this is the light from that room.. OK, you can put it on me here. OK, this can do this for like twenty thousand [sic] hours. OK, so if you're in the shit, you can turn this thing on, put it down, and you're OK.

This is a white light variant of that, I don't actually agree with the white lights that much, this.. like I said this one here is on loan. If I was going to get one of these I'd get it with red light or blue light. Because at nighttime.. we'll be getting into light discipline and light discipline later for how to make sure you can preserve your night-vision in the night time but for right now this is, y'know, the unit to have.

You wanna have it definitely 'dummy' corded to a quick release link you can buy these for like 3.99 at any department store, used for keys, you pull back on it.. it separates, this way you don't lose your flashlight K, if you lose your light source you're really screwed. So you want to make sure you can detach it, give it to someone if they need it, but you want to make sure you always keep it there and this [cara]biner is what goes on your belt and that's what 'dummy' cords it to yourself.

Next thing in line, I've got a SOG specialty tools case. Now, this is not the SOG, this is a Leatherman. But I'll get to that in a minute. I had a SOG, SOG was a really good product, but then they changed, now they suck. So I went with Leatherman instead, the Leatherman Wave is a good tool because you don't need to buy a precision instrument pocket knife, you got a lot of little sub blades that you can access from the outside.

This is smart, somebody was thinking designed this thing, OK? Very, very useful. And it's not like.. you can take this thing out of your case, pop out a knife, open what you need to and you still got it as a multi-tool. This is a pocket knife, multi-tool. in one. Now the thing is, with a pocket knife, you're not using it for serious cutting though, this is for precision cutting, this is a utility tool, OK?

After that, you're gonna need to get a knife. A knife is essential to have with you for a variety of reasons. Knives are for cutting. People need to cut everyday. OK, think about how many things you cut on a day-to-day basis, you use knives that are provided to you, what if you didn't have those knives, you'd have to provide your own. After years of studying, the best knife to have is this one here, this is a Cold Steel Defender push dagger.

Now I've talked about this particular one before, I won't get into it, get it at One Stop Knife Shop, you're paying about ninety bucks for one of these, no problem just get a Cold Steel. Now on the back, I've got a Micro Tek lock, and this is a special company just down in Oregon who makes these it's called Tek Lok, T-E-K-L-O-K, Tek Lok. That's what they make is these buckles, and these buckles are the shit, you can attach them to anything made of kydex and you can tie it to your webbing.

The next piece here, take this here is your lighter. Now I got a lighter from Japan called a VOV and it's a butane lighter, this is like a hundred and thirty dollar lighter. The reason why I paid so much is it doesn't have a filament, it's actually all butane jet. All butane jet. It's a very, very hot, burns very, very bright. Well it doesn't burn bright, it burns at a very high temperature, so when you're trying to light something on fire, if it's not going you've got to make sure you can.. it's also refillable, right.. So..

And at last but not least as essential gear, you need your wallet. Now I've configured this wallet so it also has what I call a 'time lock' on it. Which I'll get into later, I use an old 'Ironman', you can pick these up anywhere, any department store. Make sure you can have four alarms on it, OK? You're going to need an alarm for dawn, for noon, and for four 'o clock in the afternoon, those alarms you should program them into your watch. I'll explain why later. Dawn, noon, four 'o clock in the afternoon and sundown. At least any watch with all four alarms, you attach it to this wallet.

This wallet you can buy online, it's made by a company called Spec-Ops. This is the best wallet made by man. OK, you have a lot of room in here to put all of your kit.. this piece of here, over top.. they were so smart.. this is how I usually wear it.. you take a piece of paracord.. paracord's very useful, you wanna keep a lot of that around, OK? You take your paracord, goes over the top as such, you can wear it around your neck. And this is the best way to do it. That's why I have my watch mounted in reverse so you just simply tip it up and you can see what time it is. As well your alarms serve as reminders, go off at again – dawn, noon, four 'o clock and sundown. You can configure from this point.

...

OK, so when you're starting with the Moldavite, you'll notice that I've got the Moldavite underneath. Now I put this covering on it because it reacts with my skin, this dog tag chain for some reason, and some people call them a silencer, you can bring it right down so the chain doesn't make any noise for night time work, that kind of thing. You keep that next to your skin, the wallet goes around your neck. Now if you don't like the Moldavite as a stone, you can get yourself one of these little leather satchels, all the little hippy shops sell 'em, or one of those that are made of hemp or whatever.. whatever. Natural is good, OK? So you wanna go with that.

Now going around on the belt, as you suit up, you put on your belt, your belt goes through. The first thing you tie into is going to be your bean bag, then your key ring of course is gonna go here and then you're belt comes around in the back, you wanna make sure you keep your prozium case, flashlight case, multi-tool., your knife. But this knife looks a little bit scary, the sane people get a little bit disturbed about that kind of thing.

So what you wanna do is for the non-Wogs out there, when you buy your Leatherman it comes with a case that I use for my lighter. Use this as your lighter case, not as a Leatherman case. And you can use whatever pouch you want for your Leatherman. But the neat thing about this case is it hooks right over top of the factory issue Cold Steel boot clasp, with no trouble at all. It just hooks on there, and that will not come off.

So if you don't want to go for a whole bunch of stuff, your minimum requirements I'd say is a lighter, knife and multi-tool. Everything else is optional, but you definitely want to get that. That's your key core, you can move up from there. And then you got your shirt on right, definitely your non-brand name anything t-shirt, you got your surplus pants, got your socks, you're geared up, now we're ready for top layer..

...

Cooking With Sean Kennedy "Master Cleanser"

Alrighty, so the time has come from me to show you the secret of my unique weight loss plan. In four months I've lost forty pounds. And I believe that this particular solution is the reason why I was able to get this program out and get my life under control because of my particular allergies to well.. preservatives. "Wait a minute Sean, what are you talking about? You eat IMPs and rations.." Like these things are loaded with preservatives and chemicals and stuff like that. There's very few things on this planet that has as many toxic chemicals in it as this does.

Well, this one here is 'Barbecued Beans and Frankfurters' which means.. those 'Frankfurters' is a nice way of saying wieners, which is a nice way of saying the lips and assholes and table scraps not fit for regular humans or dogs so it got fed to soldiers. Quite probably the meat today is the most toxic food on the planet. If you don't want to be a vegetarian that's perfectly fine, but you make sure you cleanse yourself of these toxins.

Stanley Burroughs created this.. this dude created it. He was a stomach.. trying to find something for stomach ulcers, and he found that he fed this to people and in some people cured diabetes, some people got rid of their cancer. Because he discovered that no matter what you put into your body, OK? Stays in your body. If you put in chemicals in your body, they stay in your body. A child will tell you this,OK? It's too easy. So what you need to do is you need to make sure you cleanse your body from now and again.

This is also called the 'boxers fast' 'cuz boxers if they want to drop a weight class without losing muscle, they do this fast.

If you don't wanna fast and do the fast, I'm not going to talk about the fast, but this is the drink for that fast. You can live on this drink for forty days. Forty days. So if you've only got twenty bucks and you've got to survive two weeks - you buy lemons, organic cayenne pepper and you buy organic maple syrup. But make sure they're organic lemons. And I'll show you how to make this drink and you'll be able to survive for a month on about twenty bucks in food.

You're not hungry.. you feel like you're high, you feel like you're on top of the world all the time, you've got more energy. You have to drink every few hours - otherwise if you crash, you crash hard. And you must break your fast very carefully.

You must do it with vegetables, soft malleable stuff, all that kinda jazz. Do lots of research, check with your doctor, blah, blah blah.. Provided your doctor is not some pill popping nazi fuck.

So, moving into how to do this.. we gotta take some organically grown lemons. If it doesn't say organically grown on it, then it's not organically grown. "It's free. they're born free lemons.." - "Are they organic?" - "No." - "OK.." All the tools being used here – your standard plastic juicer thingie and this is my magic.. measuring device. Juice your lemons up, throw the lemons in the compost, not a problem. There is nothing more important.. There is nothing that you should be more concerned about in the early stages of your wog development than your diet.

All of your other problems, I believe, can be solved with diet. I believe most diseases can be solved with diet - barring of course y'know, wickedly invasive y'know, man made weapon viruses like AIDS and stuff yea.. Most naturally occurring.. quote unquote "naturally" occurring diseases can be cured by watching your diet. I'm sure I'm going to tick a lot people off with that, but y'know what, that's just what I think.

"I'll starve to death, where do I get my nutrients from?" What you do is you get your nutrients from maple syrup. You gotta get Grade B maple syrup, and that is where you get all your sugars and what not from.. Now I'm sure there'll be all kinds of people who claim that they're sports nutritionalists and all the rest of it.. blah, blah, blah. "It won't work, you'll die!" I lived eight days on this. And every morning I drank four cups of salt water. Eight days, I'm still here. More than that, I've lost forty pounds, I feel fantastic and I'm in better control of my life than I ever was.

I juiced about what.. six lemons there. We wound up coming out of there with three hundred.. we've got three hundred twenty milliliters here. You take those three hundred twenty milliliters of lemon juice – straight lemon juice, pits, everything and all. Three hundred twenty mill's, three hundred twenty mill's goes into the thermos. Actually, no. Before we put it into the thermos, we'll mix it really well. Take an old plastic container, [the lemon juice] goes in there. Boom – three hundred twenty mill's.

You take this – you will kill yourself if you try to do the fast and you use the wrong kind of maple syrup. If you have any doubt in your mind at all, you don't do the fast - you find the right maple syrup. This is organic pure maple syrup and this is Number 2.

The Number 1 maple syrup is what you put on your pancakes, Number 1 maple syrup is what you put on - it's sugar, essentially. This [Grade B maple syrup] is the actually minerals and the stuff that comes from the trees. And the tree sits there and sucks nutrients out of the ground. This is what feeds your muscles, this is what gives you energy. Make sure you get the right stuff. If you get the wrong stuff, you will burn out, crash and die.

Also, when I say you use lemon juice, that means you buy organic lemons, you cut them and you juice them. You do not buy a concentrate. You do not buy lemon juice in a can. It must be fresh. It must be fresh. If you don't do this, it will not work. Then you take three hundred twenty mill's of this stuff [maple syrup], I've taken an equal dose – we had three hundred twenty mill's of lemon juice, I'm gonna take three hundred and twenty mill's o this maple syrup here.. there's three hundred twenty mill's maple syrup. Mmm.

If you're really, really overweight, you'd use a half to one ratio. Instead of three twenty, you'd use.. three hundred.. one sixty mills. So you'd just cut it in half.

Now, the problem with maple syrup is it takes a while to go get in there so what we're just gonna.. Well, no, we'll just do it. Down into the lemon juice it goes. This here is organic cayenne pepper. Cayenne pepper is an amazing, amazing thing. Cayenne pepper is used to speed up your metabolism. It's organic crack. Dump this into your body, it burns like a mother fucker.. you build up a tolerance to capsicum spray.

So you take your.. your capsicum powder here.. or.. your capsicum powder [laughs].. cayenne pepper. Get in there, you little bastard. There we go. There we are. Good work. There's no real measurement, you do this to flavor, I've done this a lot so I use a bunch. You take that - we're all together – we got lemon juice, cayenne pepper and maple syrup there. Mmm. Tasty. Cap it. The whole purpose for this large jug is for mixing [shakes jug to mix]. Then you dump the remainder of your junk in here [pours into thermos].

This thermos holds seven hundred and fifty mills. There we go. This will be good in this thermos for approximately.. probably five days on the outside. This particular concentration you do not drink straight. You dilute this with water. The ratio for this is two tablespoons of this solution per ten ounces of water. You pick up one of these little containers here.. I like it when it's see-through, OK? You measure how much water fits in this thing when you fill it up naturally. If you don't pre-combine it, OK – it's two tablespoons of lemon juice and two tablespoons of maple syrup per ten ounces of water.

So you measure it all out, do the math. And it works out to, at this point here.. with water.. you put a mark on the jug so you know how much of the juice you have to put in. I take two exactly the same units.. Now you must shake this up.. if you don't shake it up it will not be mixed properly. You can leave it up to five days I would drink it within three. You take this, you put it on that little line there and we pour. Ah, that's a little bit much but that's OK. Kinda fill up the same amount here. Seal this back up.

You can use a micro thermos for traveling with you so you always got it with you. You just take one of these [thermos] and one container [juice mix] and all you have to do is have access to water and you have food. You take some filtered water – you have to have good water. You take your water, you will the rest of it up with water as such. Nice. Screw on your lid, and you are good to go.

I'll show you how to continue using this drink – it's good stuff [drinks one container]. Ah, hits the spot. You can basically super charge like that, hit the ground, keep running. No problem. You do this.. maybe.. they say ten to twelve glasses a day.. you maybe do six to eight a day. It's OK, you can't drink too much of the shit. If you start crashing - because you got chemical imbalances or whatever, stop immediately, break the fast properly and then carry on. My names' Sean Kennedy, and I am The Fucking Man.

...

Patrolling Technical Specifications File 058 Top Layer

Outside. OK, we're gonna and go embrace the great outdoors. When we go outside now.. what you're gonna need.. 'cuz it's cold out there in varying weather.

So what you need to do is you need to make sure that you wear the right kinds of clothing and everything you wear on your upper torso must be two things – loose and in layers. I couldn't find a universal jacket system that I liked – so I went with two jackets. First of all, you're only gonna need three coats, OK?

K, you're gonna have your universal field jacket system, you gonna have your urban jacket system and then your gonna have your formal wear jacket system. Those are the only jackets you need, you don't need twenty jackets.

For my field jacket, which is the usual jacket I wear, you get yourself a British combat smock. Also called the jump smock. The reason why I like 'em.. they come in any size.. the Brits knew how to make a uniform. And these smocks are great because well.. they're essentially, what these are, is this is a judo gi. This is a piece of martial arts equipment. If you don't tighten it up, this is amongst the most comfortable clothing you can wear. It's totally non-restrictive, you have complete motion of your arms, legs, everything while still having all the functionality of a tunic. When you wear it, you zip it up midpoint so you've got complete motion and range in your clothing.. this is the purpose for this. Now this is a very thin fabric and it goes with the t-shirt, you understand where we get under armor, it's all loose and in layers. So now, top level – you need to make that waterproof.

You can treat this, but it's never as good as having gore-tex. You take your smock, I'm using a British jump smock, and although it's not waterproof, you wanna get a treatment that makes it waterproof. You'll have to do it a couple of times – something like this, this is a Superpel Ultra, it's supposed to be triple concentrated, blah, blah, blah – you add this to a wash and it's used to waterproof your garment. If you don't want to use scotch guard or something like that.. these products have met to a good degree so just take it, throw it in there, good to go, then your tunic, even though it's not designed to be gore-tex or waterproof, becomes waterproof.

...

This is a night time marine jacket, three layers of gore-tex, heavy on the elbows, lots of reinforcement. This goes on top of the jump smock, it also makes it look a little less suburban or rural, so that people y'know, they get a little nervous. So then you got your.. this is the standard jacket we're covering. Now the thing is though, is that the wife not going to allow you to do this. The Dark One, no. Try to go in to town, not gonna happen, she gets all upset, all her Gucci friends get mad.. “Ooh.. look at you, you're wearing army clothes, you must be trying to hurt people.. Hey, you like dressing like G.I. Joe?” Yea, I get all that. But y'know, these people, they mean well, and when the rapture comes and these people are all being fed to the beast I'll be saving their ass.

But in order to get a date, you're gonna need to have something fairly decent that you can wear out that says “Hey, I'm still a wog..” and that's fine. Flight jackets of any variety. This is a leather bomber jacket. Bomber jackets as issue. Don't get the fake bomber jackets, get issue stuff. They're cheaper.. harder to find.. but they're cheaper and they're better kit. If not, don't get the actual issue stuff, you buy after-market make sure it's exact replica with strong threads. Don't get these knock off Bangkok ones OK? This is like heavy, heavy cowhide. This was a gift from my buddy that came back from Bosnia.

It's one of nicest fucking jackets I've ever had, they're so sweet. You got your pens, you got your running utilities here, you got a little pocket here to keep some caffeinated gum in, or some.. oh crap.. whatever you can think of to put in that pocket you could probably put in there.

Throw a compass in there.. whatever. Like it's always good to have an extra little utility pouch 'cuz as you can figure, everything I teach you is going to be a baseline, and from there you can expand on it, that's the Wog way right?

So.. and past that. If you're wearing dress clothes, now into formal wear.. I wouldn't be wearing this with this [overcoat] but let's say I gotta cover up big and I wanna not draw attention to myself. Get yourself a non-descript dress overcoat. These coats are designed to make you look.. y'know, it's no big deal, kinda blends you in, nice neutral color, good and grey. You throw a scarf on overtop with this.. and your laughing [at me]. K, now the best kind of scarf in the world is the Canadian Forces scarves. Anybody who's been in the Canadian Forces will tell you, this is the best piece of kit ever. You throw this around, there's a couple different ways to wear it, you can wear it around as such, like an ascot and then you tuck it in.

And you'd have no idea what the heck I'm wearing underneath this. Y'know, what I mean? It's like, "Oh yea, there's Sean, with his nice little glasses on.." y'know, and they don't really understand and neither will any of the bad guys. In actuality, I look like y'know, just your grey little office worker moving along, "Look at me, obeying all the rules.." But y'know, up in the meantime, in between time y'know, this is.. the scarves are actually super warm, super functional, I mean, in the field they come up around you can use them.. I mean, it's like having your own little security blanket, really. They're really, really good stuff and they're cheap. Canadian Forces scarves.

And all this is, is an underwear terri cloth material. So anything you'd see that you wear for like, long john material, that'd be the best. Get a swath of it, cut it I'd say, a good size.. maybe eighteen inches by four feet, y'know or maybe even if you want to go big maybe twenty four inches by four feet if you're a big guy. And it's just.. that's just the best piece of fabric ever. Y'know, and that's all you need. That's all the top covering that you really have to go with. There's no reason to have all this other stuff, so now that we're kitted up, we looking on to other gear, we can start getting the bags happening.

...

Now when going outside, you want to make sure that you got to have your wallet, always with you, you gotta know where it is. 'Cuz it's where you keep your monies, your ID, your valuables. And if you're caught without your papers in today's society you stand a chance of being imprisoned or recycled or destroyed or something like that. So, what I do is I wear it on my smock. You put it between the smock and your outer rain layer so you've only got to undo one zip to get at it. If you need to get at it, you can put it down [zipper] you can pull out your wallet it's right there, it's very hard to thief from you, you keep it on. This is your 'essentials bag', also called a 'gas bag' this stays with you all the time as well, we'll be covering this in the next couple episodes, don't you worry about that.

Now when you lock up your house, you wanna make sure.. with your key system, don't have ten million keys, if you don't use the keys they shouldn't be on your keychain. You see these guys with a billion keys like it makes them feel important or something, OK. Your keychain, if you let it hang out it will dangle, dangle, dangle.. there's nothing more annoying on the planet. Take yourself two keychain rings.. as such. You lock it up, you attach one to the inside on the lowest layer over that [cara]biner right, hooking on end on the [cara]biner as to here. Or can sometimes.. you put a little quick release in there too so you can pop 'em off in case.. when you're going to be using your car.

But when they're not there, they sit on the inside of this pocket, and then the pocket is buttoned up. This way, you do not lose your keys.

Conversely, a good idea is to have a tag on it that has the name and GPS location like my wife does, she won't wear the dog tags but she'll put 'em on her keychain which is a pretty good way to go. And then from there, you're ready to take off into the great outdoors.

...

25:45 "Solutions"

OK, for those of you who want to help this series, listen up. The whole fucking point of this is that this must be distributed for free. You must give it out to people. "Well, that's not enough.." No. Listen shit bird, if you were to get up every morning and do 'qi gong' exercises, in five years supposedly you can levitate and fly and stuff, according to Japanese text. 'Qi gong' exercises consist of breathing. That's it. And people don't do it because they think it's too easy.

They're like "Well, why would you do that, it's too easy.. we don't want easy, we like to suffer." Well, the thing is.. is that there are really easy solutions to the world's problems, we just don't want to look at them. Yea, so 'Qi gong' exercises were a euphemism for what... 'Qi gong'.. breathing.. easy.. too easy... no it's gone.. aww fuck. That's what we need, instant replay.

People go "It's too easy just to give out the episodes Sean, it's too easy, what's the point?." Guy, you can get a CD for less than a six pack return of bottles. You could go pick up bottles, get the money, buy CDs and distribute the Sean Kennedy show if you were homeless, if you were a fan. And people go "And why would that be a big deal.." Because you'd be getting more fans.

What do fans do? Fans are Wogs. What do Wogs do? Wogs think for themselves. What do people who think for themselves do? Well, they start going into their human nature, don't they? So it comes down thinking that "Do you believe.. Do you believe that human nature is good or bad?" I got hope, man. I don't think we're a bunch of fuck ups. 'Cuz if we were, if we were really that hell-bent on destruction, we would have done it forty years ago with the fucking nazis.

If we'd have all went "Ah, fuck yea, it'll be great, let's kill some jews.." No. Nobody wanted to do that. Do you know any jews? I don't know a single fucking jew, but I don't want any of 'em to die. I don't know any jews, not one. Nope, not one jew. But I'm sure they're really nice people. I mean I've seen a lot of them playing on TV, Billy Krystal, y'know, he hosts the Grammy's, no jews – no Billy Krystal.

The thing is, that if people think for themselves, the world will be a better place. You turn on the news, they try to keep you so terrified, man. "Oh yea, we tell them the truth.." Yea, but it's how you tell them. "We're telling people the truth about what's going on in the world, you have a right to know." - "You have a right to be scared out of your fucking mind."

When was the last time the news taught you anything? When'd you learn something? Fuck that, when was the last time you learned anything? When was the last time you learned a new skill? High school? Do you know how to use a map? It's fun to learn new skills. To acquire data - the process of meat download. Teaching. Vital. Unless we do that, and with teaching when get away from...

The computer is a wonderful planning tool. Brilliant. I do not belittle the computer. The computer can answer all of our technological needs. Great. Well they're not in rooms anymore. Great. They're not in desks anymore, now they're in laptops and on your back.

So why don't you take them back outside. Let's turn the computer into something that people can take into the middle of nowhere, we got solar powered rechargers now. You have a database that's open to you, you could take a person..

With enough computer programs and data, like we're talking terabytes here, you could take a person into the middle of the forest, in an isolated, non-corporate environment, raise them from the ground up with an Oxford degree education as an engineer, in the middle of fucking nowhere. You don't need to worry about all the reasons why we had cities, we don't need cities anymore. They're obsolete, why are they there?

“Well, 'cuz that's where everybody goes to get a job..” Great. Can you get in jobs in rural communities? Yea. Then what would happen to the rural communities? “Oh, then they'd get bigger..” Yea they would, and then there'd be other rural communities that would open and.. We have to stop focusing on cities, we have to spread out. If you live in the city right now, like if you're an inner city mother fucker, ask yourself this question, “When was..” OK, actually there's two questions you need to ask.

One: “Can I walk to a park that I could get lost in from where I live right now?” OK, if the answer to that question is “No.” You need to move. You need to get out of where you live. As soon as you can. As soon as you are possibly able to, you need to get out of there, get to an area where you can walk somewhere where you could actually get lost. Like lost for real. Like get lost and die in the wilderness.

If the next question after that is “Can I remember the last time I stood on grass?” Have I stood on grass within the last month or so, meaning. If you can remember when you were six, and you took a trip and you stood on grass, that's not what I'm talking about here. I'm talking about - if it's more than a month since you've stood on grass, you need to run from the city. You have to get out of there. As soon as you can, get out of the city.

Why? Well, because humans are not supposed to live in the urban environment, we're supposed to live in the wilderness - we're natural creatures, this is our home, this is earth, it's teeming with life. That's part one. Part two is that when you put a bunch of stuff together that's not alive, what does it do? It rots. And when things rot they cause diseases sometimes, and nature will create diseases inside of 'em, like inside of like a pile of shit, like rotting meat and stuff like that.

Like Komodo dragons, eh? They got like eighteen different terminal diseases in the rotting meat they stuff in their mouth. That's what Komodo dragons.. that's how they kill you, you think they're venomous, they're actually not, what it is.. is they've got this meat in there and it creates these diseases, right.

Well that's what happening in these cities, is that all this meat there and its rotting and they're in like, the mouth of the dragon, y'know. And diseases are starting to spread, now they're turning into real diseases. They got these.. I don't know where these diseases come from, y'know what I mean? But there's lots of fucking airborne flues and other diseases and it's sick. It's unhealthy.

You're gonna get sick and die. "Well I can't leave.. I can't move into the country.." - "Why not?" - "I don't know anything about living in the country." - "Guess you're gonna learn damn quick or you're gonna die in the city."

You take this as a 'put-up or shut-up' for all the Wogs out there. You gonna do this? Good, do it. You gonna pose and sit back and watch? Great. Distribute them and give it to other people who will do it. There are no more victims. We got to keep moving forwards. Oh, and in case you're wondering, my name is Sean Kennedy and I am The Fucking Man.

Patrolling Season 1 Episode 6 (2004)

Excerpts Transcription

Transcribed by avagdu (2007)

4:20 Coffee Beans

These are fairly traded chocolate covered coffee beans from justuscoffee dot com. Chocolate covered coffee beans are the Wog food of choice. Why? Because they actually have negative calories. They make you go fast providing the sugar to let you carry on to achieve your objective. Very, very handy snack, highly portable will fit inside any of your gear. Do not use it as a stimulant for more than three days or you will begin to hallucinate.

4:40 The Kung Fu Outfit

The kung fu outfit. Yes, the beautiful and famed Sean Kennedy kung fu outfit. "What is the point of the kung fu outfit Sean?" Well this is several thousand years of Chinese engineering to make the most comfortable clothing possible for daily wear. Now when you're inside your own home, you have privacy. Which means you could walk around naked if you wanted to, the problem with walking around naked is I do not possess as much body hair as my ancestors therefore you get cold. Now you could turn up the heating in your house and then walk around naked, but again it gets expensive.

And furthermore Jehovah witnesses come to the door and they get somewhat distraught when you answer the door naked. I don't know why they do that, because you are in your own house and you should be able to answer the door naked. However, apparently a lot of the christian organizations don't like naked people.

So for those of you wondering why the kung fu outfit is an accessory I choose to employ, that is what I use as my 'house clothing'. House clothing is a tradition which is oh, probably from the 1930s and prior, whenever people would be in their homes they would have 'house clothing' they would wear around the house. This shows that now is a relaxation time. Your home should be an area for you to relax.

You shouldn't have to 'go out' to relax. Why would you need to go out to a club where there's driving music and you can't hear anything and you're fed alcohol to relax? Ridiculous. You should stay at home and be able to read, you should be able to watch films, you should be able to enjoy media that *you choose* to. And to do this you should be as comfortable as possible.

I highly recommend the kung fu outfit to anyone who is looking for something to 'loungue around' in. Instead of track pants or clothing that has logos on it and things like that. So, I have chosen to don the kung fu outfit. It allows me a complete range of motion while remaining comfortable and somewhat stylish.

6:18 The Wog Cut

Right, now the thing is we have the problem of hair. I specifically have a huge problem with hair, I mean look at this, this is a.. this is 'fro action on the go here. So I've been thinking about the haircut. Now the haircut is the greatest rip off there ever was.

I mean you're paying.. even if you go to some bargain joint, you're paying eight bucks for someone who's like y'know, half retarded cut your hair. And they're going to mess it up and you're gonna go pay another eight bucks or probably sixteen bucks to get somebody to fix it.

I mean how many people have done that?

So you know what? I think that haircuts on the whole are nothing more than fashion. Really, I mean what is the point of having your hair cut? Why not just grow it super long? Well it gets mangy and unmanageable. And actually hair is really dirty. Hair is disgusting. Dreadlocks are sick. There are animals and shit living in dreadlocks. Yea you're all cool and rasta, but your hair is rotting and you're festering like.. shit in your hair, OK so that's not cool. So you got to try to keep the hair clean.

Now I have the worst hair on the planet. Easily. Christian Bale and I.. We have a problem. And that is that we have really, really hardcore curly, curly thick.. like Italian hair going on. On my head, like seriously I could stuff a quilt with it.

So all my life I've been trying to figure out what the best haircut is for me. Add to this [is] the fact that I'm a big geek. So it's really, really hard to come up with like a badass haircut. So I just stopped caring about what other people thought and went with what.. made sense. "What does it do?" You hair is there for a purpose. What is its function? So if you're going to get a haircut.. Why do you want.. So what kind of haircut you should get should be based upon what you're going to be doing.

I, in the Army learned that y'know, hair is a big hassle. You want to be able to get up, throw some what on your face, keep some water off the top of your head and off you go from there. So what they do.. a lot of guys go with the 'high and tight', right? Where they keep it in close around the head. And that's an amazing experience unto itself. Anybody's who's ever.. If you've never had super short hair, I will show you right now how to give yourself a heck of a trip.

The best day to do this is the first day of Spring so that you've got a good summer cut and you can maintain that maybe twice a month. You want to cut your hair twice a month. And that way it never looks like you've had a severe operation. The first time you do it no one will have any question that you've become like.. you're going hardcore Wog, but that's how it works.

Patrolling Season 1 Episode 7 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

"Watch"

3:30

You acquire yourself a watch strap that has a cover over top. Military watch straps have a cover where it covers over the face of the watch. The problem with the Ruper, with the watch strap they issue you, is that it leaves this massive face open for scratching. If you're doing anything, working around concrete on the street, this watch face will get scratched. So you want to make sure you protect that. The best way to protect that, is to get one of these military watch covers.

4:22

OK, after you have the unit installed inside your watch strap, you want to make sure you sanitize your watch strap. Close it up, make sure that everything fits before you begin modifying the watch strap. Put the watch strap on your wrist, take it, wrap it down. You'll see now that the face of the Ruper is actually covered and safe. You got your timings, no problem. See it, lock it back down, it's good.

This way if you're moving, running, running around, doing whatever.. You happen to get into a confrontation or an altercation of some type you're not going to wind up damaging your watch. The end of your.. Your hand is basically your tool to the universe, OK? So whatever is attached to your wrist is going to be subjected to some serious, serious wear and tear.

The importance of a watch and why you need to carry one is.. should be obvious but I'll touch on it very, very briefly. The only thing we have as free people is control of our own time. When people take away the control of your own time, you are no longer free. At that point you are a prisoner. Prisoners are taken, they are told what they do, they do not choose what they do. This is the essence of freedom.

Now if you are a free man and you have a watch, there is nothing you cannot accomplish by managing your own time to accomplish goals which you set in your own parameters. It is for this that a man should be judged by his watch and the gadgets that he uses affiliated with that, [that] will enable him to complete his goals.

The Ruper is by default right now at the cost effective margin I'm able to maintain - the best watch you can purchase. As well, this particular watch strap is made by Mil Spec. It's.. was a six dollar watch strap, I'm in to this watch here for about a hundred and thirty-five dollars. Yet what I have is a personal computer that fits on my wrist that enables me to track all of my scheduling, all of my time, all of my expenses, and let me live how I choose.

"Police"

8:47

Police are not your enemy. The truth of the matter is that most police officers begin their day much like every other person- trying to get to the end of it in one piece. Police officers are generally good people. They didn't become cops because they wanted to be dicks. They became cops because they wanted to help people, because they believe in society.

13:36

Police are good people. Further to this, if you show police respect, you are winning the hearts and minds of the foot soldier of the corporational state. Once police begin to realize that we are in fact the salvation of society and not the degradation of that same thing, we got it made.

“Essentials Bag”

14:00

My name is Sean Kennedy, I am The Fucking Man and today we'll be covering the Essentials Bag. This is not an AWOL bag as may be confused but in fact it is an Essentials Bag. Essentials Bag is your first line piece gear, this is a.. in all honesty, it's the piece of kit that you keep that's a bag. When you don't have your gear that's on your belt this is always what's with you.

OK, you've got your watch, we've already covered that, we've covered getting yourself dressed to a level where at least you're functional, got your keys with you, you're good to go, now – you have to get ready and go on, and almost go outside yet.. we're almost ready to get outside but not quite yet – we've got to make sure we've got our Essentials Bag. Which covers everything you're gonna need in the modern world.

Now Essentials Bags were originally very common, men would carry these bags with them at all times and then somehow through government subversion or perhaps alien implants we've come to the conclusion that carrying a bag with you is somehow unmanly. They're called man purses, european day timers, a bitch bag, things of this nature. This is just simply not true.

You can carry more gear, efficiently – as a matter of fact, in the military, they usually use it to carry gas masks and that kind of equipment. Fortunately, I live in a hemisphere which I do not need to do that just as of yet, but if so it's a small modification to add a gas carrier to this system.

So we'll start off with the actual bag itself. Depending on personal preference, there's two colors I would recommend. The first color is black, these are for your winter months. Fall and winter, I would go with a black bag. And then during the summer months I would go with a tan or cream colored bag. The company who makes both these bags is called Maxpedition.

I was very impressed with the quality of gear and the price of the gear. It's not as high quality item as say like, Eagle Industries or something like that, but it'll definitely get you through the day. You can go with a larger bag, which I have opted for because I can pull it off 'cuz I'm a big guy, or you can go with a smaller bag, now this is a bag that my wife uses, OK.

The advantage of a bag like this is you can carry it with you, it's not a problem, very inconspicuous, y'know you're not gonna notice much. And their tag, luckily is subdued enough that it doesn't really stand out, like it's not gonna get you shot. You wanna keep this strap regulated to a size, now putting it on from this point, the strap should be as long as you are wide around the middle with this particular bag, K.

These are the Versipack line, by the way, that's a Fatboy Versipack and this is their standard leg strap size [Thermite], OK. This one here when you put it on, you'd think you wanna put it on like this, but you can either wear it over top, with the gear on top, like this, but you have a little bit of up and down play when you do that, or what I do, is I run it underneath your essential line gear, so the belt should actually slide up and underneath as such. Pop it up, get the belt up cinched tight. So that way you've got upward and downward force and this hooks around the side.

Now if you're really rocking and rolling, and you don't have to carry much gear, it comes with this leg strap which can be readily deployed without too much problem whatsoever. Cuts in, over top, closes down.. and this is just y'know, functionality of gear, nothing really super special here.

This comes with the whole thing, that's stays on your bag.

Now from here.. that's going nowhere. You could get into a fist fight with this thing on and it wouldn't go anywhere. If you happen to have first aid equipment or stuff like that, this would be an ideal bag for something like that, but I think its perfect for every day use and every day wear. The one flaw is that it doesn't carry enough stuff. That's the reason I why didn't go with it.

Now my wife is of this crazy opinion, she thinks that perhaps I'm a little.. concerned. Well, she might say paranoid about the state of the world and how things are going and stuff, I just think she's just unaware. However, moving up we get to what they call the Fatboy Versipack. Now this one's fully configured and we're gonna be going over this hot and fast.

This one, when you configure the strap, you get it out.. [The bag is] pretty solid, it's got the cool wick, I got a little bit of fray here.. where is the fray, I had some fray I swear to god, I better find it or I'm dead. Right there – that seam popped on me, so boys, your seams are popping down there. But that's only when I machine washed these, so I wouldn't machine wash that.

This goes over top, comes with this handy dandy strap, sits on loose, sits as so. You want this strap long enough so that it goes down just past your waist so if you're wearing your bomber jacket and you zip it up, this is on the outside so you can still get at it. The biggest feature with this particular device is if you sit in a car where you sit down, you can simply move the bag over, sit in your vehicle and you have access to all of your equipment while driving. That's magic. Especially if you're in and out of your vehicle a whole lot, OK. So I prefer this design at that strap length.

Going through the bag, top to bottom. First things first, comes with a key-ring holder, I use this to carry.. what I have just received and I haven't had a chance to get it totally configured.. that's why I'm not wearing them on the set.. But a set of ESS, Eye Safety Systems, ICE 2.4 glasses. Now this unit here comes with, like right out of the box..

Now you must understand, the price tag on optics. These glasses now have become like the crack cocaine of our culture and no one even notices, is how is it possible that a set of frames that look like this.. that really do nothing. I mean “What does it do?” It holds these little glass pieces here. But these were like a hundred and forty dollars, y'know. That's Canadian. That's insane.

How can that be a hundred and forty dollars? There's not a hundred and forty dollars worth of technology in this, that price is completely out of whack. “What do you do, you need the glasses.” Yea, but that's my point. That's a totally unethical thing to do.

So when we get into eye-wear, I went “Fuck the industry.” What I think everybody should do is they should skip to these because this whole unit cost me thirty five dollars American.

This is what you get for thirty five dollars American, you get this handy dandy carrying case that is belt mountable or fastex's onto whatever webbing you got. This is the glasses system, now this is separate, this is if it's prescription, this costs you a whole extra twenty four dollars to get this. Twenty four more dollars and you get your glasses carrier. So this is your total solution for sunglasses and eyeglasses.

I have the yellow lenses on, which we will discuss momentarily, but carried with you, for the bright sunny days you've got extra polarized shields (ship with, no extra cost) and as well, when you're working with the computer at night, you've got the clear see-through so you can get around inside of your own house.

OK, now.. your default lens in any optics wear should be yellow. If you have a set of glasses and you have a chance of whether or not to put a yellow tint on these, you should have yellow tint. The reason for this is as follows: multinational corporations have spent.. I'm not kidding here.. billions of dollars to design advertising which operates on your optic nerve and your mind, OK. It basically takes the images that you see, the color coding and everything.. and it has to keep your attention, they've refined it to a science of advertising.

Communicating the message to you to get the mind-share. One of the ways you can hack anything – you've got to be able to talk to it. One of the weapons you have to work like a firewall in getting their advertising into your brain, is you change the color spectrum, you do a color shift of the color spectrum, you still see everything, but the colors are slightly off. Therefore their billion dollars of advertising is defeated by a thirty five dollar pair of glasses.

And this comes with a neck strap as well by the way, that's all right out of the bag. Now this unit here, everything is still green.. I have sharper, crisper detail and especially on cloudy days and at night it brings things up. You're thinking “Oh, you're gonna be blind..” No. 'Cuz the light reduction is only three percent. I probably have the same light reduction as going through these [clear] glasses. So there.. it's an amazing method of doing this.

Now if you combine this.. and at later times we'll be getting into personal music displays, OK. Like how you want to isolate yourself so you're not completely bombarded by mind control. You combine this with the headphones and.. your music of choice.. you're essentially.. you're immune to advertising. People say “Oh, you're crazy..” Yea, perhaps. But I'm not wrong.

So when you switch to a yellow shift lens it makes a statement about you as a person I think, walking around with yellow lenses. I think it says that you're to be.. you're someone who makes his choices, y'know. He makes his own choices. You walk around with something like this.. “Well, not really Sean, now they're all just doing what you say and stuff..” No, no, no. If you walk around with these for a couple days, you'll see what I mean. Before you buy them, go rent a movie.. go acquire a film 'They Live', yea, check that out. Anyway..

Moving into the bag itself. OK, at the top of the bag, you have a mounting here. This is where you mount your musical device, K. It should have a belt clip, it got two small ones here.. but this is where the musical device would go.

But I don't know enough about electronics to recommend anything right now, so I'm not recommending anything right now. Not having an informed decision, I'm not going to pass that on to you, I'm not going to make some shit up.

When you're out in the wilderness, it will.. by wilderness I mean not indoors, it will rain, elements will effect you. You should always carry a hat. Boonie hats are the best kind of hat in the world. Period, end of statement, that is it. A boonie hat, you can run wire around the fringe, so that'll help you in the rainy season but in the summer months I like the keep the hat floppy, provides shade, and when you have this hat you get complete coverage, this is..

If it did start to rain, you'd be surprised the difference it is to stand in the rain with a boonie hat on, it feels like you're under an umbrella. Outstanding hat, very cheap. Seven dollars. Fold up nice and small, just throw it inside this main compartment here which runs down the whole inside of the bag. In it goes. Do it up, that's it.

Moving up into here, I keep my handsfree system in here for my phone, OK. Moving across the top up here we've got a side pouch you put whatever you like in here, pens on either side, I don't like keeping pens on the outside so what I do is I keep my herbs, the doctor.. Chinese guy gave me.. I keep 'em in there. And I have to take that four times a day for these stupid herbs.. Anyway.

Then we got on the side here, this is actually a pistol mag, which I took a grenade pin and ran the grenade pin through there, it does not come with this pin on it, you can use a key-ring pin, whatever. You hook your finger in there, bang up she comes, keep your cell phone in there.

Now moving into the inside here, immediately you want to get at your wallet. Wallet is an essential piece of gear because we are living in a time now where everyone has papers. And if you don't have your papers with you, you are subject to immediate imprisonment and eventually death. So it's very, very important that you keep your papers. I went with a company called Spec Ops, they make a wallet called the T.H.E. Wallet.

What this T.H.E. Wallet, THE Wallet is.. is it's designed for field use for people who go do a lot of travel overseas. You got a lot of space in there for your items, comes with these two divets and their patented shark bite enclosure. Which.. what that does, I just ran some paracord through it so if you're ever in a really bad situation where y'know, you gotta show your ID cards before you scan into high school, you just put in all right in there and you'll get through the paper work no problem. As well, this wears a little bit over time, so you can't get any crap for hiding your photograph, your photo ID. "I'm wearing it around my neck.." - "Yea, but you can't see it.."

See what I mean, it's a little bit of bait and switch there. You can throw a grenade pin through this one here, or you can attach a watch here, like a one sided watch here, if you want to be able to look down and see it if you wear it around your neck a lot. It's not really popular out in society though they get a little bit freaked out when people start walking around with a neck ID tags, that hasn't come out yet. But you'll be seeing it in high-schools and what not if they aren't already doing it.

You've got y'know, driver's license all the rest of it, now a few of the neat features in this wallet is that in this top pocket here, no it's right here, we've got a passport case, right here. This whole thing is designed to keep a North American passport. So you can keep your passport with you at all times, which means any moment that you have to drop and run, at least you've got your essentials bag.

And in the [T.H.E. Wallet] you've got an extended size wallet case for european bills and a secret compartment here for other documents and papers.

Outstanding wallet - very, very pleased. All heavy cordura, I've had mine for about six months worth of wear, I believe this is the best wallet available in the world today. Moving into the rest of the bag. If you don't want to keep [T.H.E. Wallet around your neck], keep it long enough to go around your neck, wraps around once, works like a grenade pin throw it in your bag, the Spec Ops wallet sits perfectly in this pouch, I've got this bag pretty full.

Moving into the inside pocket. This is a soap dish, inside the soap dish I have coffee beans. This way you've always got a quick way to suppress your appetite so you're not subjected to the foods and toxins they're putting in your food every day. You should always pack your own food, do not buy food anywhere else unless you are absolutely sure where it comes from.

Also in here, spare set of glasses. These are Canadian Forces gas mask glasses, so in case anything were to go wrong I've got an extra set prescription, you can buy these at most army surplus stores, you can get custom ground lenses for them. Always have a spare set of optics if you're nearly blind. They take away your eyes, you are blind, in which you cannot see, you cannot fight.

Also in here I have something which I read about in a National Geographic when they unearthed the lost city of Ubar. Apparently amongst their culture they were quite into sacred herbs. And in that they used a substance called 'navras' during meditation. I enjoy meditation, it's great to do during qi gong exercises things of that nature. So to enhance that point, I use this navras. It is comprised primarily of grape-seed oil and equal parts frankincense, champa, ylang ylang and eucalyptus.

The scent is very distinctive and it smells.. well kinda like sacred sex. Very, very nice stuff. Makes a fabulous massage oil. And it will cover the scent of anything you would have on your breath should you be breathalized. It'll dominate most machines because it is all natural they will not be able to distinguish what is your breath and what is something else because it has no synthetic vapor in it.

Moving into the main compartment of the bag. We have the Field Message Pad. The Field Message Pad is made by Canadian Peace Keeper, as well as Drop Zone and a few others. You can find this on the internet, do a search for 'Field Message Pad'. These pads can be purchased, they are independent, they go inside. This is purely a notepad, that is the whole function of it.

Your pens, pencils, what not remain on the outside. I would recommend a glue stick, a high lighter, black, red, green and blue pen. The inside you would keep photographs you have a velcro patch here which comes for this ID tag you can throw pictures of loved ones, puppies, quadrupeds, whatever you want you can put it all in there.

On the inside I always keep a stainless steel business card case. It's very, very convincing, make up business cards with a false occupation on them. It's interesting when they search you and find business cards that you never gave them that is for your own private use.

When you use the F.M.P. everytime you take a page you fold it adjacently. If I were to use this page I would hold it thusly: over across and down, line it up as best you can.. and up. Or in the other way, on the next page you would go in the opposite direction.

The reason for this is.. if you need an idea or you see something you have to write it down - you would very rapidly grab into your bag, grab your F.M.P. take out your pen, open up your F.M.P. throw open the waterproofing sides, put your finger to the middle – down, up and in. You are on a fresh page – begin writing.

OK, we have creativity like no other generation known. Yet we choose to enslave it and deny ourselves the true essence of our being which is to create art. It's disgusting. The Field Message Pad is the best way.. very, very primal.. very, very quick and easy that gets you to get your ideas down on paper.

Highly recommend them, the evolution of the notebook. In the back we have a calendar – this is a pocket 'minder calendar, doesn't matter who makes it, any pocket calendar that gives you a monthly layout so you see what time seasons, holy days, what not if you're doing any serious planning. [The F.M.P.] sits in the main compartment.

Also in the main compartment you can... there's a lot of space here, this is a drawstring comes out, you can put whatever else you like in there. One of the things I recommend you carry is extra Canadian Forces boot bands. Elastics with little hooks on them. A billion and one uses, I love the Canadian Forces boot band.

On to the side we have the most important thing to carry with you at all times. This is a Global Positioning System. This particular one is made by Garmin. I recommend everyone carry with them at all times. Otherwise you will lose your case and bearing. If you don't believe that is possible wait for the next time it snows. Everything changes, especially if there's a color shift. If there's a major cataclysmic event - smoke, cloud cover, whatever.

You couldn't get around if you couldn't see very clearly so your visibility might be limited by some natural event or fog or gun fire or whatever. If a major landscape changes you wouldn't recognize.. I mean we had two buildings fall down in New York and people said they didn't recognize the place anymore. It's very, very dangerous you can lose your bearings very easily.

So I highly recommend a GPS which also eliminates you off of the grid of a normal tracking system. It's hard to describe where someone is if they are not at an address. If you're not at an address you are off the map. If you think about that it makes sense, you're not at an address you are off the map and hard for them to locate. So I recommend everyone go to a global positioning system.

As well this bag has.. Oh, as well, grenade pin in the top just for easy access so you can pull it out in time of crisis. Now what I would recommend also is if you don't want to use a cell phone and you don't want to use a GPS together there is a unit made which I don't possess yet called a '[Garmin] Rino'.

Very, very high speed piece of equipment it crosses a gigahertz radio and a Global Positioning System. It does have encryption capabilities I believe.. It enables you to track each-other at a party. So if you have a team of six Wogs and you're all half a mile apart you'd be able to see the exact location of that man.

As well, you could give something like that to your spouse on low power in the morning, it'll stay with her all day and you could actually look at your walkie talkie and make sure that your loved one is still safe and fine.

This eliminates the need for anyone else, any company to sell you information about GPS systems and you can now privatize that. No one needs to know where your children are, but you do.

This concludes my lecture concerning the Essentials Bag which all Wogs should have with them at all times. You should not be outside of your house without this bag. If this is outside your house it should be at steady access because this is what you need on a ground level to survive. Varying amounts of cash, but as long as you've got this bag you can survive.

Most people have nothing, you have nothing, there's no way they can carry on with their lives. Some people augment this bag, rather than coffee beans inside that soap dish some people put a survival kit, couple of matches, y'know heaters, flares that kind of thing. This is not an AWOL bag, don't get your gear messed up. You wanna get to.. this is in fact too big, because I don't need the notepad in there. If I didn't have the notepad I could have went for a leg mount option. So I'd actually recommend that over this.. smaller, tied down to your body, it makes a lot more sense. My name is Sean Kennedy, and I am The Fucking Man.

“Control Your Wants / Take Your Money Out Of The Bank”

28:44

Later on in the series here we're gonna be talking a little bit more about weapons. But right now, let's talk a little bit more about the ultimate weapon which is communication and how it effects us. Now you've got to bear in mind that advertising employs communication as a weapon to in order to make you - what? What is advertising's function? What is it? Advertising's function is to fulfill the primary role of the sale. Before a sale must be completed.. because a sale is where revenue is generated.. before a sale can be completed you must generate this item, that item is desire. If no one desires your product, good, service, what have you.. If no one desires them, you cannot make money. So you employ advertising agencies to originally educate the public as to their required need due to safety concerns and y'know, the general sort of role of the ennobling journalist would by default advertise the news. This is what advertising was originally, and then it became this insidious monster which uses psychological warfare techniques developed by the CIA to mind-fuck the nation.

So it appears to me that the moment you control what it is that you want, what your actual wants are, the moment you have control of that, by default.. because you control your wants, you control your purchases. And because of that, your money will increase. You see what I mean? People are always worried about money, we always want more money, right. Well what if.. what if the trick.. wait a minute.. I'm bringing in a lot of money, I mean, I can't exist in this society without making money, unless I'm dependent upon someone else, and believe me that dependent [sic] wants me making money on my own. So what I... what I have to do is I have to get a job that makes x amount of dollars, maybe its a low income job, what have you.. Y'know, supposing you are fortunate enough to live in an area of the country where you can get a low paying job and actually find a place to live, you can still pull it off in a lot of Canada.

If you were to take that income and control your wants.. I don't need this.. I don't need a television, so I don't need any of the big screen televisions because I don't watch television. What about movies? Eh, I gotta laptop. See what I mean? Eventually all these.. y'know, you have to have this to be successful and you have to have that.. and you've gotta adopt this persona of the 'urban buppy yuppie freaky punky goth kid thing wog'.. Because you have to adopt that persona, you have certain wants.

Now, I'm guilty of this too, because I've got all this y'know, army kit and that but you'll notice throughout the whole series, everything that I've expounded.. y'know, it never had a real brand name to it that I was like y'know.. "This above all others.. Y'know.. I will always be a Royal Robbins man.." No. No. That's not the case. It's just simply because their product was good. SOG - they used to make an amazing product, they changed their product line, now I no longer like their product. You're allowed to change your mind.

31:53

But it's the wants on a personal level, what you want right now, that controls.. "I wanna coffee.." So you go pay the four bucks. If you don't want the coffee, then you don't pay the four bucks. You can still be happy, you can still have a life, you just don't need as many wants.

I put it to you actually, if you have fewer wants, you'd obviously be happy, right? "Well if I had everything I want, I'd be happy.." Well that's just it. If you had everything you want, you'd be happy. So if you can't get everything you want, decrease your wants. Mind hack, right? Makes sense. People go "That's fucking the most ludicrous shit I've ever heard in my life Sean, that doesn't even make sense, you can't apply that, that's like some self help bullshit.." No. No. Because you can create a personal formula, once you discover what you want, OK? And there's quite a number of hypnotherapists who would eliminate you of basic wants that are not needs. Anyone of them. You go 'em drop off and say "Listen, I don't want this, this and this.. Can you jack this out of my head for me? Nice." Do it. Try it. Give it a shot.

Should cost you about a hundred bucks. What the fuck, I'm not making any money from it, it worked for me.

So if you can control your wants, your cash flow increases. Mind you, y'know, the corporations will lose their mind, because eventually y'know they.. no one's spending any money and the turmoil of all this y'know, it leads to a recession.. So before.. The money you save incidentally.. you make money right, and people go "You can't.. y'know, do all this kinda stuff Sean, because there's interest and all this.." Ok, whoa, whoa. I make money so what I'm going to do is take this money and get it as money, which is that paper stuff and I'm gonna keep it. That's what I'm gonna do. 'Cuz I really don't have any faith in our... y'know.. We all honestly can't see this going on for another twenty five years, let's be real.. So.. and if it is.. baby, I don't think I want to be involved in this kinda reality y'know..

But I think if you were to take money out of the bank, just take it out of the bank, keep it. Put it in a safe. Get yourself a nice safe, get a hidden safe. Best.

Y'know, keep it there. Don't...don't give the banks your money, 'cuz when you give the bank your money... which is this paper stuff.. 'cuz that's really what it's all about is the money.. when you give them this, they give you a piece of paper with a number on it. And this is not money. They have your money. This is a piece of paper with some numbers on it. "Well they're legally.." No. No. No. No, they don't have.. you don't have... "Where's your money?" - "I have it.." - "No, where's the money, I want to touch your money.." - "Well I can't touch it, the bank has it." - "So the bank has your money, right. So they.. And what do they do with your money?" - "Uh, they pay and they.."

No, no. The bank makes money with your money, that's what they do, OK. But anyway, once you take your money out of the banks, and you start making more money.. eventually if enough people did this.. let's say this for some asinine reason became y'know, a credo..

A lot of people decided they wanted to be Wogs and you passed this around and people learned about it... what will eventually happen is... is that because so many people took their monies out of the banks, the economy would crumble, everything would collapse and you'd bring about the end of society. Even an economist would probably agree with me on that. If everyone just took their money out of the bank. Just go take your money out of the bank. Go take it out. Keep it. It's yours.

You probably worked for it. Y'know, and if you didn't shame on you. But I mean, to some level. So if we can keep a hold of our money, as the actual item - "What does it do? How well does this do this?" Whoo. Money. Nothing beats it. If you can hang on to your money, and control your wants - we can bring about the end of all that we see evil in society. Just like that. Just.. like.. that. It's that easy. Click. And believe you me, when you think about how many billions of dollars the companies spend in advertising.. Check it out, do some research.

Go see what they spend in advertising dollars, my god.. the money.. jesus. And they spend that kind of money, they know that money is covered in blood, y'know. And they know that those dollars are hard earned, the companies that paid those advertising companies, oh yea, they know. But they'll keep paying that because they know how important advertising is.

Because it has to generate desire. No television leads to a greatly, greatly, greatly reduced amount of commercials in your life. Whether you.. "I don't watch a lot of television.." Great, great, great. Why don't you just take the god-damned television out of your house. Just try it. Just unplug it, physically pick it up, take it out of your house. Get the TVs out of your house. Get 'em out. Live like that for a week. Try it. Read. Give it a shot. Start with comic books.

People, once they determine that you have wants, will be able to make money with any of your wants. So the concept of controlling your wants is a little bit more complicated than I may make it appear. Because y'know, we have wants and we have interests, right. We want to learn about.. we want to make the world a better place. Well we.. to do that we think.. we all have a formulaic belief that either through religion or self sacrifice or through science or whatever we will be able to make a difference to make the world a better place. This is what we believe. So that is what we want. Therefore we try to communicate that with others so that they can be like minded and function in the same capacity. That's the general idea. But it's y'know, it's hard. It's very, very, difficult and it's not easy. Because these sons of bitches put so much money into that advertising.

Y'know, go look at Tokyo. There's an advertising saturated city. It's everywhere. Now it's showing up.. You can't even get a bag anymore that doesn't have a logo on it. And if it is a bag without a logo on it in Canada y'know it came from the liquor store. That's my answer. A lot of people point out y'know, problems.. how our society is ultra fucked, which it is. So my answer is - control your wants and take your money out of the bank.

Patrolling Season 1 Episode 8 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

0:30

The AWOL bag. The very definition of what it means to be a Wog. With the AWOL bag you will be able to distribute yourself anywhere in the world with twenty minutes notice to move. The unit itself is highly portable, highly versatile and always ready to go. With the proper configuration one Wog can live out of his AWOL bag for up to three to four weeks at a time, bearing food. It is an outstanding system which can be transferred to any particular bag system.

It is important to remember that this particular configuration is not the only configuration of an AWOL bag. I will give you my reasons for this configuration, please feel free to adopt your own procedures and your own kit. This is an expression as an individual and you and your own strength and talents will have your own individual needs.

2:33

Technical Specification File Number 026 AWOL Bag

The AWOL bag is comprised of two separate units which combine together for the ease of transport. There is your MOCC bag and the AWOL bag itself. The MOCC bag will be covered in a different segment. This is the Mobile Operations Command Center, that's what MOCC stands for. Up here the AWOL bag, AWOL bag comes from the term Absent With Out Leave, AWOL. This is what you grab when you got to get out right now. Also called a Bug Out Bag, is another common term for it. In this segment we'll be covering the uses and deployments on how to pack an AWOL bag.

The AWOL bag itself is the key component part that holds everything all together. The actual bag is a combination of just smaller packages. Just as a person is a combination of arms and legs and what not, an AWOL bag is component parts put together.

The first component part you have to decide upon is what kind of bag you wish to use. Now after a lot of deliberation - and I mean a lot of searching, I wound up choosing this particular bag. Now this bag here was from the Royal Marines. It is a ruck sack, I believe its called a clamshell ruck. And this particular bag is the same bag that the SAS use while doing urban operations. If you want to try to find this bag at an army surplus store, I picked up this bag from Dave's for a hundred and fifty bucks.

The strengths of this bag is that it is compressed, its designed for use in airports, you could walk around no one really looks at you oddly because you've obviously got just this little civilian bag here. It's just a regular little satchel, no problems whatsoever I'm quite sure I could breeze through any airport of my choice. However, once you deploy to your zone you're able to then turn this bag into the AWOL bag itself.

The bag has transforming capabilities in that the.. this side here flips up and can be rolled up as such. The straps are then tied off on the bag as such. This is important that you want to keep all your backpack straps in especially if you're doing international travel, because airport baggage conveyor belts eat backpacks as a major staple in their diet. As a matter of fact they have to destroy over three thousand backpacks every year in order to keep the airport open. So make sure your backpack is not one of them.

If you were going to modify this bag I would definitely recommend putting in buckles here so you could quick release but other than that the design of this is pretty solid. As well, if you're so inclined you could muscle out this waist strap they put on it here and put on some attachments here like for PALS webbing or what have you. But it's a very, very good system.

So can either wear it as a backpack like this, and again, it's quite small. Here.. I mean just worn like this, you could use it as a day pack, you could use it as a patrol bag just as such, or what have you. It's a great bag for that. But for the AWOL bag you're going to be carrying a lot of gear. Now the name of the game is compression. Because compression eliminates unwanted space and gets your package smaller. OK, you've got to get everything nice and small. The more a bag can compress the better it is.

If you do not feel that you could fill a bag up with rocks and throw it around your yard for an hour – the bag is useless to you. Travel of any kind is unbelievably hard on any luggage or equipment, especially backpacks. And you have to be very, very careful with the backpack you use. Because if you get the wrong one and you wind up in a bad situation overseas or what have you, you haven't got a backpack and you're in it pretty deep.

Military kit is trained designed by professionals for professionals, so that's why I'd recommend this. Now, this bag here, you can't really see it. On the inside here if you get in close, you'll notice that first of all - the zippers are covered with a waterproof membrane. This is actually waterproof not water resistant because the inside of it so it keeps your gear dry. Never believe that something is waterproof ever, always put redundancy in waterproof systems.

This unit here, this is your internal frame, and it's an aluminum frame backpack that's on the inside. You must get a backpack with a frame in it. If you do not have a backpack with a frame in it you're basically just carrying around a glorified purse. You got to make sure for your AWOL bag you have to have a frame. Y'know it costs a lot of money to get one of these really high speed backpacks, you can pay upwards of a thousand dollars, I believe there's military kit for sub two hundred dollar range which will do exactly the same thing.

Now inside of here you have the two side bags. And this again expands out. It's all modular. Technology now is moving towards for the modern soldier a modular system. If something is broken, you just replace that module. So the advantage of having a modular backpack is that if you're carrying little gear, you can still take your complete backpack with you where ever you go, and as you pick up more equipment if you're on patrol, out and about, doing some shopping, buying groceries, whatever – you can simply expand your backpack and there won't be a problem. Once the side pouches are on the bag you can either carry it as a duffel bag, the straps all fold up or you can wear it like a pack.

Now in your AWOL bag the first thing that you're going to need is a full complete change of clothes. No matter what happens, an AWOL bag is there in case everything's gone sideways and you need to be able to move so you need at least one change of clothes at a minimum. Your change of clothes should consist of a shirt - t-shirt which can be used as an undershirt, a set of underwear, your dress shirt and a set of functional pants. They should all be civilian in nature.

There is no Canadian airborne regiment so this is obviously a civilian shirt. Here we have blue under armor, I mean what soldier is going to wear blue underwear? You have an obviously very civilian Hawaiian shirt here, and of course the Canadian military has gone away from these combat pants so these are now civilian pants.

Oh and as well, blue socks. Who in the world would ever suspect such an individual?

Now the way you wrap all this together of course is you take.. especially with the Canadian combat pants which is why these are desirable. You take your boot bands, make sure they are all there, lay it all out, fold it so we've formed a fairly straight line, tuck it all in then take one leg.. take one leg you fold it out to the side like this. And you fold this back down. Now you start from the bottom here and you roll your way up, keep it nice and tight the whole way. Try to keep this width the same the whole time you're doing it.

Once here you take the pant leg and you reach inside as such and that goes over top and this gets pulled down over the entire garment. Now the reason for this is it decreases size, it's compression, and if this should get wet you are only getting the bottom pant leg wet before it soaks through all the other layers. So even if this was immersed under water for a few moments if you were to drag it back out it would dry out much more quickly when you put the clothing on. Once together the drawstring in the bottom cinches up and you have a complete change of clothes ready to go.

You're going to be needing your survival gear. Survival gear should be kept in a container, this is your micro devices, these are things like fish hooks, sewing kit, that kind of thing. I'm using an ammo can for my survival kit because I'm planned to be out there for a while, so you have to make sure you have a container that's waterproof and air tight. We'll be covering the contents of the survival kit at a later date.

Also in here, you got to get up every morning so when you want to get up every morning you got to keep your hygiene up. Hygiene is unbelievably important. If you become dirty in the field it promotes disease. This is why short hair is great because short hair is very hygienic, its very easy to clean so you must have an ablution kit. This is just a shaving kit case where you keep your soap all that kinda jazz, where.. your shaving materials, all that. It all fits in one case. We'll be going over that at a later time if there's a call for it.

I have here – a towel. Which, anyone who's ever read 'The Hitchhikers Guide To The Galaxy' will tell you that any AWOL bag should have a towel in it, absolutely. This is a disgusting civilian towel which is some sad shade of green. I've put two Canadian forces boot bands around it to try to make myself feel better but alas, I cannot actually find an issue towel. I am sorry.

Moving along, we have a 'ranger blanket'. Now the 'ranger blanket' is not actually called a 'ranger blanket', it's actually a poncho liner for an American [military] poncho. Of course you use the Canadian forces boot bands on it to keep it closed but this blanket is so incredibly light weight and so incredibly warm, that in a lot of certain situations you can just use this as an emergency blanket to shield yourself from the cold, what have you, if you're with someone or you possibly have refugees or whatever that you're trying to look after this will keep people alive.

I have personally, having only this blanket over very minimal clothing, and in as extreme temperature as minus fifteen to minus twenty and I have found that this blanket has been more than adequate. If you use this in conjunction with a goretex bivy bag you could almost go to minus fifty - it's pretty amazing, provided you don't have wind. This is an amazing piece of gear that is surprisingly inexpensive. You can pick this up at any American forces military base, it will run you about forty dollars.

The only thing you that you do have to do with it.. is it is a little hard because it is so light weight is that it can be hard to roll up. The proper way to fold any large item is as follows: take the outsides, move to the middle. Always. Outsides, move to the middle. Is this small enough? No. Outsides, move to the middle. You can create a little bit of overlap because this is such a lightweight material.

That's about the right size. You fold one end in as such, you start on the opposing end and roll up. It's helpful if you have a friend who can stand on the other end, in lieu of that you can just roll really, really tight, keep most of the tension here. If you have a barracks box with you can clamp your end of 'ranger blanket' to your barracks box and you can get this surprisingly tight. If you have enough boot bands, there are people who have actually played football with a 'ranger blanket' for improvised sport munition.

Once holding as such, it's easiest I find, plant it here [between your legs], take your boot band throw it around and do it up, there that will hold it, keep the tension on. Spin it around, whip yourself in the legs really hard, and then do it up and you've got a contained unit here. The 'ranger blanket' when put together with the boot bands around it is unbelievably light and weight is always your enemy.

Back over here: we've got our towel, our ranger blanket, our change of clothes, our survival case, we have our ablution kit. Now we're going to get to our more sensitive electronics. You're going to need some communications gear of some type. This is your standard no-name brand.. this is your standard gigahertz [two-way] radio, you can pick this up anywhere, it's important to have because a lot of people are using these now, a lot of Wogs have started taking these radios out and about with them just to see if they can randomly jump on to another band and communicate with them. That is why radio procedure is so important as well.

If you don't have a walkie-talkie you must have some method of 'comms'. Be it GPS sat[ellite] phone, or you wanna have your cell[ular] phone or you want to have a ham radio with you, you want to have something that gives you long distance communications. You must have comms, OK. And especially if you're part of a group of Wogs you must have the same comms and have preset radio procedures so you can communicate with each other in case of a major, major event.

You want to have also.. a secondary set.. this is not the set that goes with your essentials bag, this is a secondary set, completely independent.. of your eye wear. If you're happened to be as genetically dysfunctional as I am, where you have to wear glasses, you want to make sure you got as many extra pairs of glasses running around as possible.

To receive world broadcast in case things have gone surprisingly sideways, and to make sure you're even on the same planet if you suspect you may have fallen into a dimensional rift.. this is a small short-wave radio. This one here happens to be made by Grundig. I picked it up for about forty bucks at my local big brand, big box, you know sorta, multinational corpolitical y'know, slave wage electronics store would have something like this.

You want to have a set of bear guard or bear spray, capsicum spray. This spray to handle any wildlife, with two or four legs that happens to give you problems.

This here is an extra timepiece. Now this particular one is very, very handy because this is an old Casio Pathfinder which has a built in compass. You should have a manual compass in your bag.

You should have a manual compass, but if you don't have a manual compass you've got to 'push with the cock you've got'. Make sure that you get yourself a compass of some type in your bag.

You want to also keep an extra wallet. In this wallet, you wanna keep a thousand dollars cash. And it should either be in American funds and as well, if you have the money it's always good to have small gold coins. That's what a lot of special operations do when in foreign countries. You should have your travel documents, any essential ID to have, if you happen to have ID with a collection of names on it, have that ID in there too. This is your paperwork, in one location, ready to go in twenty minutes.

Beneath this we have a laundry bag. It's just a net mesh bag, but you'll see how that's used when we actually pack the whole thing together. Down here – this is your webbing. Your webbing is kept in your AWOL bag because you can't really wear this kind of equipment in regular everyday civilian use, people get really too excited. This particular model is a rip-off of some South African webbing, which is for load bearing in the desert and what not. This is nothing more than a collection of pouches. We'll go over how to configure this at a later time.

But it's important to have either a vest or some webbing or something that fits on you that you can put on a lot of equipment to carry with you. Remember – wherever you depart from with your AWOL bag you may not be returning to ever again so it's very, very important that you take only the most essential equipment with you. This has the ability to gather more equipment and bear it with you on your body. So this is why you wanna have some webbing. I chose some South African webbing, that may not be what you go with, there's lots of different ideas. Do a lot of research before you decide on webbing, there is no golden rule of webbing that is the best, that's a myth. To try to make a general issue load bearing system is ridiculous.

Down here we have something that every Wog should have with them and readily and easily accessible, this is a first aid kit. I've taken a Canadian forces C-9 pouch and put the essential first aid gear in there. You can customize your first aid kit to how you see fit, but keep it small and light. Don't be walking around a trauma kit on you.. 'cuz you got.. you don't have the time. You've got enough to look after yourself that's about it - one Wog, one kit.

A garbage bag. I would probably carry two or three of these. But it's important that you have at least one ready to go garbage bag. And I'll show you why when we begin packing.

Now in here I've got a laptop. Now you want to get yourself an old laptop – laptops have come down in price so far now that you should be able to pick up a P[entium]-2 266 [megahertz] laptop for probably a couple hundred bucks. There's nothing wrong with that unit. No you're not going to be playing any games on it, but you need to make sure you keep your documents and settings, anything like that that you want to keep a hold of for communications when you set up your mobile operations center you want to keep that with you so the best thing to do is keep the most recent data backup.

[Ejects disc tray] Inside here you want to keep the most recent data backup you have on either DVD or CD, however you can compress it down, there's all kinds of ways to make a complete system backup for the one in your house. Chances are if you're going AWOL and you've got to get out now – make sure you destroy all of your data before you leave. Don't leave data lying around. Don't be a data litterbug.

If you leave your house and you're not going back there, somebody else is going to move into that house, they don't want to bother to format their computer, you might as well erase all the data on their computer. That's just being.. y'know, don't be a.. don't be a 'buddy fucker'. Y'know? Really. He's going to be getting a nice house, nice computer, it may as well be clean and ready for him to use. So just keep your data ready to go.

As well on the front here you want to make sure you keep all your various laptop accouterments, you wanna have your wifi setup, you wanna keep anything you need, your extra CDs whatever, they all fit inside this particular pouch here. I've attached a really, really, pathetic Canadian forces butt pack to this particular laptop bag and it gets the job done.

To go with your complete set of clothing you want to make sure you get yourself a pair of footwear. You'll notice that these are not boots. These are some cheap no-name brand, like twenty dollar special, made in some sweat shop in some foreign country by some kid who has to piss in a bucket. These are nothing more than lightweight extra footwear. You can use sandals, you could use those aquatic sock things that surfers use, another really popular thing to use is rock climbing shoes.

Because they are fairly inexpensive, they are less than a hundred dollars and they give you a certain stealth capability when you are working with minimal conditions. The way you pack your shoes is you put toe to heel, compress down, [tie together with boot bands], and unfortunately shoes by their very nature are hard to pack, so that's why I've gone with these ones. After much delay, the shoes are together.

Moving down, another garment you want to have with you in your AWOL bag, and this is super important. You can do what I did and I would steal your buddy's gloves [laughs]. This is a set of kevlar lined gloves, there's all sorts of companies that make really decent gloves, go online - look for 'tactical gloves'. Some people are really popular with the puncture resistant ones, so you don't get plague from people who happen to have it that have needles and spines and every thing, no you wanna watch that.

But whenever you are dealing with any kind of physical confrontation for the kind of things that Wogs get involved with they got to be tight fitting, you got to be able to move. I personally prefer gloves without fingers but if you're going to be going into a situation you are not aware of - protection is always best. So you want to make sure you use water repellent to treat the outside of your leather gloves to keep them water repellent, because you don't want whatever you're touching or dealing with coming in contact with your skin - because it can kill you.

As well, if you can get puncture resistant ones, remember you're going to be wearing these for a long time, so your hands have to be able to breathe. It's disgusting when your hands get super sweaty and can lead to the inside of your gloves getting dirty. If it's not loose and in layers, it should be breathable.

Now in the AWOL bag you need a tool. And the tool I have chosen to deploy in the AWOL bag is a tomahawk. Tomahawks, we'll be covering in a later segment, is a tool which you would use for both hammering and chopping. In the field there's a million different uses for a tomahawk...

[on screen - AWOL bag: to be continued..]

18:30 Edged Weapons

According to the worst case scenario daily calendar, what is taught and sold in general mundane media, is how to foil a UFO abduction: Step 1. control your thoughts, do not think of anything violent, upsetting. The extra terrestrial biological entity (the EBE) may have the ability to read your mind, so you wouldn't want to piss him off. Resist verbally. Firmly tell the EBE to leave you alone. "No, go away". Resist mentally.

Picture yourself enveloped in a protective shield of white light or in a safe place. Telepathic EBEs may get the message. That's right, picture yourself in a white ball of healing light. Your fear, the fear itself, is a white ball of healing light. I don't think so. As a last resort, go for the EBEs eyes. You will not know what its other sensitive areas are.

Well that's just not gonna cut it for the Wogs, so we're going to be discussing the smaller edged weapons variant for personal defense against extra terrestrial weapons. You must understand that when investigating anything to do with the paranormal, we must eventually come to the realization there's a very strong chance that anything that is out-world related, be it extra terrestrial, inter-dimensional, something to that effect - they could be nasty.

In fact, you cannot deny the fact that all of life is based upon conflict. One bigger thing eating a smaller thing. Be it fire, be it fish, be it whatever y'know everything always eats something. So man has no natural predators that we know of, but I think we may just have that. And on the off chance, which is probably very likely, that supernatural creatures are in fact out to kill us, eat us and take our planet – we must be able to defend ourselves and our families.

So from that, we're going to be going over some pretty standard edged weapons and other variants that you can use. In my own personal opinion what I think might be a consideration for you to consider. Now what we got here, is starting with your traditional means of defense. You got your throwing knife, you got your shuriken here, now these.. the throwing knives are largely just for show.

When you start dealing with knives and axes and stuff you're getting into.. before the gun was created y'know for several thousand years it was all about the steel. It was all about the sword and the blade. That's what ruled the planet. And when you run out of ammo your gun's a fancy club so you got to be able to go to something that's a backup. Now naturally you can't walk around with guns, because well.. that's illegal. But you can walk around with certain knives provided you have a reason to carry them.

Getting into this sort of.. this is kinda my own selection. I'll just point out the pros and cons of each. Every one of these is effective, you must bear in mind there is no one ultimate knife. You have all these guru's talking about "Oh, this is knife is good for this and that knife is good for that..". You gotta base it on size, body type, strength, mass.. You might be able to give a guy who's six five and three hundred pounds a massive battle ax, but you give the same thing to Cimm - and he's dog food.

So what I'd recommend is finding the right thing that works for you and that's very, very important. Starting with the beginning you've got your daily carry. Which I use a folder. Everyone should have a folder with them at all times. It's not just a weapon, it's a tool. Mine's a Striker, already talked about it, very good knife, there's lots of folders on the market.

But if you're going to be going one step beyond, if you're going to be actually investigating the paranormal and you believe that you could be running into a conflict there's a few things you want to think about. Cold Steel made a sanitized product, this one's made by Cold Steel, this is a tanto, but you'll notice that the tip is gone, that's because this is actually made out of plastic.

Well not exactly plastic, it's made of a substance called Zytel. Which is forty-nine percent glass. It's like a fiberglass resin combo. You sharpen it with a nail file you can get off of your SOG [multi-tool]. Just take up the edge on it. Very, very efficient, won't get picked up by metal detectors. This is very handy if you're going into night clubs that you believe could be run by supernatural entities.

Then you got your.. the standard fare push dagger. This one's got a MicroTek clip on it, which you can pick from Tek-Lok... again, four inch blade on it. Also made by Cold Steel. Great little knife, but again very small concealable, but you haven't really got the punch.

Moving up though we move into the Robert Tazulu (sp?) line where you have the Cuda's (sp?). Now this is a designed fighting knife. And a lot of people would say that these knives are amazing, "look at this look at that.." y'know they have all these features that they talk about but the problem with the new modern edge fighting knives is none of them are battle tested. And you cannot get away from stuff that has been battle tested.

Battle tested.. kydex sheaths, all that stuff. None of it's been battle tested. People use leather sheaths because they're quiet, because they protect the knife. These [kydex sheaths] will actually scratch your blade, so there is certain pros and cons to going with new technology versus old technology.

When we get into old technology the king of the edged weapon world is the khukri. Designed and made by the Nepalese. This is a Himalayan imports khukri which I have sanitized. It was made by this little fella' here K.S. it's all hand stamped, hand done, it's a quarter inch thick. I mean look at the thickness of that spine. When you compare y'know, hand made weapons versus factory weapons, look at the difference there, OK?

This one here is an eighteen inch 'Ancola' (sp?) which is their heavy variant, it's exactly the same size as the Gurka's used in the second world war. And in the land of doing supernatural exploration, generally, now just purely for supernatural combat now, I would say, in close quarters that the khukri is pretty much king. Gotta bear in mind, any entity could be involved, you could wind up rolling around on the ground, this gets a little bit nasty and you have to invert and you're doing lots of this stuff [pantomimes] and you gotta be careful because this is very, very heavy. It's designed as a chopping implement as well as a weapon.

So it's kinda a gladiatorial thing. But on the whole I used to think this was the best chopping implement ever but again, it comes down to personal taste. Now the problem with these is that they're heavy. And weight is a consideration when you are doing anything to do with.. well you've got to hump the kit in right, you've got to carry it down a cave or a plank, you're going through a house, I mean y'know all your kit weighs something. And this thing is heavy which slows [you] down. And whenever you're dealing with any kind edged weapon you gotta remember 'speed kills', speed is efficient.

So when we turn the way back machine, you start looking at different edged weapons and what not. What I think is probably the fastest edged weapon you can make.. it'd probably be.. I'd have to go with the tomahawk. And the U.S. army rangers also agree with me, because they still have tomahawks that their troops carry. They are not issue but a lot of guys carry them, they are allowed to do it. That's from the U.S. army rangers, the [Rogers'] rangers, in their first set of orders it says "always keep your tomahawk sharp" (sic). And I believe that tomahawk's are a very superior weapon.

Now this is a.. this is one called a 'M&W Canada Black Hawk' tomahawk. Very, very inexpensive. You can get these tomahawks.. Cold Steel makes a variety of them.. off of eBay, you can get 'em for less than fifty bucks. It's very, very lightweight and it can be thrown. Now when you throw an axe it's not like throwing a knife. Incidentally, there's no such thing as throwing knives, you can throw any knife, OK. Some knives are not designed to be thrown, why would you throw your knife anyway, because then you're throwing an item away.

A tomahawk and a khukri, comparison between the two. The khukri is.. has a larger cutting surface and it'd be good depending on how you're doing your fighting style.. I mean some people say "I'd use a tomahawk and a khukri.." I don't know, I think that's getting a little excessive, you can only carry so many bladed implements. But when you throw them you never.. you actually.. it's a.. the only way you can really do it is to throw it. Y'know you got to build yourself a little target, go outside and start screwing around, OK.

When you huck it, you want to bring it over top as such and you let it go here so when you release it, you become aware of how it spins and moves forwards. You throw a khukri the same way you throw an axe. You do not throw a khukri by the blade you throw it as such and when you release you're releasing it here, not like this.. like here, so that you open your hand and then it gets out of your hand. [Release khukri with your arm horizontal and the blade vertical and perpendicular to the throwing arm]

So you can get a lot of force out of a khukri, I wouldn't recommend throwing them but they can be thrown as an improvised munition. At this range you've got a solid hit with your tomahawk and they are designed to be thrown. So you can get.. and your maximum effective throwing range.. I'm maybe thirty feet from that target, if that was.. like either an EBE or an out-world entity or whatever, you've got an ability to engage that target at that kinda range. And then you can close with the khukri. Now that's an idea, but you don't want to be carrying two things. Now the khukri can be thrown the same way.

The added bonus of a tomahawk over a khukri, is that the tomahawk has a hammer edge which is designed for hammering. So you never really think about it but if you've got to go through a doorway, you've got to break locks, you've got to hammer things, you've already got a built in mace designed for that purpose.

The tomahawk is battle tested. The indians killed hundreds and hundreds of settlers with these things. They're outstanding for hand to hand combat. They're lightweight, and you have a tool as well as a hatchet, as well as a weapon. So in my opinion, I believe the tomahawk to be superior [than] the khukri for its versatility. But as a purely combat weapon, the khukri is probably better. For carrying purposes, I recommend the tomahawk to Wogs. But now what kind of tomahawk do you use?

If you go to these companies like 'RJC Forge' or 'American Tomahawk Company', you're paying four hundred dollars for an axe. Not really the way I'd go. I'd go with a wooden handle, however.. which can be easily replaced, because you are going to crack the handle off while practicing.

Now there is a couple different guys who decided to make a combat tomahawk. There's a fellow who cooked one of these up, and this is what the head looks like.

Now this was the Vietnam era issue tomahawk. I believe the guy's name was Langolier or Langola or like L something. Definitely Vietnam tomahawk. What he had was he put an edge here for catching so if you were ever working with anyone and you had to trap them it catches and you can drag them in or what have you. You've also got the spike on the other end, y'know for going into heads and stuff and you've got of course your little bit of peak and you've got your cutting area here.

This is a combat tested tomahawk and it was very, very successful. The problems of it are that the handle is very, very narrow, although it is lighter than the other tomahawks it cannot be used as a mace it is purely a flesh chopping tool. And for this reason I prefer the older tomahawks which have multiple function versus the pure combat tomahawk. Again, this is my only point but you think "Well, why don't you just get a hatchet?"

Well the problem is when you start getting into hatchets, you get things like the East-wing Camp Axe. An East-wing Camp Axe, this is an eighteen inch hatchet, right. But you think "Wow, that's the perfect tomahawk ever.." The way it's constructed is all one piece of steel. Steel right the way through down to the handle the whole nine yards and you just paint it black to subdue it. You've got this massive edge here, if you wanted to be creative you could grind it you could sharpen on this side, y'know you've got this amazing tool. Problem again becomes weight.

Because now you've got something that has more functionality than a khukri but weighs as much as the khukri. And you've got the same problem. So you've traded one problem for another problem. If you don't mind the weight, if you don't mind the weight and you're going to be only at a fixed position or something like that, absolutely, you cannot go wrong. And I think you should always have a camp axe in your car. But we're talking purely as a carrying tomahawk these become too heavy. So in my opinion, rather than spending big bucks on some production weaponry tomahawk I think I'd be better to just jump on eBay, spend forty bucks, get a Cold Steel or a Black Hawk or a Rifleman's Hawk or something to that effect, there's all kinds of tomahawks out there that have been completely tested and tried and true. That's just my opinion though. My name's Sean Kennedy and I am The Fucking Man.

...

28:32 Crazy or Clone

OK, I wanted to talk about the whole "Do you wanna be a crazy or you wanna be a clone?" Y'know 'cuz let's get right down to it. Let's cut through the shit. There are two kinds of people in the world. People who see things our way and people who are clueless. And you can apply this to anyone and that's not even half as militant as it sounds but.. It's like there are people who understand what's really going on. Y'know, that the government is corrupt, that there was no plane that hit the pentagon.

Y'know they know the truth about.. y'know they can't prove it, they can't point to it but they generally know the direction.. Yea, they know the government is totally fucking corrupt. And they are trying to do what they can under the system so we don't all wind up in camps, y'know.

“Sean that's crazy talk..” No, that's not crazy talk 'cuz go take a look at any new prison complex. If that's not an Americanized bigger, better y'know concentration camp I don't know what is. To be honest when you look at the whole structure we have now you can either be a clone or you can be a crazy. And you gotta make a choice at some point about whether or not you're going to fit in.

Because I gotta tell ya there's a lot of benefits to fitting in. Y'know Jesus, I mean if.. Looking back now if I thought to myself “Y'know, Sean - fuck this man. Just walk away, y'know. Just comb your hair and y'know.. Jesus y'know.. Y'know, just go along with the bible stuff for awhile, y'know just go with it. You'll meet a nice girl there and pretty soon you're believing it and you're doing alright.. Got a nice little job, be a bricklayer, be a grandfather, y'know crank out a whole shit load of pups and y'know, die. That's your life. Plunk.”

And then y'know you think about that and you go “that's pretty preferable”. Because everyday when you're y'know labeled a nut or you're trying to be an individual or artistic - it's a trial. Everyday. Y'know you get up and y'know you've got a fresh set of new issues because you don't fit in and people are afraid of you or maybe they are interested in you or they want something from you or.. it's bizarre.

And god help you if you've get a little bit of notoriety too, because then you get people who y'know follow you around and stuff and think that you're cool.. y'know and they want pictures taken with you and stuff which is alright y'know I wouldn't mind at all.. I mean I'd like to have my picture with Christopher Lee. Uh that'd be.. Chris if you ever get a chance to watch this - Baby, I'll do anything you want.. Would you work with us?”

But no seriously like there's all kinds of people who I respect who are entertainers and I'd have my photo taken with them but it's like people make you into an icon and pretty quick you're believing your own bullshit too. Pretty quick I'm sitting there thinking, “Y'know, I really am The Fucking Man, Y'know look at me, I'm the shit..” Right? But the reality of it is.. is it's all y'know just a.. kind of a myth. It's not real. And to a lot of you who see that they'd be like “Wait a minute, what do you mean..” Maybe not a lot of you, maybe I'm being generous, maybe a few of you might feel that way. But everything is like that, y'know.

Marilyn Manson's just a guy. And if you met him you'd be like “Ah.. Well, there he is. He's got long black hair.. Shit - two arms, two legs...” And when you start to realize that and those kinda bubbles get burst y'know where Britney Spears is gonna be forgotten, she's already being forgotten and there'll be the next teen superstar.. It's.. it's gonna come to the point where everyone's going to start to go a little bit crazy because we all realize the bullshit. And everyone's going to realize that they should start being individuals.

I mean with the internet luckily I hung around with those radical loner types. There's an awful lot of loners out there, y'know. All the terrorists are loners. Everyone's a loner. “All those protesters, they're all loners! Five or six thousand loners down there, marching and holding hands and stuff, all loners! Yea.”

Eventually.. Right now in your life you might that you're y'know, pretty beat on, y'know you might feel like you're.. you haven't got a lot of friends and the people you have are kinda online and sometimes it gets scary at night and you wonder "Shit man, what if they're all right. What if I'm just this big geek loser, what if.. what if I'm a freak.." When that happens, you must realize that you're only a freak right now and the younger you are and the quicker you feel that way the more people will be like you when you're.. well, my age.

You see, everybody's slowly going bonkers. Everyone's slowly going mad. And this crazed youth with steel in their face and tattoos and all that stuff well that's the a.. those are all the.. the crazies. They were driven crazy. Because their families were taken away from them by corporations, they were enslaved and they took all their time and no time left for the children so they went insane.

And me? I'm probably one of those insane kids too but I'm more like a try by philosopher type and hopefully the ones that are into me.. Y'know, just in case you're ever wondering.. Y'know, the Wog thing? We don't hurt people. Guideline one. I mean we don't.. we don't hurt people. That's not.. That's not in the rule book. Hurting people is a horrible, horrible thing. Violence to defend yourself is a completely different thing than hurting people. Hurting people is a direct thing. Wogs don't do that. You understand what I'm saying here, it's the intent of the statement. We just don't hurt people.

So moving back to the crazies, the crazies on the whole have been driven crazy.. and this is what all these kids are and all of you watching probably fans of mine are mostly.. all the Wogs are probably considered bat shit bonkers. I mean seriously, if you would call yourself a Wog right now and say "Yea, I'm a Wog." How many people could you point to who would say "Yea, I could see that guy being insane.."

Remember Dave? Dave's sitting there watching me going "Yea, yea I could be a Wog.." You walk around his neighborhood, "Do you think Dave might be nuts?" - "Well yea probably, he spends a lot of time on the computer, y'know.." Y'know, that's.. that's the kind of shit you get. So gradually.. and take heart y'know if you're feeling bad because you feel like you might actually be loony.. No everybody's going loony man, it's not just you. That's why y'know.. people weblog, it's very, very apparent.

So coming back right the way around there to the clones or the crazies. It's better probably to be an individual. Because the clones aren't really a culture. They're fake. They're a produced thing. The Britney Spears, The Brady Bunch, y'know 90210, all that shit. It's all absolutely fake. It never existed.

The Cosby Show, he's a comedian. Never existed. None of it's real. We're the reality. This is where the metal meets the meat. This is where it ends. I decide whether or not I'm going to murder this cow and eat it. Bathe in its blood. I will decide whether or not I will graze upon the foliage.

I decide. Me. Further to that, I decide what I can and cannot put into my body, what I can and cannot put into my mind. But for some reason we deny ourselves that basic right. That basic fundamental right. We always feel drawn to the television. These attackers, y'know these assassins, these y'know merchants of destruction who are slowly strangling everything it is to be human, y'know they're closing in on us.

So nature in it's natural wonder has decided to bring about something like me somewhere down the pipe and all the Wogs. And we're sorta the bit of a kick back for that. So once again, "Clone or Crazy?" Everybody is crazy, some of them don't know it. The people who are in denial of the fact that they are absolutely loony - are the clones. You see 'em everywhere.. they live in fear, it's a horrible state to be in. I wouldn't want to do it myself. But that's just me, y'know. My name's Sean Kennedy and I am The Fucking Man.

Patrolling Season 1 Episode 9 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

1:45

AWOL Bag: Part Two

... Tomahawks - a tool which you would use for both hammering and chopping. For the field there's about a million different uses for a tomahawk. It's been largely forgotten about. The major difference between an axe and a tomahawk is weight. And again, a tomahawk is the lightest version of axe. The weight issue becomes very serious.. the more you go on. So this one here fulfills the requirements, it's very inexpensive, this is not a fighting weapon – it can be used as a fighting weapon but it's primarily a tool. So that's very important to remember. To go with that you can come up with a Calde Ridge key ring solution that you can use to hold your tomahawk, something you can attach to your webbing or belt once you're in the field.

Now near the top of the bag you wanna make sure you keep a hat. An actual black ball cap, not a boonie hat. This is for disguise purposes. Behold how different I look now that I have this ball cap on. Barely recognizable. In fact - if you take a wig and cut it, you can glue hair on the inside of each side of the ball cap and when you put it on, you can put on a dopey expression, perhaps lose your glasses, and you look like your standard hippie.

They like when you look all doe eyed. Y'know.. so this is how you get optically scanned.. just [stares] .. and there's never a problem. Y'know that how you just drift through airport security. No one will notice the bag, just look really docile. You'll be fine. 'Specially with a ball cap on, little quirky slogan on it, something like that, y'know.

Now into the coat – loose and in layers again, so there's two parts of the coat, if you're just cold, I recommend getting a fleece. Polar fleece is amazing. Everybody makes a polar fleece. Make sure it's got long sleeves, have it zip up in the front so you can just throw it on, OK? If I was starting to get cold, "Oh me, Ooh, I'm cold, look at me, all prissy.." Now I'm a little bit warmer now.

"But oh wait, oh it's windy.." or it starts to rain and I'm worried about wrecking my hair you can put on your rain jacket. Now this particular rain jacket I believe is a marine corps night operations coat, I could be wrong on that one there. It's a great jacket, but when used in conjunction with the fleece.. you can use it on its own, if you just need something to get at but when you use it with the fleece it actually produces a pretty comprehensive jacket system.

When you use the entire package together, little bit of extra hair, looking docile, no problem. Walking through the airport, indistinguishable from any other person.. you'll be able to fly anywhere in the middle east like that, no problem.

Now that you have everything as compressed as it can possibly go, you take all your things that are in bags and compressed and - put them in bags and compress them. You take your laundry bag - lay it out. This laundry bag is very, very strong, But the advantage of the laundry bag – it doesn't matter if it gets wet. It's designed to have things in it so it gets wet so this is.. forms a barrier as you pack your bag but you'll see what I mean in a moment.

Take your garbage bag, you place your garbage bag inside the laundry bag. Garbage bags on their own have very little strength but if you reinforce them with the nylon from the laundry bag it gets very, very strong very quickly. Now this is gonna become the sack that all of your gear fits into before you actually place it inside the bag. What we do is, you take all of your gear, you know the size of your bag that you're packing.

You can kinda measure it up, see how things are going to fit in there, and then you have to imagine how things are going to sit inside the bag. This is a rather lengthy process. You have to puzzle it all together so that when you pack the bag everything has even weight – it's not going to be shifting around on you, 'cuz you could be running for quite some time. So every bag packs differently, but it's important that you scale it.

You make sure that you got this here – when you have it all laid out the way you want, this isn't perhaps the way I'd lay it out, but this is an example, lay it all out like this, compress it all down, and you know that it's got to fit in with certain parameters of your backpack, then you slide this bag over the whole top of it, like a snake and stuff everything on the inside so what you wind up [with] is a full bag and that goes inside your backpack.. inside the actual AWOL bag itself.

Now when you have a lot of gear that you're putting in a bag and you're not too sure if you're going to be able to force the whole thing in there, keep your bag at the ready, when you make that logical and very clever decision you're not going to be able to stuff everything in the bag and then inside the other bag..

Take your garbage bag, grab the end of it here, stuff it in the bottom of your bag, the AWOL bag, make sure your laundry bag doesn't flow over the top.. or doesn't get pushed down on the side rather.. and you got your garbage bag here as such. Now at this point here, you've got to somehow figure out a way to weasel everything into this bag, because its going to be sitting like that for quite some time.

You want to keep your laptop readily accessible. You want to make sure 'cuz you're going to be keeping in your backup discs, if you keep them inside the laptop, if not you can just slide in there and slide it out of the top of the bag. I can't pack this bag without having the laptop near the base, so it's a good idea to just throw the disc in the top with the small compartment section. But you'll be seeing that near the end here.

Never be weak with the bag, the bag wishes to master you – you must master the bag. OK..

Now you must never ever have a bladed implement inside of the bag. Because when you're compressing the bag the blade will cut your very essential and life saving gear. So when you have a bladed implement that you want to keep separate and packed ready to go you always put it on the outside of the bag and either use another pouch or whatever to tie it down tight.

What I do with this one is I bracket it in, use the extra strapping, and use the strapping that comes with it to secure it to the bag so that it won't hit you while you're.. basically cut up your gear while you're running around. You'll notice here that I have the blade pointed towards the back and not towards my shoulders when I throw [the pack] on, but ideally you want to build yourself some kind of a custom guard here, so you want to cover that up so while you're in transport you're not gonna cut up your gear.

I always keep my tools on the outside because that's the first thing you need to access when setting up your site. You want to nail down some pegs, whatever you want to make sure you keep your tomahawk readily, readily accessible.

Make sure you keep all of your small items near the top of the bag. Because that's... y'know things like a radio, whatever. You don't want to have to pull apart your entire bag apart. Try to prioritize, last thing you need to the first thing you need, last thing to the first thing you need, that's always the way you pack any bag. Be it your work bag, an AWOL bag, what have you.

Now this particular circumstance, an AWOL bag is going to be in storage for a long time. It's important to remember you're not carrying an AWOL bag around with you. Your AWOL bag is at a specific location should things go wrong you must always be able to get to that location, get your AWOL bag and good to go.

A lot of people keep them in their car. Very, very good idea, make sure you keep it inside the car not in the trunk because it could get mildewed or damaged in the back. So if you're going to drive around with an AWOL bag in the car, put it in the back seat, put the seat belt on it, it's your friend, it's there to keep you company, so you should treat it that way.

...

8:30

Now I always like to keep my fleece and my jacket outside of the waterproof membrane inside the bag. Because.. chances are this is the most common thing you're gonna go for. You wanna keep the jacket, the hat and the fleece outside. 'Cuz realistically, if you're on the run, you gotta move, you got to cover yourself you may as well have your outside coverings very easily accessible at the top. Now that's again, just my particular choice.

I always put my first aid kit as the first thing inside the membrane, that doesn't mean you have to do that OK, that's just the way I do it. It's also a really good idea to take your batteries out of all your electronics before you put them in there, this prevents radios from just starting to play.

This is the AWOL bag complete. Again, a completely non-de-script, very easily concealable bag in a civilian work place. You could take it with you at your cubicle, you could leave it in your car, you could oh take it with you shopping, it's really not that conspicuous. But it's always good to have it nearby.

Because of the weight issue it may be difficult to carry with you but you want to have it nearby. Because this is the object which will keep you alive after whatever's going to happen will happen, and we all know that's going to happen.

Now in conjunction, you have to join this to the second component which is your MOCC pack. Mobile Operations Command [Center]. Now once you have the MOCC pack altogether and you're ready to put it on your device or your bag, a lot of people like to put their heavy items on the top of the bag, so that when they do the.. your heavier area is up on top so it kinda conditions itself more, that's kind of a personal preference thing, you gotta remember on your body type.

I like to attach mine to the top, but in this particular bag because its got the carry straps here it's best to attach it to the bottom. On the base of this bag are some straps designed for attachment. These ones here, although designed probably for not quite the heavy use that I'm using them for, I would reinforce these with bun-gee cords or what have you. These ones are strong enough just for basic attachment to place it here, if I was going to go with any long range rock work though, I'd want to make sure I strap that in with additional strapping that you'd put on yourself. Remember – it's your kit, you should modify it so that it works for you better.

11:02

Food Tray

Hi there, welcome to “Cooking with Sean [Kennedy]” my name's Sean. And today we're gonna be going over one of the most essential things that everybody overlooks. Generally, the days of when you would sit down with your family and eat a meal at the table are gone. The family structure has completely been destroyed, and now people are eating whenever they can, they eat on broken meals, things of that nature.

Now it's because of this you're not eating clean food, you're putting all kinds of toxins into your body and it's just going to build up over time and eventually its going to bite you in the ass when you turn fifty or something like that you have all sorts of cancers and colons and all the rest of it.

So the first step to controlling what you eat is to be aware of what you eat. The way I've done it and the way.. 'cuz I lost a bunch of weight and I'm feeling a lot better about myself.. the way I managed to pull it off that worked for me is I got myself a tray. Which sounds funny but you get yourself a food tray that you load up all your gear on and wherever your working if you're on the computer or your out in the shop or whatever you're doing OK..

You've got to have.. you have one set where you always have it on your tray - it's right there, your tray goes with you wherever you go, and if ever your hungry just grab a snack, you put drinks on this tray, and from there once you have a set location where you keep all your food and it goes with you, you can control the kind of food that's on there.

You look at the food that's on there and go “Wow, I really don't need to drink.. y'know an entire six pack of Coke every fifteen minutes..” Y'know and you start to bring it down, you start drinking more water, and gradually you alter your food so it's healthy food, so you have control of what you put in your body.

But the first step is, I believe, the tray. Trays are very simple, you can get trays anywhere, there's plastic trays, wood trays.. I use like this little Japanese antique one I bought, it's just a simple basic wood tray. If ever I'm working at the computer or whatever.. 'cuz you know what it's like eh, if you haven't got a tray you'll bring your food in there, you put it online you're all doing your thing and then bang you hit something and it goes everywhere.

So it's better if you have a set location you can take with you, you put it down when you're watching TV, bring it up, put it on the floor, and that way when you're done you haven't got wrappers everywhere, and that's a whole 'nother bivouac too, I mean really we throw away way too much, we should have dishes and all the rest of it..

So when you're gonna go buy a tray it should be personal, it should be.. this is your stuff man, this is what.. when you set up your MOCC center and all the rest of it, you might want to bring your tray out there so you got your food, you can pick it up, you can walk around, you can put your stuff on there, you got your grub you can sit down, you can relax.

Some people.. you can get trays that have folding legs on 'em that pop right down, you can be out in the field doing your thing – right on, but you've got to be able to control what you eat, because everybody needs to eat and no one seems to have any control over that. So the first thing I did was I got myself a tray.

Now bear in mind that the best place to go to get any of this stuff is never ever buy anything from sets. Go to thrift stores, don't go to these.. go to like these liquidation places, where they have one-of's, and y'know they have all these different kind of designer places where the items they design suck or nobody bought them or whatever so they have these really weird one-of design things. And you just need to get certain things that you enjoy that you'll put on your tray.

It's all personalized, there's nothing wrong with having personalized stuff. Y'know everyone wants.. “Oh, I just want to be like my neighbor..If I have a power outage I'm really upset, but as long as my whole block goes out of power, then I guess it's OK..” Bullshit. Y'know, it doesn't work like that, you've got to be individual. You are yourself, you've got to be aware of yourself, and what you want, what your desires are and fuck everyone else.

So I use, this is just a basic simple wood tray. There's advantages to wood, to plastic, whatever. I like it because it's kinda retro, I think it's nice. The next thing I managed to get my hands on was this handy dandy stainless steel bowl. I use this as a chip bowl. Your chip bowl.. I mean if you get anything that's.. I like things that are generally a little bit tougher, a chip bowl's handy but the added benefit of this chip bowl is it works with everything else very, very well.

If you have a bowl that you eat from or a plate or whatever, it should be ceramic, it should be hand made and you should know the person who made it. There's all kinds of local potters, there's all kinds of people who are y'know throwing clay, little craft shops, you can get some really cool stuff. Y'know what you should enjoy eating, it's kind of a sacred act.

So what I use is I use a bowl that was made by a lady named Linda Bishop, is her name and I don't know if she's got a website or what. But she's just this little person who makes pottery stuff and it's just a straight up pottery bowl. What I found is cool is that this bowl here fits inside my stainless steel bowl, so that's cool.

When you put your Wog food in [the pottery bowl] you nuke it all up in the microwave and take it out your bowl is ten billion degrees you [put] one bowl inside the other one and you can eat it without burning your hands or whatever. Just an interesting idea, and if you've got two things than fine you put it down you've got your chips there, whatever. So that's how I keep it.

So you got your bowl and of course you want to have a cover for it. Because at the beginning of your day you're going to make your food all at once right and then you're gonna go into where ever your desk is, you're going to sit down you're gonna eat. You don't want to have to keep getting up to go.. 'cuz you're losing time here, you've got stuff to do. So just leave it on the tray. Y'know, put a cover on it, keeps your stuff warm, everything's cool. Really basic, basic stuff.

Now, the spoon. The spoon is the item that is so under rated it's not even funny. Spoons are rad. Because if you need a knife to eat your food you're generally eating the wrong food. Think about it. You've got to chew the stuff up anyway so it should probably be softer. That's why Wog foods.. y'know you've got your ground round, you've got your rice, y'know you've got your salsa in there, you can eat all that with a spoon.

I steal spoons from Earl's restaurant. 'Cuz they have really strong spoons. Like this.. that's a bad ass spoon and a lot of spoons made at commercial restaurants are made thicker and stronger and they're free. So you can get one of those.

A stainless steel measuring spoon. This is for making your fast drink. Because when you measure it out naturally you need to make sure you get four table spoons in there and all the rest of it, it's always good to have a single tablespoon for when you're preparing your tray. You can prepare an entire tray in less than twenty minutes by the way and you'll be able to eat all day off of one tray and have food that you like there.

After that you want to get yourself a nice thermos. Boil some water, put it in your thermos, put it on your tray. The reason why you do that is so that you've got hot water, if you want to take your coffee mug, throw some instant coffee in there, you've got hot coffee right now. Coffee is a funny thing, instant coffee has more caffeine than regular coffee, a lot of people don't realize that, but you got to understand that the way they make coffee is that there's coffee that's lower on the mound that they spray with gasoline and all that kinda stuff, the really crappy coffee has super high caffeine, very low flavor. But you want to use instant coffee and that way you can regulate how strong it is and all the rest of it, very very bad for you but it does make you go fast.

So for a coffee cup I've got one of those little ones that you can like take the bottom off and make your own design. I just printed off my little burning monk guy because I think it's about the coolest symbol ever. And y'know that way you've got a little thermos in there, you can make 'cup of soup' in this, but you keep that there. Usually I keep a package.. I'll drop the dust of instant coffee in here, you leave that in there. When you're ready for the coffee you just pop your lid right, pour it in, you've got your instant coffee you're good to go. Give her a quick shake 'cuz it all seals up, bang – instant coffee ready to rock.

Now, nothing is worse than not having any sweets. That sucks. So I find that sweets make you fat. I've eaten a lot of sweets, I got very fat. So the way I got around that was get a small bowl and fill it up really high with sweets. 'Cuz that way you feel like you're eating a ton, but if you fill up this [chip] bowl with sweets, you'll be fat. So you wanna get yourself a nice small bowl.

I usually eat chocolate. And you must not eat chocolate that has a lot of preservatives in it. Chocolate on its own, like natural chocolate with no preservatives is super rich, gets rid of that sweets craving like that, you only eat like three or four chunks and you're done, OK. Also there's all kinds of really weird kinda properties to natural chocolate from Mexico, like the stuff that goes off in a week? Yea. It kinda has a funky effect. You almost get kinda high off of that sort of chocolate. So I highly recommend that.

And of course you gotta have your fast drink, in a.. all of your drinks should be in sealable containers, 'cuz if you spill it, it knocks over whatever, things happen, y'know your cats messing with you, whatever. You want to make sure you're not just dumping all your liquids over all your sensitive electronics. Have your fast drink with you so if you've eaten all your food and you're still hungry drop the fast drink and you'll take away the pain right, make the pain stop.

As well, no tray is ever, ever worth a damn unless you have a beer. Now again there's a whole selection of beers you can choose from, for god sakes get yourself a beer made in Belgium. Do not drink domestic beer, it's crap. The North American population have no idea what they are doing with beer.

Oh my god, and there's no reason why you have to drink a six pack of beer. If you have to drink a six pack of beer, you're a redneck. So what I would do is I.. y'know if you're going to be out there during the day, you want to have a nice cold beer – right on.

Y'know, why not and it's only four dollars more to get the really good beer, why don't you just buy the good beer. Y'know, I've never understood that – people pay eight bucks for a 'mocha-latta-frappe-whatever-latte' but they won't “Oh that beer is too expensive, I'm gonna buy y'know the 'beer' beer...” For y'know an entire case for two dollars. Well that's got to be healthy. Natural beer is made from like water, barley, hops, yeast. Thanks for coming out. It's actually kind of healthy. You can.. yea I could call that healthy. I could call that healthy. So is red wine. Good red wine.. even well, cheap red wine is better than pop.

Like pop is the antichrist, OK. Any kind of cola is the devil. Especially things like Coca-Cola, Pepsi, Dr. Pepper any of the ones that are like infiltrating our schools and turning our children into mindless drones yea those are evil. So pop is really, really bad. If you don't listen to anything else I say in Patrolling with Sean Kennedy and you give up drinking pop – wow have I ever won.

There's all kinds of better things that make you go faster. Coffee makes you go faster - instant coffee, shitty coffee, whatever kinda coffee you want but for god sakes stop drinking pop. Besides if you get coffee and beer, you get the same effect. Anyway, that's all it is for my tray, that simple, you're ready to go, you've got your gear, head to your study. My name is Sean Kennedy, I am The Fucking Man.

Patrolling Season 1 Episode 10 (2004)
Excerpts Transcription
Transcribed by avagdu (2007)

1:47 “Work Bag”

Hi there, today we're gonna be going over exactly what you need to carry with you to and from your place of work. Everyone always asks me “Sean why are you so into bags? Why are you so into gear and kit and bags?” Well, when it comes right down to it, the things you own should be.. you should put the absolute, outmost thought into them because you're spending your hard earned dollars to buy a product that should be useful and should be able to stand up to some abuse. The way you carry these products around with you of course would have to be a bag.

The final session of bags that you wanna.. the bag you're probably gonna use more than any other bag.. the end all, be all bag should be your work bag. And what I've chosen to employ as a work bag is a Hatch range bag. I find that the range bags look like everyday bags, no one really looks twice at them, they look kinda like y'know the kind of bags someone would carry to and from work, they're not quite as hardcore as a backpack, they're a little bit more versatile than webbing, and they enable you to carry a lot of equipment.

Laptop bags I've found for the most part are a waste of time. If you can skip past that and go with a range bag because its designed to carry heavier equipment, it will last you a longer time. The bag I wound up going with was a Hatch bag. It's made by a company named Hatch. I'm not really recommending you go with Hatch particularly, this was their bag I bought, I got it for dirt cheap, it was like.. I think it was eighty bucks at Dave's [Surplus] or something like that, that's Canadian.. it's probably made in Vietnam or something like that, you can get all political about it but the bottom line is if you need a good strong functional bag for cheap this would be the way to go.

Moving around the bag it's got a lot of really interesting features. It's got a shoulder strap, comes with that is detachable. Which is great, because if you don't want to be lugging that thing around, I'd recommend leaving it on because if you take it off, everyone knows you'll lose all your parts to all your equipment the minute you remove them. So I always leave mine attached.

And it's got of course, the carry handles with the 'velcro strappy' on 'em. I don't even know who started that 'velcro strappy' but I think it's a good idea, generally speaking. Mind you, Velcro's bad because it's loud.. So if you're going to be having it in your car, you put it on the passenger seat, it'll sit very nicely, your seat-belt can hook around it [to] keep everything in place.

Going around the outside of the bag, the things that are open are the things you're going to need first. I keep a lunch, a spare set of food right here. This is a.. what I like to call my 'Afghanistan special', this one here is a menu number two 'boneless pork chop'. I think they should be droppin' these en masse over there, I think that'd be great y'know, they're perfectly useful, it comes with a heater bag. Everything you need to have a hot meal except for a little bit of water is in here. There's a heater pack in here, everything.

So this guy is a number two, and unfortunately.. “the U.S. government property.. it's commercial resale is unlawful..” So you can't.. you can't y'know sell these.. which is kinda weird. Commercial resale.. so I guess if you.. if you sell them commercially, it's bad.

But they sell 'em at Dave's [Surplus] so you can buy them there.

And also you want to have some water. Now a thermos is a very, very handy thing to purchase, you can get them anywhere, you can get really high grade thermoses, I like stainless thermoses, you can.. you can subdue them with colors if you want, paint it matte black.. but always have it full of hot water. Hot water is hard to come by when you're out in the bush, it's a difficult thing to come across, you have to build a fire, you got to get to pots, you got to get the water, make sure it's clean, and you gotta get it hot. But thanks to technology we now have thermoses which will hold more than enough water to make instant coffee, or just in case you need hot water in case you need to wash your hands or in case you need it for sanitary reasons, whatever. Having hot water is always essential.

As well, I work in security, so the only thing that I'm really allowed to carry is a flashlight. Now Canadian law stipulates that security guards are allowed to carry a three cell Maglite. This is it. This is all as of right now, it is 2004, all you can carry at this moment in time. It can't be any longer than three cells long, if it is, then it can be.. they can argue that it's a club and a weapon. But this is what the modern civilian has reduced the armament to in Canada. This is what.. what we're allowed to carry is this flashlight. And even if you have a folding knife, if you can open it with one hand they can claim that's a prohibited weapon. So really, this is it.

This.. this one here you can get for about, oh between thirty, forty bucks they're made in Ontario and in the United States and of course it's a Maglite. Now of course you gotta.. you've always got your LED light on your belt, but having a magnate is always handy because it is heavy, sometimes you need a heavy stick. It's good to have a heavy stick. And they mount very, very conveniently to here. Also ironically enough, I don't have it with me today, but a katana mounts on this perfectly well. Especially if you go with a smaller katana like a ninjato or something like that, it only comes out to about there and Ontario Knife Company makes a combat sword which I have modified purely for my own entertainment purposes that mounts this bag perfectly. For right now, legally all you're allowed to carry is in fact one Maglite.

Over here I've got my LAN cable, 'cuz I use this for my.. you want to make sure you got a cable, everybody brings a wifi card, they bring their card but nobody brings cables, remember your cables. Then you got.. this little unit comes off, this is a.. this is the flashlight holder. So it just straps on your belt, then drops in, made by Calde Ridge, there's any number of these on the market. And in here I keep an emergency road flare.

Flares are great because it's really hard for them to stop working once they start. If you need light right now, and you're outside, like how many times have you seen that happen in movies or what have you, where they'll be outside or something and the flashlight starts to flicker. Y'know, they're investigating something and the flashlight starts to go.. Fuck that. No, that's when you start breaking out flares. "Oh hey, my electronics are starting to go.." let's go with good old fashioned chemical reactions. Really hard to stop those.

And as well, I've got a Canadian Forces boot band attached to the.. a spare key. Now this key here is kinda hidden a little bit, you don't want to broadcast that it's attached to that so you tuck it inside this little slot here. Now that key is for this lock. Now you keep one key on your belt, you keep one key attached to your flare or in another location hidden around the bag in case you need to get into the bag. But sometimes if you're in a location or you're in a hotel, you're in a 'con' or something like that, you want to make sure you lock your equipment.

So these bag comes with extra large rings on them here, where you lock all these little snips together. You take it through there, through there and then through here, right. And you kinda weasel it all up, and you could probably hook another one in there, and just snap here down. And then that's it. It's very hard to get into this bag now. Now granted, they can pick up the bag and they can run with it. But let's say like you've got your laptop in here, you've got some wifi equipment in here, you've got your digital camera in here, you wanna make sure.. you just want to slow them down.

If they are convinced they're gonna get into this bag, I mean it's nothing, if I want into this bag I'm just going to open the bag up [with a knife] and go from there, right. But the idea is to show that the bag is secure and that there's people concerned with security so I always recommend having a way to lock your kit. Kit left adrift, must be a gift. Always make sure that you're gear is secure. One wog, one kit.

Now moving around to the side pouches here, on the outside here they have a variety of pouches, you can configure this anyway you want, I keep a cell phone charger in here, just so you can plug into the wall or whatever, 'cuz bear in mind, if you're at work and something goes wrong.. you're eight hours a day, how long do you actually spend inside your house? How long do you spend near the rest of your kit? So you gotta make sure you got everything you need with you in case something were to go wrong in this one bag.

In the side here I've got a power adapter. Everyone should have one of these, you can get 'em anywhere, Canadian Tire, any one of those little Circuit City stores, takes any car cigarette lighter and transfers it to a.. to a power source, you can use it to recharge your laptop batteries, what have you. On to the other side..

Oh wait, but there's more! Interesting feature about this bag, which you didn't even notice and I didn't tell you about, but inside if you look there's actually a hidden compartment right here where you can keep extra documents and things of that nature in case you've got fake ID or whatever you can throw that down in there. As well in the side here I've got my.. my watch programming case 'cuz my laptop's inside. And I've got a PCMCIA card reader that goes with USB so that I can transfer data with my digital camera. Again, you gotta be.. bear in mind you might not be able to get back to your house to be able to look at images, so if you have to do any editing or email data on the fly you've got to go from there.

Before we go inside, let's look at the other side here, this one's really straight forward, I keep two [master cleanser] lemon canisters here. This was the.. covered with 'Cooking with Sean Kennedy', these two canisters are enough fast.. fast fluid to keep one person sustained for about a day. So with both of these and this pack, and the water you've got enough food here for two days.

So with nothing else, no external source, you wake up in a desert, you've got enough food here, provided y'know heat loss and all the rest of it, but you can stay alive for at least two days fairly comfortably. If you needed to stretch that out, I think there's a.. I can't remember how many calories are in one of these packs but it's designed for a fighting soldier so this is a meal where you're going to be expending a lot of energy.

Inside the bag, the first thing you want to be able to get at is some reading material. I always like to read up on suppressed science, things like that, so I recommend looking at more non-fiction than fiction, but in a lot of fiction authors, like everyone knows I'm a Robert Heinlein fan, things like that.. make sure you're learning something, don't read garbage. Put good things into your mind.

So you've got some reading material, that should be readily accessible, 'cuz again, you should be pretty bored at work. If you're not bored at work, get a job where you're bored, so you can use that time to your advantage.

Also, you're probably gonna get cold. So rather than having a sweater I keep a fleece vest inside my bag here, and it's also handy in case you need to change your look really quickly, it's an instant disguise, I'm wearing a black shirt but if I was wearing any other color.. this thing here zips up, kinda makes you look, well changes your look y'know, right off the top. It's easy, warm, convenient, no problems.

Going back down to the bag here, what have we got? Well, we've got a variety of little things that you'd need. I highly recommend always having some sort of music player. I can't recommend any particular music player so I'm recommending an obsolete Panasonic tape player that's waterproof. Tape players like these ones here were the big rage back in the late eighties - early nineties, and they made 'em all waterproof for joggers, and everything like that, I think they're great.

Inside of course, you just run your tape through your media out into an audio in on any cassette player and you can make your own tapes out of MP3[s], you get an hour and a half of music that won't die on you, and if the tape breaks and the whole things lost, whatever you can replace the whole works for about nine bucks at a second hand store. So it's.. it's a pretty handy.. pretty handy way to go, as well, you have a radio here.

As well as comms, now you got a radio [on the tape player] here, but it's not really designed as a radio.. you've got a good set of headphones that y'know, are fairly comfortable that you can wear a hat with. And I keep myself a little Grundig short-wave radio in here as well. You can never have too many radios. You always got to make sure that you're not isolated, you got to know what's going on around you, people are broadcasting news all the time, you've got to stay current.

As well we've got our laptop accouterments, and replica media. Now this is.. never ever do you carry original media with you. If ever you are out anywhere you want to make sure you never have original discs with you, you always want to have copies. Because software will be stolen, people can seize it, people can take it from you, what have you. You want to make sure that you can lose the software, give the software away, share the software, in case you run across someone who needs it, information should be free, make it free, give it away.

I always keep a coffee mug, handy to have, I usually go with the stainless variety, 'cuz you always kick these around you even got a way to put your hot water in, make your coffee. A couple extra boot bands to lock things together. Inside.. we've got y'know your standard stuff, your wifi card, the floppy disk drive case, usual.. everything.. 'cuz people always think about the laptop.

“Look at my laptop case..” Well, how much stuff can you carry in that laptop case other than the laptop? “Uh, not much..” Well, it's pretty much useless then, isn't it? Because the cool thing about a laptop is the fact that you're mobile. And once you're mobile, you're able to set up an entire office somewhere. But they want you to set up an entire office with just one laptop? No.

No matter how much.. how fast bluetooth gets, there's always going to be external devices that you have to attach so you need a larger bag. The current laptop applications.. these laptop bags they're using, they're garbage. No one's thinking things through. They're not looking at all the technology.

They just wanna buy.. “If you buy our y'know.. 'Panashiba' laptop and you buy all 'Panashiba' parts it'll fit in our 'Panashiba' bag..” Well that's no good for the Wogs, Wogs got to be able to mix and match whatever they need to get the job done.

As well, I always am a big old fashioned fan of hard data. This is an aluminum case where I keep graph paper, notepads, any ideas. You want to make sure you've got ink with you in case you need to write things down. Sometimes.. I'm a big fan of computers, as everyone knows.. I love digital media, I think it's great. But you just can't beat paper. You really can't.

Putting pen to paper is one of the most.. it's almost a spiritual thing to do, I think it's a fantastic thing to do and artists will tell you.. there's a lot of artists that won't go digital because they lose that experience of physically creating something. And having a notepad with you is always great, especially with graph paper, there's a billion and one uses.. any role player knows that eventually after making a billion notes, graph paper is the way to go. So I recommend that.

One of these units.. these are expensive. You can get some tactical ones that are pretty high speed from Canadian Peacekeeper, they make what they call Junior General kits, and they have pen cases and everything like that. I liked it 'cuz this is hard, and it keeps your data essentially safe, with the softer cases they're a little bit more bulky and I wanted to kinda slim things down.

And of course, last but not least, you want to make sure you keep your prozium case. I always go with a larger prozium case, with extra prozium in the side in case you have to deal with mass dosage, anything like that.

The rest of the case on the inside is pretty straight forward, it does come with plastic trauma panels on the side which is added protection.. as well as on the bottom.. that's added protection for any sensitive electronics you keep in the bag. As well on the top, you got space here for extra batteries, chargers, docking stations, a radio.. and in work I always keep a very, very thin thermal lined tuque.

Tuque's are an awesome, awesome tool. Eighty percent of all your body heat is lost through your head, most people don't realize that. Being Canadian y'know, everyone's y'know “Nice tuque!” But tuque's.. I'm here to tell ya, if you've never had a good tuque.. they're gold. They're gold. They keep you warm, they keep your head perfect.. like you can make a difference in your body temperature just with one little tuque.

'Course I don't have a mirror so I'm probably screwing this up.. now with the vest and tuque on, all I gotta do is shed my glasses, and I look completely different. Look like a normal everyday guy that'd run' down the street.

“Hi there, how ya doin'?” Lookin' good.” See? Very, very easy to disguise yourself with just a tuque. Excellent. So this concludes my lecture concerning the work bag. My name is Sean Kennedy and I am The Fucking Man.

14:22 "Wog Food"

Time has come for us to make Wog food. Wog food of course is a staple of the Wog diet. This is something quick, cheap and easy that anyone can make. Speed is of the essence because you have better things to do with your time. For example, you might only have a few moments until the next level loads. So you want to be able to come out here, make some food really fast and get back to what you were doing. After all, Wog food is more fuel than food but it makes the pain stop and is a healthy alternative to a lot of other rapid meals that could occur.

So let's go over just some of the stuff that we got here. Wog food has to be very simple and quick to make because Wogs don't have to waste a lot of time. You're going to need yourself a rice cooker, a two cup measuring cup, a one cup measuring cup, rice of choice.. now when it comes to rice we'll get a little more detailed, but you gotta get the right kind of rice. You need some generic salsa.

And I highly recommend 'Yves [Veggie] Ground Round'. Why? Well, this is not really meat. It's just a.. it's a soy protein meat and I think its a pretty neat creation and also happens to work really well with what we're making here. I picked that up, I think it's pretty good. And you can generally eat.. this is about one days worth of food, is what I'm going to make here.

'Specially if you come down off the fast, you gotta break the fast properly, you gotta make sure you go into the vegetable soups and stuff like that, you follow the directions for the Master Cleanser [fast drink] very, very carefully. But after that you kinda want to get something a little bit hot, something that tastes a little better into your system, and Wog food is a really nice way to segway back to a diet of your choosing.

So the way this starts is.. of course, you've got a few moments, the pain stops, you want to eat right now. The problem is you're not going to be able to eat right now, you can prep and then distract yourself for about twenty minutes. To make Wog food, you take your two cup measuring cup, get your water in there so you don't have to measure around too much, just fill it up. Dump that into your rice cooker. Now most rice goes two [cups water] to one [cup rice].

Now with rice you want to go with a brown rice as natural as you can get it. Try not to get anything that's been bleached, or anything like that. I highly recommend going to an organic food store, getting yourself some organic rice and making it happen. The only downside about rice is you really can't eat it raw. So I can't feed the stuff I spill to my dog, but that's OK. You take your one cup of rice, dump that in there. Take your [rice] extras, they go in there too. Turn on your rice cooker, walk away.

...

Now that twenty minutes have passed, we're prepared to complete the rest of the Wog food. Take the ground round, you open it. The best way to open it is on three sides. One, two, three. Take the lid off your rice cooker, in goes the ground round. Top of the ground round, the scraps in there.. Salsa in there as well. Less dishes to wash up. You can keep the jars because the jars are very useful. Salsa jars are one of those kinda things that you can put just any number of items in.

Now the salsa mixes with the ground round and the rice. Now of course the salsa and the ground round are cold, put this rice is just finished being made, so it's really, really hot. Too hot to eat.

So by the miracle of modern science and much trial and error – I've discovered that the actual cold salsa and cold ground round when mixed with the hot brown rice is the perfect temperature to eat. The thing is you don't have to subject it to any sort of powerful microwave radiation or anything like that.

After you get a good mix in there, mix it all up inside the container, get it all up and you have a perfectly good batch of Wog food. Something that does have.. some people add garlic from to it.. from here.. this is your basic, OK? You can understand, some people go “I'd put green peppers with that, I'd do this, I'd do that..” You bet. But this is your base. This is where you start from.

You can use this inside of sandwiches, you can make wraps out of it.. or you can do what I do. Which is I just load the whole works into my bowl and I go from there. Or you can pack 'er down if you're doing like.. if you want to eat multiple meals to keep your.. to increase your metabolism or whatever, you can put 'em into small tupperware containers, but it's Wog food. From here it's all about the spices and as creative as you wanna get. It's quick, it's fast, it's easy and it makes the pain stop. My name's Sean Kennedy and I am The Fucking Man.

30:50 “Breed Specific Legislation”

This is my dog Ranger. I got Ranger from the pound about a year ago. He's part pit-bull. Which of course makes him a blood thirsty killer according to modern legislation. They're trying to bring about these bills called 'breed specific legislation'. These series of different bills they want to pass like this, they're doing it both in Canada and in the United States. The problem with this is not so much that “Well y'know the dogs are pretty strong..” and all that – you're missing the whole point here. Breed specific legislation is really a form of eugenics.

We're talking about genetics and genetic codes and what's acceptable and what's unacceptable. And when you start with something like that.. When you start going “Oh, this breed of dog is OK because it's this way..” or you start getting very breed specific. It starts with dogs and you don't know what's going to happen.. Now they've already taken away all the guns in Canada and people in Canada are essentially really janitors we're just kinda looking over the natural resources until the Americans come up and take everything over. Which is OK, y'know because a lot of Americans are really nice people.

The government's a little scary, but the Americans themselves are nice people. So the problem is that now in the United States there's a lot of Americans who are going “Whoa, hey y'know our government's really kinda being weird..” Now they are trying to take away all their guns and of course, next thing after they take the guns they want to take anything that will protect the family.

So you can only have the pomeranians and the y'know the shitzus and all these little dogs that don't do anything. There's lots of dogs, lots of dogs out there that have been.. y'know people, used to be the tough guy dog – you have your german shepherds, you have your rottweilers, and you've got your pit-bulls, and before that you had like what was it like.. you have everything.. y'know.. braziliaros, canarios, mastifs, bull mastifs.. and you can't tell me that any one of dog is the 'great evil'.

Anyone who's ever owned like even the infamous pit-bull terrier will tell you they're a beautiful dog. They're a really heart felt dog. The little dog that was in the 'Little Rascals' was a pit-bull. OK, the first dog that ever went overseas to help the troops was a pit-bull from Pennsylvania named 'Stubby'. These dogs are 'people dogs'. If you have a dog, it's not a thing. It's not like a printer or a peripheral.

OK, it's a companion, it's something that's supposed to be with you, you're supposed to spend time with it. And people don't have the time to spend because it's been taken over by what? By what? By the corporations. Because corporations need all your time, that's why the family unit has fallen apart. So last bastion, the defender of the family home would be the family dog so we better get rid of that too!

Because when they decide to put everybody in camps the dogs might get a little bit upset about that because you see the dogs don't watch television so y'know they can hold onto some moral value and family structure and stuff like that. That's.. that's really what it's about. That's what breed specific legislation is all about.

People go “Whoah, no, no Sean, you're crazy, that's crazy talk it's obviously not about that ..” No, no, no. It's the slippery slope. K, once you start with a little bit of breed legislation, breed specific legislation – who knows where that's gonna go? Who knows where that's gonna go? It's like the genome mapping thing. Everybody wanted, y'know genome mapping.. it's OK, science is good.

I like science, it's good but I don't want people copyrighting me. I don't want people copyrighting my cells. Or if they.. if they change a little bit and legally everything gets owned. And what's the law now? Anything that isn't a human, a living human, can be patented? So how long before the dogs get patented or bio-weapons begins to take up as a natural field. Sure it's just microbes right now but until we get into genetic engineering, let's cross something with an alligator and see what happens.

We're getting really, really twisted. Really, really twisted. Because of all the distractions, because we have more media than we've ever had before. Let's not forget that, we have more media than we've ever had before. In the world. And we're more distracted than we ever have been. And our family unit has fallen apart so badly that no one's got time for anyone else. It's disturbing, it's twisted, it's wrong and it's sick and weird and breed specific legislation is just a small part. It's a little symptom, it's a little dipstick, it's a check, it's a flag. It's something that shows up and says “Hey! Everything's getting fucked up!”

So you gotta be careful. You gotta watch this, you gotta be aware of this. “Whoa..Why are they..Why? Why?” - “Oh, because it's ripping kids faces off..” OK. I think it's a tragedy when children get hurt but I don't really believe that we should ban everyone from having dogs. I think that's a little bit weird. Kids have been mauled for a long time. If you own a dog, guess what – you're responsible for the dog. So if the dog does some damage – you should be charged. I'm all about that.

If you have a dangerous animal that you cannot control it's like having a weapon. Or a firearm. If you have the firearm, you're responsible for the firearm. “Guns don't kill people, people kill people..” OK well, dogs kill people. They can. They usually maul them, which is even worse because then they have to live with the after effect but you must have control of the dog. Why was the dog loose? Why was he not fenced? Why wasn't he accurately muzzled if the dog is actually trained as an attack dog? Why is the dog an attack dog?

Why is it.. pit-bulls don't just go and attack people. They're trained for that. You have to work to make these dogs mean. You really do. They're really strong, but that doesn't make 'em vicious. I've seen pit-bulls run through plate glass doors and think it was funny. They.. they don't really pick up on it, they got that 'incredible hulk' thing on the go. They don't really understand that they could be doing damage to themselves and their environment.

But no, no, no – we've got to vilify them. And you just wait, you just wait. First it'll be the pit-bulls, then it'll be any guard dog breed. Then we'll get the rottweilers outta here, then we'll get the german shepherds and don't forget – “Oh, that dog is part pit-bull, quarter pit-bull..” You betcha.

Any dog that isn't a little fru-fru pomeranian.. gone! Huskies.. gone! You bet. The whole works. It starts there.

Don't look at this – look at where this leads. Don't look at the road in front of you, look where the path leads. You gotta figure that out! Where are they going with this? That's why I can make accurate predictions about how y'know, the corporations try to take away our rights. Because it's all profit motivation. What other possible reason could there be? It's not for personal safety, because people don't give a shit about personal safety.

They got viox and personal drugs and they got their.. they found that accutane is killing people now. I mean its.. there's all these drug companies that are putting out drugs that are killing people, nobody gives a shit about that but “..let's attack the pit-bulls..” It makes no sense. So what's going on? What's actually happening here? It's just the beginning, of an eventual process, which leads to an enforced version of eugenics. My name's Sean Kennedy, I am The Fucking Man.

Patrolling Season 1 Episode 11 (2004)

Excerpts Transcription

Transcribed by avagdu (2007)

1:46 “Overpass/MRE”

Now in case of biblical scale cataclysmic event you need immediate shelter and immediate hot meal, always and forever. So the first place you need to go is under an overpass. Lots of overpasses, you can find them anywhere, they're instant shelter from above elements, if the rain.. little bit drafty, but you can have a fire in there, and it keeps you.. it's the modern day cave, is what the overpass is. Let's head under this one and I'll show you how to make a jiffy quick meal in about.. less than a minute.

Once you've found yourself an overpass you tend to like and you make sure you can secure the area fairly well if you need to in case your stay underneath the overpass needs to be longer than you expect.. I always choose an overpass where you've got a very, very tight arc, lots of coverage from the top, not too much coverage from the sides, make sure you don't have people who are going to be wandering up and bugging you when you're underneath your bridge, that's really, really annoying..

But after you choose the correct location you got to get a hot meal into you. Now it's a nice sunny day today so it's not a problem, but if it was raining right now it'd be really hard to get a fire going and it would draw smoke and attention to you. So I go with the American MRE hot packs, which are really, really easy to use, you can use 'em with any kind of water and I'm going to use a Canadian Forces IMP 'Beans and Weiners' IMP bag.

Now you want to keep your bag.. take your foil pack out. What I do always is cut the top off of this.. just take that off like that. Perfect. Now these packs are some ingenious wizard thing that somebody thought up where if you add water to them they get so hot they'll heat up your meal. All these IMP bags [are] of course pre-cooked and they'll last for about a billion years.

So all you gotta do is warm that up, however it's difficult to do. Now in the actual instructions on [the IMP] they say you should boil it, that's not really feasible if you're on the rush.

So what you need to do is you take [the heater pack], you want to fill [with water] only to that line, it doesn't seem like that's enough to fill, but actually that's all you really do need to fill, kind of weird. Now you can use any water, in worse case scenario, if you wake up and you're on a desert plateau, you can actually piss in this and use it to heat up your meal, which I think is recycling. But my wife gets upset when she sees me pissing in the hydrogen bags, so whatever.

You just take a little bit of water in here.. drop 'er down, now as you can see I put way too much water in there. That's how little water you're supposed to use, it's just the tiniest bit so I'm going to dump a bit out. There we go. Getting there somewhere now. Little bit more. Now we got it. Now you take this pack... now this is going to heat up really quick. And as it heats up, the chemical reaction is going to be causing hydrogen to be coming out of this bag. So you don't want to do this indoors, and if you want to use the hydrogen for something afterwards you can.

So you stuff that inside the bag here, then you stuff this pack here along on the inside as such. And you see the little steam coming out there now? There it is. That's all hydrogen. Now I wouldn't huff that but you can actually use that hydrogen as an explosive in case you need to clear some stumps or something.

But then you lay it sort of on your side like this, you want to keep your water in there, and keep the heater pad side down so it's going to heat your packet. And that's it. You can carry on with fortifying the underside of your underpass. My name's Sean Kennedy, and I am The Fucking Man.

4:45 "M.O.C.C."

Now when deploying the M.O.C.C. pack there's a.. you gotta choose a location where to set up the Mobile Command Center. Your Mobile Operations Command. M-O-C that's what M.O.C.C. stands for. The purpose for this is so that you have a home base of operations where you can leave your gear and any equipment that you scavenge from the ruined remains of humanity.

This place should be secluded, it should be private. Your major method of concealment is that the ignorance of others to your location. You should not set this up in the middle of a field, however if you're in a heavy urban environment, you have to get somewhere where you can make sure that.. y'know you got some nature around you, you got a little bit of cam and concealment possibilities.

I would head directly to a golf course, and you can set them up there. You only thing you need to do in the golf course is make sure to bring some doweling with you or you can take one of those little flags and cut them in half and you'll be able to make a tent pole out of it. I particularly have used these two sets of oak doweling to make a tent pole. This is something you'll acquire in your travels, you don't need to bring tent poles, make them as you go along.

This particular Mobile Operations Command Center is designed to be deployed in a forest region. OK, this M.O.C.C. pack can be deployed anywhere, it's very important to remember that. If you have a choice do not deploy this in an open field, you wish to deploy this in a forest and use the natural cam and concealment to keep your location private.

...

7:47 "Sleeping System"

When you're out in the field there's absolutely nothing better than getting a good night's sleep. And getting a good night's sleep in the field is very, very difficult to do. So the best, most cost-effective sleeping system available in the world today is the Canadian Armed Forces sleeping bag. Now I modified it slightly but this is essentially how it works..

You've got a gore-tex outer, that even though you may or may not have a Mobile Operations Center.. have time to set it up.. you can pull this out. This is completely waterproof. You can sleep and a river could run underneath you during the night and you will still remain dry.

Beneath that you have the Canadian Forces outer [sleeping bag]. This is filled with an ider down, OK? All of the.. it's the down from these Arctic ducks I guess is what they tell us.. but it's extremely, extremely warm. You will not need to use all of this all the time. Just sometimes the outer will be fine.

Inside of that you have the inner [sleeping bag]. So you have the gore-tex bag, the outer, then the inner sleeping bag. The inner sleeping bag has no zipper on it, and has this sheath that goes ovetop. This sleeping bag system here now.. there's been so many different variations of it. They.. some folks what they do is they take like two outers, I think this one depending on the year of the issue you could have two outers, but you have one.. an inner sleeping bag and an outer sleeping bag.

I like this one because it's got the fleece top, so that when you're all snuggled down you can put this up over your head and the flannel on it keeps you nice and warm. Beneath that, you don't want to sweat completely in your bag, so what I have is you can get a liner for it, which is a cotton liner that will absorb your body sweat, but I like using this Norwegian Arctic fleece blanket. This is issued to Norwegian troops apparently. So that is your complete system.

Now as good as this is, to make your sleep a little bit more comfortable it's good to have an air mattress. A lot of the civilian air mattresses on the market require a lot of time to blow up. This Canadian Forces air mattress here.. if you unscrew the nozzle, it will self inflate over a period of time. If you leave it for like half an hour, you come back you simply do up this nozzle, it'll be compressed and keep you off the ground.

The earth wants to kill you. It will suck all of the heat from your body if you are sleeping in the cold. It is very important that you do not sleep on the ground. If you have not got a sleeping system like this and have to work with minimal, you only got a ranger blanket.. lay down sticks, lay down anything to create an air space underneath you so that you do not sleep directly on the ground. This can lead to hypothermia and death.

...

11:01 "Shelter"

Two Canadian Forces shelter halves are zipped together. You use your pole inside the rings here to keep it tight and solid and this should be kept down over. Some people gun tape this down, so they make sure there's no rain going to get through on that seam.

All seams, all zippers are an opportunity for leaks, you want to watch that.

Going around all I've done is taken 550 paracord, which is available at any army surplus store, and I've used that in conjunction with bungee cords, to provide like a leverage action, a spring action. Like if I were to come in here and hit this it's not a big deal. Versus a lot of modern tents if you were to go and y'know throws things at it, do whatever at it a lot of the time your gear will.. it'll rip through your tent.

But this is a heavier gauge material so it'll stand up longer. It's about durability, OK? Everything to do with the military is durability and endurance because you have to equip a lot of men. So you can use their rationale to your advantage.

Moving around, more 550 cord, using just standard steel nails, you just.. about seven to eight inch nails, twenty-four cent jobbies, try to get 'em galvanized so you have no rust.

You just use your paracord to tie it off. If you're in a severely windy condition or mountain condition you may choose to tie it off at every single loop, and this thing'll look like a rock when it's done if you tie off every single loop. As well, if you're in the bush you can tie this up into angles into trees and you can actually make quite a nice little dome for yourself if you've got the bush around, but we're deploying on a completely flat surface.

Around the back here, you'll notice that it's the same as the front, you can leave it open, but what I've done is I've tied it off, this is designed to be tied off so you have a little bit of privacy for whatever happens, coming and going what have you. Moving around to the far side here, we've got stray bungee cord going down providing lots of tension. There's an advantage and disadvantage to having lots of tension to having [it] wide spread out. You probably want to get this as close to [the ground] as you can get it. If you're in a wetter climate, you may wish to just pin this directly to the ground.

But in a colder climate where it's sort of dry if you've got the shelter it's nice to have a long slung so you have a little bit of ventilation, little bit of ventilation in there if it's warm, but if it's really, really cold keep it down, keep it low to the ground, keep your body heat in. That's the idea.

Same here you can.. on the other side I tied off all five to one point, this one here I've tied them off just to here. So I've got two points, I've got your center point and I've got the other one here. There's no set rules. It's about what gets it tight. You can tie everything to individual spikes, it doesn't matter but is important that all the weight is transferred to the ground. Let mother earth support you.

I've used just a para cord, a piece of bungee cord rather, to keep this tent flap back. If during the night you just want to throw that over, tie yourself down and then you have yourself a completely closed unit.

Now we have the Wog Mobile Operations Center or M.O.C.C.. This setup here will enable you to exist in the field for quite some period of time. All the gear you see here is brand new. Of course, over time it will weather. But do to the construction of this shelter.. wind, rain, sleet.. it has all kinds of give. Being rigid is not good. You must build a shelter like water. You put water in a bowl, it becomes the bowl, you put water in a cup, it becomes the cup. Make your shelters like water my friend.

So as long as you make it strong and firm and with enough give – the importance is give. You must keep everything very, very sturdy but all the.. people wonder “How.. How is this possible?” The way

it's done is 'cuz is everything is transferred to the pegs. You have to run around this thing in concentric circles until you get it really, really tight then you nail it down.

There's no real way to explain how to set this up without looking at the basic design then going out in the bush and doing it yourself.

Because all this is an elaborate piece of wide fabric. That's all.

Push came to shove you could make your own version of these just by studying this video and seeing how it's set up. Of course, you wouldn't be using bright orange bungee cords, you want to get yourself some olive drab spray paint, some black spray paint, matte black and you can actually attack the entire top of your M.O.C.C. shelter.

Some people are known to put flags on them, string 'em through the side or whatever, but this is just a basic unit configuration. You're going to need your laptop with your wifi, you're going to need your webbing ready to go, you're going to need your A.W.O.L. bag with that which is not in your M.O.C.C. pack ready to go, that which isn't immediately available in your camp site in case you have to bolt. But this is your basic introductory level layout to the M.O.C.C. center.

Patrolling Season 2 Episode 1 (2005)
Excerpts Transcription (2007)
Transcribed by ion & DIX-flatline, edited by avagdu

00:28 Evolve Or Die

For thousands of years, humans have passed on knowledge through the process of storytelling.

Right back into the dawn of time, there'd be families that'd sit around campfires. And they would bequeath knowledge. Father would teach son. Mother would teach daughter. This is how knowledge was passed on. Then, with the advent of the written word, we became able, all of a sudden, to take knowledge and transfer it to a physical, recordable media.

First time in history, beyond this concept of songs, stories and legends. Now, what's happened is that originally we had libraries, and resources of knowledge, where everyone could come and bring their information in, and just contribute it to the greater mass of the good, so the whole society and structure could function in a better form. Now, the problem with this, of course, is that the corpolitical became involved. And when the corpolitical became involved, well... They have this concept of "Ownership".

And this strange plague of ownership, that infects the entire corpolitical and capitalistic mindset, has affected also knowledge. So for the first time in history, we have the idea of knowledge being owned. Not being free.

A bizarre concept to be sure, and something that our grandfathers, great grandfathers, and great, great, great grandfathers, would find to be absolutely an abomination by anyones ethnical or cultural standards.

It's absolutely ridiculous! So now, what has happened? In 2005, we've passed the fifty percent mark. It's the half way point. In 2005, over half of the earths population now lives in these concrete hive structures, we call cities.

This is how they exist. They exist constantly with the buying and selling of goods. Everything is market. We're creating our own dessert wasteland of concrete and steel, which totally separates us from the individuality of our being.

But there is hope! And that hope comes in the form of the Internet. The whole purpose of the show Patrolling, the whole idea, is to take tricks, manipulations and ideas and concepts that's been shown to me, by people more experienced. Learn from experience, but it doesn't have you be your experience.

I've got a lot of different experience, doing a lot of different things. Some people call me a Jack-of-all-trades. Some people'd say I can't hold a steady job. But be that as it may, you get a lot of neat tricks, coming down the pipe. And the only way, we can ever try to keep everyone to a stage where we have some sort of common ground with another person on the subway, or in the elevator, is we have to have common, things that we all share.

How many times have you seen folks with movies, they'll say like: "Hey did you like Star Wars? What about Chewbacca? Luke Skywalker?" They talk about Star Trek. These are things that all of us have in common. But when you have ownership of an idea and a concept. This concept must be sold.

It must be bought. And those of us without the money, or economic means, or perhaps the equipment, to watch, to view, to consume these ideas and concepts, and make them part of our own mental structure, well, they just don't get it. And suddenly they're on the outside, and they're no longer part of our society.

And we start winding up with these huge swaths of people, who just can't be employed, are not connected in some way. And this is who those people... You know, where the people wind up, where do they go? What's left for them? Nothing! So they just wander around, totally disconnected from the world. Patrolling is a concept about adapting to your environment.

You have to take the knowledge that you want, use what you can, and leave what you don't. Like a Smorgasbord, it's free for everyone. Everyone can use the knowledge, that I'm talking about here. There's a lot of stuff that comes from soldiers. A lot of stuff that comes from the military. And the reason why I teach that, is because it's functional and it works.

There's nothing quite like being able to look after yourself. And, being able to look after yourself, teach others to look after themselves. I encourage that all of these programs and these shows be given away freely, and distributed freely, because, as of 2005, we've moved to the concrete mega structure. We've moved to the hive mentality. We can no longer exist as in simple symbiosis with nature, because too many of us have decided to go the other way. You've got to learn from experience, but it doesn't have to be your experience. Learn from my experiences. Learn from other experiences in the community. Because if you don't, well... The story is; You have to adapt, or die.

5:48 Camouflage

What does it do? How well does it do it? This application we apply to everything, so when we look at our clothing, naturally we go with the tactical clothing, when you're in the more rural and suburban environment. However, the problem with that is that there's the Wogs, and the sane. Now, the sane people do not adhere to "What does it do?" and "How well does it do it?" This will cause you problems.

It is unfortunate that we live in the kind of society, in the kind of world and the kind of cities where people make snap judgments based upon the kind of footwear you wear. The brand name of pants that you have. The kind of jacket that you have. And if, suddenly, you don't fit in to the norm, or, God forbid, you fit into the norm of some subculture.

You'll be instantly judged. Summary tried. All before you open your mouth. Just based upon what you wear. This is an unfortunate fact. There's nothing we can do about this. Now there are certain advantages to this, to wearing camouflage clothing in the city.

For example, if it'll survive in the bush, you know it'll survive in the urban environment. The chances of your combat pants becoming ripped, the chances of your boots becoming damaged, the chances of your jacket becoming horribly frayed are next to impossible here.

The amount of wear and tear you put on tactical gear in the city is minimal. So it'll last you forever. However, in the city you must be employed. You must have social contact with people, and in the current political and social climate you'll find that wearing more and more tactical clothing starts getting people a little bit more afraid of you, and this can work to your disadvantage.

You must remember the purpose of camouflage. The purpose of camouflage is so you are not seen. The best way not to be hit, not to be targeted, is to not be seen. It is vital that we realize that part of being who you are, is being strong in yourself.

A lot of people wearing combat clothing. A lot of Wogs draw a lot of strength from dressing to set themselves apart from society and that's a good thing. That is a good thing, it's individualism. But, if it's individualism expressed, that costs you, that's something you'd want to be aware of.

Just because you don't happen to wear your camouflage pants one day, that doesn't mean you're not a Wog. You must stop thinking like you're some teenager and you have to start thinking like an operative. You have to think to yourself: "How will this affect me? How'll peoples notions of me change, as I walk around in an urban [sprawl] dressed inside my woodland camouflage?"

Yes, the material is good, and yes, I'll be definitely able to survive. You wish to be gray. You want to blend into the background. You don't want to stand out and make people go: "Oh look! There's a Wog!" The whole point of not being hit, is not being seen.

The easiest way not to be hit, or to get targeted, is to not be seen. This is obvious. This is a simplistic fact that anyone in the world can tell you. Yet we seem to forget that when we're in the city.

When you're in the city, there's a lot of influences, a lot of things drawing in at us, we feel the need to express ourselves as individuals. But you mustn't give anything away. You have no reason to tell people personal facts about you.

They don't need to know you're a Wog. They don't need to know what your personal shopping habits are. All of these things are gathered by people and they can use it against you as a judgment.

So when you dress like this in the city, you have to ask yourself: "Is dressing and acting like a tactical Wog a help, or a hindrance?"

08:43 Character Sheet

There's certain things that transcend the scenario which it's part of. For example, if you're lost in the wilderness, and you find that, you know, you're totally... you come to the realization that: "Oh my gosh! I'm lost!" Well the first thing that has to happen is that you have to realize that you're lost and you've got problems. You don't know where you are. You don't know where you're gonna be going, and you have no idea of how to get there.

So in order to figure that out, what you do is you you have to stop. First thing you've got to do is stop. And in the first season we talked a lot about that, we talked about pulling back, assessing all the equipment that you need to have and so on and so forth. But how do you keep track of where you are as a person in life? Just as when you're lost, you have to keep track of all your possessions, and what you have, and yada-yada, so you can see how you can figure a way out of being lost. That same sort of metaphor can apply to life.

And I've found that one of the greatest ways to figure out where you're going and what direction you want to go is to externalize your own perspective on your life. That's what I'd recommend, and there is no greater tool to do this that I find over the years, than roleplaying games.

Anybody who's ever played roleplaying games, chances are, people watching this have never been exposed to real roleplaying games, they always have the computer roleplaying games.

And don't get me wrong! I think that it's nothing wrong with computer role playing games, I think they're excellent, I think they're a lot of fun, but there definitely not book roleplaying games. Because the book roleplaying games are... well, they're better. They enable the mind, they have a community, it's a great thing to do to get together with people. Now whenever you talk about roleplaying games, of course, there's so many systems, you think the Linux/Microsoft thing is bad, but that's nothing! You gotta see what happens when you've got, like, twenty-five different gamers all in love with different systems, you know, it really gets bad. So what I recommend to everyone, whether you're a gamer or not, is to actually make yourself a character sheet.

Now this is something that gets taught in roundabout ways by writing creative workshops and executive groups. "Make a list of your strengths and weaknesses"... whatever...What they're actually saying is to make yourself a character sheet. Because realistically, that's a what a resume is. That's what you do to try to sell yourself to a company, is you make a resume. And what is a resume but a character sheet, really?

But what if you were to take a character sheet and make one that.. [where] you could see where your own strengths and weaknesses are, and therefore you can plan ways to make yourself better, or worse. So I'm just going to give you my roundabout version of a character sheet. Now if you are a gamer, or you want to get involved with role playing games, you're like "What is this role playing game about?" and do some research online, check it out, see all the different systems out there, by all means go with a system that you enjoy. I have my preferences, but that's regardless, OK? So what I've done is I've mixed and matched a bunch of different systems together, and I'm just going to give you a generalized format, so after you've watched this, you'll be able to kind of make a sheet for yourself, and figure out; Where's your direction? What direction do you want to go? So, on your sheet you'll want to have the following, physical characteristics.

This has to do with your physical body and what have you. So you got your strength, usually measured on a scale between one to ten, some people like to put it on a scale between 1 to 20 and with roleplaying games, it's usually generated by dice and that. But for you... I generally think of myself on a scale from one to twenty, and you do like some sort of a mathematical thing, well, if one, you can list twenty pounds, so it's quite easy, you know. A ten is as strong as you can humanly possibly be, one would be, like, crippled, what have you. So you pick yourself out a space somewhere along there.

I like using one to twenty, because it's not quite so finite. Average on one to twenty is ten, so I'm going to say my strength is about... Well, I work out and I run a little bit, so I'm gonna put my strength at about twelve. Now there'll be those who'll sit there and say "Well, Sean, you're..", and of course I'm writing sideways too, so that just looks like hell.

Now underneath strength, we've got intelligence. Strength, intelligence. Intelligence, that's not necessarily your wisdom, that's a different stat. The difference between intelligence and wisdom is, Intelligence is how well you can think, wisdom is how well you can apply the experiences that you've had in life, and those are a little bit heady, but there is quite a difference.

There's a lot of intelligent people out there who just do really dumb things repeatedly. Now I'd put my Intelligence probably around, on a scale from one to twenty, I'm going to be a little bit generous to myself, say a thirteen in Intelligence, on a scale of one to twenty.

OK, your wisdom... I've done a lot of stuff. I have done a lot of stuff, so I'm going to get a little bit buffy with my wisdom here, and I'm going to make my wisdom fifteen. Whoa! Whoa! I'm sure there's gamers out there like: "Hey man, Rastlin only had a fourteen in wisdom", OK, well, whatever, I going to get myself a fifteen in wisdom. You can change this later, what have you.

You have your dexterity. Your dexterity is how flexible you are. A twenty would be like a ninja, or Bruce Lee, one would be... Smokehouse. So what I'd do instead of classifying yourself, I'd look around, probably put it around the... me, I stretch fairly often, I put it up there with my strength, which would be twelve again.

Now again, if this would be a roleplaying game, all this'd be randomly generated, but this is me. This is me that we're creating a character sheet for so you have a lot of more leeway of what you think of yourself. You can go all egotistical and say "Yeah I'm the smartest guy ever!", but you're not going to have an accurate character sheet then. You have to be honest with yourself. No one has to see this but you.

Then you have your constitution. How tough are you in reference of getting sick? That kind of a thing, are you getting sick often? Are your bones prone to breaking? Do you have a lot of injuries going?

It's got nothing to do with your fighting spirit, just how much punishment your body can take. My body can take a lot of punishment, so I'm going to give myself a fifteen in constitution as well.

Then you've got you charisma. Your ability to speak to people, make friends easily, that kind of thing. And that is something that I can so, so I'm going to go absolutely crazy and give myself a sixteen in charisma.

And your comeliness, which of course is you physical appearance only. How well you can dress up or look all hottie or whatever, OK? That's sort of the general idea. Charisma offshoots your comeliness, because there's lots of really ugly people that got a lot of charisma. I give you Mick Jagger, I mean the guy's, I mean his comeliness is like zero, but, I mean, he's got thousands and thousands of adoring fans, why is that? Well because he's got a very high charisma. So for me, my comeliness, I'm going to plant that about a good, solid seven.

So we've got... Once you get your physical attributes down, now, in roleplaying games, you use these attributes, and they generate everything else. But since we're not part of any particular gaming system this is just a general outline, to give you sort of an idea where you're at. Then you've got your name, which of course is going to be Sean, for me, here. I'll just write that in, Sean... K. My code name will be SKTFM. And then, my age. I'm thirty-one. Ouch... That's really old.

Then we have your health. Now... Health points, and all that kind of jazz, this is usually where you get the idea of hit points and how much damage you can take in a game. before you die.

So like, in "Call of Chtulu", for example, a game that's won all kinds of awards, if you get shot, you generally get killed right away.

And I'd recommend games that makes guns lethal, because that gives you a lot more accuracy in your roleplaying scenarios, that you may or may not enjoy.

So I'll... You have your health, which has to do with how much poison you can take into your body, that kind of a thing. And depending on the system... I'm just going to say I've got 20 health points.

Your S.D.C., which comes from Paladium, which means Structural Damage Capacity. I give Paladium full credits for this. This was a concept they had, that certain items increase your toughness. For example, if you get shot, and you wear body armor, well, the armor absorbs the impact, right? Or if you've got sub-dermal armor due to cybernetic implants, that kind of a thing, the armor takes the Damage, you yourself so not.

You yourself will not be slowed down because your armor was damaged. So I've got to have 0 S.D.C., because right now, I'm wearing a kung-fu outfit, there's no leather armor, there's nothing like that. And of course, your Hit Points. This is how much of a beating you can take. Now hit points are kind of a funny thing, because once your, like any gamer'd know, once your hit points are zero... You're dead.

So it depends on how much damage things are cooking out. So we're going to go with... You look at... How you run your damage charts. Generally, one gunshot should incapacitate anyone. That's your gaming criteria for systems, is that one gunshot should incapacitate anyone. So I'm going to give myself a hit point of... I'm going to give myself ten hit points. Now, your average knife strike, usually, like a knife stab wound, does six hit points of damage. So by my scale, that means that I could be stabbed twice and be dead. Even though we've heard the news, you know, that you can get stabbed, like, a one-hundred-fifty times and still not be dead. Moving along...

We have your skills and weapon proficiencies. These two categories here, hopefully this one, will be the longest part of making your character sheet up. This is where you write down the things you have a working knowledge of. If you have working knowledge of, say, first aid, and you think to yourself: "Hmm, if I came across a scene, there was a guy lying on the ground, how proficient would I be at first aid?" As a percentage point. If I had a one hundred percent First Aid, would that make me like a paramedic, or does that just mean that Paramedic is a different skill, you see, so you isolate your skills.

You have computer programming. You have HTML design. You have maybe lock picking as a skill. You can go through all the different gaming books, and you can come up with all the different kinds of skills.

That's why role playing games are handy to have around, you sit around and go: "I don't know anything", well do you know anything about botany? Plant life? "Well, yeah, yeah, I used to help my mom with her garden and stuff like that." Well great! That means you've got some skills in botany. Do you have some skills in cryptography? Do you have skills with tactical movement? Do you have skills with plotting? Tactical thinking? This skill-sheet should go down, each one you put a percentage point on it. If you got a little bit of knowledge in it, you've got ten percent, or five percent, that's knowledge. But if you're 'leet haxor' and you know what's going on, yeah, crank that sucker up! Never give yourself one hundred percent in anything, because that means you're infallible, and you can never be beaten.

Usually in role playing games, they play them with different dice, four, six, eight, ten, twelve and twenty-sided dice.

So what happens with a percentage, you'd run up a scenario where'd you put all your dice together and roll, and then that'll generate a number that's based against your skill point number plus the modifier provided by the general gaming master, and you determine whether or not you made the roll.

The whole world of roleplaying is essentially a glorified game of "What if?". And back in the eighties, all the crazy Christian institutions swore that... before... Like now, you only hear about the video games being evil. Well... Before there was the video games... There was these guys...

There was the roleplaying games and was many a book burned and many a kid wound up getting very heavily persecuted, yours truly amongst them. Simply because we wanted to use our minds to escape reality. Because we wanted to enjoy these worlds created. Now these games here, SLA Industries, Cyberpunk, Shadow-run, Dark Conspiracy, these were all games with very much a cyberpunk feel to it.

GURPS makes a cyberpunk book as well, and there's a few other ones. There's some other ones, I have a copy of one called "KULT" which is very, very rare. Some of the games were made illegal, because they had "dangerous materials" and people could make characters that "nobody should make". That's a very weird portion of history, and now, it's largely forgotten, because everything's gone into video games. But before the video games...

I'd urge everyone to get together and make yourself up a character sheet so you can look at yourself objectively, see if your strength is low, and you want to up it by working out, by doing cardio, by getting some skills in running.

Weapon proficiency... What kinds of weapons do you know how to use? Do you know how to use a knife? Do you know how to use a gun? Do you know how to use a Bo staff? Nun-chucks? What do you know how to use? You don't have to [number] a skill... You can put a percentage beside if you like, or you could just note that you have it there.

And going through there, you're able to look at yourself as a character, in a story, in a book, or even in your own life. And then from that, you can chose a character class! Something you want to do. Something you want to spend your life doing. Spend some though on this. This is you.

This is one of the few occasions you get to stand back and go: "You know, what do I want to be? What kind of a person do I want to be? What kind of a person do I want to present myself to other people to be?" Because nobody gives anybody any thought about that. Nobody gives themselves the thought of "What kind of person do I want to be?" not the kind of person they tell you to be. That my name is Sean Kennedy, and I am the fucking man.

20:32 Wallow, Sell Out Or Fight

Let's cut the crap. We can all sit around and pretend like we don't want to have a job, and we all can, you know, sit around and pretend and cry about how shitty it is that the corpolitical has taken over. And we know it. I know, it's very shitty that the corpolitical has taken over. But we have to deal with this. You have three choices. You can either fight the corpolitical. You can sell out to the corpolitical. Or you can wallow in your own crap.

If you wallow in your own crap, that's useless, you're not doing anything for anyone. Just sit around, smoke weed and just go "Oh well, y'know, what are we going to do? I'm going to work my crappy job.

I hate my crappy job, and there's nothing I can do to change anything so instead I'm just going to subscribe to my magazines, and listen to my music and that'll be the end of it" And that's OK, because then you become a part of a market as well.

But that's not what I'm about, and that's not what Wogs are about either. You see, the point here is that we have to change things. We have to change things in the world. We have to change the corporpolitical state. And how are we going to do that? The only way we can do that is to infiltrate them, to corrupt the corrupters. This is the idea. This is the whole concept.

People go "You're selling out if you put on a tie!" No, dude... No, no, you're not selling out if you put on a tie. You sell out if you put on a tie for the wrong reasons. You sell out, if you put on a tie, to buy in to the lot. That's the problem! Is if you begin to buy in to the whole crap. You say "Well, I got a nice car, now, y'know... I got my wife and everything... It's nice" No, no, no! Now is the time that you have to stand up and fight.

You want to get yourself a good job? There's no crime in that! There's no crime in wanting a good job! What's wrong with wanting a job, that you can be proud of? What's wrong with that? There's nothing wrong with that! But it doesn't mean you have to sell out all your ideology. These people have corporations that stand up and say "Oh yeah, we believe in this doctrine and this dogma." But when you go into the office, you bet, it's just like going deep undercover. They send all sorts of operatives into our world looking for what's cool. Little psychological tweaks they can do, to make sure they market to us.

They can sell us the lies. You declare war on the mind share of north America. It's a nightmare what they've done! So that's fine. We can either hate them for that, which is... We're going to do that. So we can either hate them, or love them. I've chosen to hate them, because I can not forgive them for what they've done. How they've destroyed countless lives. How they've destroyed art. How they've destroyed our way of life, and the way of life of people, who are peace-loving and concerned, gentle consumers. That is a terrifying thing to me. So, how do we... How do we... How do we get back? How are we going to do that?

Well, my fellow Wogs, I think the way we should get back at them is to use the same tactics against them, that they're using against us. Let's infiltrate their companies. Let's infiltrate their places of work. Let's get on their little boards of directors. Let's get on the inside, so we can take corporate information, I'm talking about espionage style stuff here, and outing it.

I'm not talking about overthrowing governments. Governments are fine! Let's overthrow the powers that run the governments. Let's overthrow the corporations. Let's get their personal and private data out on the wires. Let's broadcast that. Let's see how much we can actually screw up things, If we actually learn the truth. If we get enough operatives inside their companies. What if we were to do that? Nobody's tried it. I think the Wogs could do it. I think you could do it. I can do it. My name's Sean Kennedy, and I am The Fucking Man.

Patrolling Season 2 Episode 2 (2005)
Excerpts Transcription (2007)
Transcribed by Sane Traitor & avagdu, edited by avagdu

3:04 Office Attire

As we know and as we've already covered in the previous season of Patrolling, we know that if you're going to get yourself a blue collar job, the best way to dress is as determined:

You have a white t-shirt and blue jeans, running shoes, nothing too descriptive, everything's very standard, something that anyone can wear.

But if you're going to be working in an urban environment, get yourself a nice office job, what do you wear? How do you make sure you go as Wog as you can without y'know falling into the consumer trap that's been laid out before you.

What I'm wearing here is a very basic, basic example of Wog urban office attire. You have a very simple black blazer that can be acquired anywhere, black pants, black shoes, simple watch if you're not using a PDA option as I'm one of the few people who do, you can hide your PDA whatever, but I'll go through the kit as such, starting top to bottom.

Generally if you're gonna be interviewed by corporational states and you wish to infiltrate their organization, it's a good idea to look like what they want. They want someone with no soul. They don't want anyone with any individuality.

If you go in there looking like you've got your own thoughts and ideas and grandiose schemes, they're not going to be interested in that. What they want is mindless, soulless drones. That's why they y'know medicate the world and try to make people into these.. zombies who just y'know work and live and that's it. So that's what you want to portray to them going in.

Now the way I've got this orchestrated is very non-descript. You have a short, cropped haircut. Not too militant, not so y'know shaggy, very neat very trim. Could be anything, little bit of gel in there, slick it back. Glasses? [These are a] little bit of retro, these are a little bit racey but you might be able to get away with that. Generally, maybe something without frames if you're going to go for glasses.

Clean shaven, very important to be clean. You want to have your nails trimmed and short. Your blazer should be a simple black, three button blazer. Black tie, white shirt. The advantage of going with a black tie and a white shirt is that you don't need to worry about things like accessorizing your tie.

People judge you by.. if you're not broadcasting who you are, they begin to look at certain things about you to try to determine the kind of person you are. They'll look to your tie, they see what kind of tie, what kind of patterns on the tie, if I'm wearing this outfit and I have a Spiderman tie, well that's going to very obviously reveal what kind of person I am. Don't give away anything for free, they have no right to know anything about you. Simple black tie.

The most important areas of your shirt: you want to make sure the collar is pressed and the cuffs must always be pressed. These are the areas you are in first and foremost. Because that's what people look at. The collar and at the cuffs. Have a simple tie knot within there.

Once you get a little bit deeper, you can hide it.. things a little more openly. You shoes.. we'll get to the shoes in a minute.

Your shirt.. underneath your shirt you always wear a white t-shirt under your dress shirt. There's nothing more disgusting than some clown walking around with big sweat stains in their armpits, that's gross. OK, do whatever you've got to do, burn your armpits with hot irons if you have to, but don't walk around with sweat stains that's fucking gross and it stinks. But for god sakes don't use any of that weird shit they put in your armpits that gives you cancer, no that's bad too. So the best way to get around this is just wear a simple, white only, no logos, undershirt. Very, very easy to get, can be picked up at any discount store, what have you.

Simple belt. Simple buckle. You can trim the belt down, generally you'd want to probably put a little shoe polish on your belt to keep it a little more trimmed up, make it appear a little bit more shiny, but usually you keep your blazer on, nobody sees what's on your belt.

Now your absolute minimum. Your minimum Wog line kit that everybody carries with them no matter where they go.. You've got to have your comms. You want to have your cell phone mounted. Make sure your antenna, if you do a horizontal mount is pointed backwards because if it's pointed forwards you're gonna hook on everything as you brush by it, it's a real pain in the ass.

So you what you want to make sure that your cell phone is in there, mounted backwards, I use a Maxpedition cell phone holder for that, I find that they're pretty solid and it's fairly streamline.

Moving around to the back of your belt line kit, there's the essentials that you always have with you. You have your flashlight, you have your [multi]tool, and you have a lighter. These are always with you no matter where you go. In your pockets you want to pack as light as you can, so you keep your wallet and of course, your knife. You want to keep these with you at all times as well.

Now with these documentation.. if you need to carry a bag, which.. a lot of Wogs do, but bear in mind you're in an urban environment, there's lot of stuff around, so you can get a way with carrying straight cash. But if you have to you can carry a briefcase. Don't get.. really flashy briefcase.. Don't get a briefcase that says "I'm this or I'm that.." Those solid aluminum ones, they're nice, they're pricey. But again you're broadcasting a lot of information about yourself, you've got to be careful with that.

So generally though you'll notice, that you try to keep it as streamline as you can, don't have a lot of bags with you, 'cuz then they don't know if you're traveling far, they don't know if you're traveling near, they don't know if you're working close by, nobody knows anything about you.

Down to your pants. Simple black slacks. That's all you need. Try to keep the wrinkles out of them, do the best you can. Your shoes.. Now. The things that people will judge you by are your shoes first and foremost but if you don't give them any information, they look down at your shoes there's no obvious make, no obvious name, they're just.. shoes. That's all they are.

So what's the next thing they're gonna go after? The watch. Everyone judges you by your shoes, your watch and by your suit name. If they can't get any names or labels off you they're going to start looking for pens, they're going to start looking in your pockets and stuff to see who you are and what you're about. But you're nothing, you're gray.

Any watch you buy, if you're not using a [wrist] computer or something like that.. which is risky now. People are looking "Oh you've got tech on you, what are you doing with that tech.." Very, very risky. So if you get yourself a watch make sure it's plain, very plain. Something that just has.. just a face, little bit of numbers on it. No real fancy crap going on. You don't have to spend a lot of money on it, you can pick it up anywhere.

Dressing as such you could walk into any office tower anywhere in Vancouver and look like you belong. Or in any city around the world. Vancouver, California, New York. This will pass anywhere in an urban environment. So for the Wog, this is camouflage.

9:43 Time Management

In today's break-neck world time is a funny thing. Everyone seems to want more time, you know, but really what they're saying is they'll like to be able to do what they want with their time. There's no way to get more or less time. Time is just sort of this measurement. And because we've chosen to measure it by seconds it gives the illusion that there's a time line, or that there's some kind of a future and a past. I don't personally believe there is anything really like a past time line or a future time line. I think there's only now, and what's about to be now and what was now, and it's like a reaction, that constantly happen.

There's no trail or anything like that. Some people talk about moving through time and time lines and all that kind of jazz, and that stuff is a little bit dodgy to me. Quite frankly it's a little bit beyond me in math, so all I'm really going to address is how to factor for your time so that you regain control of your time. People say there's company time and there's personal time. That's bullshit, it's all your time. You're just choosing to spend it at the company.

And then the company says "Oh well, that's *our* time now". No, no it's not, what happens with work is you're under a contract where I provide this service to you and you give me money for it. Whether that service is sweeping the floor or giving a blowjob, the result is that I will be paid money, you know, compared to what I do and the inherent value and such.

Now what happens is when we get jobs, you know, suddenly, even if we're not working with the public or even if we're, you know, behind some closed doors somewhere, where there's just, you know, ten people in the office, suddenly you can't wear an earring, suddenly you can't wear a t-shirt that no one else objects to. And why is that? "Well it's against company policy." What has your company policy to do with me? Nothing! I'm providing you your service. Leave me be. That's another rant.

Back to your time and understanding how to utilize your time. Work is productive, because they have mastered the art of time. They now cut your bathroom breaks down to five minutes, makes sure you only get fifteen minutes off. If you're lucky you'll get like a little lunch break that's like half an hour. This is all based very carefully around utilizing your time. By the end of the day, they've beaten you so hard with your time constraints that you're generally exhausted. All you got enough energy to stumble home, flop down on the couch and maybe get programmed for a little while with mass consumerism through the idiot box. So the way you overcome that is to gain more time.

You have twenty-four hours in a day. That's where it starts, it starts with a twenty-four hour day and there's certain things you need to do every day. Now the way you achieve the things you want to do... Everyone wants to work out, everyone knows they should eat right. But how do they do that?

Things turn from dreams to plans when you have a course of action laid out before you. The trick is making that course of action and making one that works. Quite often we'll get any series of items and devices that will allow us to factor for our time. But we either do it too much or too little or we lose interest.

Because, you know, it's too much of a hassle for me tracking everything I do. So I got my own sort of time management system that lets me accomplish the things that I try to do. And I'll try to relate that to you now. First of all whenever you're doing any kind of planning you got to understand that there's three things that you will do and no matter what they are, they fall into one of these three categories: It either falls into the mind category, the body category or the spirit category.

These categories are taken from yoga. Mind, body, spirit. It's all part of the triangle of being human. You've got your mind, body and your spirit. If one of these is out of whack the whole triangle is out of whack and people get a little screwy. I'll go over each one. Your mind, naturally, is mental feed. The information you put into your brain. Rationalization, intellectual thinking. And some people go "Well, you know, how do you feed your mind?" Well you read for starters.

If you can't read because you don't have the time to read, you're lying to yourself. You need to factor some time for reading. But we'll get into that. If you can't get into the reading there's lots of very, very educational media out there that you could be programming your mind with. You want to go with the fictional stuff? Take some more philosophical bend to it. Some Japanese anime goes that way.

If you want to take stuff that has a little more historical bend, lots of DVDs are commercially available now, you can purchase anywhere. You could actually give yourself a complete history of a particular country, if you wanted to, all through DVD's. It's [life] through technology. It's a brilliant, brilliant way to educate yourself with and I highly advise it. So you'd want to make sure you have some things you do during the day that bounds each of these things of.

If all you do is live in your mind, however, by watching these shows, your body gets out of whack. You become out of shape, you feel horrible, you get sick, these all cause problems. And of course the spiritual angle. The spiritual angle is something a lot of people don't give credence to. The mind and body are great, but how many people do you know that are like: "Yeah, I got a good paying job, and well, you know, I make good money and I'm eating well, I'm eating right, but something's missing in my life..."

That's what a lot of religious groups prey on: "Oh I can see there's a void in your life, and we'll fill that void!" That void is different for everyone, some people, like, they say that our brains are hard-wired to believe in some greater cosmic good and I think that's a good thing. Why not? If it gives us a sense of morals and ethics. So your spiritual path generally I would consider something like meditation. Meditation could be anything. It could be prayer, it could be chanting. It could just be sitting quietly, considering what it is to be human and to be alive.

Maybe for the first few times you do it, maybe you don't get anything out of it, you know? All you have to do is sit and breathe and empty your head. That's one form of meditation, prayer is another form of meditation, chanting is another form of meditation. Do some investigation. I can't give you a magic pill that will give you your spiritual significance, but, I mean, I could definitely point you in the right direction.

So moving down past this, everything fits into one of these three categories, so as you're planning out your day try to keep these as balanced as well. Now in a twenty-four hour period, there are certain things you need to do. It's a necessity. For example, you need to sleep. If you're not sleeping then you've got problems, so you factor sleeping. How long are we going to spend sleeping? I'm going to go with seven hours. If you go high on one thing, go high on your sleep, because if you wake up early and you get to work fast say you want to get up at 7 in the morning and you wake up at six in the morning, suddenly you gain an hour in your day and everything seems less rushed.

You must also eat. Most people should spend about, say, depending on how many meals you eat a day, which should be between five and six small meals. You can take about twenty minutes a piece. Six times twenty is about two hours worth of eating. So were going to go two hours. Sleep seven. Two. So seven and two is nine...

Exercise. Were going to exercise for one hour. That makes ten... Reading. Well get back to that. Bathing. Everybody should bathe, every day! If you're not bathing every day, that's disgusting. So were going to call it thirty minutes for bathing. If you have pets they need to be exercised. For me I have to exercise pets, so that means that, you know... 'In Nomine Sanctus Rangerus', I'll say I exercise my dog for about two hours a day.

Work for others. Lets see. Well I work an eight hour shift generally so I say eight hours here. Work for myself. I do about three hours a day on my radio program. And you have to have contact. And contact is contact with the people you care about. No man or woman is an island unto themselves, yet every man and woman is an island unto themselves. I have no... I can't feel what other people are feeling. I cant, you know if I eat they don't sate their hunger. So in essence you're truly alone.

But it is really important that you have real face to face communication with people. It is important that you get out there and unplug from the box. Role playing scenarios, gaming group sessions, those are good things to do with that. Sometimes playing a card game, sometimes hanging out with your parents, maybe a sibling.

Or if you're like me you mostly spend a lot of time with your friends who've become like your family, because through one way or another you're not as close to your family as you could be. And these are all important. You must maintain just a little bit of that, maybe if not everyday then at least once a week. I mean you have to, otherwise you lose yourself and you lose what it is to be you. So after you add all these up. Lets see what I got, nineteen and eight is, what is that? Twenty-seven... And two is twenty... Twenty-nine and three is thirty-one, and thirty...

So out of a twenty-four hour day I basically work thirty-one hours. Thirty-one and a half hours, yeah, that's... That's pretty much how my days work. And this is achieved through hacking your watch so that it runs slower. No I'm kidding. What you have to do next is you have to factor for what you're doing wrong. How is it... Obviously you're rushed, because you think you have to spend thirty-one hours of your time in a twenty-four hour span.

This is where, rather than planning one day, you look at a seven day span and separate your time into hour blocks so you have the Morning which goes from say, I dunno, from when you wake up to, you know, your Afternoon. Then you have your Lunch period, you have your Afternoon period your Evening period and then your Night period. It is better to sleep at night, OK? In the hours between two o'clock and 4 o'clock in the morning is when your body is biologically trying to rest.

That why when the military plans attacks, generally they do them between two and four o'clock in the morning. Conversely between the hours of one o'clock and three o'clock in the afternoon is when generally people quite often get the blahs.

The afternoon blahs. Either they're lunch drunk because they've eaten food that causes all their circulation to go into their stomach, and they're not eating a bunch of small meals during the day. So their metabolism slows down, everybody get sluggish and they jack themselves with caffeine to get the production up.

So if you can... This is a very very quick way of going through this and again a lot of people have different planning methods.

But through routine, through routine, through doing the same thing every day. If you exercise for say thirty minutes a day, even if you're going for a walk, you're doing that every day and all you have to do is have a routine. Even if its not that productive, even if you want it to be better, start with working with the routine. You can use a notepad, palm pilot, your computer. I use my watch. I use my watch because it has alarms because I get so involved in the things I'm doing... "DI-DI-DI!" And people go: "I hate living by a watch." Yes, but it's by *your* watch. You're not living by a watch, you're living by a will, and you're living by your own will.

If you have a job that you hate and you find that when you start factoring your time that's only eight hours of your day. Or ten hours depending on what kind of shift you have, but well assume it's an eight hour day. Well you still got another, what, sixteen hours of your day to do with as you see fit. You sleep for six of it, that gives you ten hours a day, or seven hours depending on what you want to go with. I advise people to do eight hours. No one's going to do eight hours. Everyone's going to be doing between six hours and eight hours, but you should sleep eight hours.

I don't, but I should, because, well you know, My name's Sean Kennedy and I am The Fucking Man and I have to do all of this stuff, otherwise, you know, you can't get ahead. They say that if you want to get some more daylight into your life, you have to get some moonlight in there too. And that's true. It's hard. It's hard. If you just want to be a drone and do your own thing, that's fine. But if you want to take charge of your life, you're going to need a time schedule. So like I said: My name's Sean Kennedy, and I am The Fucking Man!

20:55 Exercise

Some people say theres mind, body and spirit. Now, if you don't believe in the spirit then you must definitely believe in the mind and the body because there is no spirit. Regardless of whether you believe there is mind, body and spirit you cannot deny that the body is foremost important on this particular realm of existence. We need to look after ourselves, we need to physically make sure that we are fit. And this is something that has been completely lost upon modern culture is that nobody talks about what it is to be fit. Now there's all kinds of people willing to take money from you and sell you all kinds of contraptions and meal and food and mixes in order to make you fit. And the whole purpose of it is to decrease the amount of effort that you have to put in to it. Unfortunately there is no magic bullet, there is no way to make you fit without a certain degree of suffering. Exercise sucks. There is no way about it. There is no shortcut.

Even if you were to do steroids, all steroids do is allow your muscles to heal faster. But you still have to punish yourself in order to, well to damage the muscles so that they'll heal faster. So as a matter of fact there's more suffering if you do steroids than if you don't as you have to work out more. Dealing with generally the Wog populous, there's a lot of us who disgustingly are overweight, myself included. And we need to get ourselves in some sort of running shape. Now the question is why? Why.?

It is one thing to say well I'd like to be in better shape, but you should think why should I be in better shape? Well, mind-body-spirit. If you work on your mind and you work on your body, if you believe in the spirit, that'll also get healthy. If you don't believe in the spirit, then if you work on your body then conversely your mind will become healthy.

You have to build up your body's level of fitness, it's something you have to do. if you don't do that then how could you possibly hope to function at any kind of optimum level? It won't make sense.

Now you could check all the references anywhere. One of the best ways to get in shape is to actually move and the easiest, cheapest way to get in shape is to run. This is why the US army, this is why armies all over the world are crazy about running. Yes it is hard on your joints, yes. But your legs, they're for running! That's what they're for! So if you start slow by walking, maybe doing hikes, doing whatever, you'll be able to build up your strength and gradually you'll be able to run. This is very easy to do. Do it in the morning get your ass out of bed, get it around the block. There are no scales. There is nothing to compare to. You don't compare yourself to me, you don't compare yourself to, like, Carl Lewis or someone like that.

You have to just have your own scale, and every time you get out of bed and get around the block, I don't care if you crawl around the block the first time, it's a personal victory every day. Doesn't matter the quantity, it matters the consistency. It matters how often you do it. Get around the block, just get around the block. Walk first little while. After three weeks you'll be bored of walking around the block and you'll run ten steps, then you run twenty steps and before you know it you'll do the first lap around the block and you'll run the whole way and you won't be winded, and you'll be like "Holy cow, I deserve a trophy!"

And it'll be your own personal victory. But you can't just talk about it with anyone. You can't work out with anyone because it's a very personal thing. This is body maintenance, you should approach this the way you approach maintaining anything. You wouldn't let your computer get all way out of whack and you know all screwy and with all files broken everywhere and just generally bloated? So why should you be that way?

Yes it's hard. Yes it sucks, it totally sucks. So the only way you can make it not suck is to maybe not eat food that is totally loaded with fat. That's number one because that's huge. Try to drink water, you know, get rid of the pop. That's... That'd be a big step if you'd do that. If I could like stop all the Wogs from drinking pop, holy cow I would have achieved the world. But if you can eat some healthy food, every now and again, that stuff that's maybe low in fat and just go for a walk every morning before you eat.

Anything you do in the morning before you eat is five hundred percent more effective. So let's say you do a block in the morning before you eat and you actually manage to run, that'll be the equivalent to running 5 blocks if you've eaten like a bowl of cereal and then run. Because we're trying to get the body mass down, we're trying to get the physical fitness level up, trying to get the cardio up.

And its different from lifting weights because when you lift weights you're able to lift heavy things, but when you run you're able to move.

Doing any practical escape and evasion, any real world application for physical fitness is probably going to include running. It is an ultimate exercise that builds up your capability to move, it takes down your body mass: very, very quickly I might add, and it works on your cardio. It's a brilliant way to work out and the best of all, its free! Its totally free!

Anyone who runs on the road will tell you that running on a treadmill is very different from running on a road. So I, I totally don't think anyone should have treadmills at all. Why should you? I mean, are you so confined that you can't actually go for a run around your block?

Why the hell would you need to buy a thousand dollar piece of equipment just to run? The street is right outside! The reason why they sell the treadmills is because it's cathartic.

We feel better if we bought the treadmill because that way, all of a sudden, you know, we're already losing weight. It's bullshit! That's bullshit! You just need to go out, go for a run. Run around the block, do it first thing in the morning. That's all you need to do. If you do that, even if you cant run... People go: "I can't run. I hate running." OK, fine. Waddle around the block! Walk around the block! Just get your ass around the block!

And all those suckers going by in cars is like: "Look at that guy, walking around outside." Well, yeah, but you're driving, guy! People have to start somewhere. Everyone starts somewhere. I was sucking wind hard first few times I went around, you better believe that. But you watch yourself on camera for a little while and you become very acutely aware of how out of shape you are. Especially when people are making fun of you. But truth be told we all have to get in shape because if we get in shape and get out bodies healthy, healthy body, healthy mind. That's the Wog way. My name's Sean Kennedy and I am The Fucking Man.

Patrolling Season 2 Episode 3 (2005)

Excerpts Transcription (2007)

Transcribed by Sane Traitor, edited by avagdu

1:27 Home Security

Your first line of defense on your domicile, the place where your live in is of course your perimeter, your fencing. And I like bio-security. Bio-security in the form of a dog. You could have all the alarm response you want in the living universe but all they'll ever give you is photos of the guys who took your stuff. So generally I believe in owning a rather large animal. If you got a dog, make sure it's a dog that would be, you know, a little bit... Well, if you maybe have a chance of holding off your property a little bit, you know, that sort of a concern that you have.

I live out here in the sticks. There's a lot of coyotes and strange animals that come wandering out of the bush. Some day, it is possible that a sasquatch could decide he was going to attack my house and I would like to make sure that I got a dog only able to destroy a sasquatch should he attack my house. Of course your animal should never ever be trained to attack people because that would be wrong. But you have your fence and of course, a little bit of noise is always good.

If someone was going to come through here, that's your first line and if I don't hear that, you better bear in mind this is going to be at night when you're asleep, well the dog is going to hear that. And then we go from there. After you've been aroused from your slumber by your trusty animal the next thing you want to know is why the hell are you awake and what's this dog barking about.

So the way you figure that out is through optics. And thanks to the readily and cheaply available webcam, you can set one of these little USB bad-boys up to give you an outside surveillance picture of your house. You can get pretty advanced with this. You can get an infrared flashlight, a little infrared spot, so that nobody can see that you're looking outside the house and you get a very clear picture. That way, if there's a guy running around, of course he's not going to wander around in the spotlight, because he thinks he knows that you're going to be able to see him, but if he doesn't know there's an infrared spotlight, you'll have a clear picture if there is actually someone in your yard.

And that way you can make an educated and informed decision on what to do next. From the camera, of course, you've got to be able to view what the camera is seeing.

Now this, we're getting very very close to the most dangerous of male territories. Bringing a computer into the bedroom. There is no way your wife is going to let you do this. So what you do is, if you're lucky, as a man, you can claim either like say a basement or one room in your house. Now if you're very very lucky, you'll be able to keep at least one flat vertical surface inside of your bedroom. Now what I've done is gradually over time I've piled more and more gizmos on top of the dresser, until my wife couldn't really tell what was where until finally I've stripped it down, and all of a sudden I have a computer which I'm able to sort of hide here. It's rather black it's good if you could kind of streamline it a bit. Keep everything very neat and generally the wife don't get too upset. Now from this station here you'll notice it's not beside my bed.

The reason for that is because when you're lying in bed you don't care. You could watch mushroom clouds when you wake up out of a slumber and you'll go back to sleep. If it's serious enough for you to consult with your optics that means you have to get up from bed and wake yourself up to the point where you walk over here, hit your indication button and your video should spring to life. From here you could have a number of cameras, going up and down the block.

Very, very useful for an urban environment. Especially when you live in an apartment building when you're, you know, ten, twelve floors up, you want to make sure you've got a camera on your stairwells, you've got a camera outside so you can see what exactly is going on. As well, any other pertinent data can be fed in here. Remote... Thermometers, things of that nature. Barometric pressure. Weather. Having a web access, thanks to the power of wireless technology, you can also make sure that, you know, in case you know, all of a sudden while you slept, in case bombs go off somewhere. You got to be able to know about this sort of stuff. And that's what this center's all about. It's clean, it's discrete, it looks very very, subtle and you got some gear for you to lay out for your daily, you know, encounters. But that is really where you make your decision on whether or not you're going to run.

4:55 Garage Door Hack

Don't you just hate it when that happens? You're running through a parking lot, you've got things to do and there's one of these large [annoying] metal gates in the way, what's worse.. Sure we could kick get over it, try to kick out the top bars.

But what if you got a car? I mean really? The way you circumvent this is, quite usually all of these models are very poorly secured. Of course, you being an operative, you always have your handy-dandy pocket knife with you. A million-and-one uses for these things, including being a key to the city. A less suave or adept person would try to ram their way through it but in actuality all you have to have is a basic fundamental knowledge of how these switches work.

Here's your motor, here's your gears. Command control box, and three exposed ports. All those usually do is control the power flow. The chances are, if you go up to these, take your blade and kind of connect them off and on. You can flash them, and the gate goes right up. Now you're able to carry on on your merry way. Take your car out, do what you please. But, again, this of course has another role. After you drive your car out, you want to make sure that... You wouldn't want to leave this parking lot unsecured to allow, you know, less informed people access out of the building. So you come back in and repeat the same action. Takes a little practice.

6:10 Sandwich

The sandwich. The main stay of the lunch. Sandwiches are... The art of making a sandwich has largely been lost in the north american culture, because we're a convenience culture. Everything is: spend this, buy this, buy that. You go to your local convenience store, chances are you're paying anything between \$4 to \$7 for a sandwich which you can quite conveniently make on your own, at home. But sometimes people are like "Aw, sometimes you are sacrificing flavor if you.." quote-unquote, "brown-bag it". Nobody really wants to do it. So today, we're going to cover the art of making sandwiches. Now, as with any sandwich, of course, the beginning of which is the bread. Bread is very important. Now for the true Wog, for true Wogness, you wanna make your own bread. A bread maker will run you anything from \$100-\$150 for a halfway decent one.

Three hours later you've got your own bread where you've been able to control all the ingredients, so therefore you can make some pretty cool, pretty rich bread. Whenever I'm making sandwiches, I don't just make *a* sandwich, I make *a bunch* of sandwiches. Your bread should be... Well, it should be soft, the kind of bread that you'd want to be able to eat it straight. You don't want to buy crappy bread, there's nothing worse than bread that's just like floaty air. You wanna make sure that you got some multi-grain bread. Some bread that kind... Bread should be enjoyable. You should enjoy your bread. Go around and try some different kinds of bread. Spend a couple of dollars on a loaf of bread. It makes having sandwiches..

And again the name of the game is substitution where you don't have to buy your lunch. You wanna enjoy your lunch. Yeah, I made that lunch. I got a really cool bread. This is where things start going wrong, after the bread people start screwing it up. They start putting butter on the bread afterwards. This is wrong OK, you put butter on toast. You don't put butter on bread. That's retarded.

So the next step is the mayonnaise. The single most popular sauce in the world. You have two choices of mayonnaise. You can either go with a mayonnaise which I'm not going to give a brand name here... Mayonnaise, you generally buy the good mayonnaise. If you are a happy person who eats dead animals, you get the mayonnaise made from aborted chickens. If you can get the good, really good, dead baby chicken mayonnaise, that's the way to go spend some bucks, get the good dead baby chicken mayonnaise. If you're not so partial to the dead animals, you can pick up some you know vegan friendly pseudo mayonnaise.

You wanna be really really generous with your... This is of course my vegan substitute not real mayonnaise. This is sort of your scop mayonnaise. I am not so much a fan myself of the vegan mayonnaise myself, but there's a lot of people who seem to like it. They seem to enjoy it because it made certain ethical choices. Now, this we have two sandwiches over here, which we are going to be, well, vegetarian. I don't think cheese fits to vegan standards according to my camera man. That is the vegetarian stuff now. You'll notice that when you spread it the dead baby chicken mayonnaise is a lot creamier and a lot nicer. 'Cuz unfortunately, I am a slave to flavor. It's true. So I don't like sacrificing stuff, and generally it's kind of a large leap if you're going from a big mac lunch to a brown bag to go right into the hard core tofu variants of beans in order to pack your lunch. Not so good.

The order of which you put your ingredients on is very very important. Largely, off the top, I like to make sure that you put your meat or synth-meat on afterwards. Now this here is not meat. This is some kind of a tofu variant of meat. Make sure you don't skimp on it. If you like the way this stuff is.. Remember you've got to like the way all of this stuff taste.

If you don't like the way it tastes, you can't eat it. Now I always put the meat down because especially if you have shredded meat, the mayonnaise or mayonnaise substitute will hold the meat in place. Put your meat on there, because that's really what you are going to be getting your protein from. Any extra, it's always handy to have yourself, you know, a 'garber-dog'. So, moving down to the people who eat dead animals, I have some handy-dandy dead pig here, from the Black Forest. Now you'll notice that the mayonnaise seems to hold the shredded meat into place a little bit better the thicker it is. And, of course, a generous portion to the home defender.

Then, following this you should go: OK, meat substitute. So we've got meat, mayonnaise, and we've got the bread. Now the other two things you're going to need is some sort of leafy thing. Quite often people use lettuce. This is wrong. You must not use lettuce because lettuce has no nutritional value at all. So what to use instead of lettuce is spinach. Baby raw spinach. Very, very rich in protein. And you can bulk this stuff right up. Luckily, spinach is on of the few things that people who don't eat dead animals can eat.

And when it's raw like this, it's actually super tasty and really adds to the sandwich. Now, last but not least, you wanna make sure you put your cheese on. Now myself, I like mustard. And cheese... It's always good to go solid, liquid, solid, liquid, because it has to hold everything in place. So I put down mustard. So then after that you have your vegetarian, not vegan, cheese. This looks like cheese, but it's not. It's some weird bean curd substitute that's made to look exactly like cheese and taste nothing like cheese. Load up on the cheese, cheese is very tasty.

For those of use who enjoy eating dead cow puss, we can have our cheese placed on our regular meat. Now I don't like processed cheese, because it's creepy, because it's like plastic. So I stay away from it. So once you get your cheese on there, this is largely the basis of your sandwich. Again, this is ground work. What we're going to do then, is the process of combination.

Two sandwiches A. And sandwiches B. Now, of course, for your lunch, you're going to not want to take it out as such so you're going to need a container of some type. The containers themselves are usually plastic. There's a bunch of different variants. You're not nuking it so as long as it's fairly clean, you're OK. Stuff her in. Hard containers are better than soft containers because there's nothing worse than a squishy sandwich.

The other cardinal rule is you do not pack a sandwich more than twenty-four hours before you intend to eat it. Packing a sandwich for a Monday on a Saturday is a bad idea because the mayonnaise seeps into the bread and everything gets a bit soggy and it's just not a refreshing experience. But once you get your sandwich together, you just huck it in the fridge, you're good to go. And you've got kind of a sneak preview of what is in store for you the following day. It's a simple art of making sandwiches. You make them all at once, assembly line fashion. It's not a problem, you can make, well, your lunch, you save a boat load of money, you're eating healthy food that you enjoy. My name is Sean Kennedy, and I am The Fucking Man.

12:13 Data Destruction

Being a Wog, you understand you're always training for a worst case scenario. So upon consultation of your optics, you figure out that "Whoa! Hey! I'm totally surrounded. There's no hope of me ever getting away." So what you want to make sure is you gotta protect your credit card numbers and all of your personal data.

The best way to do that is to assume that you can't protect your credit card numbers and all your personal data, so you destroy them.

Now what I use is I use "Derek's Boot and Nuke". Why? Because it's free and because it's good and it does it to a military grade destruction standard. You know, they can get the data back, but they need to have government sponsorship to do it. So generally, you can only do so much, but this seems to be good enough [level] for me. The way I can make sure I always got a 'nuke' disc around and on hand is I just take this, like, take a CD case so that it can be easily accessed, and the I just attach it to the side of my computer case like I've done these cases here.

Then after you do that, you just slap your "Boot and Nuke" disc in there and you forget all about it. Until you need it in a moment of emergency. If you've got to constantly maintain your emergency standards, they're not very good. You don't want to constantly be paranoid or hyper vigilant and think to yourself "Oh, the sasquatch are going to get me!" Not all the time, no, that's a little bit damaged. But you know, after a good George A Romero film fest you might be wondering about these sorts of things. And it's at those times when Boot and Nuke really makes me feel better about myself as a person.

Now, as well, you'll notice that I have a laptop. What I did to handle that was, generally your laptop is mobile, but I still have a "Boot and Nuke" taped to the underside of the laptop just in case I need it, because even if you're on the fly, you've gotta make sure that you keep your data safe. After all, it is your data.

Being a Wog, of course you're going to go down fighting. So the way you want to do this is.. make sure that you wanna run away. You've already been bumped, you know, you gotta get out of here in order to be able to, well, keep track of what's going on. So you gotta have a collection of bags kept by your computers called a 'Crash' bag. This is very different from an AWOL bag, as a crash bag is purely an emergency kit only bag. Now I use a murse, which is of course, my equivalent of a man's purse where I keep all of my essential data.

This is my cell phone, my wallet, extra knife, maybe a glow stick. Things like this, thing that you wanna have with you all the time. So I put that inside my murse, so it's a given that your murse should be kept near your computers, cause that's really where your life blood is.

From there, as a crash bag, you have a choice. Personally, I use one of two bags. I got an old school, very old school, Becker Patrol pack. And I got a Hatch bag which I use as a police tactical bag. Both of them have different... This one here would be better for, say, an urban environment, this backpack would be better for a more rural environment. The choice is again up to you.

You wanna have your basics inside this bag. A basic abolition kit that you don't need as everyday equipment. You need a basic change of clothes, again, that you won't need as everyday equipment. Maybe a light-weight rain jacket would be very very good, because you gotta understand you could be naked when you grab this bag. You shove your kit in there and you're out the door. So you gotta make sure you'll be able to look after yourself. That's the nature of what a 'Crash' bag is. From there it's all a matter of seeing how quickly you can get all of your data handled and get out of your door. That's the drill. That's what you have to get to be second nature.

A lot of people don't understand the importance of drills. The reason why people do certain drills, meaning that, you know, in martial arts you would punch and punch and punch or do a combination of punches so that you'll be able to throw that combination out like it was second nature.

The same thing is with an immediate action data disposal drill.

All the Wogs should do these because when this happens, you're never going to expect it. It's going to be an emergency. It's going to be a crisis. And you've got to be ready to do that with your mid brain without even waking up. You should have half your data destroyed before you even know what's going on. That's the idea. And to do that, the only way you can do it is to drill yourself and to keep doing drills until it becomes second nature. That's what Wogs do. We do drills.

26:38 The Man Who Changed My Life

When I was a young man, I was taking this sky train here and this wasn't a parking lot at that time. It was just a construction site. There were a lot of different licensing and fees that stopped the construction from going ahead. I didn't know why it didn't go ahead, all I knew was that as I took the sky train there was a large field of lime. And right where I'm standing right now. I looked out the side of that sky train as we were parked there, and I saw that there was a man in a crumpled ball lying in this field of lime. It was at rush-hour when I saw him, so everyone else in the sky train saw him too, because there was not much else to look at. At that time there was no racking or rails or anything else like that so you could just look down and see this field.

With a guy in dark clothing on a field of white lime, it was really apparent to see that there was this man, crumpled in the middle of this construction site. No one else on the sky train said anything. No one even cared. And since it was rush hour it was like I was the only one who could see this man lying down there. No one else would... could see it, you know?

And all the other trains that went by, they must have saw it too, because there was nothing else to look at. It was a white field with one man, crumpled in the middle of the field. When I said something, I stood up and I said "There's a guy down there!", everybody looked at me, and they gave me that kind of a look you probably get from parents, when you've told their four-year-old that there's no such thing as a Santa Claus, that was the same kind of hateful look that they gave me when I pointed to the guy down there, lying in the lime. I jumped off the sky train and I ran down, there was a fence around this place at that time. I cleared that fence in no time flat, and as I came over to him, you know, I said...

I went into my first-aid drills and i said "Buddy, buddy, can you hear me, can you hear me?"

And I came in and I grabbed him and I pulled him back.. But he'd been dead for a while, and this smell, you know, of dead people... That's why they put lime on them, I guess. I guess it keeps the smell down. But when I pulled on him it kind of opened everything up and he kind of rocked back a little bit, like if he was a mannequin or something, you know, the rigor mortis had set in. I went back to the sky-train and was very excited. Reported it to the attendant there. Police came down, took my name, rank, shoe size, and I never heard nothing about it. The cops didn't know who he was and he didn't have any ID, so he died, here, and hundreds of people drove by him and nobody cared. No one even knew his name.

And it was a total stranger who jumped off of a train, a child really at the time, who came up and said "Are you OK?" Who checked on him. So that made me the only one out of a few thousand people to do that, to witness this man's passing, to care about a man who's been dead for a few days. I don't know what kind of a guy he was. Maybe he was a drug addict, maybe he was a thief, who knows? Maybe he deserved to die, here, alone, in a lime field? I can't imagine anyone who'd deserve that, but maybe, you know, he had a bad life or something and made some bad calls..

But whoever he was, he profoundly affected my life. Because as of that moment, I made the decision that I was never going to die and be forgotten in some field somewhere, while hundreds of people walked by and nobody even cared. And that's a choice. All you've got to do is act. All you've got to do is do something and make sure that they'll mark your passing. That's all you've got to do. So, if I could be anything, I'd like to be a monument for those people who get forgotten and fall by the wayside. Because that man, who died here, he changed my life. My name is Sean Kennedy and I am The Fucking Man.

Patrolling Season 2 Episode 4 (2006)

Excerpts Transcription (2007)

Transcribed by Sane Traitor | ion | avagdu, edited by avagdu

11:42 Rapture GPS

One of the reasons why you always wanna have a GPS with you is so you can mark the locations of buildings in the city that you wanna remember. Like this building, for example. This is the "Murian rectifier station". What that means, I have no idea. But the building has no windows on it what so ever. After closer inspection we discover that it has a lot of power switches and stuff due to, you know, infrastructure for the city, goes on in this particular building. What I'm interested in is actually the building itself.

We got stone, brickwork and iron fence protecting the brickwork. There is no free access clear way to the rooftop. Fantastic! Now, in case of rapture, alien invasion, a place where you need to have a solid place to go where you can hunker down and wait it out, this building is just about perfect. Not a lot of windows. George A. Romero couldn't get into this building, let me tell you. So all you gotta do is mark these locations in your GPS, and then we could start getting them all together.

Coming up with good locations in each city. In Vancouver there'd be so many different GPS grid coordinates, where Wogs would go and take over the cities when the rapture comes. Or whatever happens. I mean, sure, the likelihood of the rapture happening is very, very low, but having those GPS grid coordinates is kind of like...

If you had them and you didn't need them, that would be OK. But if you needed those GPS grid coordinates and you didn't have them, that would suck!

13:00 Rant: Airborne

The other day I was at the mall and I was walking through the store, you know one of those big box stores, and walking the other way was this guy, he was about five foot seven inches and he looked like he was about fifty seven years old, and his face was super leathery and he had a Canadian Airborne Regiment cap on, now, the thing is that the Canadian Airborne Regiment caps can only be bought in one place, those particular caps, and it's in Padowala so..

He was, I could tell by looking at him that he was one of the Airborne Regiment cause I've seen them before, you know? And he had the handlebar moustache. You know, that's a big thing. When you decided to make the lifetime commitment to the Canadian Army, you know, when you're gonna... That's the mohawk of the Canadian Army is the handlebar moustache, you know. When you're a lifer, that's what you get, you know. He had the Airborne cap on, so he was... And you could tell by looking at this guy, you know, like he...

So I talk to him for a bit, he told me about all the marches he was been on, and his time in the commando groups and everything, you know, and there he was in the Sears, you know, just buying a belt and stuff in the bargain bin and stuff like that and I thought that was kind of sad. You know, here's this hero, really, you know, I mean.. This is the guy who had his youth and his body robbed from him through suffering and through harsh winds, and through extreme environments, for the good of his country. And here he is in Sears, in the bargain bin, trying to buy a belt.

That's not right. You know, you think that, if you were at least going to give in to that, you know if you were going to be an Airborne Ranger, if you're going to be in the special forces of any country, of any army, you know, you should be, I don't know.. You just shouldn't be scrounging around in bargain bins, you know, it just doesn't seem right somehow. That made me think an awful lot about the pageantry of the army, you know, you got all these ribbons... And Napoleon even said "I make people die for me, just for these ribbons", you know.

And young men they want to prove they're men y'know, they want to prove they can go out in the bushes and kill the bear and anoint themselves with the blood "...and then we'll be men!" y'know and we'll be respected and feared and loved.. and all that. And it's all bullshit. Y'know, it's all this weird image thing that we got. This is in no way about the guy.. y'know, I don't want to mention him by name because he was.. I've met a ton of guys like them, y'know.

And he was so fiercely proud of what he was. And that's cool I guess, y'know why not. But it just seemed to me that he kinda got ripped off. Let's take everything that you are, that you were born into this world.. at one time you were like a gentle person, a loving person, who didn't.. who was.. maybe you were married at one time and you loved your wife and now that's gone because you got dragged through several countries and thrown out of planes and trained everyday to kill people and it takes a certain kind of damage to train people everyday to kill people.

It's not like the video games y'know, where you run around with two hundred pounds of gear on and y'know you run through the desert in the streets of Mogadishu and you're shooting guys with your MP5 and you get shot and you respawn.. No. The med kits don't work that fast.

Y'know and the joint damage comes over time and your back goes and your knees go and before you know it you're walking with a cane and.. but you're Airborne. Y'know until you remuster to become a cook so you can finish out your tour and maybe end as a storage clerk and get your pension which they cut you on. And with your pension you're going to wind up in Sears looking in the bargain basement belt bin.

So what do you do? Do you bin it? Do you just bin the whole thing? Do you say “Screw it! Screw the Army, screw the honor of our life, screw the honor of our nation, screw the pageantry of the military..” and yea.. Yea, fuck the pageantry. And fuck the military too. Because.. y'know what, there's a lot of really good people in the Army who are getting really, really messed over.

And they believe in the country and they believe in this.. y'know the ideas of freedom and stuff like that but the money.. it's.. it's all the corporations y'know they're moving in on everything and everybody wants that.. the all mighty dollar and they're costing the blood of our best for money. I don't know what the answer is y'know but.. don't join the Army, guys. Don't do it. It a.. It's not what you think. And it's not what they show you on TV either, y'know. And you will stop being everything that you are.

Maybe you can come out of it ahead. A lot of people go “But Sean, you were in the Army..” Yea, yea I was. Yea, I was in the Air Assault Regiment.. or Battery, [rather]. And it was a rough go and anyone who was in there with me they know I had a hard time with it. But at the end of the day, I met a lot of really interesting guys, and 'before you settle in an orchard you might want to check the fruit on the trees'. I'm here to tell you there's nothing really good to see there.

I just don't wanna see.. I'd like people to have a little more than just a bunch of pins on an old trucker cap that got painted a certain way. I'd like people to be themselves and express selves rather than buy into the handle bar mustache. I'm just Sean Kennedy, y'know. I'm just one guy, what do I know? But that's my take on it.

Patrolling Season 2 Episode 5 (2006)

Excerpts Transcription (2007)

Transcribed by Sane Traitor | ion | avagdu, edited by avagdu

00:30 Senses

Although people will be able to argue with me about everything. People that argue with you about the point of whether or not there is a god or a sky or whatever, but we can all come to the agreement that we all have brains. Except for maybe certain political parties. The brain itself. How do one access the brain. I'm going to use the metaphor of the brain as a computer. Because it's easy and we all understand it and if you don't understand it and if you don't understand it then you'd better catch up because if you don't you're going to get left behind. The mind, like computers have open ports.

What do we have? Well we have the power of sight These are our senses, sight, taste, touch, smell, any possible sixth sense, if you happen to believe int that sort of thing. and we'll see, sight, taste, touch, smell... hearing, thats another big one, good for music, all that kind of jazz. Now as you can imagine, all of these senses are greatly influenced by advertising. We have sight, well, I mean, there's no shortage of ways that you can influence sight. Flashing lights, movement.

The rules why things aren't seen, the number one why things are seen is movement. That's why they pay those poor bastards to walk up and down the streets with a sign board waving their arms. And they are paid provided they keep what? Moving! Because they got to stay moving. Without movement, well, everything just kind of get static. And then there's colors, flashing lights. Go to Vegas, that place is the most... It's the worlds largest eye-sore, I mean you go in there and everything is just out of control with sounds and lights and flashing like God! I mean, you'll have brain burnouts inside of 20 minutes in Vegas.

Then of course, you have smell. How can you possibly deny how tasty things can get, first thing in the morning when you smell the coffe or bacon or fresh baking bread or what have you? I mean, I am absolutely certain that McDonalds cranks open the doors and has a fan going out into the neighborhood first thing in the morning to get that good McDonalds french fry carcinogetic "I'm-gonna-rot-out-your-guts" smell. Now when you realize that your senses are being used against you then it begs the question, how do you protect your senses.

And further more, the number one way of protecting yourself is you got to be aware that you're under attack. And most people just think, well that's just part of life, it's part of life that we're manipulated by our senses. No it's not.

You should control that, and you have to control that, because if you don't control it, somebody else will.

3:26 Self

In order to protect your self, you first have to understand who your **self** is. You have to know what the parameters of your **self** are, and this is the subject of many religions. There's all kinds of people who are willing to tell you who you are. Well, actually that's a misnomer. What they're willing to do is tell you what kind of person they want you to be. And invariably it involves you being subservient to their religion. One of the things we try to do here at RantMedia is try to create a.. well, an actual way for young people, and old people, and just people in general, to be able to realize that they are, in fact, important. And that they, themselves, as individual entities, are amazing creatures.

I call myself Sean Kennedy The Fucking Man. That's a joke. It's always been a joke. It's not a real thing. I'm just a guy, kind of mumbling along, bumbling along in my own life with a crazy cameraman. So who am I to tell you who you are. Well, clearly I have just as much right to tell you who you are as, say well, Anthony Robins, anyone out there, Jerry Falwell, George Bush. All these different people, they are out to give you an identity, but you don't need one, because you already got one. Sigmund Freud said that everything a man, *man*, does is based upon the urge to be great and the sexual urge.

I can't say the same thing for women, and to be honest with you, I wouldn't even want to broach that subject. For folks out there, I'd say it's pretty common, I mean, maybe with women there's a few other priorities in there too that have to do with breeding, mating, that kind of a thing and men have the same kind of drive. The concept of yourself, the **self**, not what you want, you know, **you**, the **you** in "what do **you** want", that's a big thing. If you remove all the crap in your life, if you take away all the things that try to tell you who you are. You know, you're not your bank account, you're not your jeans, you're not your car, you're left with this core being at the end of it.

Now there's Eastern religions, Buddhism, and what not. Some Zen thought that has gotten into this.

Meditation, lots of ritualized methods of being able to understand who you are as a person, and each one of them are good. I mean, I wouldn't try to discredit them. Even to some degree, prayer and some things used in the Jewish, Christian and Muslim faiths, I'm sure that they're probably good too. But religion, organized religion, all of it, is designed to make you subservient to the religion.

That has pros and it had cons. But I don't think that in the world of tomorrow, the world of cyborgs and robots and technology and jets that enable us to fly around the world, we're going to be able to exist with these ancient, out-moded ideas.

Now back in the 60's there was guys that came along with Satanism, which is nothing more than.. LaVey's stuff was, you know, this whole self-empowering "there-is-no-god-it's-all-us, arrh.." hardcore Atheism. And that in itself has a few points, but it is not... It's like protesting religion for the sake of protesting religion. You know, you have to look at what "You" want. Once you know what you, who "You" are as a person, whatever that may be, you can go to the next point which is what do "You" want to be happy. The pursuit of happiness. All of life, really, from the time you're born to the time you die, is really the pursuit of happiness. And your perceptions of what you need to be happy changes as you grow up.

When you were a child, it could be, you know, milk and cookies. I mean, think about when you were a kid, maybe you had a comic book you wanted, and you'd go around the neighborhood and you'd pick up bottles or something like that and you'd go down to your local store and you'd buy a comic book. I used to do that, I used to pick up pop bottles and stuff like that. I'd go down and buy me a Savage Sword of Conan comic book and a Dr Pepper. And I would sit back with a shot glass and I would sip this Dr Pepper, because I would savor it, you know, because you picked up bottles to get this Dr Pepper, and read this Savage sword of Conan magazine. And in retrospect now I think the Savage Sword of Conan magazine was much better for me than the Dr Pepper was.

Because as we grow and as we learn, we seem to forget the simple pleasures in life. We seem to forget the joys of, like, sitting down and spending time alone, maybe with a book or with something like that. Through media and through the massive saturation of images and technology, I mean, the movies have to, the special effects have to keep getting better and better. Because if it don't, people get bored with it.

It's like we're numbed. It's this weird media drug, this sensory drug which is overwhelming. Music, if you listen to the old music, it's very, very... Like, music from the 60's, very folky, guy singing with a guitar, very, very talented. But imagine if Terminator X got together with Jimi Hendrix. I mean, wow, we'd got some pretty interesting mixing stuff going on there. So, music, all art, all media, has evolved throughout time, to the point now where we're waiting for the next transcendent level. And the same thing that has happened with music, with art and with our desires has happened with advertizing.

Advertizing have now become this massive, intense way where they're doing research now, for beaming brainwaves at you o get you to buy stuff. And I'm not afraid of... Well I am afraid of that. But I'm afraid of what comes after that. What happens after we get numb of brainwave injected voices in your head advertizing? What happens when we're used to that? What's the next level? People coming to your house with SWAT teams to force you to go shopping? I mean, this is insanity!

Let's just put the breaks on that right now. Let's talk about who **you** are before we talk about the advertizing. You have to determine who **you** are. And I'm talking about things like 'media fasting' where you go out and you don't read any books and magazines, stuff like that.

Take yourself so that you go into more of a introspection mode. A 'media fast' if very necessary for you to determine who you are as a person. It doesn't matter who I am. It matters who **you** are.

8:58 Meditation

After you've done your exercising, it's important that you take a moment to focus your mind and your body. There is a number of ways of doing this. You could... Well I mean, you could pray. Which I'm not a big fan of But I do enjoy some meditation. And it could be said that prayer is in fact a form of meditation. Meditation, I think, should generally be done outside, regardless of weather conditions. This has a sense of bringing you into your environment, into the real world. Now, when I meditate, I try to do it outdoors as much as I possibly can, unless, of course, you live in an area where, you know, you go outside in the dead of winter, it will kill you. Don't do that. Don't think you're going to be all tough.

Meditation is a really, really simple thing, that a lot of people are putting way to much effort into trying to explain. So I'll give you my method of meditation and see where we can go from there. Now when I meditate, I go to an outside spot. Like my meditation spot is over here. You must find a position that you can sit in comfortably for a long period of time. That's it. There's no real rules for this. if you have a bad back and you have sit on a chair or on a stool or on a pillow, that's all fine, OK.

So you find a spot. Me, I like to sit cross-legged. Take a moment, relax yourself, a few deep breaths. Relax the body. Realize that. Prepare yourself for meditation. Some people say that you should put a lot of effort into approaching your place where you meditate. Sure, that's cool. You'll develop... By doing this every day, you'll develop a number of different ways of doing this. To approach meditation. Whatever works for you. Provided you do it every day, that's all that matters.

Now, with meditation, the goal is to do *nothing*. Which you'd think would be relatively easy to do, but in fact, is not very easy to do. Our minds are so saturated with media and advertizing. Very, very difficult to empty yourself, we need something to focus on. So to do this, some people say to use a candle. I use my breathing. You sit very calmly. You can either keep your eyes open or closed, whatever you prefer. And you just breathe in though your nose and out through your mouth. Some people advice that you should stick your tongue, the base of your tongue unto the tip of the roof of your mouth. Kind of like that. Relax. Now, me, when I do it, I generally breathe in and out through my nose because I find it too complicted to, you know, which area to breathe through. You have to sit with your back straight so that you don't have bad posture, so it's easy for you to breathe.

Relax, focus on the breathing. In. And out. You don't controll your breathing, you're just aware of it. If you find yourself thinking about stuff, stressed about stuff, forget about it, because it doesn't matter. The only thing that matters is your breathing. In. And out. In. And out. You don't control it, you're aware of the transition when do you stop breathing in and when you start breathing out again. When you start breathing in again, you don't control it, you're just aware of it. Spend time thinking about that.

That's it! That's all there is to it, that's the big mystery with meditation. Over time, you may find that thought come in. If thoughts come in, don't try to resist them, just let them go, let them release out into the environment. That's all there is to meditation. Meditation has been practiced for thousands of years and the health benefits are still being discovered today. It's something that costs nothing, is easy to do and anyone can do it, but no one really... Well, a few people do do it. It's something that I think all Wogs should practice.

12:18 Media Peer Pressure

What do you want. You got to ask yourself what do you want. Chances are you don't want anything right now. Right now you're just listening to what I'm saying and based upon what I say, you're going to determine what you want. Why? Because you're waiting for **input**, for me to give this to you.

This is all part of media peer pressure. There's so much media saturation going everywhere. All they've gotta do it broadcast enough messages on enough venues, on the billboards, on the milk crates, on your car, everywhere. Well, you just can't get away from it, it's everywhere you look. It is media peer pressure trying to manufacture wants inside of you.

That's what peer pressure is. Everyone going: "you want to have this, you want try this, you want do this, you want do this?" "Yeah, I want do this because I want to fit in." That's what it is. And it bugs me. I hate that. I hate the fact that people get so manipulated by the media. Everybody, they don't have any wants. People are generally just interested in getting some sleep and get laid. That's it! Maybe have a beer once in a while, have some food. But for some reason, we got all these different reasons from all these different medias to want. We've got all these different methods to want. All the ways that we want to have everything to have the right flavor, right clothing, right everything we have to have in order to get laid, get happy get a family, get a job.

You need to have all these things and it's bullshit. It's all manufactured, you don't need any of it. The only thing you need to do is listen to the **self**. What are you waiting for me to tell you? What you want? Do you want me to tell you what you want? Buy only what you want. That's the idea. In order for them to make you spend your money, they have to make you want stuff. "The first necessity of facilitating a sale is to create want within the consumer" That's a law! They can't get away from that. So no matter how hard they try, they will make you want stuff. And you've done it for so long. There's so many TV screens everywhere that you will want what they tell you to. Because it's hot. Because some chick is sitting on a beach and somehow that relates to an odor. I have no idea how that works, but apparently it's selling perfume all the time. Jeans... I mean what the hell?

Who cares about what kind of supermodel wanders around wearing what kind of cologne. That's ridiculous and it makes absolutely no sense. And I don't want people doing it. I don't want people put up with it. I don't want people just kind of roll over and take it. But they do. They spend a hundred and fifty dollars on a pair of jeans. How does that work? I don't understand but it seems that they do. So my message to you, ladies and gentlemen. What you want to do is buy only what you want. That's the rules. My name is Sean Kennedy and I am The Fucking Man.

14:22 Care Of The Mind

Realistically, each of us, all Wogs, are really elaborate biological meat robots for the brain. You could cut off my hands and I'll still be Sean, you could cut off my arms and I'll still be Sean. You could cut off my arms and legs and then I'd be art. No, I'm kidding. But if you were to take away most of my physical body I would still essentially be me. The **you** as you understand it is inside your head. But where exactly inside your head? Is it here, is it the face, if you cut off all my skin off am I still me? Obviously it is.

And there's been much written on this, big fan of the Ghost In The Shell anime series, they deal a lot with that kind of concept in there.

There's also any numbers of philosophers throughout history everybody from Plato to Thoreau has discussed these kinds of concepts. But what I've found is that there's a massive amount of well just a lack.. an unbelievable lack of attention being paid to the brain.

The brain is an organ. Just like any other organ in the human body it must be looked after. But since, unlike the muscles in your hands or your arms or what have you you can't really exercise it in a visual way so you could say "Check out how big my brain is.."

Now you can go to universities and there are professors and people with all kinds of certificates and tickets on their walls who spent far too much time reading, and y'know talking.

Reading some more and talking some more and never actually doing any living in life so they become these university and y'know highly enlightened thinkers and stuff like that, [they] are so isolated from the real world, that their minds although very beautiful and perfect in their own right and not really that applicable. So how is a Wog supposed to be able to figure out how to keep his brain in shape? How is he going to be able to handle the stresses that are put on the human brain today.

You got to think, more things have been invented in the last fifty years than in the history of the world. Our culture is accelerating at a pace that is out of control. And our process of our culture is handled exclusively by our brains. More is demanded of the human mind and the human brain today than in other time in history.

Is it any wonder why suddenly the pharmaceuticals and corpolitical companies are able to broadcast and sell these ideas that "Oh, you're.. you're obviously.. you can't cope with society because well, you're sick. And because you're sick we'll give you this 'medicine'.." And they're selling their snake oil to everybody when realistically all you have to do is look after your mind.

Nobody likes to think of their minds as being.. well, weak. No one wants to be weak minded but realistically every single mind is weak. No mind is 'un-hackable'. My mind isn't bullet proof, your mind isn't bullet proof. Every mind has it's limitations. And not knowing what your limitations are is as dangerous as y'know, having no concern for your minds limitation. Whether or not you have concern for your minds limitation. You see what I'm saying?

If you don't look after what you do with your brain, you're going to wreck it. One day you realize, "Holy cow!", y'know, like all these extreme sports guys who get into that free rock climbing thing and they climb up the side of the cliff and they're like "Yea, I just got my chalk bag and y'know, I don't really care 'cuz I'm good enough.." and they don't recognize that y'know perhaps something could go wrong, something could break somewhere along, something unforeseen, variable 'x'. And suddenly they fall.

And that happens to people all the time. Can be anything. Could be something as relatively minor as well, you lose your job. Which is a minor thing but people seem to think it's their be all end all of existence. Or it could be a major thing like a death of a loved one and people's brains just wig out.

In your own life you'll find lots of examples of people who were going along great and then something happened and "Bam!" suddenly they changed as people. Sometimes its a major event, like them going to war or something to that effect. Sometimes it could be a minor event. It's either a software or a hardware thing. Maybe its a car accident.

Maybe they hit their head and now y'know, they just never been the same since.

This is all because of the mind, and care and feeding of the brain. Now physically, y'know other than saying "wear a helmet" there's not much more I can do for the physical health of the mind, other than of course diet, which we'll be able to talk about. But there's so many other ways that we are controlled and manipulated, because if you can control of the minds of the people, you control the people.

18:49 Mind Armor

After you get up in the morning, do some exercises, go for a run, do some meditation so that you're able to final quiet your mind, be fully aware, and conscious and awake and really centered and able to deal with your day, move forwards with a focused mind in the pefect Wog adaptive way, everyone in the world is going to try to knock you off balance. This is the purpose of media broadcasting and advertising is make you unbalanced to make you believe that you have wants and needs that you don't actually have. The goal is to try to maintain your focus, peace and calm no matter how you choose to create your focus, peace and calm throughout the whole entire day.

If you take your focus, peace and calm through inspiring yourself with religion and things like that you'll want to be able to do that for the entirety of your day so that you don't get outside and a minute later you return to being afraid again. 'Cuz you're like "Oh my god, there's all these problems in the world.." and you wind up getting overwhelmed and before you know it you're down there, y'know paying twenty-five dollars for a pack of smokes.

OK, so you want to avoid that, the way you avoid that is to just create it so that the ideas and influences of reality, of these percieved relatities that advertisers try to sell to you, just kind of go over top of you, kind of like armor for the mind. Like 'brain armor', if you will. We're gonna just go over a few different ways that you can do this in your home and abroad. Y'know when you're out and about being mobile.

First and foremost, any piece of equipment you get you want to sanitize it the moment you purchase it. Moving across the table here I've got examples of whole bunch of different ways, a whole bunch of different things but try to keep with me, we'll see where we're at. The first thing we're gonna do is, no doubt where ever you get this particular program, you probably got it from a computer, and doing things on computer well, y'know everyone goes out usually goes out, purchases for themselves, usually a laptop. Most things are done on laptops now.

Mind you the desktop is a far more powerful unit, much more practical, but depending on how mobile you have to be, *me*, I primarily use a laptop, 'cuz I'm everywhere, I'm scattered, I'm all over the place. What you want to do first of all is make sure you're not 'littering'. OK, you're not broadcasting.. being like sort of a spammer. OK, a 'reality spammer'. Just because you've purchased a laptop and you happen to like your laptop, that doesn't mean that everybody else needs to know what kind of laptop you've purchased.

First of all you don't want to spam and advertise for free, the second reason is because if people know what make and model your laptop is, even in today's bluetooth/wifi concepts, they might know some default stuff if they can readily identify what kind of laptop you have, maybe there's some default password, some backdoors you don't know about, maybe there's certain things about that laptop you're not aware of.

So y'know, no one needs to know anything about your equipment, more than anyone else.

What I do is, right off the top is I try to hold as much.. try to cover up all the labeling on the laptop as best I can. Now some laptop's have it actually engrained into the laptop itself, you can't get it off of there.. laptops are pretty fun anyway for doing stickers. So what I use on my laptop is I use stickers. First thing I'm going to put on here is I'm going to put my Rant Radio sticker on it, try to keep it fairly nice, now some people could say "Sean, you're now adversting for Rant Radio!"

Yes, yes I am. Ha! Ha! Ha! Once we've determined who you're going to sell out to and all that good stuff, I figured y'know it's OK, I'm pretty heavily involved with these guys, I enjoy it. Other stickers, if you don't know what else.. "Well, I don't really want to sell out to anyone.." Go get yourself hazardous warning stickers. Part of the Rant Radio logo was taken from a hazardous warning sticker. And they're fun. They're great. And they're scary looking, look at that. Y'know that tells people to stay away from this thing, y'know. And they're great fun at the border. I actually had a cop one time ask me, he said "Is there any bio-hazardousl infectious waste in your laptop there?" And I'm like "Ah, no.." Because if there was *surely* I would tell this fine law enforcement officer.

Throw it on there. And it looks pretty. Looks nice, looks fairly official, try not to get any bubbles in there and "boom" you've now got a sanitized laptop. Everything you get has to be sanitized. Make sure it's clean. Make sure you're not littering. After we do that, the next order of business, because this is.. people see *that*. [Shows laptop lid with stickers]. This is what they see while you're working. And they don't need to know what kind of laptop you have, what the make or model or any of that is.

Since Wogs don't watch television, what you're going to need to do is you're going to have to get your news and media somehow. And of course we get our news and media through the same way.. well, all good people get their news and media *through the internet*. And when you're surfing the internet there's a variety of browsers and things like that that you can use but only one of them is really any good and that is Firefox.

The reason why I have gone with Firefox, as I now invoke the wraith of the entire computer culture.. the reason why is because of 'Adblock'. Firefox browser created, distributed for free has a feature, a plugin, which you can put into the browser, a number of them actually, one of them is the weather one which never, ever is accurate. But that's OK, it's not good to base your filming around a browser plugin. Generally one of the greatest plugins I've ever seen, and really I would encourage people to download and install Firefox for this browser plugin.

There probably are other browser plugins similar since Firefox came out with it, but it's called 'Adblock'. And what they do is, as you surf the web, you'll be looking and there's adversting all over the web now. The web is completely covered with ads and banner ads and it's *everywhere*, you can't get away from these things. So what you can do now is you can click on the image and 'Adblock' it, when you look at the page, and reload it, it's gone.

It's completely gone. There's no more banners. And you can gradually get rid of all the different banner engines and everything, it's fantastic. And suddenly you get your internet back. And you're finally able to go to a website and look at news and things like that without constantly being bombarded with all this advertising. So that's one method that you can use to apply sanitization to your digital life or you digital self, your *avatar*, as you were.

There's two places you're gonna be going online. Now going online is very dangerous, because it does actually... you've got a lot of news there, you're making a lot of connections with people, your ICQ list or your messenger list of any sort of type shouldn't be this massive conglomerate. You want to make sure you keep the people you communicate with to a really good group.

You've got your friends, you've got acquaintances, you've got people you talk to, you should always have a core group so don't spread yourself too thin, OK. Otherwise everyone kinda invades your life.. you wind up getting out of balance and that's not good.

How do you avoid losing balance while you're online? Now there's a couple ways you can do that. The first thing is don't take too many messages, incoming messages. Do everything in a certain order, try to maintain your calm. And there are ways you can use your own senses to help you with this. Both at home and abroad.

First of all, one of the strongest senses that we have is the sense of smell. Y'know the perfume industry and the fashion industry cater to this thing huge and there are putting pheromones into perfumes and weird chemical concoctions to make you more trusting and all this sort of jazz, rather than leave yourself open to subject yourself to any smells I would choose a scent that you would prefer to smell over everything else. Now I myself came up with an aroma going through all the aromatherapy stuff that I would advise people to use.

It's easy to make, you use it with either.. usually I use a grapeseed oil extract and you get a bottle of grapeseed oil extract or another carrier oil with no scent itself, and you can use this.. it's a universal oil you can use this as a massage oil, you can use it as a essential oil to smell, you can use it as a diffuser blend, what have you. But the blend itself.. the grapeseed is just a carrier you don't have to use the grapeseed but the oils you need to remember are.. *equal parts*: **frankincense**, **eucalyptus**, **champa**, and **ylang ylang**. However you say that, y-l-a-n-g, y-l-a-n-g.

Relatively inexpensive, those four. Ah, the frankincense gets a little bit pricey. How I can to this conclusion had nothing to do with the odor, as a matter of fact, I went through all my aromatherapy books, found out the ones that mostly effect the mind and the respiratory system and allows you to do all this mystical and metaphysical stuff, the big heavy hitters were those four.

Now when you combine those four together in equal portions so that you wind up with a few drops and then you combine them, y'know look in your aromatherapy books, sometimes they'll say you know that you want to have twenty drops per.. or four drops per twenty drops of your carrier oil or whatever but those are your essential oils in a blend that you then mix with your carrier oil and I call that particular blend **navras**. After one – the really cool song from the Matrix soundtrack and two – the term used in Hindu culture. Which.. look it up online you'll find all kinds of stuff about that.

Now there's a couple ways you can use essential oils. At home you can take them and put them in a diffuser. A diffuser is nothing more than a candle and a little bowl. Where you take, y'know a few drops.. I use *way* too much of the stuff, because well my wife says “..you only need a couple of drops!” And I'm like “Well if some is good, more is better”. You take that, you throw that in your diffuser, light up a candle, [the oil] goes on top, and about y'know.. twenty.. ten, twenty minutes later what happens is that the water, the candle of course evaporates up top here and it y'know, permeates throughout the entire house.

This is very good because it is very clean. Very, very clean. You can smell it almost instantly, and very quickly after you've done your meditations and all this sort of jazz.. you don't realize you smell it anymore. So you're at home.. OK, check this out: you're at home, you've meditated, you're calm, you're clear, you're focused, you've got your **navras** burning.. the olfactory senses have a strong impact on the mind. Think of the last time you had a smell that reminded you of something in your childhood and you're like “bam!”, suddenly you're there.

Well that same smell, if you have a repeated experience where you're calm, you're focused, everything's good and you burn some **navras** pretty soon that scent gets associated with being calm, collected and focused. It's kind of a trick for your mind. When you do that, I mean it's a.. it's a very, very excellent way for you to kinda trick yourself into.. if say one meditation session you can't really do it or you haven't got time to do it, well if you light up some **navras** you smell that and you go “Oh, wow..” and your brain will instinctively kinda flip itself back to being more calm and relaxed. Little bit of a brain trick there.

Now some folks don't like essential oils, OK maybe you're a smoker. Which.. you should be trying to quit that. But if you for whatever reason you'd rather go with incense, incense is a perfectly good option. Also, incense I've found have a tendency to permeate and stick in fabrics and stuff like that a little bit more. Some folks prefer incense to others.

Myself, when I burn incense, I burn nag champa. It's the 'Sy Baba' stuff, I don't really agree with the guy's politics but y'know his incense is pretty good. Y'know you can take a couple sticks of incense, burn them in your house, always burn the same kind of incense, it's not so good to burn multiple different kinds if you want to try a different kind burn it for like a week or two weeks unless of course you burn it right away and you think it's crap.

Make sure you have it all in a really good container that you can kinda control where the ashes go. Incense is fairly dangerous stuff you want to be careful with it because I mean this is hot.. [in a diffuser there's] candles, course you've got a lot of guards there, won't get in there, so you want to be careful so you don't burn your house down. Disclaimer, disclaimer! Don't light your shit on fire.

Now the same thing that can be said with the navras as you can say with your incense. You sit there and you smell it and you think “Wow, suddenly I've got that feeling again..” You see what I mean? You can get yourself more relaxed, more calm, everything is relaxed. And that's great for home, but how do you take that feeling with you when you're on your own?

Now there's a bunch of different ways you can do that. And essential oils are a little bit better than incense for this reason as well. I prefer the essential oils myself. The way I do it is.. there's lots of things on the market, like little vials that you can throw this in your pocket and throughout your day y'know when no one's looking in the office you just kinda go [and inhale through the bottle] and then you're fine. Y'know everything will be OK after that. But you gotta try to be a little bit more subtle about it y'know because people get a little weird when they see you huffing bezadrine out of a bottle or something.

So the other way you can do it rather than having to pull a little brown bottle out of your shaving kit is through something like this. Now this was made by a really nice hippy who created it. It's a ceramic container which is glazed on one side. Because essential oils go through ceramics unless they're glazed.

So what you do is take your ceramic container and get your little eye dropper here.. And oh, I took way too much.. “You took too much man, you took too much..” OK, and you just drop a little bit in here like that. Don't waste it. Put it back. And you put your cork on it here. Now that seals this stuff inside the container and then you can wear this around your neck. Make sure you put the ceramic side on the inside.

There's all kinds of different ones that do these, there is no marketable.. y'know I can't tell you a location or a website to go to but this is generally what they do, sometimes they're little vials. And this one here is neat because it leaks through here all day long, so if you wear it underneath your clothing, it's really non-descript, it gives a nice pleasant odor. It's a natural order..

Oh, as a foot note, make sure that you use natural source essential oils, any kind of perfumed essential odors are garbage, as a matter of fact, they are worse than garbage, some of them are toxic. So you must be an absolute freakshow when it comes to the purity of your essential oils because otherwise it's just.. it's ridiculous.

Now when you have your essential oils, you get them all located, that gives you a sense of personal aroma.. and I use the **navras** for everything. I use it as a cologne, I use it as a.. something to rub on your face when you get out of the shower, keep moisturized all that good y'know 'American Psycho' stuff. Very handy to have. And as well, olfactory senses.. now the interesting side effect of using essential oils in that way over incense is when you meet people, because you're a Wog and you're focused and you're like y'know, very able to be calm..

You want to be a calming influence on other people. And if you have that sort of aroma about you, because you're wearing these essential oils, eventually people come up to you and they go “Wow man, you know what? You smell great! Y'know like everytime I'm hanging out with you you're always y'know, you're really a relaxed guy, you're just a pleasant guy to be around.”

And you say “Well, that's 'cuz I use **navras**.” And they go “What's **navras**?” And you tell 'em how to make it. You tell 'em how to make it right then and there. “Y'know, you take y'know your frankincense, champa, ylang ylang and eucalyptus and you combine them all together..” And you carry on and off you go. Y'know, maybe carry an extra bottle with you, give it to 'em. That way we can completely destroy the perfume industry. Which would be cool. Because, y'know that would take care of the whole animal testing thing, wouldn't it?

That's one way of controlling y'know through the sense of smell. 'Course when you're out there walking around the major thing, the major sense is the sense of sight. Everyone should own a decent pair of sunglasses. Now for me, I use a set of these sunglasses here, we've talked about these ones before, if you have perscriptions you can get an insert for them, or get prescription sunglasses, these ones are very inexpensive. These particular ones are ESS ones.

Which I'm wearing and they're.. they're kind of neat. But it says ESS on it here, now with sunglasses you don't really want to be drawing over them, putting stickers on your sunglasses so you can find yourself.. y'know there's lots of different solvents on the market.. lots of different products you can use to take paint off of things. You put a little bit on there, make sure you test it so you're not going to melt your glasses plastic.

And just kind of [rub] a little bit and it's gone just like that. And suddenly you have nameless glasses.

Wonderful. No more spam, no more littering. Now these ones here, there's a series of different lenses again you can get the clear ones, you can get the yellow ones, but when you walk around like yellow glasses and things like that with something this drastic it's a little intimidating for people. It's like broadcasting you are in fact, insane.

Although they have no right to judge you that way, y'know you want to conceal it a little bit better. You don't want to walk around with the jewelry on the outside, want to keep it on the inside. No need to broadcast to people that you have mystical powers imbued by essential oils or crazy sunglasses.

So when you're choosing sunglasses, if you can't clean them up, you should get a pair of sunglasses that are pretty non-descript, don't have a logo really apparent on the outside, take a look at 'em, "Yea they look alright.." throw 'em on. See how they look.

They.. this serves two functions. First of all, it effects the way that color appears to you. And because it effects the way color appears to you, it manipulates the advertising. People are designing advertising very specifically with colors. They spend a lot of time and a lot of effort to do that.

If you can suddenly throw a shade on it, all their work is for nothing. Y'know you look at billboards and stuff like that, and all there colors are arranged in such a way, well you throw a filter over top and all their color scheme is shot and suddenly you've got a barrier.

The secondary barrier to sunglasses.. it's very rude to talk to someone.. generally considered in face to face conversation with sunglasses on. Now why is that? Because you have a degree of seperation. If you're wearing sunglasses people can't see your eyes. Your eyes being the gateway to the soul and all the rest of good stuff. If you keep sunglasses on it creates a barrier between you and them, the safety of behind the lenses. As a good friend of mine in New York said, "It's a bullshit filter."

You know you can wear them, get some that don't take away too much light so you can wear them in low-light/high-light conditions and it has certain disguising features available to it as well. It's always good to have a pair of sunglasses. Especially now since the ozone layer decreasing as well. So you've got two advantages in this. One, it seperates you, making you less.. giving you the advantage to other people who.. they now cannot see your eyes. And two, it has disguise features added to it.

You can change up your sunglasses, 'cuz if you always wear the same sunglasses then.. One day you wear these and another day you wear these. Y'know you change it up, mix it up, have some fun with it. And don't buy the really, really expensive ones unless you really, really like them and you think there's some sort of quality reason behind that.

From sight, we've got sight and smell. Now let's move towards another really huge one. When you listen to radio, you're listening [to] that sound. And of course commercials they are loaded with subliminals on the radio. The radio probably moreso than anywhere else. Bells ringing, car horns honking, sirens, alarm clocks going off, phones ringing.. all of these are really common on radio commercials. They are so common now that once you're aware of like "Yea, I and we'll be back in a few moments.. RING!" And all these bells go off, that's when you're in Vegas the slot machines make those god awful noises, it's all bells. They're all to distract you, to throw you off focus.

So how do you get away from that? How do you get past that? Well, again, while you're at home, after you've done all your meditation and stuf like that.. you listen to.. Now I'm not going to pick a genre,

I'm not going to pick a genre... I would advise, that people when they are just starting out, just starting to experiment with this, listen to baroque music. Classical baroque music. Why? Research has been done that shows that baroque music effects the mind to make it so you can learn more easily. Keep it as background noise.

We're not doing the thrash metal to baroque here, OK? And no, 'Apocalyptica', they have some baroque music but it is not qualifying as baroque. Go get some symphonic stuff. It's good for you. Little bit of classical never hurt anybody. If you totally, totally hate it, go find some baroque music that you don't totally, totally hate, OK?

Now from there, how are you listening to this? Because just like the smell from the **navras** you can influence yourself with repetitive tunes. Make some mix tapes, things like that. Now at home I listen to it on headphones.

Music, I believe, in the modern age, especially if it's recorded in any way post production is designed to be listened to on headphones. Baroque music is probably a little bit better on a stereo.

But myself, when I'm listening to music at home, I've kinda.. I don't listen to a lot of baroque, I'll be honest with you, anymore I don't listen to a huge ton of it. So generally I work with more.. I go with psytrance, ambient, that kind of techno stuff. And I believe that most of that music is composed with and designed to be listened on headphones.

So a good set of headphones is invaluable. Now also you can keep the volume level low otherwise you're going to damage your hearing. So what's the first thing you do? You get your headphones home, the number one thing you want to do is take away.. well you gotta sanitize your headphones so you're not going to be y'know littering with people. These particular headphones here, if the paint doesn't come off.. you just take your marker and very gently draw over it as best you can. Just the brand name. So you're not advertisting without being paid for it. There, that's not too bad. Y'know, kinda covers it up basically, so other people go "Oh, well that's cool.."

Now as technology advances with headphones.. Holy cow can you spend money on headphones, oh my god. Like there's a bunch of different companies out of Germany and stuff like that, they make these headphones that just get out of control. And I don't know enough about audio stuff to really y'know advise on certain kinds of headphones but there's certain perks with other.. y'know, certain kinds of headphones.

These ones here, which I got, which are pretty cool, have a feature called noise cancelation where you activate a little switch, battery powered, y'know. But what you do is you put them on and it has the effect of being able to filter out outside sounds so that I can't hear outside noise and it makes the sound you hear through your headphones a lot cleaner.

So if you're sitting at a coffee shop and you're able to actually sit down with your laptop and do some work, throw the headphones on, throw the headphones on. If you've got glasses that have a little bit of light fade on it and you're outside or whatever, throw these on and suddenly you're in your own world. Nobody wants.. nobody's going to mess with a guy who's in a coffee shop doing this: [typing intently on laptop with sunglasses and headphones]. It's not going to happen. Nobodies going to come up and say "Excuse, excuse me?" You ignore them. And then they leave you alone.

You're invincible, invulnerable. Unless they come up and physically make contact with you in which case well, we get into another section of the show which I'm not allowed to talk about.

Now, moving past the headphones.. [Takes off headphones] Wow.. that's really loud. Noise cancelation I really dig. It's a very interesting technique, it's been used a lot on planes. But when you're not at the coffee shop and you're walking around, you got your sunglasses on, how are you going to be able to make sure that you don't become subjected to all these things.. people y'know you have the 'carny barker' syndrome, everyone's gone to the fair y'know you got people going "Hey, why don't you come over here and win something for your wife?" or whatever y'know they do this crap.

So you're walking around, you want to avoid all the noise, all the hub-bub, all the screaming, all the broadcasted advertisting, especially in the day and age now where we're approaching how we're going to be beaming messages directly, orally at you specifically as you walk by.

It's getting to the point where, aside from sunglasses, which protect your eyes from radiation and invasion of your privacy and well y'know, sort of a.. kind of a 'snooping' really.. like a 'port snooping' that people do subconsciously when they try to sell you stuff. You're going to need to get yourself a set of headphones to wear when you walk around day to day.

The technology is around now where you can get y'know, any number of convergent devices which y'know has your mp3 player, you have your cell phone, all that good stuff all in one. So you get yourself a pair of mobile headphones and you wear them. After of course, sanitizing them. You gotta make of sure that. And when you sanitize you don't have to sanitize every single marking on there. If you don't recognize a logo or a name and its not easily recognizable.. you'll see that the name is there, well just draw over the name, y'know you don't have to get all crazy about it.

You don't have to like completely make your headphones all horrible. Just go and draw a little beam like that, it almost suits the whole thing so nobody really notices it, it's not a big deal. If you want to get all artistic about it, sure, use some license, personalize them. It serves another added advantage is if sombody were to walk away with your headphones you'd be easily able to identify them.

So as you walk around with your headphones on, this again, isolates you. It keeps you away from everyone else. Even if you don't have any music playing, because you want to be aware of your environment you can be sitting there listening to your music with your headphones on, with your sunglasses on, listenng to music.. And you simply deactivate the music, bang. And no one's aware that you're actually hyper vigilant in your own environment.

And when you think.. if you're on a subway or something like that, something sketchy's going on.. well you can start the music again at your leisure. But y'know, it's always good because people realize that you're not part of the environment there, you're not.. you're closed off. You have that brain armor, that firewall, present. If you want to take it one step further, when you're out in public and I think everyone should do this, I think everyone should own a series of hats.

Now this hat here, you can't really tell by looking at it, but this hat here has its name brand on it. But because it's a camouflage hat and multicam you can't really see what the name brand is.. so I'd say that passes for not brain littering. I put a Canadian flag on mine on a velcro patch, you can take it on, pull it off.. You can put other patches on there y'know, if the Rant Radio patches were still available you could get one of those but they're not.

Only certain special people have those and those people who have them and imbued with magical powers. For those of us who don't have the patches you can get whatever, maybe something generic like the American flag, something's that neutral so it looks like you're saying something but in actuality you're really not you've just kinda got this hat on.

So you throw your hat on overtop, and you have eye contact broken and you're sitting there on your tram or your "L-[train]" or whatever you have that your transporting say you're taking the bus or you're riding your bike or just walking down the street and you are in essence armored from the skin out. Now you have a series of different companies make like silver threaded hats, that actually take it one step further, it's like having a Faraday cage around the top of your head to stop EMF signals, this is a glorified version of the tin foil hat.

And the tin foil hat.. although, we'll discussing that as well, sometimes y'know, you have to draw your own personal limits to how far you wanna go. Some people just think.. I would just start with a ball cap and then work towards your tin foil boonie concept. But that's only for the really hardcore Wogs out there who probably need it.

Last but not least, you must plan for the eventuality of failure. As all good engineers do. When I have that, it's always good to have a failsafe. Now other than using a variety of weird narcotics and stuff like that, if you get overwhelmed, if you get a case of the 'black shakes' and the world is rushing in on you.

Some really good friends of mine from WebLife, WebLife-dot-org.. Came and gave me some stuff called Ume plum concentrate.

Now this Ume plum stuff, it's from Japan I guess the samurais before they'd go out on the battlefield and cut eachother up, they used to 'mac out' on these Ume plums. That were pickled. Now the Ume plums themselves are kinda toxic but once you pickle them there's something about the plums that.. it kinda effects that and it gets rid of anxiety. The one company I know makes it 'cuz they sent me some stuff and they thought it was cool was these guys called Eden Foods. Nice people, y'know they're a.. they've got their own ideas, y'know they've got their own belief system and stuff like that just like the guys who make the incense have their belief system. But their product? Let me tell ya, it works.

All you do is take a dollop of this weird tar-y stuff. Which is really, really hardcore and you put it on your tongue. Like even just that little bit there.. sometimes when it ships it comes with a little spoon but this stuff is like total tar. I just take it and lick it straight off the lid. Absorbs through the skin in the mouth, straight into the blood stream and you'll find it has the application.. like Shinto priests use this stuff before they meditate. Makes them very present, makes them able to like focus, get outside their head and into reality so that you don't get confused and lost.

Very, very handy and an excellent rescue remedy in case you wind up end of getting overwhelmed. Now that's pretty much the use of it, now there's lots of things you can expand on from there, you can go out, think about new things you can use and you get involved in the culture you'll find new and exciting ways to protect yourself and create your own forms of brain armor. Where you go from here is up to you. My name is Sean Kennedy and I am The Fucking Man.

44:04 Closing In

Get a lot of questions sometimes people asking “Why is advertising so bad, Sean? What's wrong with a couple of commercials? Y'know like what's the big deal? Why is advertising always bugging you?

Why are you and Cimm so upset about the whole advertising concept? They're just presenting you with options you can either go here or you can go here..” And you feel like “Oh, y'know well it shouldn't be that big of a deal, it's kind of an educational thing right? I mean advertising is out there, it's part of business, business is good, business is commerce..” None of this is real, none of that is true.

OK first of all, advertising has one goal and one goal only: to make you spend money. Anything that reminds you to spend money in any way, is advertising. I don't care how it works. Now talking about art, culture, music all that kind of stuff, sometimes that can be disguised so that it's not really advertising. And you think “Oh, we're just talking about art..” No, but they're advertising an art show, and unless the art makes money then it's somehow not marketable and it's not very good and things start getting a little crazy that way.

Advertising is a plague and it's infiltrating our culture as art. It is a method and there's so many means of it. It's not just.. It's closing in all around us, pretty soon we'll not even going to be able to have a method to do anything without being advertised [to]. It's on the radio, it's on the airwaves, it's on our clothing, it's everywhere we look. There's absolutely nowhere you [can] go without advertising closing in on you.

45:15 Wet Wiring

I read the other day that over fifty percent of the human population of the planet now live in cities. Which means that all these people who now live in the forests and jungles of the world are minorities. We've traded our treehouses for apartment condos. We've traded the views of the ocean for well.. this. And I live in a nice city. And I live in a nice city. When I was down in New York man, I mean New York is the kind of city where you could drive a cruise ship through the middle of the city and people two blocks over would have no idea a cruise ship was in town. And I mean *in* town.

Problem is though is that with so many people inside the urban cities what does that mean for the people who still live in the outlands? People in the Amazon jungles? What about the people in Panama? What about all the native peoples of the world? Well, I guess that means that they're gonna die. That's what it means.

Because the human race is slowly becoming more urbanized. More technology. Won't be long before we're augmenting our bodies all the way. Having wet wired implants, getting ourselves all geared up so that not only do we just have cell phones that control everything we do, see, think, feel, act.. We're paying attention to advertising no matter where we go.

Well, it's only going to be a matter of time before we get ourselves cybernetically implanted with all sort of display medias. Think about it. All you have to do is look at any science fiction book. Ever notice that all these science fiction movies you never see any advertising? Sure you see a little bit. But you look at Tokyo today or Time Square. Try to imagine what life will be like when you have cybernetic implants in your eyes and everywhere you look is augmented reality ads.

Your own mind wouldn't even be yours anymore. You wouldn't be able to think about whatever you want. Your thoughts wouldn't even be yours anymore. They got the technology now that they can read your voice before you actually say the words. What does that mean for law enforcement? What does that mean for freedom? What does that mean for you and for me?

I don't know man, it scares me a lot. But you can't be afraid, you've have to learn to use that. You have to learn to embrace technology. Technology is only mans physical manifestation of will. If you don't master technology, technology will master you. My name's Sean Kennedy and for now, I am The Fucking Man.

48:08 We Are Different

No matter what anyone tells you, we are all unique. Everyone is different. Certain members of us have similarities but everybody's brain.. y'know the hippocampus, neo-cortex, the entire gray matter thing going on up here from one side to the other one is totally unique. Your memories and thoughts and ideas plus your genetic make up have made you who you are.

And that's not even getting into the concept of a ghost or a soul or a essence of being or a spirit. Without getting into that, I think that not everyone should be the same. Not everyone should see things the same way. The pharma-fascists out there the folks trying to drug us all to say "Maybe you have some associated personality disorder.." That used to be called 'being shy'. Or maybe you're quiet but suddenly now you've got some kind of traumatic syndrome. It's nonsense. It's totally ridiculous.

We've existed for thousands of years without these massive amounts of drugs and pills and medications being given to ourselves at every stage of our life, from the age of children to old age we're being constantly saturated with media and drugs. It's insane. So at some point you have to sit back and go "What a minute.. hold it.. Why are they doing this?" It's a massive... Think about how much money is pumped into advertising. How much money is in that?

Billions and billions of dollars. Because we're not the product, we're the resource. They're trying to take all of our money. And they way the do that is by establishing *need*. Anyone who's ever taken a sales course or done any sales will tell you that they need to establish *need*. They need to convince you that you're in trouble, you're in danger. "There's terrorism, there's bird flu.."

There's this, there's that. There's the chance that you won't get a date, no one will like you if your teeth aren't white enough. You'll sound like an idiot.. These are all fear tactics that people use. And unfortunately because everyone is so media saturated they are a kind of self fulfilling prophecy. I think that if as individuals we can learn to 'unplug' and be comfortable with being alone.

To be comfortable with the notion of "I don't really need anybody. I like people, I don't hate people. But I don't need them. I'm OK to be on my own and do my own thing. Dress how I want.. Dress how I want and go peaceably amongst people. Walk like an elephant in the forest, disturbing no one." These concepts have been reflected throughout history and they've been said a million different ways and I sure didn't make 'em up, I'll tell ya that. But I think that they need to be taught more.

And people need to understand that they don't need to be.. anything. You already are. Be a human being, not a human doing.

You already exist. You have to educate yourself and make sure you can get yourself a half way decent job but you haven't got to subscribe to all the dogma and the lies that exist out there in the world. It's ridiculous. You don't need it. For a large portion the news is just there to scare the shit out of you. That's why there's so many drug commercials on there.

What I'm trying to get at here is that with your self you have to protect your own self. You have to protect your *self*. You have to protect what you like, what you think. If you don't agree with something don't get led down the garden path by some snake oil salesman. Even if it's me. People change all the time. Everyone you talk to and everyone you meet you should treat like a smorgasbord. Take what you want, leave what you don't.

Shield yourself. If you're walking around in an area where you know there's going to be lots of 'carny barkers' screaming products at you, wear the headphones. If you're going out in society and you're dealing with salesman who are really good.. and believe me, you've got to plan for your own limitations.. take steps, [put] barriers up so you don't have to always make eye contact with these people. Make it so you can isolate yourself a little bit. Doesn't mean like you have to make like you're screaming "Fuck off" every ten feet.

But I mean it's OK to be an individual and say "No, man.. No thanks.." Practice saying "No". Don't give in to guilt. People are only as important as they *think* they are. And I think that each and every person out there watching this is more important than I am. That's why I do this. And that's why my camera man will spend countless hours putting together a television series trying like hell to convince you of your own self worth.

But somehow in all these things it gets lost. There's only so much we can do in day to day life to try to communicate thoughts and ideas without becoming leaders ourselves. And the more confidence you have the more people are attracted to you. All I know is that I make certain choices and some of them have worked out really well for me and some of them haven't. But they're my experiences and I try to share them as best I can so I encourage you to do the same so that we as a species, as humanity, can get stronger on the whole. And my name is Sean Kennedy, but I'm just some Fucking Man.

Patrolling Season 2 Episode 6 (2006)

Excerpts Transcription (2007)

Transcribed by Sane Traitor | ion | avagdu, edited by avagdu

4:24 Selling Out

A lot of people ask me about the concept of "selling out" and the concept of whether or not you're staying true to your ideal. You get a lot of criticism as you go along with concepts and ideas that you come up with in your own life. In order to "sell out" first you have to have a concept that's your own. otherwise you're not selling out, you're jumping on the band wagon. But let's pretend for a while that you've come up with a concept.

Let's say you've decided to make doylies to save the world, okay. And as your knitting your doylies to save the world, this is your concept, this is what you're going to do. So you begin knitting doylies to save the world, and wouldn't you know it a lot of people are getting involved and they think your doylies are the best doylies on the planet.

And before you know it, they say, Hey, you've got a lot of advertizers here who are interested in your doylies. Kraft foods wants to endorse your doylies. Things like this. Now people at this stage will go Aw, I don't agree with this and Oh, I don't agree with that, but you've gotta bear in mind, don't get caught up on the details.

What are you doing? This is your concept. If you're doing something for world peace, the intent here is not to make doylies, the intent is to get world peace. And a lot of people are going to be really quick with criticism, those who can not will criticise. Now, if you're making your doylies for world peace, realize you'll never have world peace, take the money and run, this is in fact, selling out.

However, if you were to take your doylies, make a contract with Kraft foods, get your money and then donate that money to, say, world peace, I don't think that'd be selling out. Selling out is never as simple as signing your line on the dotted line or doing something with the devil. This is not selling out. Selling out is a concept. It's a resignation of mind. Not an action in the physical world. Selling out... You know, people say I didn't sell out, I bought in.

Well, you know, part of what we're doing here is we're trying to change out reality. We're trying to change how people think. We're trying to change how people act. We're trying to change how people interact and how they spend their money, how they enforce their shopping dollars. That's what we're trying to change.

So there's nothing shameful about money. Money is merely a means to an end. Money gives you power. Every dollar you spend is in essence an expenditure of power. So as you except money, it's giving you power. Now it all depends on what you do with the money. That's what matters.

If a person were to go... Say I've done a lot of different projects, I've done a lot of different things. Now if I made a whole bunch of money, people'd would stop and go "Oh, he made a whole bunch of money.." What did he do with the money? What did Jaques Costeau do with the money? What has all these other people who've been... What did Noam Chomsky do with the money? What does all these other people do with the money they get? That's when you determine if someone's a sellout. Now how they got the money? What did they do with the money that they have? What is their intent? Intention is key.

Especially with the concepts of selling out or staying true to a cause. So the first thing you gotta know is you've gotta have a cause you're staying true to. And it's got to be your own, otherwise, there's no selling out. Otherwise you're just following along with something of someone else. And there's nothing wrong with that.

There's nothing wrong with lending your support to a movement. That's what Rant Media does, that's what all of us do. But you've gotta make certain that if something changes within that movement you're not just going to go along with it as well. You've gotta be able to step back and go I don't know. Everything's an individual decision. But you've gotta look at intent, that's the major goal.

8:04 Fight Club Day

You're gonna make sure you do one day a week of gathering new experiences. And this is what I call my "Fight Club" day. New experiences is going out into the world and putting yourself in situations where you are uncomfortable. This doesn't mean you go out and you beat people up. It means you go places you haven't been before. If there's, I dunno, a drag show going on, go down and check that out.

Maybe they've got like some Hari Krishna thing going on down at the park. Go check that out. It's about going out and getting involved in what's going on in the world around you. Your own experience is an amazing teacher. You work on observation skills. You work on what it is to be by yourself.

And these should be done.. the new experience thing should be done on your own. You shouldn't do that with people.

If you want to do it with a friend, it gets a little dangerous sometimes because you're not really.. you're taking in.. the two of you decide the way things are. You don't decide how you're perceiving this. You have the affirmation of another person to tell you, "Oh, that's cool. Don't you think that's cool? Yeah we think that's cool." And suddenly that becomes cool. Versus what you believe to be cool, where you go, "Yeah, I like that, that's really neat."

So I'm a big fan of when you go out to experience new things, I like doing it by myself. Because that way it's very.. umm.. well it seems to be more honest, I suppose. And it definitely empowers you, because then you know the why reasons you chose what you chose and you like what you like. And things of this nature.

So one day a week, go out gather new experiences. Even if you're just walking around places you've never been. Go for a drive. Or maybe you want to take a course? Like a.. you know you wanna go.. more for the experience of taking a course. Like a meditation course or something like that. You can sorta combine those two that way. There's no hard and fast rules other than; one day a week you're going for new experiences. And in your last day of week, because you have seven days, even God had to take one day to rest. Which means you do bubkiss. Nothing.

And you're, like, "Oh my god! I'm wasting time!"

I get so much email from people saying, "Sean, I'm wasting so much time. Always wasting time. My god, the time. I've got no time, I've got no time.."

Dude. If you do not *take* time, you will never *have* time. Time? You have all the time you want. Time is your own. There's only consequences if you don't do certain things. "But if I don't go here then this will happen! And.." Yes, you know what? It will. Zen out, sit down, chill out, become like a rock and let the world move around you.

Eventually you will realise that "Whoa, wait a second, I'm *here*, everything else is moving around me and I have the option to step outside of the chaos that is life." When you're able to do that, you're able to plan things, come up with your own ideas and own thoughts and images and things like this.

This is how we've been able to do everything we've done. All the filming, all the work, everything at Rant Radio and Rant Media. I mean that's how every artist everywhere has ever accomplished anything. Is to step outside of the system and go with what they feel is a goal.

That's my time management system. That's how I operate in this crazy world we're living in. Maybe it can help you out. My name's Sean Kennedy, and I am The Fucking Man!

21:00 Vehicle Purchase

Now, in Maslow's need hierarchy it comes down the pipe that you have food, safety, shelter, music, transportation. It's very very important that we have transportation. And of course in today's day and age the number one way they want to get you is they want to put you in debt so that you are enslaved to purchase this vehicle. Vehicles shouldn't be \$35,000; vehicles shouldn't be \$40,000. There's not \$40,000 worth of materials there.

How is it possible that a motor cycle and a car cost the same? It doesn't make any sense, it's because it's all controlled by business. So the best way to do this of course is that you should never buy anything new! So, "But I need a car, Sean! How am I going to get a car unless I buy a new car?" Well, see there's all these other people who bought new cars and now they sell them. Probably in your community you have something very similar to this called the Buy and Sell. And what it does is this where people take all their cars and they want to sell and they give them away... But it doesn't matter what kind of car you want. It's not about what you want, it's what you can get. Because you can make anything cool, it's just a matter of what you can get your hand on.

What you've gotta start with is "How much money do you have?" I have \$1000 cash. Since I have \$1000 cash I can then go through the buy and sell and then figure out every vehicle that will work. And every vehicle that is under \$1000 that runs and is currently running, and that's where you start. That's your starting point so you've gotta get a hold of some listing. Try not just the internet, you gotta get offline sometimes. Some people still use the newspapers. Get yourself some unit with a lot of cars and look at everything that costs less than the amount of money you have to spend. So let's do that now.

Now that you've made your list you have to make the short-list. You wanna take out everything in here that just isn't going to work, that you know is just a beater, that you know is not going to be the vehicle that you want. I don't mean driving around in some [Ford] Taurus or whatever the hell it is that they got going on, ok? I wanna make sure that your vehicle... that you enjoy it, a vehicle you like, something that makes you feel like "Yeah I like that car".

Something that's got a little bit of style to it, you know. Something that has a bit of flare. So you go through it, take a look at the ones that are just on the out list.

These are on your out list, and then you have your short list, which I've done, because I'm me, is I've glued it inside my little FMP so I can start and do research on it here. Once you get that down, make a few phone calls, figure out, trying to get a vibe for it, see what they're saying about their car. "Well, it's kind of for parts..." Bad! Anything that they say it's "More for parts" is more bad, so don't go near anything that they say is for parts.

But if it runs great and looks good, all that kind of jazz and they're on the phone saying "Yeah, it's a really good vehicle." then you know when you say "I'm coming down to take a look at it", they know that well, "Well, it's kind of more for parts", then you can factor that one out too. So we have narrowed it down to two choices. Now you must tie into the best resource you have.

The best resource you have, after you've gone to this point when you have the short list of your vehicles. You know the vehicles you wanna look at the most important, Most important thing to do is to bring along the "car guy". Everybody has a "car guy". Everybody has a guy they know who helps them with their car. Much like we're all the "computer guys", you must treat the "car guy" with the outmost respect. Don't waste his time. He's coming down to help you look for a vehicle and you're being all "I don't know what I want". You've already got a short list, you've already got the addresses, his job is to be there as a consultant to say yay or nay. It prevents you from spending a lot of money, that's really, really stupid. So don't waste the "car guy's" time, bad idea.

So my "car guy", is Jim. "Hey! How's it going? Cool! Are we still down for today? Good. Good. So I'll be seeing you at the house the pretty quick? Excellent! Alright, see you in a bit!" So, Jim's on his way.

35:45 Corporations Don't Care

I guess it might be a good idea to kinda cover a few basic myths that I kind of take for granted that people know, but it seems like people don't know this. For example, let's just understand that no corporation on the planet cares about you whether you work for them or not.

Corporations are controlled by one thing and one thing only. Leverage. That is it. They are the living embodiment of "if you are willing to do what others are unwilling to do you will be successful". And that success is gauged by what? By what? By money. That's what they want, they all want money. That is the leverage that they're after. No matter who you are.

No matter where you are in that chain. Even if you're on the board of directors, if your public stock is being traded you are subject to the power of money. Money is there, leverage is there. So don't think for a moment that corporations will look after you. They used to do that.

Used to be a time where you'd work for the company, work twenty years for the company and they would look after you after y'know you've done all this work and now they'll look after you. But no, no this is a lie. This is something they tell you to prompt you to work harder.

"We'll be there for you in the end.." And when they're not "Aww.. I guess we just use and lose you.." Another victim of worker burnout. What a tragedy. But the truth is, it was never there to begin with. These companies only work on leverage. If you have no leverage then you have no ability to bargain.

This is why when you get into a company you want to make yourself as essential as possible. Make sure you got all the passwords, make sure you're the only one who has all the passwords. If you happen to be fired one day, things get locked and no one can open them. These are leverage in the business world. Can't be avoided.

Can't be avoided. People say it's illegal. Well you know what, you've been violating labor laws for so long, there's no labor rights that I know of that are universally applied and all these corporalitical psychos are running around trying to screw over their employees, laying off as many people as they can for the dollar. It's about leverage. Leverage. Make sure you have leverage. Because if you have no leverage, you have no power. This is the truth. My name's Sean Kennedy and I am The Fucking Man.

Patrolling Season 2 Episode 7 (2007)

Excerpts Transcription (2007)

Transcribed by Sane Traitor | ion | avagdu, edited by avagdu

5:58 Black Market

Shopping isn't necessarily bad. In my world, everything is sold by small stores, by small people. People gather to buy and sell goods. They move it around. It's family run. And instead of having large shopping malls where everyone charges exorbitant rent for the space for you to sell some goods, I envision a world where there's nothing but small marketplaces. Like you find in a flea market or even at the Richmond night market. It's a good idea to check out how these stalls are all set up. There's people here selling bleeding edge tech. Bluetooth hardware. Everything you could possibly need in any cyberpunk setting.

If you check back to movies like Bladerunner, Max Headroom, that's where the future's going. That's where it has to go if you're going to compete against the corpolitical. Small markets are the places to go to find black market tech, illegal tech. Things that nobody really wants you to have, but are available. The night market is another way of saying the black market. But does that make it illegal? Does that make it bad? Just because the corporations don't want you to buy their imitation Nike sweatshop shirts? It doesn't make sense. So what does make sense is for you to have choice.

You can choose to either go to the mall, or to substitute instead of a mall, when you need a place to go. It's unrealistic to sit at home and think "I'm going to hang out and do nothing." No, what you need to do is to have a place, like these flea markets, like these night markets, like these illegal black markets, where you can go to buy your wares at a price that you think is fair. And after all, who loses there? Only the corpoliticals! Sounds OK to me! My name is Sean Kennedy, and I am The Fucking Man.

7:38 Trail Mix

Trail mix. Trail mix is expensive! Very, very pricey! But it's called Trail mix, as you are on the rail you're going to spend a lot of energy and you have to replace that energy in your body, so you have this, something you reach into your pocket, take out a handful, and throw it down range. You must be very, very, very careful with trail mix, because you will get fat, fat, fat, fat, fat, fat, if you eat a lot of trail mix.

However, if you happen to be very active, say you're a cyclist, bike courier, that kind of a thing, and you need to have a quick pick-me-up, or you wish to augment your pre-packaged lunch by adding trail mix to it, it makes for a nice change and something you can snack on throughout the day. It's OK to eat one bag of trail mix over an 8 hour span. It's not OK to eat 8 bags of trail mix in a one hour span.

That is not good, you will get fat. But that said, let's get into the joy that is trail mix. Normally, what you'd do is you would go to the bulk section of your local super market or something.

And you'll find the pre-packaged, pre-mixed trail mix. Trail mix used to be pretty sexy stuff, but now it's kind of getting a little bit sad. They're trying to bulk up on the cheap goods. They bulk up on the raisins. A few measly little peaces of dried fruit. Your occational soy nut, which is what these ones are. Some dried peas, and God knows whatever else the swept of the dry fruits floor. So, this is kind of your base. You're paying a premium for this, so you've got little chunks of grenola-esque sort of cereal here. Throw it in there and you pay a premium for that. Before the first time you make trail mix, you get yourself a couple of hundred grams of that, and a nice big bowl. And that's your base. That's what you're staring from. Pretty boring.

You look at that and go: "Well, not a lot going on there." So, you actually look at this and go: "What do I want more of?" Well, I like dried fruit myself. Lots of sugar there, really tasty. That's the flavor of it, so that's the next thing we do is you add some... For me, now, again, the bulk bin is loaded with all kinds of crazy things that will make you fat. You can put chocolate in there or whatever you want. So you gotta kind of, look at the pricing, see what's cheap. Sometimes dried apricots are a little bit cheaper. But this is just your sort of conglomerate mixture of simply dried fruits.

You got some dried apricots in there, couple of currants, some cranberries, but again, all out of raisins.

That's OK though, that's alright. So we take the dried fruit, augument that, mix it up. Get your hands in there, mix it up! Now that looks definatly a whole jimmy-whack better. But I wanna, you know, kind of build it up a little bit further. You know you got your base and you've added some dried fruits. OK, I've gone with a nut trail mix where again, they've bulked up on the raisins, which is why it's rare that you buy raisins to put in your trail mix. We got some peanuts here, some caschew, --- a bit nutty trail mix sort of mixture here. So, I'm going to add that in. This one seems like I've got soy nuts and dried fruit, a couple of seeds. There are the other nuts. Mix it up!

Now that is the way trail mix used to look about 10 years ago, when you bought it. That would be good, high quality, trail mix. If you were to buy this quantity of trail mix in one batch, you wouldn't get this sort of diversity, all these kinds of flavors. Now this is a pretty solid base.

So we're going to augument that a little bit. Now, I'm going to commit a cardinal sin, and I'm going to put raisins into the trail mix. But they're not just any raisins. They're yogurt covered raisins. Because these are crack. I mean, I could eat this whole thing right now. They're so yummy, oh my god! So they're yogurt covered raisins. I enjoy it. And it adds sort of color. It adds to the appearance. You know it's like when you go to the restaurants and they cut a swan out of a pineapple, or something like that. Very, very cool to do. In goes there, mix it up! Fit for a king! Look at that. Hot!

This is why it's very important for you to get a big bowl. Because when you buy just a little package, just like 150-200 grams each, and you mix them and add them up, so eventually, this bowl is just getting more and more full. Now that we've got it to a sexy kind of phase where you're individualizing your trail mix. There's a real art to this, you know.

I mean, eventually you can sample other people's trail mix, and you'll be like: "Oh, I really like your trail mix, how did you build that?"

It's all configuration, like most things. And it's something which has been largely forgotten in the trail mix world, and that is dried bananas. It's loaded with potassium. Good for joints, good for muscle recovery, and generally they're loaded with sulphides which is kind of bad for you, but who cares? Because it's yummy!

So, we take this, and we go... Throw in your dried bananas. Now, banana chips, again, they're kind of inexpensive, and you might end up breaking some when you mix them in. But they make for a nice augmentation to your trail mix. Now you can see that we're getting some decent size going on.

Definitely more than one serving going on.

OK, so we got some dried bananas and now, my own personal addition to the trail mix. This kind of thing will keep the energy going, but I like adding a little something to it. Now I would not advice eating this stuff for more than three days without sleep, because you'll begin to hallucinate. Which is something I discovered, because I added chocolate covered coffe beans to my trail mix. It's a simple thing to do, I don't know why more people don't do it. But it seems that I've never actually seen it done.

I've never seen people apply chocolate covered coffe beans to trail mix. Seems kind of obvious to me, but I suppose not a lot of people do. So, once you've got all of your chocolate covered coffe beans in there, you --- A nice, solid mixture. And you are good to go. Now that is without a doubt some really good Wog chow. Now, the temptation is to sit down with your entire "Ghost In The Shell" collection and put that down range. This is bad!

You'll get about halfway through that before, one, you'll probably get diareah from all the coffe beans, and, you'll probably get the shakes, and God know what else will happen to you. Because this is like a fuel, like a... This is pretty powerful stuff. We got a lot of nutrients and things going on with this stuff. So you gotta bring it down a bit. Now I a kind of a bag, some type of sealable bag.

And you take your one-cup measuring cup, and you must be very, very, very, diciplined about this. Don't load up! You take about one scoop. Put it in the bag. Don't waste it. Seal your bag. Sometimes, I put an elastic band around it. That is one serving of trail mix. Don't eat more than one serving a day, or you're going to get fat. But as you can see, I still got a lot more trail mix here.

So just by the end of this one episode, you go hit the supermarket. Load up on your trail mix. Do your mixture. And you can make yourself quite a few days worth of supplies. Or you can kind of say: "Screw that, Sean, i'm really really active. I'd really like to have, like, two or three servings." That's fine, but bear in mind, this trail mix stuff is pretty deadly. You can get pretty fat eating it. But it is so very yummy. And after all, none of this is any good unless it tastes good. My name is Sean Kennedy, and I am The Fucking Man!

Haircut Passport

13:48

In my opinion it is always best to have your haircut by a barber. The reason for this is.. and you want to make sure it's the same barber all the time because they get used to how your hair looks, how everything works but if you travel a lot and you can't have your haircut all the time by the same barber, it helps to have a haircut passport which means you go to your favorite barber and get "the haircut".

And then you have to set it up so you know exactly how your hair looks so you can give it to your next barber so they know how to make your hair look perfect every time. This is the purpose of the haircut passport and that's why every Wog has got one.

19:16

Once you've had your haircut, and you've got it exactly the way you want it, the next step is to take the haircut passport and make the haircut passport. To do this you need to take a digital camera and you take a shot from the front, the sides, both sides, and from the back and then you just simply print them out, keep them with you inside your wallet, inside of a little..

Well, like a photo case anytime you buy a wallet you usually get those annoying things you're supposed to keep pictures of family in, which no one ever does, so what you do is you take those little plastic things out and shove your Wog pictures in there and "boom" good to go, you've got your haircut passport.

You want to get your haircut once at least every two weeks because if you wait longer than that you wind up with the same effect I had where it looks like you've been attacked savagely by some sort of weird cult. So the number one thing is you want to do is keep it nice and steady and that keeps the sane very adapted to how you look.

Y'know the first time you show up with this haircut "They're like whoah.. geez you're hairs short!"

You're like "Yea, it's for the summer y'know, the barber y'know he did a heck of a job, I don't know what he was doing y'know but anyway I guess I hear it's really nice though.." And they talk "Well I guess it's kinda cool, y'know it's like a lot of people shave their heads and that, same sort of idea.."

So the importance though to get a haircut once you've got it the way you want it, the importance of the haircut passport is of course the importance of having a digital camera. Me, I use one of these. It's one of the James Bond digital cameras which is a surveillance camera which you can buy for about eighty bucks, takes a pretty low quality image really when you get right down to it. But when you need to just take a photo of like some information you want to keep track of, or you perhaps you want to take a photo of an instant, there's a lot of ways you can make little movies with these, you can sit it down and have it open and have it take a series of photographs every so many minutes so if you were somewhere where you weren't allowed to be taking pictures..

Which is just a ridiculous rule really, you should.. 'cuz if you can't.. like really what are pictures other than a captured version of what you see. So saying you're not allowed to take pictures is a lot like you're not allowed to see this. You're not allowed to record this because this isn't really happening. Not being able to film is ridiculous. It's a stupid law, OK, it doesn't make sense.

How is filming in any way, hurting anyone? All it's doing is recording what's actually happening.

So in essence, filming is really the greatest personification of what the truth is. Now when you take film and you alter it to have a certain angle or something then yes obviously you're creating influence, but even still, is what Michael Moore or what George Bush does with their film propaganda.. Is that illegal? No. Is it immoral? Questionable. But I don't think it should be made illegal, not by any stretch of the imagination.

So now we have the ability to spend eighty dollars at ThinkGeek[.com] or any number of places that would carry an item like this, and you will get yourself a James Bond surveillance camera that looks like a zippo lighter. Do realize how incredibly powerful that is?

For eighty dollars you can get an item which twenty five years ago would have had you sentenced to death. This is an item that twenty five years ago didn't exist. We have the ability to record sound, video, media, you can record goings on and I think it can take up to twenty minutes of movies. And this is a toy. The quality is garbage when you're done. But you have the ability to capture it.

This is amazing. This is amazing. This is the kind of thing that happens when you look at your laptop for the first time. When you sit back and you realize “My god, what I have here is a computer! It's an amazing computer that has the ability to connect me with the entire world. I have more resources than any king in medieval times. I have the ability now to effect my environment and increase my mind to the levels in which university students fifty years ago couldn't dream.

We have resources. Connectivity to 'conspiracy' files. To secret information like we've never had before, but most of us are too bored or too apathetic or too drugged, maybe too depressed, maybe we've got too much chloroform from all the tricks.. zyklon in our toothpaste and what not. But for some reason we just don't care. We don't pay attention to what's going on around us. But the few of us. Those of us Wogs out there, we take media and we record and we share it. Because we know what's happening in the real world. My name is Sean Kennedy, and I am The Fucking Man.

23:29 Control Your Influences

A lot of people understand the Wog lifestyle, a lot of people like the Wog clothing, the Wog look of things but they're not willing to take the final steps, the most essential steps of being a Wog which is controlling your influences. People are still watching lots of TV. “Well I just like this show and I just like that show..” OK, that's fine if you want to watch the shows, buy the DVDs. Acquire the programs without the programming. That's a good idea.

But what's not a good idea is when you keep accepting all this influence into your life. Your brain is an engine, it's cells and matter and neurons and have processes that people are putting millions of dollars into, to hack your head. And the more ports you have open, the more vulnerable you are. First of all, you need to read.

You need to read, and you need to read the right things. Yes, OK, fine if you're not reading at all, you can read whatever you want. Don't read magazines for god sakes. Read something.. well, unless it's a magazine like Adbusters or something like that.. But don't read mainstream. You can't. You've got to read.. There's all kinds of books, all kinds of fiction, non-fiction.. literature that explains.. Have you read Nineteen Eighty-Four? Have you actually read “Nineteen Eighty-Four”? Everyone talks about George Orwell's “Ninety Eighty-Four”, have you read it? Probably not.

So read the book. Read “Snow Crash”, read “Islands In The Net”, read all these books that are like prophecy. You need to read these things. You need to read into your reality. You need to be able to *read* into your *reality*. This is the whole point. If you can't control what goes into your brain, then you're not going to control what comes out of your mouth. This is just very basic common sense.

The whole point of being a Wog doesn't start out here with your clothing. It starts up here. It's all in the mind. You've got to get outside of the box so that you can look at the box and help others get outside the box. That's how we're going to win this thing. We can't just stand back and let corporations walk all over us and let the corpolitical mindset just govern what we see, hear and read!

Ben Bagdikian's "Media Monopoly" said that by this time, only seven people will control everything you see, hear and read. Seven people. So what are you missing? What's going on in the world? I do the best I can, but there's only so much I can do. You have just as much capability as I do. To infiltrate into society, to infiltrate into the corpolitical structure, to infiltrate into the world. Find this information out. Get this information to who?

To the fellow Wogs, so we all become stronger. This is what independent media is for. Don't hate the media, become the media.

But before we can do any of that, you have to control your influences. What makes you say what is cool. What defines cool to you? Who tells you cool? Is it the television? Is it the Oscars? Is it y'know modern films that are coming out in multi-million dollar mega-buck theaters, is that what's telling you what's cool? All the little soda cans and everything all strategically placed. None of that is by accident. None of that is by accident.

We all have role models for people who don't exist. That's all who we're all trying to be. It's a nightmare. I don't know how that works. How did that happen? That's not what I wanted.

But, yet we all believe it. And what's worse is we *know* we believe it. We know it's wrong and there's nothing we can do about it. That's insane. That's insane, it doesn't make any sense. I don't know how that works.

Yet, everyone just kinda blindly moves along. Accepting more and more data. That's [the] firehouse for you. They turn the firehouse on, everyone takes from there. You only get what comes out of the firehouse. You have to spread out. You have to make sure you explore other options. Fringe thinkers, fringe ideas, fringe artists. Yea, there's a lot of whacko's out there and maybe I'm one of 'em. But the point is, you have to go to external media sources. You have to control what goes into your mind. It's your choice, it's your head.

If you don't decide what programs your personality, you can guarantee someone else will. My name's Sean Kennedy and I am the Fucking Man.

Patrolling Season 2 Episode 8 (2007)

Excerpts Transcription (2007)

Transcribed & edited by avagdu

17:42 Getting A Job

Whenever you go into a job interview, generally you'll have one maybe two people interviewing you. If you're lucky, you only have one. Nobody is going to hire an individual. It's not gonna happen. The only thing they want to hire is mindless automatons. If you have little things that make you an individual, an eyebrow piercing, tattoo, things like that.. cover them. Hide them. Nobody wants to see them.

When you enter the interview, you're not there to get a job, you're not there to be honest, you're there to tell the individual what they want to hear. You're there to win them. You're there to win them as people, you're there to be likeable, you're there to be their friend. Now what they want, what they're after, is they want a mindless slave who can do everything. That's what they really want.

Regardless of the job position you're applying for. What they want is some person who they can utterly control who is infinitely more talented than they are so they don't have to do any work. This is ideally the task. So all you have to do, going into the job interview, is communicate that.

The truth is, in a corporate world, everybody hates the individual. They hate people who don't fit in. Think of everything that's soulless, and that's what you'll become. Before you go to the job interview, or even the company, you should look at what the people in the office are wearing. Already be part of their crew before you show up. You're just there to let them know why they're going to hire you because you're so darn perfect.

By watching television, by watching the programs that are popular, you'll understand what the mindset of the corporation wants. Values and beliefs that you may hold are largely irrelevant. What you need to do is think of "Hmm.. If I was a totally soulless individual dedicated to a company, how would I think?" That's all you need to do. And you provide that little roleplaying session, you only have to maintain it for maybe an hour during the interview.

"Why absolutely, I will believe anything that's written on the promotion poster outside. That recruiting ad you put in the paper? You betcha, gonna spend the rest of my life doing this. That's my goal. I have no aspirations for anything because I am a mindless automaton."

You read mainstream books, you think mainstream thoughts. You watch the mainstream news program. Anything that's remotely weird or different just kinda 'freaks you out'. Whenever you're talking about salary, if you're desperate for the job, they'll know. So when you're negotiating your salary, I would usually find that try to go as high as you can at first and then rather.. Because it's harder to get money once you're in. So try to get as much money as you can walking through the door. But be careful with your bluff because that can really bite you.

You lie and you keep lying. Because they're lying to you. A good rule of thumb when considering your future with a company is flexibility. You don't want to appear at all appear inflexible. You want to be willing to mold yourself into whatever it is they want you to be.

No matter how you've been trained or how you think you've been trained, your own ego actually works against you in a job interview. You must think to yourself, as you look at the person interviewing you "What do they want? And what do they want to hear?" Chances are with how they move, how they act, how they dress, they'll be screaming at you how they want you to act.

In the battle for your soul, it is best to be covert. Above everything else, do whatever you have to do to be relaxed. Not sloppy and not a slob, and definitely not stupid, but you want to be relaxed, confident. Because you've got this job, and if you don't have this job, you've got another job just around the corner, 'cuz you're a winner.

21:48 Banks

Talk a lot about the corpoliticals. Talking a lot about who these corpoliticals are. But who are the corpoliticals other than the multinational corporations. Who's in charge of them. Well it's easy to discover who's in charge of them, all you gotta do is follow the money. And when you follow the money, where do you always wind up? The banks.

The banks have all the power. Which is kinda funny because the banks shouldn't actually have any money. This was an institution designed to protect *your* money. This is what banks are for. This is how banks came into being. Yet suddenly they're now the ultimate power in the universe. How did that happen?

The way that happened was by the banks greatest weapon. And they wield this weapon in modern media like no other weapon or no other tactic at their disposal. That is debt. They will try their hardest to drive you as far into debt as they possibly can. The way they do this is by creating wants, creating needs, creating the need for status, buying things you can't afford to impress people you don't even like.

They make you think that in order for you to get laid you need to drive a certain kind of car. They think that in order to be beautiful you need to smear your face with chemicals.

This is what they teach us. They teach us this through media, they teach us this in the general society, they teach us this in every way they communicate with us.

But the way we can avoid all of it, the way we can avoid the pressure is to avoid debt. And you think to yourself, "Well you can't exist in today's society without going into debt.." Yes you can. It's hard, but you can do it. As a Wog your number one goal should be to get out of debt.

Or at least get out of recorded debt. If you can eliminate your records of debt, by all means. I would use any means necessary to eliminate any and all records of debt that you possess. The quickest and easiest way to do this of course is to simply pay them off. Which means you need money, which means you need to work. Because as we all know, if you can't pay your debt, well then you're a thief and then you're a terrorist, and then you go to jail and you wind up locked down somewhere in some slave camp building computers for Dell.

So the banks realistically, are the ones in control. And the way they maintain control is by maintaining a massive debt load upon the populace. This is why they are the robber barons. We can make them powerless. And you can do that by just not going in debt.

Patrolling Season 2 Episode 9 (2007)
Excerpts Transcription (2007)
Transcribed & edited by avagdu

Abandoned House Part 1

1:00

Now what we have here is a perfectly good dilapidated house which everybody in the town knows there's something wrong with and for some reason it's been abandoned on a prime piece of property for quite some length of time. Every community has something like this in it. It is a complete and utter mystery to me why nobody goes and investigates these old, reportedly haunted, supernaturally engaged houses.

Now I have heard any number of legends about this particular house. The first legend I have heard involved that the family inside was murdered by the.. father and he of course then killed himself. Standard story, which makes me wonder what it is and why this is such a common reoccurring theme.

Common features around haunted houses or houses that are somehow supernaturally involved is that you'll notice that the trees around the area are not like normal trees. You got to a park, they have normal trees. *These* are not normal trees, these trees are twisted, they.. for some reason they're.. the whole thing has kinda a vibe about it. I don't know if it's translating to film, but trust me when you're standing here, you can feel it.

And.. it's the middle of the day right now. Right now.. by.. it's.. twelve-forty-eight by the.. atomic clock and.. y'know this place should be just fine, y'know it shouldn't have any kind of a vibe whatsoever. But I think we should take a look and see if we can see any signs of any kind of activity or cult activity on the inside. And I'll see what I can point out.

12:45

[Points to Heritage House sign] Yea, that's just what we need is a Heritage House in a prime location. Yea, yea.. No cults here. Nope. [Cuts down sign]

[Looks at gnarled tree] Oh yea, that's a normal tree. You've got lots of those floatin' around. You betcha.

Ah, now. - That's underused [referring to path]. Yea, let's see we got.. This kind of a place here, OK.. Now, first of all anytime you're going near any kind of supernatural structure.. You never.. I don't care what the reason is - you never go in there at night. I don't give a shit what's happening – you don't go in there at night. You see it all the time.

“Oh, little Jimmy's missing. Let's wait for the fog to roll in and then we'll head down to the house..”
Fuck that. If Jimmy's missing, and he's at the house, if you go in the house you're going to get sucked in and eaten. That's how it works. So right now you wanna..

Whenever you're researching a house there's also a whole lot of stuff you're going to do before you even show up here. I mean, we're here now it's kind of exciting, it's creepy.. Y'know, there's like weird markings and stuff. Now let's just stop. You've got to get the history of the house. You've got to talk to the neighbors. You've got to talk to people who've lived in the community. You've got to find out what the legends are about the house. What the stories are about the house. You gotta check local papers. Gotta check papers going back. You hear that story.. You hear like three different stories.

One is that there's was a guy who went and waxed his family, did himself. The next story is that there is a witch that lives up here, that's a little disconcerting when you have a bunch of kids who say “Oh yea, we've seen her, oh she was drinking cat's blood, we saw her do it..” People are like “Aww, you kids..” Kids don't make up stories like that, they either saw her drinking cat's blood or they didn't.

So you got to make sure you keep that in check. Further to that, you got to make sure that you've got an escape plan. You never ever do anything by yourself. If you are going to be going inside the house you wanna have ropes tied to you in case there's some kind of a problem, y'know. And people go “What could happen?” Dimensional rifts can open, it swallowed up an entire fighter plane squadron before. There's all kinds of things that vanish. Thirty-seven thousand people under the age of eighteen went missing last year in Canada.

No. You've got to make sure that when you are investigating something that could have a supernatural threat to it, that you stay really, really cold. It's not about emotion, it's about tactics. And we can't have the margin of error here.

Now, what we've got here is we've got every other entrance and exit to this house has been really, really nicely walled up and heavily guarded and all the rest of it, except for this one little basement chamber here which is a doorway which goes down. Now if I was a lesser man I would climb down there are start rooting around with my flashlight and go "Oh, look! Hey there's a whole lot of big spider webs down here, it's really, really sticky.." No. You don't do that. You document it. You video tape it and then you make plans for assessment at the time. That's what you do.

Again, also if this area is so totally overgrown..Why have we got worn pathways going all the way around the house? Little odd there.

...

[Feeling the outside of the house] Lot of air coming out of the holes here. Like a noticeable draft coming from the inside of the house to the inside of the house to the outside. Why is that? Also, when listening, you never actually listen to the door. You always put something solid to the door and then put that object to your ear.

[Notices hole in door, moves to look through it] No. Yea, I don't like that hole. I don't like that hole for a couple of reasons. There's only one way you can look into that hole, y'know what I mean? And the house is kinda wrapped all over, all wrapped up tight besides the one little hole you're supposed to look through. Don't like that at all.

Now what's with the insulation on the outside of the house? Interesting fact about styrofoam insulation is that styrofoam insulation inch for inch has the same properties of stopping radiation as concrete. So whoever has put insulation on the outside of the house it isn't for weather proofing.

I think it's because they probably want to stop sunlight. Or they want to stop the heat that comes from sunlight, or possibly the life force from the outside of the area. Again, you're not here so you can't feel what this house feels like but let me tell ya, I want to take a shower right now, the whole place is just filthy..

Well there's not much sign of any kind of habitation here at all other than.. "Hello." It's a child's shoe. That's kind of interesting. A child's shoe on a major pathway. Kind place where y'know.. why would you only find one shoe here when there's no other garbage here. It's.. that's a little disturbing. I'll put that back.

Gonna need to get into this house, I guess. That shoe doesn't look too old. Hmm. [Grabs wooden palette on the outside of the house and uses it as a ladder to get into the broken window]

[Continued in Abandoned House Part 2...]

3:22 The Truth

The problem with the truth is.. is that the truth *is*. You can't really shift the truth, that's why it's the truth. No matter how many facts you try to throw at it, no matter your angle or perceptions you can't really spin the truth. You can spin perception, and the perception may effect your thought process and therefore your reality view of the truth, but the truth *is*. Y'know what I mean?

Like now there's those people who would go into these wonderful realms of metaphysics and they'll talk about "Well how do you know that this isn't a dream.." Blah, blah, blah. OK, we're going to scrap all of that, y'know.. essential.. y'know going nowhere, masterbatory metaphysical speak – I'm not really interested in any of that.

What I am interested in, once we've established y'know food, shelter, safety, clothing.. All that good stuff.. [Maslow's] need heirachy and all that good jazz. You have to determine - "What's the point?" Like, "Where are we going with this?", "What's the whole purpose of life?", "Why..Why am I here?", "What am I doing?", "What's going on.." And to fill that void comes religion.

Now in the Western hemisphere, and probably for the greater part of everyone's who's watching it, I'm going to be viewing things from sort of an ex-Christian perspective. Meaning that most people who are probably watching this I would guess, have probably been brought up within some sort of.. sight of a Christian tradition, i.e. Christmas, all that good stuff. Which is all these Christian holidays.. which has been brought down..

So when I'm talking about things, understand that I, myself have been brought up in this Wiccan/Christian sort of tradition and this has led me to ask a lot of very strange questions that wouldn't otherwise be asked and this brings us to the realm of the occult.

Now a lot of people think the occult is just the realms of oujia boards and tarot cards and all that kind of stuff. But they're not an ends to a means.. No, no. The reason why people have ouija boards and tarot cards and all this kinda stuff is because they're seeking information. They're seeking enlightenment.. They're seeking.. the path, the truth and justice and all this kind of jazz.

And the odd thing is.. is not that people would consult y'know, runes or rocks or cards or what have you. The odd thing is.. is the amount of people who hate that. The Roman Catholic church has persecuted any kind of.. mystical knowledge, anything that could be called occult, when the word "occult" itself means "hidden".

And it doesn't mean hidden from daylight, it means hidden from the Christians. Because generally during the Crusades there were burning witch trials, and yadda, yadda, yadda. The current pope who's in office right now, I guess he took over as the head coach guy for all the Catholics , he's kinda.. he used to be in charge of the section of the church that was in charge of the Inquisition apparently. As I have read.

Now apparently they don't do the.. the whole "nail you to a chair and y'know torture you with hot coals until you confess thing". But it wasn't so long ago that just by even talking about things like.. even saying the term "magick" or "witchcraft" or claiming to be a witch.. I mean if you admitted yourself to be a witch I don't think you actually went to the gallows but I'm not too sure..

I think that generally, being as the passage in the bible was y'know, you shouldn't tolerate the presence of a witch, they were killing those suckers like popcorn, they were really.. they were just droppin'..

So.. a lot of the knowledge that was preserved in natural history and medicines and herbs and plant usage with a lot of traditions that came from y'know druidic cultures and celtic cultures.. and all that kind of jazz.. That was all lost due to this huge persecution of the church.

That's why celtic crosses have a circle in the middle of them. It's got nothing to do with the trinity or the holy father or anything else like that.. The reason why they have a circle in the middle of the celtic cross is because the celts used to worship the sun.

And so in order to bring Christianity to these people they took the circle and put it on the cross and said "See, your god is the same as our god y'know, and we're both worshipping the same god, we just have a much better way of doing it.." And this is how all that became y'know.. How essentially.. Christianity took over most of the world.

But the problem is.. is that when you go back far enough and you pre-date Christianity there's a whole belief structure which is in effect there and this is where we get into the realms of the occult. And the occult on the whole is largely forgotten now.

There are people who are into it but it's a very dangerous territory to be messing around in because there is a lot of cults. There's lots of people who take a little bit of knowledge, use it like a dangerous thing and then they build it into a dangerous cult where..

Usually you can recognize them, they are people like "I have secret information that you can't possibly have! But y'know, if you do as I say and take these courses you too will have the secret information, and then you can teach it to other *slaves*.. I mean *members!*" And that's exactly how it works, this is how a lot of these cults are set up.

So before we get into the occult, you must understand that what we will be talking about was the.. this is what the hackers were doing before computers were invented. Guys like.. People who have recieved all kinds of controversy in the past, guys like Aleister Crowley and what not, most people have heard of Crowley but they don't really know why.

"Is he some Satanist guy... What did he do? What was he about?" Now the man was not a very nice man, OK. He was a.. Generally, if I met Aleister Crowley on the street today we'd probably get into a fist fight. I would think because I mean.. Now this is just from what I've read, because I've never met the man - again, he's dead.

Israel Regardie was his secretary and disciple for like thirty years or something like that and he carried on and carried on all the traditions and all that.. but I'm getting ahead of myself. The tapestry of the history of the occult is very, very rich. And it's.. it reads kind of like a spy novel when you get into it. It.. because there is all these secret societies and things that claim they have hidden knowledge. And some of them have knowledge and some of them don't.

Now the last thing that I want to do, is do research on some old boy's club where they've got secret handshakes and then suddenly I know all the secret handshakes from the fourteenth century. Bore the hell out of me. All I want is.. I want tangible, physical evidence of the supernatural.

Now my logic for this is – if there is tangible physical evidence of the supernatural on any level, that we can put on film and say “Hey, guess what – bang, there's your ghost, supernatural creature, entity, monster, demon, Cthulhuian being, whatever..” Whatever we get on film, that would therefore mean that the atheists – such as my camera man - are in fact, wrong. Despite anything else they say.. We don't know who's right.. We don't know what to believe, but we know what not to believe.

If we can capture one supernatural occurrence. One truly supernatural occurrence on film. 'Poof' – there's a demon. OK, something like that. You have to then admit that this means that there is, in fact, something beyond what we see in our lives. Now that doesn't mean that there's life after death. That doesn't mean that God's right.

That doesn't mean that there's.. the thing we conjured with a demonic spell is even a demon, we don't know that, it could just be some Outworld creature. But I've got a terminology I've used through a lifetime of amassing books and information and such, writing my horror stories and that, because I get deep into these different cultures, Tibetan culture, Tibetan mysticism, South American mysticism, and all around the world..

But you'll find there's certain ties that sort of hold everything together, but the whole fishy world of the occult is very, very broad, it's huge. And it's hard to define what is in the occult and where it all fits, and where that all goes and that's something that I think if we can look into that and prove that there's something – anything – beyond the physical, beyond the real..

From that point, once we know that either does or does not exist.. If it does exist than we know what we need to look at. Because clearly we're only a live for tops 150 years, that's if all the y'know.. with current projections and everything. But if let's say you live 150 years and you're dead, well if there's something beyond life, right.. Then you should probably think about what that's gonna be.

Y'know what I mean? It's kinda like sitting there in your kit store, and you're wondering “What am I gonna do with my time and space while I'm here waiting to die, 'cuz if I'm just gonna die and if there is nothing else, what's the point of life, maybe we should all just be hedonists and make sure we hit Burning Man every year. Y'know what I mean, like what's.. What is the function we should be doing?

So in order to figure out what you should be doing with your life, you have to determine what life is really all about. Is life just biological process? “..It's because my parents mated, they had sex, I was produced, I ate food, I've grown, I've slowly gone insane and now I'm making movies..”

Or is there something more to this? Is there like y'know, reincarnation? Who's right? There's like.. Brilliant people. Brilliant people who are utterly convinced that the bible.. Verbatim – is in fact, the word. Like that's the truth. Y'know, there was one man, one woman, a garden and all that crap. There's people who buy that. I'm not one of them, but y'know there are people out there who believe that.

Are they wrong? I could sit there and say “Yea, these people are wrong, of course they're wrong, it doesn't make sense..” But how do I say “I know that's wrong.” Where's my proof, where's my evidence? And if we had that evidence.. If science could truly prove religion wrong would they do it? I say no. Of course not, because it would destroy the entire fabric of culture. Especially in North America.

So, for the Wogs, for the people out there who are trying to determine their path in life - we get a lot of gear together, we know where we're going, we have all of our stuff laid out. We got everything where we've got to go. We've got our job, we know our transportation situation, we know what we have, we now have to look at the unknown variables.

We have to go out and say “OK, What's the point? What are we doing here? How did we get here? What's going on?” And once you determine your current situation you can then formulate a plan, a course of action that is right for you. It's not about doing what I say, it's about doing what you want. In order to figure out what you want to do you have to have accurate data. And you cannot have a complete picture of the accurate data without ripping the veil of the occult curtain and saying “Hey! What's going on in here? Is this all crap or is it the truth?” And that's what we're gonna find out.

24:29 Demonology

Demonology. One of the most exciting and riveting fields of the occult I think ever.. Oh, that I've ever come across. Demonology is essentially the study of demons. The whole concept of the angel-demon thing for those of you who haven't gone to Sunday school is essentially this – there's was this guy named god who created the whole she-bang, anyway, before he created all the people and all that jazz he had all these little slaves working for him called angels..

And some of the angels were like “Hey this is tight!” and some of the angels were like “No, screw this man, we want to be like god..” So the ones that went “Hey! Uprising!” - God kicked all those angels out of heaven and now they live on the earth. Dun-dun-dun. And unless you accept jesus christ as your personal savior, they'll get ya!

So that's generally sorta the viewpoint.. and then there's like all these different demonic hierarchies.. And the roman catholic church had this huge, like dedication about the study of demons and how they worked and all this kind of stuff.. 'Cuz you gotta bear in mind like these hardcore roman catholics they really believe now – like these people are certain that there are demons, that there is demonic possessions, that there are exorcisms, that stuff with the kid.. y'know head's spinning around, power situps, y'know and all that jazz, yea that's legit man, to these people that's a real deal, they're really concerned about it, they're afraid of it, they live in a state of fear..

These demons are real things to them. There's people throughout history who thought vampires were in fact manifestations of demons. So there's these Outworld entities. For future reference, I'll refer to them as 'Outworld entities'. That have been called 'demons'. And generally we all know the stories about them.

Now back in the 80's, when people were all talking about Dungeons & Dragons, and magic and wizards, this is when the concept of demons came back into the forefront. Because people were like “Well, what are we gonna fight? We gotta fight something.. What are we gonna fight? Let's put it in a game, let's make 'em demons..”

Y'know and everyone started doing research on old demonic tradition. And that's where a lot of the knowledge about demonology was preserved, suprisingly enough through the roleplaying games. Which of course the church loved. And 'Focus on the Family' burned many, many, many books but they couldn't quite drive all that information out of the mainstream.

[Fortunately] now there are those few people out there like myself who've been able to amass books over time upon demonology and what demonology's all about. Now demonology is very different from Satanism. Satanism is a religion started by a carny barker who's Bavarian down in California in the late 50's, early 60's, OK? That's Satanism.

Demonology is something that goes way, way back. This is something that goes quite far out. And when you look into Demonology it branches into of course, 'conjunction' - the summoning of demons. And you have like the 'Seal of Solomon' and blah, blah, blah.. And that's why in 'Equilibrium' they use the term 'Tetragrammaton' 'cuz Tetragrammaton is one of the sacred names of god, yadda yadda yadda.. The [Free] Masons have tie ins with Demonology, Outworld research..

So generally when you hear somebody saying 'conjunction' – you think Demonology. Now, let's suppose someone to some degree goes “OK, y'know what, we're going to summon something.” Now that's a little bit different than just breaking out the old Ouija board, OK. When you're summoning something you've got y'know people, intent, you're conjuring a physical entity to show up. Or conversely, if someone is possessed, they have an entity inside them that is cogniscent, intelligent, has a hierarchy, is able to speak other languages, has memory, history...

I mean, rather than looking at the sheer horrible aspect sanity sponge factor.. the fact that this child is possessed, you now actually have a Outworld entity that can speak english that you can interrogate. And can feel pain. And generally you can get the bottom line information from. So I don't think I'm going to be able to come across anybody who's truly possessed.. Make sure they're not just crazy. Because if a guy y'know, he chews off his own tongue, he's barking blood, all the rest of it, looks to me like a psycho. Unless he can spin his head around, crawl on the ceiling, pick up a car.. I'm not going to be too keen with the Demonology thing. Don't think he's possessed, I think he's crazy. So he can get on the short bus and make his way back to the 'hug-me' coat.

'Cuz I'm not really interested in crazy people, we're here for the demons, OK. You got a demon, cut its head off, put it on eBay. That's the plan. Unrefutable proof of the supernatural. If you can show me a demon, please.. contact RantMedia. Because I want to go.. and some people are like “You don't know what you ask..” And you get people with the cool spanish accent, they're like “No, it's *diablo*, they comin' to kill you..” Well, that's fine, y'know.

There's two ways you can deal with demons. There's the classical way and the *nouveau* way. The classical way.. uses the holy bible. Holy bible generally, I guess y'know it's not bad. It weighs about four pounds, you'll probably gonna get maybe a D4+ strength bonus with one of these suckers, OK? If you light them on fire and throw them, that's an idea but I don't think it'll work 'cuz they're *demons*. They live where there's fire. According to legend. So generally you might get better apt if you were to douse your bible in the liquid nitrogen you use to cool your computer and then huck your frozen bible at the demon, you might get a little bit better and y'know what, it would really piss him off.

Personally, me - I go for the new version of demonic exorcism which employs the Heckler & Koch universal USP .45 caliber system. Which of course comes with your optional lam mount and silencing program which makes doing it in urban environment just a little bit more easy. So you have the old way versus the new way. And I kinda leave it for you to decide which way you want to go and how you want to deal with demonic possession but y'know generally.. they're pretty rare. So walking around with one of these [pistols].. will y'know.. in the case of demons y'know not so good, y'know you're not going to be able to get too far with that.

So personally, I would say, that you're probably better off to steer clear of that, hang back and observe and call in reinforcements. Demonology is not something you want to mess with.

29:54 Charity & Guilt

One of the great things about living in the first world is the fact that we get all this guilt. Y'know, a lot of the Catholics seem to believe that they have the market corner on guilt, but y'know that whole guilt thing that's made the Catholic church as big and as powerful as it truly is has now been spread out to an entire market.

You've got charities everywhere, you've got y'know feed the world, do this, do that and when you realize that you've got all this stuff, being the in Western world you've got all this stuff and nobody else in the world has anything you feel immensely guilty. Especially when you are watching late night TV, you turn it on and there's starving children everywhere you look.

So this has an effect on you and you feel really bad, you're like "Oh gosh, I'm a bad person because I have stuff.." This of course is fabricated. This is something that is projected into you. And what it is.. is guilt. So how do you get rid of this guilt? How do you unload these guilty feelings? You do this by giving money. A little charity hides a multiple of sins. A really clever guy said that one time. The way that you're trying to make money from this is to do things like tithing where if you give a bit of your money to what everwhere cause it may be.

Originally it was used as a religious term where you'd have y'know pay certain money to churches and then y'know you feel like you're doing good and then using this kind of weird bizarre chain letter mentality somehow this money is supposed to come back to or some other nonsensical type equation. Makes no sense whatsoever. But when you look at there's.. Same thing could be said for Green Peace, or even RantMedia for that matter.

You look at all the stuff that's going on in the world and you think "Gosh, I gotta do something! I'll send 99.95 off to this location and it'll make the world a better place." Now chances are there's nothing wrong with sending your money to an organization provided you've done some research into what that organization is really about. And what really happens to your money.

The bigger the organizations are, by simple mathematics, the more of the variable chance there is that it is corrupt. The smaller the organization it is, their either corrupt right off the top, in which case its a hundred percent chance of being corrupt and a cult or whatever.. Or if its small and everyone's sorta trying to be honest, well there's less likelihood of things becoming corrupted within that organization.

This is why I become suspicious of organizations like the Roman Catholic church, Green Peace, any.. Focus on the Family. Any of these organizations which when you look at them in history you go "Hmm.. Well there's a lot of questionable things that have happened here and so on and so forth. Now that said.. That said, you look at some organizations, you look at like the whole environmentalist standpoints, you've got like Green Peace, Earth First, all these kinds of guys..

P.E.T.A., Y'know all that sort of thing, you look at that and you go "OK, who do I want to give my money to? Who do I want to save? Who do I want to support?" And then you have to actually be involved. And nobody really wants to be involved.

What you want is you want a nice easy person.. “Who do I make my check out to so I can make my guilt go away?” But it's not going to be like that. The way you want to do this as a responsible Wog is to actually do the research. Actually do the reading.. Become involved, because your money is a weapon which you are giving to people to execute their will. Every dollar that you spend on an organization gives them the ability to effect reality. So you want to ask yourself, “What kind of reality am I actually encouraging?”

Patrolling Season 2 Episode 10 (2007)
Excerpts Transcription (2007)
Transcribed & edited by avagdu

0:30 Occult City

The word “occult” actually means “hidden”. It was called that because y'know the catholics and all the christian types got really upset about people practicing medicine and all that sort of jazz and drove it all underground. So the word occult when you talk about “occult this..” or “..that sounds occult” actually means “that sounds hidden”. Perhaps it could also be a relative of the word “subversive”.

The occult sections of the city are the hidden sections. They're the alleyways, they're the areas where people just don't go. And more than not going – they want to pretend that those areas don't even exist. The homeless people on the streets who look at you and they look hungry and they don't even ask for money anymore, instead they just watch you. And you wonder what happens to all the people that go missing every year.

Is it true that man is the only species on the planet, the only dominant species without predators? Or are there predators that exist within these realms that we don't know about? We call them by different names. Sure, some are called well.. criminals, prisoners, serial killers, lots of different names for these predators that prey on man. But it makes you wonder sometimes if there's not something else.

Maybe in the dark underside of the cities that's where the creatures from the forests of yesterday now hide. The occult sections of the city.

2:45 Abandoned House Part 2

Now graffiti is very telling. The first thing that's gonna happen.. is I'm in a low light circumstance in here. So we've got to change our optics up. When I'm in low light I like to use yellow lenses, filters out the blue light and increases contrast. This is the advantage of using the proper gear for the proper job.

Fuck it's cold in here. That's another thing too, tell-tale supernatural sign is a temperature drop. And I don't mean like it's kinda cool.. I mean it's cold in here, like it is really cold in here. So.. I haven't seen anything definitive though, I've seen a couple shoes, I got a couple of y'know.. bad feeling[s]. That ain't gonna cut it in my world though.

And that child's shoe outside that was a.. that's a chinese make, probably bought within the last five years, this house here.. I mean you've got architectural qualities in the ceiling here.. this house has been here for a long time, long enough that the Heritage Society has got stuff to do with it.

Now, your next big tell-tale sign in cult activity, in abandoned houses, or in supernatural activity is surprisingly enough – graffiti. 'Cuz graffiti matters, these people thought whatever they had to say.. I'm sure there's gonna be some kids here that would just brighten this place right up. Yea, that's perfect. OK we got.. Looks like a squat in the kitchen. We got a mattress, and I'm really leery of mattresses that are empty. Because everything else in this room has got shit piled on it except for that mattress There's maybe one pillow and a piece of dilapidated board. Which means that mattress is used.

This here.. that isn't broken, that's cut. Which means that whatever's in the basement, was tryin' to get up. And it tried to come up through the basement and through the roof. Produced some heat – lit the walls on fire but the thing didn't burn. You got to bear in mind this.. Hmm.. Gotta bear in mind this house is all wood construction, and there's no insulation on the inside walls, if you were to show a fireman that, he'd tell ya there's absolutely no reason why that didn't just take the whole house.

So it's not a question of “Why did it start burning?”, the question is “Why did it stop?” And circles. Which are dangerous. You never, ever, ever go through any kind of circles or 'virtomatrix' markings on the ground. You gotta understand that something as simple as this here.. That's a defined perimeter, OK? We got edge there that he's putting around, we got a rug in the middle.. Just 'cuz you don't understand it doesn't mean that it doesn't have some kind of significance to somebody. So it's best to avoid markings on ground, any kind of power circles, runes, anything like that, and again mostly the best things are hidden in plain view.

Got some children's toys on the ground... and a great big fucking shoe. Yea. We're not going down there - this is an initial 'recce' only. When in doubt, stay in the light. And we got a twin landing here, this place would be a C.Q.B. nightmare. Oh, that's a nice touch. I like the flowers..

[Continued in Abandoned House Part 3...]

9:58 Ghost Dance

=So I'm here with Susie Francis and she's a witch. -Yea. Now, what does that mean exactly? -I'm a white witch. =OK. -I'm a wiccan. =OK. -I believe in the three rules. =Which are? -Which are number one whatever you do comes back to you three fold. =Right. -Never do anything to hurt or harm anyone else. =Right -And never do anything to hurt or harm yourself. =OK, OK. So.. but past that.. Past y'know that whole y'know, esoteric 'be-cool' with things.. You guys generally do the.. the magick thing. -Magick stuff is good. =Yea, so you guys do the whole conjuration kinda thing.. -Not so much conjuration, but.. a lot of mental power and a lot of mental strength goes into ruling my world =OK, so were talking about..What I'm getting at here is you guys have some kind of contact through one way or another with the supernatural world. -Uh, yea.. A simpler way of putting it is 'The Force'.

=OK, but.. So that's the whole Jedi thing but generally we're talking about stuff not accepted by science.. =That's right, they don't accept what I do. =OK, now what I've got here is I've got this idea. Because the Wogs in my world see, we're going after the supernatural that's the plan here and in order for me to make this happen is I'm gonna be.. Well I've come up with this idea to see if there's something out there. Like if I have a box and I know that it's going to do something if I press the button, the only way you can find out what happens is to press the button, and you watch what happens. -Right.

=I've kind of a.. I've made this sort of a 'bomb' that I want to let go.. And hear me out.. It's called 'Operation Ghost Dance' and what we're gonna do is we're gonna take.. on a certain date, now I've go down and talk to my buddy to get a proper celestial date, but I want your opinion on what you think this could do as a ritual, OK? -OK. =OK, on a certain date which will be chosen later, OK.. -OK. =But it will be a date having to do celestial alignment, OK? -Right.

=I'm gonna get everyone who's a Wog, and this is anyone who wants to participate in this, and this is probably.. I'm aiming.. The number I'm working with is a thousand people world wide, OK? -OK. =So I've got a minimum.. OK, so we're going with minimums of a thousand. Could be ten thousand, could be thirty thousand but we're working with minimums here, OK? -OK.

=So we've got ten thousand people and we're gonna get 'em all to make themselves a circle of protection, a circle and a star, OK? Inside, on a bed sheet or something that they can lay down as a mat to create y'know, some kinda space for themselves, OK? -A pentagram. =Yea, exactly but.. y'know to work as a shielding, as a power focus mechanism, 'cuz apparently [according to] the books I've read that's what they do, OK.. -You have to be careful with pentagrams.. =Hear me out, let me just fill.. tell you the whole gig and then you can give me what's going on.. -OK.

=Then once they're inside that pentagram, OK? They're all gonna be getting a quartz crystal, OK? And they're all gonna be sitting there.. Now at the percise time, OK.. Up until.. Say it would happen at say.. I haven't got the time chosen yet either, but the precise time.. Say we make it eight 'o clock, at say six 'o clock we get these guys to get their head open a little bit, eh? You know they do their chanting, meditation, pharmaceuticals, whatever.. They're gonna get their brains opened up..

And then at about eight 'o clock I'm going to broadcast an MK ULTRA modified transmission through the internet, to a set of headphones that these.. all of these people that are in this cumulative.. At that exact moment in time, synchronized all over the planet, I'm gonna have all these guys getting this transmission. That.. and the whole focus of the transmission is to awaken the mundane. It's to awaken all latent powers inside the mind. Now I don't know what powers are gonna be awakened, but basically it's gonna turn on your head. -OK, and.. =I'm not done. -OK.

=And then this is.. There is no electrical power gonna be used, it's all gonna be.. there's just gonna be [candle] lights.. I was thinking about having a symbol that they might focus on but we may not use that.. and then after they do the.. I think it's like ninety minutes is the MK ULTRA programming CD that I have.. After they do that, they turn off all of their media to focus on the effects of that programming and the media, this includes..

Like very minimal contact, like of course you'll have to speak on the phone I suppose if you're so inclined, but there's no.. there's no video, there's no computer, there's none of that - for thirty days. The only thing they're allowed to do is read, and that's it. If they are totally 'jones-ing' for stimulus, they are allowed to read but there is no other things happening for up to thirty days. And at that time it's treated like a.. like a chiropratic adjustment. If I were to go and snap their heads a little bit, then they wait for thirty days for that change to have full effect on their bodies – mind, body, spirit. And I'm thinking that by the numbers, by the data I've been able to pull out of books and stuff – this should do something.

-Oh it will. =Yea? What will it do? -First of all, you have to take precautions.. =Well, yea.. -No you must learn, if you've read books and you understand.. =Yea. -Then all of them should be facing in the same direction. =Like north? -Like north, or south, or east, or west.. And depending on the powers you're trying to awaken.. =Well it's just.. Blanket statement – anything that's in there, anything in your head.. Wakes up! -There are so many things in there.. =Yea, I know -You've got to be careful..

=Why? -That you don't awaken something that is totally evil rather than totally good.. =But it'll be something! We'll have evidence of the supernatural right there.. -I know, what are you going to do when you awaken this evil being? =Well, that's if we awaken one, I guess we'll deal with it then.. -No it's not a case of if, it's when.. =Why? -Because that's the rules. =What rules? -The basic rules of anything you do with your mind, your heart, your soul, your whole being.. Everybody has good and bad in them.. =Yea. -Be careful you don't awaken the bad.. =But why though? I mean well look at the.. -Because the bad will destroy. The good will help create and protect.

=Alright, so you're saying that if I do this.. What's the threat here? -The threat is that they could turn into an army, if you say a minimum of a thousand people.. =Right -Will suddenly turn around and destroy whatever's within their range.. =That'd be something. -Yes, but then you would be responsible for creating.. =Ah no, I'm just doing an experiment over here. -Oh no, you must.. Everyone has to take.. In my religion – Wicca, you take responsibility for all your actions. =Hmm. -Therefore.. =That's.. That's some heavy stuff on me.. -That is heavy stuff on you. =Well, I'm willing to risk that! I'm hear to tell ya, I'm willing to risk that..

-May I make a suggestion? =Yea, I like the thing about facing north though.. -Facing north is a safe direction. =Well, we don't really want safe, what's the unsafe direction? -No, I'm saying safe mentally. =What's an unsafe mental direction? -An unsafe mental direction is east. =East. OK, what if they all.. -Then there are certain power points around the planet.. =Say we picked.. -One is Stonehenge, another one is down in California.. =What about Glastonbury Tor? -Glastonbury Tor is a great direction..

...

-You open your mind to a lot of things and you can see almost anything. And you can hear anything. =So you're saying that these people, like once we do this.. and the MK ULTRA programming I got.. the whole point of it is to awaken.. the mind. -That's fine, you awaken their inner spirit. =Yea. -And what will happen is they may even regress and find their past life coming back to them. =Really? -And they may find that they have more knowledge than they thought they had..

=OK, OK hang on. Getting back to this.. On the Ghost Dance here, what do you suppose, let's say I've got a thousand people. -Right. =I like the facing east thing or maybe.. focusing on a point, I don't want to have a sacred point though because that gets a little weird, so I want to keep it as general as we can, so y'know.. -Well, if you keep it general. I would recommend north. =Why? Why over east? -Well north is.. everybody is.. you're talking about a pole, a polar point. =Right. -Everybody is facing one point and it doesn't matter where you are in the world. =Right. -It could be south or north.

=But if you go east wouldn't that just kinda create more energy and just spin around the planet? -No, it doesn't because you're trying to get everyone to focus. So you need a point to focus. North is a great focus or south. =Well, well with the programming I suppose.. OK, we'll say north, we'll say north for now. OK, 'cuz that'll just be good.. north.. -I think north would be easier for you. =Alright, whatever. And then we got.. OK, then we got the quartz crystal which is amping stuff out.

-And besides your pentagram and your circle you should have candles. =Oh yea, there's candles in there, I thought I told you that. -You put five candles at the five points.. =One on each.. Right, OK. -OK? =So five.. Five burning candles.. -Five burning candles. =And no electrical lights at all. -No electrical lights at all.. =OK, that means no computer, no video screen.. -Nothing. =None of that.. -Nothing. =OK. Now let's say I've got a thousand hardcore Wogs.. -Right.. =OK, who crank their heads open using whatever means they see fit.. -Yes..

=OK, then they take in this programming.. What do you suppose the percentage of reaction would be? Meaning, how many people would just.. You know at the end of it take the headphones off and go "That was.. That was bullshit, nothing happened there." versus people [that] went "Whoah, something's happening." -That depends on what your program is. =Well, the program is.. Well y'know it's not really important -Well it is important.. =It's just this MK ULTRA thing that I got that.. the whole focus is.. essential its activation. I'm going 'wonk!' Turn your head on. That's it. -You're turning your head on, well you may find that they have..

=And personal empowerment, that's it. -Personal empowerment is what they will have because.. =Well, how many? Like out of a thousand, percentage wise, I won't hold you to it.. -I'd say, I'd say about eighty percent. =Eighty percent? So like eight hundred people would have tangible result? -Oh yea! They'll have results, even the other twenty percent will have a result of one form or another. =So it doesn't.. OK, so you're saying eighty percent, so if I've got a thousand, minimum of a thousand, that's like eight hundred people.. -If.. If they are all open..

=Yea, if they manage to get themselves open through whatever means they see fit.. -If they're open, you may even have a hundred percent. Because when you're open to receiving a suggestion.. =Right. -It's like hypnosis =Right. -OK? =Yea. -If you're open to receiving the suggestion you are empowered. =Right. Now the thing is though, I'm not just trying to mass hypnotise people, I'm lookin' for tangible physical result. I'm lookin' for.. There's a.. There's a demon, let's kill it, put it on eBay! -No, no, no. What will happen is they may be able to levitate, they may all be able to communicate with one another mentally, you may open.. =Hmm. -You see we only use a very minute portion of our brains.. =Right. -And..

=And if I just.. Well the whole purpose of this thing is to broadcast.. -To try and.. ='Cuz I've taken.. There's a.. It's music that I've augmented in post production with a.. 'cuz I got a manual from the sixties, OK? -Right. =That has all the MK ULTRA programming in it, and I've broken it down, and using technology we have now, it's very easy to put the right kind of brainwave on it and to just [snaps] stimulate the brain and to crank it open... -The thing is, you've got a lot of brain to crank open and a lot of people who don't know what the rest of our brains do.. =Well, I know and that's my point! That's why I want to turn it on! -OK! Turn it on!

=Yea -You may find you have people who can raise up two ton block with their minds.. =Hmm -You have people that will be able to do things that everybody said "Oh, that's impossible." =Really? -Really. Because that's what happens when you open yourself. =And you're basing this on what? Where do you get the authority to say that? -Well, it's general knowledge even in science today.. =In the Wiccan community.. Like there'd be another person who's a witch who'd pretty much agree on what you're saying here? You're not just a lone person saying this? -No, I'm not a lone person, a lot of the Wiccan people when we get together we communicate by touching one another and we chant and we feel a power within us and there's many of us all of a sudden we can communicate mentally, we can levitate things, we can move from one realm to another..

Astral projection is one of the things that I'm talking about.. =Yea, yea I've heard of that. -You can.. You can go to Mars! =So there's a chance that these people could astral project.. -And really.. And actually come to see you where you are.. =Well I think that generally.. They should probably... Well all astral projection starts the same way.. -That's right. =They see themselves.. -No, but to see you! =Yea, yea but.. -They could leave where they are mentally and all be in front of you looking at you, you won't see them.. =Well I'm gonna be doing this at the same time.. -Well then you'll all be together. You will all have a force of a power together if you could do that..

=Hmm. -That's one of the things that.. =Well that will be proof of the supernatural though. Because the whole purpose of Ghost Dance, of the operation is to see that there is something. That's it, that's all I want. I don't care what happens.. If people are bursting into flames, I could give a shit less! So long as.. Everybody who takes part in Operation Ghost Dance is well aware of the threats and risks.. But we're just.. The Wogs are sick of it and we're gonna cut the shit. -They should be prepared, be prepared for all kinds of results. =Well, we're all about being prepared. -But it will happen. The supernatural is amazing. And there's a lot of good supernatural things, but there's a lot of bad.. =Oh really? -There's just as much evil in this world as there is good..

27:35 Abandoned House Part 3

I got books. When this book was new, it was eighteen dollars. When this book was new, it was twenty-five dollars. Books are in good shape, no mildew. And they're both on how to look after babies. So there's something here, or somebody here who's real interested in children. Now children have a lot of power in occult circles because they're uncorrupted. They're like a battery, they're small, they're life, it's like a seed..

Tea-light candles. Also another sure tell-tale sign that a house isn't just used by kids or whatever lookin' for a place to party - there's no smell of urine here, there's no smell of human shit here. Teenagers when they're just lookin' for a place to go they'll piss where ever, they'll shit where ever, whatever.

Anytime you're inside a house like this, you see markings on the wall.. Make sure you take photos of them and check 'em with runes. Sometimes they'll take germanic runes and hide them inside of graffiti. Gotta bare in mind that these people have been hiding and have been doing occult research and practice for thousands of years. They know how to hide. And they know how to hide things in plain view.

I don't know what that means, but that's hard to put up there and it means something to somebody. [Recoils] Yea, there's a scary vibe coming from this doorway here... Bathroom. And this wasn't busted out, this was busted in. Huh. K I'm gonna avoid that room. Floor's fucked. Why was that hole chopped in the floor? - Hmm. That's like 'mouse-holing'. They do that in Fibula. - Yea? They drop things down, like if you've got grenades or whatever you can drop 'em down to the first floor.

Really? Yea. Well, I think we should do.. I think we should do a complete pass and then get out of here. - There's another floor? Always another floor. Remember your first person shooters! Watch your corners. [Looks in..] I've got a blanket and a bundle. And I've got a bed. I just love unwrapping bundles.

[Cuts open] That's a light shield. - Uh huh. It's designed so if you've got a fire in here or something, it doesn't show up. You wanna watch for tell-tale signs like that... You've got a cracked piece of floor going to a great big covered area.

Yea, it's weird. We got a person living here, but whoever lives here is not taking a piss because there's no running water, there's no smell of piss coming from the roof.

In the daytime.. Huh. OK, time to go.

Patrolling Season 2 Episode 11 (2007)

Excerpts Transcription (2007)

Transcribed & edited by avagdu

0:40 Qi Gong

Of all the fields of mysticism and metaphysics that I have seen, the thing that is the most promising to the Wog, the field that I think is the easiest to move forward on and actually maintain results in sort of a metaphysical field, is in Qi Gong. Or in.. Y'know I'm not too sure exactly how it's originally spelled but it's originally "Q-I G-O-N-G".

Now that was the name of Obi Wan Kenobi's master in the Star Wars films and the reason why is because all of the Jedi powers that Lucas used in the movies are derivatives of classic Chinese Qi Gong powers. Now martial arts came out of India, "Mother India" originally. It came over and the first of the martial arts were not using fighting moves of punching and kicking, they were for.. all having to do with movement of energy. You have the concepts of Kundalini, which is this energy that circulates throughout the body and what not.

And inside of Eastern theology they have this thing called 'Chi', life energy and all. Disease is based upon the blockages of 'Chi' within the human body, that is your life essence flow. Now what Qi Gong masters apparently are able to do, and there's video you can download off the web, people who claim they can do this, they can move objects without touching them with their hands. They can boil water, they can heal people, they can use this energy within their body to accomplish things in the real world. That's very interesting.

If I can be suspended in an ice cave and suck a light saber into my hand, that's useful for a Wog – y'know generally. This is something that you want to be able to do, so Qi Gong generally.. the only problem with it is.. is you have to live kind of 'monkishly'. You have to do the same sets of things over and over everyday.

You have to watch your food, you have to watch how much you jerk off, you gotta watch all these different variables about your personal energy and your life and variables and things of this nature but there are tangible results. So Chi Kung or Qi Gong or however you want to call it, or even that Tai Chi, these are all subsets.. Tai Chi is just moving meditation. You're getting further away from the punching-kicking stuff and actually [to] the essence and origins of what wire-fu is.

WOG KIT

The following is several lists of essential Wog kit as defined in SKTFM.TV and Patrolling with Sean Kennedy. Every Wog should customize their own kit to suit their needs, but these will give you some ideas when assembling the gear you need to survive every day life as well as many emergency situations we may face in our dystopic future.

Patrolling with Sean Kennedy

The following lists are formulated from the various episodes in which they are presented. See the particular section for more details. Please note that these are a starting point where you can customize and expand with your own equipment.

Belt Line Kit

- emergency rappelling belt (eagle industries)
- multi-tool (leatherman wave)
- lighter (butane)
- flashlight (inova x5)
- wallet (SPEC OPS T.H.E. Wallet)
- knife (cold steel defender push dagger)
- climbing carabiner (locks)
- bean bag (glove bag)
- prozium case (medicine)
- moldavite
- (optional) mobile phone

Top Layer

Field Jacket System:

- British combat smock (treated with waterproofing)
- Gore-tex night time marine operations jacket (waterproof)

Urban Jacket:

- Flight jacket (cowhide)

Formal Wear:

- Non-descript dress overcoat
- (optional) Canadian Forces scarf (terricloth material)

Essentials Bag

- Maxpedition Thermite Versipack (Black) or Maxpedition Fatboy Versipack (Tan)

- ESS 2.4 Eyeshields

- music player

- boonie hat

- mobile phone headset

- medicinal herbs

- mobile phone

- wallet (SPEC OPS T.H.E. Wallet) – identification, passport

- coffee beans

- spare glasses (Canadian Forces gas mask glasses)

- navras essential oil for meditation – grapeseed oil, frankincense, eucalyptus, champa, ylang ylang

- field message pad (Canadian Peacekeeper) – gluestick, hi-lighter, black, red, green, blue pens; stainless

- steel business card case with alternate occupations

- pocket calendar

Essentials Bag (continued..)

Canadian Forces boot bands (blousing bands, elastics with hooks)

G.P.S. (or Garmin Rino)

(optional) – survival kit, flares, heaters

(optional) – retention lanyard, hydration bladder

AWOL Bag

1 complete set of civilian style clothes

survival kit

ablution kit

towel

ranger blanket (USGI poncho liner)

2-way radios

spare eyeglasses (ESS ICE 2.4)

shortwave radio

bear mace

compass

wallet - one thousand dollars USD or small gold coins, identification, important documents

laundry bag

garbage bag

M83 Assault Vest (South African webbing)

first aid kit

laptop & accessories

compact disc with data backup

lightweight footwear (sandals, water socks)

gloves

tomahawk

ball cap

fleece jacket

rain jacket

M.O.C.C.

2 Canadian Forces Shelter halves

bungee cords

para cord

galvanized steel nails

tent poles (or wood doweling)

waterproof bivy bag

outer mummy style sleeping bag (high temperature)

inner mummy style sleeping bag (low temperature)

fleece blanket (or wasable cotton liner)

inflatable mattress (fits inside bivy bag)

Work Bag

tactical patrol bag
instant lunch (MRE)
thermos
coffee mug
3-cell Maglite
Maglite holder
ethernet cable
road flare
small lock and key (for securing bag zippers)
mobile phone charger
power inverter
2 small plastic beverage containers
reading material
fleece vest
stocking cap
media player
headphones (wrap around)
shortwave radio
laptop accessories
replica software and media
medicine

Food Tray

tray
1 medium size stainless steel bowl
1 medium size ceramic bowl with lid
spoon (commercial)
measuring spoon
thermos
coffee mug
1 small size stainless steel bowl
small plastic beverage container
bottled beverage

SKTFM.TV <http://www.rantmedia.ca/sktfmtv/gear.php>

The following list is presented for archivable purposes only and contains equipment carried by Sean Kennedy circa 2001. This has been changed substantially as covered in Patrolling Season 1 as of 2004 and presumably has changed since then as well.

Gear / Equipment

Below is a comprehensive list of Patient-0 essential equipment, including items in his AWOL bag.
SeanK On body:

- * UNPROFOR Zippo lighter, (a gift from chubby pete)
- * Emerson Striker Knife (a gift from dark1)
- * Casio triple sensor pathfinder (a gift from Dark1)
- * Timex Datalink Ironman (yes i wear two watches)
- * Kult Shoulder harness (available soon)
- * Nokia 6180 phone (Soon to change as it has been stolen)
- * Palm IIIX
- * Palm Keyboard
- * Sog Power Pliers (older model, before they went to uberchep parts)
- * Sog Crosscut Mini pliers (keychain)(a gift from Dark1)
- * Q-Link anti Electronic pendant (a gift from Hammer)
- * Kult Flight Jacket / Leather trench coat
- * maglight triple A minimag
- wallet
-

Awol Bag:

- * Eagle Industries Becker Patrol Pack (a gift from Hammer)
- * Water bottle prefilled with protien shake powder
- * Extra portion of protien shake powder
- * Vitamin dayback Prepared daily. 300 miligrams ginko, three Double X multivitamins, Calcium. (hopfully soon to have modafinil)
- * ultra light Ranger blanket
- * canadian forces issue Bivy Shelter
- * 1 complete change of cloths (kung Fu Outfit)
- * Gym Gear shorts and T shirt
- * 1 complete abolution kit
- * small pakcage of capsium powder
- * Cd software stack containing 15.6 gigs of warez
- * garmin GPS 2 With Eessential waypoints programed in. (a gift from Ronin Saryet)
- * Towel
- * Car charger for GPS
- * Car charger for cell phone
- * sewing kit (east german issue)
- * 1 Kukri (british Gurkah Issue) (a gift from saryet and medic)
- * 1 SOG Pentagon (a gift from Ronin sayet)
- * Cannon A5 Digital camera
- * armless sunglasses (Morphius style)
- * Boker KFS Set
- * lexan microwavable Tupperware bowl with cover.

THE APPENDIXES

The following is several articles and documents published elsewhere including PAIN magazine which are included in full in order to elaborate on the concepts covered in the previous transcriptions, further classified in the Cybudic philosophy and to show the progression of the beliefs following the formation and decline of KULT.

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PA1Nv15x11 -----

[Cybudic Philosophy]
[Sean Kennedy TFM]
[Edited by Bland Inquisitor]

----- PA1Nv15x11

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Article 1 of 5

Cybudic Philosophy
By Sean Kennedy TFM
Edited by Bland Inquisitor

Cybudo is the philosophy. It is understanding the materialist nature of the corpolitical.

Cybudic, is the description of the philosophy applied.
(ie: he /she is very Cybudic.)

The original text was going to be called the cybudocon
(the book of Cybudo).

About the author

"The artist must elect to fight for freedom or slavery.
I have made my choice. I had no alternative."
- From the gravestone of Paul Robeson.

It would seem that I am a paranoid antisocial Person.

Paranoid

Paranoid personality disorder is characterized by a distrust of others and a constant suspicion that people around you have sinister motives. People with this disorder tend to have excessive trust in their own knowledge and abilities and usually avoid close relationships with others. They search for hidden meanings in everything and read hostile intentions into the actions of others. They are quick to challenge the loyalties of friends and loved ones and often appear cold and distant to others. They usually shift blame to others and tend to carry long grudges.

Antisocial

A common misconception is that antisocial personality disorder refers to people who have poor social skills. The opposite is often the case. Instead, antisocial personality disorder is characterized by a lack of conscience. People with this disorder are prone to criminal behavior, believing that their victims are weak and deserving of being taken advantage of. They tend to lie and steal. Often, they are careless with money and take action without thinking about consequences. They are often aggressive and are much more concerned with their own needs than the needs of others.

My name is Sean Kennedy.

I am not a man who has had a great deal of post-secondary schooling. In fact, I have had NO university or college education of any kind. I was a latchkey kid, bullied in school, and constantly torn between my parents' multiple separations over my father's manic depression and my mother's singing and acting career. I kept a healthy buffer of fantasy role-playing games and science fiction between reality and myself; it kept my drug use to a minimum and let me speak with others in a similar situation.

Like the rest of my generation, I wasn't so much raised as distracted. I wanted to stand up and help people, as well as gain the respect and admiration of my peers. My television told me that the governments of the world were honest. My television told me that if I worked hard and had a strong moral character, I would be successful, just like those characters in my books. I believed in my television and decided I wanted to be a soldier. I tried to join the British, French and American armies to no avail, but finally the Canadian armed forces took me in.

I died in a tiny building called C-12 in 1994. A bigoted process of elimination killed me because I thought differently, because I didn't play hockey, because I was a nerd, a geek, a freak. For these reasons I was sentenced to death by mental degradation. I was reborn in a place called CFB Shilo; a horrible, desolate military base where rumors and wife-swapping lead to the highest suicide rate of any military base, and families were in a constant state of breakup. I went out of the frying pan and into the fire. From 1994-1997 I stayed on that base. An Olive drab whore; I was too weak to be angry at first, but I grew stronger. I decided I would become a writer... a horror writer.

My passions for horror slowly drifted into alternative politics. Jello Biafra and Noam Chomsky became like gods to me. I vowed that after I outsold Stephen King, I would try to make a difference like they had. But still there was something not right...something was missing.

So now I write viruses. I write viruses that affect the collective id of those who read in my native tongue of English.

But why, why would you care about my childhood? The fact a Dixieland Wiccan and an abusive, brain-damaged, newfie fan of Russian philosophy raised me might be entertaining, but not nearly amusing enough to invest pages of dialogue.

Everyone has a story to tell but no one really wants to hear it. We all fantasize about writing the memoirs of our life; dreaming about all the things we would love to do. We would talk about our ambitious dreams of sailing down the Amazon, about exploring the catacombs of Paris, about hunting Bigfoot with large-caliber firearms and state of the art night vision optics (good gen four stuff, none of that Russian crap). The truth, however, is that we can never tell those stories because they exist only as dreams.

This is my war, my fight to live those dreams. There are a billion logical and tranquilizing reasons why I shouldn't try to find Bigfoot; and as many as I can think of I'm sure you can think of more, but the truth is this is what life is about. We are all dreaming of being extraordinary, of being exceptional, yet no one has the intestinal fortitude, the guts, to really try and live the life we want instead of the lie they have given us.

You must be made aware that this text is not designed to enslave you in a cult (of any spelling variant).

If you downloaded this work, please read it before making the financial commitment to buy a copy of the cybudic Philosophy. There is no secret information in the purchased copy; everything that you read here is printed there as well, including these words. Any works that claim to be of Cybudo MUST be available for free on the web, if they are not, then they are not works that Cybudo endorses.

My name is Sean Kennedy, and I am the open source celebrity that has created this "thing" that is Cybudo. I built it because someone is so desperately needed to stop the Corpolitical madness; yet no one else has stepped up to the task. So it is with great reservation that I step into the gladiatorial arena to be a champion by default, but here goes something. This text is a creation of mine and mine alone, yet I have employed components, like building blocks, from different religions, philosophies, political parties, and even corporate motivational writings from around the world. This is cybudic Philosophy

I did not want to write these books. I had no desire to start a socio-political movement that would consume my life, but it seems that North American society is in desperate need of an alternative to the path of destruction that we are currently on. I believe Cybudo is the answer, and if someone has given you a copy of this text, then someone else thinks it is the answer as well.

Incidentally, they also think that you're rather bright and might enjoy this, so a "thank you" might be in order, whether you agree with these books or not.

As you have probably figured out by now, this is not a standard philosophy or political text. This isn't even particularly well written, but it is honest, and I hope it will be entertaining as well. This work is not for everyone. There will be those who call it a cult and claim that I am everything from a fascist to a Satanist and every other "-ist" in-between. To those people I smile, turn my back, and walk away. Not everyone you meet is going to be able to see the things the way that you do, and Cybudists do not push their ideas onto anyone.

If you disagree with Cybudo, that's fine; but don't try to kill me for it okay?

Great.

Cybudo could be called a faith, religion, philosophy, and / or a political party because it has components of each of these things. The most accurate way to describe Cybudo is as a lifestyle. The name Cybudo comes from the words "Cyber", which means to be part machine, and "Budo" meaning a warriors code. Cybudo is the lifestyle for the warrior of today and tomorrow. It is a way for Cyberpunks to regroup and take control of the future for our world.

Technology is nothing more than the physical manifestation of will. We use it now, just as the stone, axe, and wheel were used in the creation of society. The computer, along with the myriad other advancements we humans have made in the last fifty years, must be utilized to command and shape our collective destinies. When you couple applied technology with militant will, you have a very powerful combination indeed.

When people start talking about being militant, alarm bells start going off in people's heads. To be militant about something is not necessarily bad, you could be militant about getting your coffee in the morning, and in fact most people are. Being militant does mean moving to the prairies and living in a bunker. It just means that you act with conviction and do not allow yourself to be swayed from your chosen path. Militant action is a lot like steel, just because steel is used to make weapons, does that make steel bad, of course not. Steel, like militant action, is a material whose judgment comes from how it is employed.

As I have said, the knowledge in Cybudo is not new, it is the application of knowledge that makes Cybudo unique. It is the militant nature of Cybudo, the conviction of the warrior coupled with the enhancement of technology, which will give us the strength to change our future.

After you have made your way through all seven books, and not one second before, you should then consider whether or not to purchase the cybudic Philosophy. By purchasing this book you are supporting the Cybudo movement and taking a stand against the madness that has consumed our world. Once we have sold ten thousand copies of this work we will be able to take the next step (we will talk about that later)

Books are funny things, they are a lecture you can walk out on, but cannot heckle in, and after you walk out you can come back any time and pick up where you left off. Everything that I write in these pages, every word I type I believe to be the absolute truth. My ideas are not based upon concepts or religious values, but the observation of history coupled with hard data. In this lecture, you may not understand everything the first time you hear it, but cybudic Philosophy will repeat itself as often as you like.

The unknown is uncomfortable. Humans are creatures of habit and routine. A dynamic future full of changes and mobility exists, but it is destructive to our mentality. Cybudo is a philosophy that can help humanity embrace the future.

So if you're ready, if you're sick of being a victim of Corpolitical plotting, addicted to the things you hate; if you are terrified of the future, or worse: think that you haven't got one, then come with me my friend. I am prepared to show you how to live your life, your way.

My name is Sean Kennedy T.F.M.
I am Patient Zero

Chaos

"When the state and big corporations allow and place incinerators in Black and Hispanic neighborhoods, when the worst and least nutritious foods are sold in food markets and bodegas; when trees are cut down and schools become mere training grounds for burgeoning rural prisons; when toxic images are pumped into young impressionable minds which glorify gangsters, pimping and mindlessly shaking boot; when racist twisted cops look at a man standing on a stoop and automatically see a suspect; when the State wages what is in fact an undeclared war on the poor, well, you have some serious sickness that needs to be resisted."

- Mumia Abu-Jamal, journalist/political prisoner on death row,
in a statement to the Million Family March, October 2000.

Doug's hands hurt a lot. They said that the treated lumber in the lumber run was harmless, they said you could drink the chemical it was treated with and it wouldn't hurt you, but every time he got a splinter from the treated stuff, his hands felt swollen and itched all over.

He tried not to think about it as he attempted to cover his section of the store. They were short staffed again and he was the only apron in the lumber run, building supply and millwork section. It was Thursday and it had already happened twice this week, this time made it the third.

He made just above minimum wage and by the time he finished his shift each day he was utterly exhausted. He had wanted to go back to school but with the way they moved the shifts around all he could ever plan for was work. He couldn't say anything of course; the hardware mega-store got over fifty resumes a day from people just like Doug who desperately needed a job. The turnover here was close to sixty percent every year, young kids who believed the dream of joining the team and had to quit or were "let go" after they couldn't cope with the stress.

Doug had his secret weapon though tonight he would go home and smoke a big bowl of the best weed in the state. He wasn't a drug user, this was just self-medication. He couldn't afford the Zanax or the Prozac, and natural was always better. His degree (Psychology major with a minor in psychology) cost him more money than he had ever made in his life, so payments, plus rent and food meant that things would be tight for a while. In the modern age of instant transactions and business at the speed of a thought, a while meant between five and eight years, but that's okay, there were a lot of thirty year olds in university these days.

"Hey man." Doug's attention was snapped back into the lumber run by a large biker. He was built like a mammoth complete with the hair, and everywhere the hair was not, black leather and faded tattoos could be seen.

"Could you give me a hand with these treated four by four posts?"

"Oh, sure you bet." He hadn't finished the word bet when one of the store phones on his hip started to ring. There was a phone for millwork, building materials and lumber. But since he was the only one on he had all three tucked around his apron.

"Building materials, Doug speaking." He answered the phone this way all day at work. His friends would phone him when he was off, and out of reflex, he answered his home phone the same way. The guy on the other end of the line wanted to know how he should be putting his driveway sealer down, and to make matters worse he was a slow talker.

He helped the biker load ten posts onto his cart and walked with him through the tills while still talking to the same guy on the phone. Both the other two phones on his hips had rung twice and stopped, only to be passed back to the switchboard operator, who promptly paged him over the store's speakers; interrupting the soothing music pumped throughout the store.

Sheryl, who did all the paging, spoke louder and slower with each repeated page, as though the other employee's in the store spoke some foreign language and her patience was being tried.

After going through the tills, he walked with the biker out the huge lumber bay doors and into the sunlight. It stung his eyes but the fresh air felt good to breathe. He walked though the lot to the biker's brand new Ford F-150 truck that was so black it looked wet. Doug finished his call with the driveway man as the last of the four by four treated lumber posts slid into the back of the perfect truck. He felt the pinch and sting of a sliver from the post catch the joint of his little finger and the itching began immediately.

As Doug tried with worn nails to pull the splinter out, the biker slammed the back of the truck and pulled a money role out of his pocket. At a guess Doug would say there was ten thousand dollars there in his thick gold ringed hands. He peeled off twenty bucks and handed it to Doug. Tips were illegal to take from customers because it promoted favoritism amongst employees towards the consumers, but Doug took the cash and smiled. He wasn't sure if the biker was being kind or mocking as he said, "I guess you better get back to work."

* * *

Lets start by dispensing a few myths about humans. There are those who believe that all humans have the essential knowledge of right and wrong, and that fair play and justice are part of our nature. Still others believe that integrity and honor are part of our genetic makeup in some divine way. This is worse than inaccurate, it is a lie.

Humans, on the whole, are savage; combative beings that will do whatever it takes to reach their goals. This is our nature. Concepts like fairness, justice and honesty are taught and are not part of human instinct. One only needs to look at nature to prove my point. Is it fair that the strongest black eagle chick kills and eats it's siblings? Where is the justice for the young deer mercilessly ripped apart by wolves? Where is the honesty and honor in a crocodile that ambushes the old water buffalo?

The truth is that we humans like to think we are better than the animal kingdom, but time and time again we show that we are not. Through genocide, war, crime, and hedonism we have shown constantly that an individual's morality is directly related to their political and economic status. Don't believe me? Imagine any major city in North America have the power and water cut off for seven days, where is the Honesty and the Justice then? Where is the greater human spirit? It's in the alleyway killing a family of five so that a family of four can live for two more days. Everyone likes to hide behind the lie of decency, but with only the gentlest push the mask falls away showing the true face of the human.

This truth about humanity is almost too horrible to admit, but whether you admit it or not, it doesn't change the fact that it is true. Some would speak of the divine and talk about our souls, and while it is true that there is the component of spirit in our bodies, decent faithful folk who believe in their god have killed as many if not more than the great heathen of unbelievers. So it begs the question, if we do not have natural values, what is it that gives us the ability to make decisions? What is our compass for intellectual thought?

There are two undeniable truths about the human race. The first is that everything each and every human being does, from the clothing they buy to the way the comb their hair, every decision that we make is governed at the lowest level by only three urges: the urge to be great, the sexual urge, and the urge to avoid discomfort. Each urge trades its position of dominance within all of us depending on circumstances, but it is these three instincts that exist at the very core of our being.

It starts to get a little bit more complicated because the urge to be great is psychologically defined. Everyone has different ideas of what it means to be great, whether it means to be well liked, financially secure, famous, or what have you. Everyone's definition of what is great is different and largely governed by the company we keep and whatever perceptions we have of greatness. A woman who seeks to be a great mother has the same urge as a stockbroker sweating for every dollar that he makes. The urges are the same, it is the definition of greatness that changes within us all.

The same can be said for the sexual urge. The truth is that the company we keep and perceptions we gain of what is sexy. Looking down through history, what has been viewed as attractive qualities in men and women have changed drastically throughout the years, from one extreme to the next.

As well, the urge to avoid discomfort comes in many forms. From fear of cancer, to the aversion to physical labor and exercise; this same urge applies to those who although may be physically fit (what they define a factor in greatness) may not enjoy dealing with mathematics or other more cerebral tasks. The fear and phobia of computers and new technology exhibited by some is a prime example of this comfort instinct.

No one is more aware of this than marketing companies. They cannot shift our desires, but they can change our definition of these desires and manipulate us that way. The idiocy of status comes from the urge for greatness, the urge to impress. Yet still the sexual urge is there as well as having high status in our society and culture (or subculture for that matter) makes us more desirable. To finish my point on this triangle, how many times have we heard of someone as being financially comfortable in status?

The subcultures in North America, although they do not have the same definition of greatness, are manipulated the same way. An activist that is on the news or persecuted by the state gains notoriety and status in his culture, as does a punk singer who leads his band on a "Who cares" Tour. The definition of status being "buying things you can't afford to impress those you do not like," applies to only one faction of North American culture. I assure you that although the punk subculture couldn't give a damn about expensive things, they still have this drive for greatness and status within their own culture.

If you look in your own life, no matter whom you are, you will see this truth in action. What is your favorite car? Why? Why would anything be preferable to you over anything else? It is these urges that the media use to control North American culture.

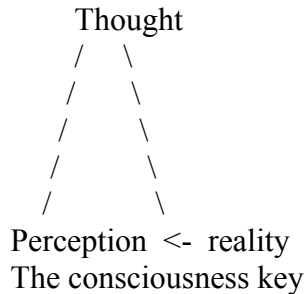
The second undeniable truth about humans is that we are combative by nature; that is to say, each and every one of us likes to fight. Now there are those hippy vegetarian pacifists who would cast this book aside at this moment. They would say that they haven't got a violent bone in their bodies, and that they are dedicated to peace, nonviolence, and understanding in everything that they do. But what they fail to realize is that this act in itself is fighting... Fighting against violence. Again, as with our basic human urges, our definition of fighting not only changes, but also is manipulated by our perceptions and outside sources.

A man decides that he wishes to be a soldier. His urge to be great makes him desire this action and he feels superior because he will be defeating others in physical combat. This feeds his sexual urge in how the soldier is viewed as a being of power, and therefore is desirable. These two urges, being fulfilled, place his urge to avoid discomfort in the background. (But I can tell you that this discomfort urge will be what the military uses to instill discipline in the man, and they are really good at it too.)

Another man wants to fight against all the disharmony and negativity in the world and strives to be at peace with all things. He will become a Vegan and stand against cruelty to all things. This man will fight more on a day-to-day basis than the soldier will, but in a different way. He will fight with the strength of his conviction and in doing so fulfills the human need for combat. A woman may see this man and because he meets her perception of what is great she is attracted to him. With those same perceptions he is attracted to her and this fulfills the sexual urge and what could be more uncomfortable than physical combat? His urge against discomfort is fuelled as well.

Whether his lifestyle is chosen to get the "hippie chick", to stand against violence, or to avoid battle depends on his dominant urge, but you can see how the theme of combat, even here, is so prevalent.

It is our perceptions that control our thoughts, and our thoughts control our reality as we choose to view it. Although I cannot think myself out of a tiger's cage, whether I worship tigers or I am deathly afraid of them will govern my experience in that cage. Then again I suppose what the tiger thinks will greatly affect my perceptions as well.



Thought, perception, and reality are all deeply connected and influence each other. You cannot alter one without directly affecting the other two. This reality triangle is what controls our definitions of greatness, sexuality, and discomfort. It is the key to controlling the core urges of humans, and therefore, the key to controlling humans themselves.

What about self-preservation? The truth is that self-preservation is hardly even a factor in humans, and this can be proven time and time again. People give and take their own lives all the time based on their urges and the reality triangle. Whether it is a monk who burns himself alive to protest violence or the soldier who goes over the top to greet death. The idea that "death is certain, life is not" is a mantra amongst some subcultures, while some Christian sects cannot wait to die so that they can be with god.

If self-preservation were stronger in humans we would not be killing each other in wars, poisoning our air and water, destroying our planet, or doing any of the things that are currently sending our culture towards destruction. It is not self preservation that makes us want to better our world, it is the urge against discomfort that make us hate the way we live and want to create something better.

The simplicity of the three urges and the triangle can be seen not only in North America, but also in every culture around the world. Unlike fluffy motivation books, these core concepts can be applied to everyone from the prostitutes of Thailand and the warlords of Africa, to the stockbrokers in New York and felons in the hardest of jails. This template of understanding allows us to understand how the human mind works. This template gives us the power to understand not only what we do, but also base reasoning of why we do it, and this same knowledge is taught in a far more cumbersome way to marketing executives and advertisers who get paid an exorbitant amount of money to alter your perceptions and make you their product. The job of advertising is to turn an independent human being into a controlled consumer.

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[Cybudic Philosophy, Pt. 2]
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Article 2

The ultimate authority is force. Anyone who does not believe that power ultimately comes from violence needs to look at history. The problem that exists in running a violently enforced government is that the people rise against it quickly, and unless it is completely ruthless, it will be overthrown. North American society doesn't like to think of itself as a warlord state, so rather than beat the populace into submission with a stick, and the governments have no problem whatsoever doing just that, the populace is controlled by manipulation of their desires.

With the police and military standing guard to prevent the bloodbath of anarchy, money is power to the policy makers in North American society, as it currently exists. There are sub-cultures and movements that tote influence as power as well as information, but the bottom line comes down to cash. Hard currency is what matters to everyone from the CEO's in the glass towers to the hooker on the corner. Those who have neither the might of violence, nor the influence of cash, have very little power.

Understanding this, it should then be logical that every man, woman, and child in North America should be hoarding cash and stocking up on high-powered weapons, yet they are not. Instead they are going farther and farther into debt while living in fear of conflict. How did this happen? The answer lies in the manipulation of what we perceive as needs. Understanding the three human motivating directives and our capability for conflict is crucial. Every human being has the same basic needs, and each of these needs open the gateway for the companies that are willing to do whatever it takes to make a dollar. Do not confuse human needs with our combative nature or our core human urges. Our human needs make up the territory, our core human urges are the compass and the reality triangle makes up the forces that affect our compass.

Food

The first need is the biological need. Our bodies need food, air, and water to survive, as well as myriad other biological necessities. One would think then that all humans should be concerned with making sure that they get enough to eat and that it is the best quality of food to sustain life. Every man woman and child should be concerned with a healthy diet and exercise yet we are not.

We have a fast food culture dying of obesity and diseases, which we bring on ourselves. How did this happen? Basic business teaches that wherever there is a desire there is a capability to make a profit.

Not so long ago, people were concerned with healthy living and farmers were making good money at what they did. But it was some very clever entrepreneurs that discovered the power of convenience. Convenience directly influences the directive, the basic human urge to avoid discomfort. Why cook when you can eat out for just a few cents more? There is no bother for shopping, no labor of cooking, and it gives the individual more time to do other things. Once this principle was realized in our culture, humans, being the fiendishly cutthroat and inventive creatures that we are, came up with more and more ways to compete in the food industry. It has gone so far now that convenience rather than the need for health living is what drives our basic biological needs.

Those companies that got good at making food convenient no matter what became the corporate giants with the golden arches and plastic wrapped synthetic food that appeals only to our hedonistically twisted sense of taste. They have been around so long now that we have accepted them as part of our world, one of the pillars of our reality. Imagine there's no fast food (its easy if you try), do you feel a sense of loss? Why? Because fast food has become imbedded in our modern minds a convenient source to make hunger pain stop, yet we know that just about all fast food varies from being only malnourishing to downright toxic. We pay for our convenience with our money and our blood, and as the corporations grow to meet the demand, we pay with the life of our planet. We will pay, because we need the food and the corporations have us at their mercy.

Safety

The desire for personal safety stems again from our urge to avoid discomfort. The need for safety is overpowered by our biological needs, so after we get some air water and food, we want to make sure no one is trying to kill us in nasty ways. The desire for safety opens many avenues for profit by appealing to our basic urges.

Commercials tell us that if we don't take our medicine we will get sick and die. Insurance salesmen tell us that if we do not have the proper coverage, we won't be able to afford medicine. In order to have the proper medical coverage, you had better have a good job or you won't make enough money or have the right benefits. If you don't have the right kind of vehicle to protect your family, you won't survive the ever increasingly violent streets to even get to your job. Oh, and let's not forget how unspeakable it would be for our nation to run out of fuel to power our paranoid tanks, so you better get ready for war. This is the culture of fear.

It can easily be seen whenever you watch the news, and you will watch the news because if you don't what you don't know could kill you. Breeding fear is an easy and effective way to manipulate the masses who have become so shell shocked by the media it's a wonder we leave our alarmed, window-barred houses even with our pistols, mace, stun-guns, body armor, and personal alarms.

What?! You don't have that? Aren't you afraid of what could happen? Living in fear has become the norm.

Shelter

A place to hang our hat and sleep out of the rain after being fed and escaping the raiding hordes comes in handy. The place that you live has always been a source for status in our culture. Whether it is in government sponsored housing or a mansion has some significance on the kind of person that you are viewed to be.

In fact some would say that someone from the bad side of town is expected to act a certain way, as though your zip code were a way to know your own values and needs. When you are poor it is your urge to avoid discomfort and financial reality that governs where you live.

Every city in North America is teaming with slumlords who will take there fellow man's cash like some kind of pimp. The rich can live anywhere they want, any way they want, and so it is the urge to be great that takes over and makes them "keep up with the Joneses" with everything from hedge trimmers to sprinklers. If you drive through any suburb on the continent you will see the tribal status of our society in action.

Instead of feathers in the headband it's the kind of car in the driveway. Instead of the necklace of bones, it's what private school your children got to, or their grade point average. While we no longer have warriors who kill enemy tribesmen and paint themselves with their blood, we do have sports athletes who don the armor and do combat in our modern arenas to frenzied screaming that would rival ancient Rome.

When WC Fields leading lady May West said, "buy dirt" she was dead on. Real estate remains one of the most solid investments for those who can afford it, but what about the "have nots?" If we continue on the path we are currently on, whole slum cities will be created and people will build shanty-cities at the dump, more than the communities that already exist

To be homeless on this continent is the black mark. We have grown so accustomed to our fellow man being destitute we offer the ultimate insult of ignoring them when we here them calling for change as they sit on the sidewalk. Where are your so-called principals of decency and character now Mr. Habitually-Highly-Effective Executive? They're looking at the sidewalk, hoping that the bum will bother someone else.

"Well?! What are we supposed to do? We can't help all of these people and most of them are crazy or drug addicts anyway!"

There is no magic bullet to solve the homeless problem, it took a long time to screw the world up as badly as we did, and it will take awhile to fix it; but Cybudo is the way it can be fixed.

Social Interaction

Whole businesses are made based on the human need for social interaction. Humans are not solitary creatures, we crave attention, and even if it's bad we will accept it because it is part of our basic human needs. The nightclubs around the world know of this need only too well. The bars play off the urge to be great and especially the sexual urge to make their money. It is the human need for social interaction that creates status. If you put ten people in a room after two hours a leader of some type will have shown themselves especially if the group is put under any pressure.

There are those humans that are solitary loners, but even they have one or two friends that they speak with and if they don't invent them. The longer an individual spends alone the more his need for interaction warps his or her personality. One only needs to be familiar with the concept of cabin fever or being bushed to see the truth of this.

The Business market uses this need for social interaction as their playing field. This is where all status is born, and the sick drama of what are society has become gets played out. This is where the clothes you wear the spouse you have, the shoes you wear or how you speak can make or break you in these social circles. But make no mistake, No one in the social circle actually sets and standards, it's the perception of particular subcultures values that shape what is "hot or not". So where do we get these ideas from? Magazines, television, radio, film, and all the Corpolitical media that has found its way into our lives show us what to be and where to buy it.

No one knows what is cool, they're told what is cool, and this truth is the key to every market that doesn't cater to essential human needs.

Clothing

Clothing and fashion must not be confused. Clothing is a necessity for survival when away from warmer climates; fashion is a method of achieving status in a culture gone mad. Whole books could be written on clothing, on how the quality of clothes has improved steadily up until the 1970's, and then all of a sudden it changed to where the price point no longer equaled the value of the product purchased. This has degraded to a point in our society where we have massive corporations paying children, who work as slaves, pennies an hour to produce T-shirts that will cost over U.S. \$300. This is ridiculous.

There is no rational explanation for why this occurs except for status and the programmed sense of value that we as a society put on name brands. There are exceptions to the rule, there are those tailors who still make a shirt worth a couple of hundred dollars but they are a dying breed, being extinguished by the massive drive towards cheap labor and mass production.

There are many reasons for this. There is the media's constant bombardment that appeals to both our sexual urge and our fear (fear of rejection); and there is the tried and true phrase "the clothes make the man." The most perfect examples of how this twisted sense of status called "fashion": has warped us as people can be seen in elementary school yards.

Children whose families cannot afford what is late and great that year are ostracized ridiculed and beaten. This by itself is deeply disturbing, but the damage goes further with nine-year-old girls having eating disorders, and age of active sexuality gradually increasing.

Some may say that children learn from adults, that they pick up these habits from mommy and daddy, but this is wrong. The fact is that there are whole companies who pay well-educated teams hundreds of thousands of dollars, and then invest millions more into the billion-dollar industry that the Corporation see in children. There are very few regulations and absolutely no moral safeguards against letting children form unrealistic expectations about society, their own bodies, and status. Children are stupid, they need to be taught everything and have no basic knowledge other than the three urges and the default process of the consciousness key. Through educating the children, the Corporation is creating the next generation of consumers that will be completely dependent on material goods and services to maintain every part of their lives. Children do not learn from adults; children become adults, and we all know the deep-rooted damage that is done carries over into maturity.

The ultimate insult, the undeniable evidence of Corporation programming of our minds, are the second hand stores. Unless it is part of a particular subculture, shopping at second hand clothing stores is viewed as being one step above homelessness. Second hand stores are (gasp!) cheap, and that have all the filthy and perverted connotations that are implied. The fact that there is nothing wrong with the clothing in these stores, in fact that it is the same clothing, means nothing! It's true the members of society who have begun shopping at these stores out of necessity, but in their heart of hearts given the choice they would buy new and avoid the quiet shame associated with wearing other peoples clothing (whatever the hell that means). The preference of third world slave labor over second hand stores has made our society into first-rate morons and everyone a fashion victim.

Because the family unit has dissolved, due to labor needs, there is not a way to stop the constant programming of our children in the modern age unless extreme steps are taken, and the act of taking these steps are guaranteed to ostracize the child and the parents from society.

Fighting against the need for social acceptance and all three of the primary urges therefore makes it so undesirable to leave our consumer cages we let our children be twisted into the warped humans we have become.

Transportation

Few things are a more obvious example of mental programming than the bizarre sense of sexuality that has become associated with cars. There is nothing sexual about a car, a man is not less a man because he does not own a truck, no one is a superior human because they own a German automobile, and psychosis of sport utility vehicles is a whole topic unto itself. These points are obvious, and yet we as a society have come to accept them as fact.

It's the "new" virus that feeds the consumer driven free market that the media has to instill in us all. Who cares if the car is poorly made, its only 10,000 dollars and so it's disposable!

We all have the desire to own a brand new car, to be the first to break vehicles virginity and be its only lover, we won't let others drive our cars because of the invasion that another would have in our intimate relationship between tons of steel and glass assembled by robots and is completely without consciousness. In fact, the way that some people are about their car actually fits the textbook description of a psychosis, yet it is accepted as commonplace.

Humans have always had the desire for stimulus, for excitement that translates directly into the sexual urge. Speed requires power and power makes us great. The same could be said for the cost of a vehicle, an expensive vehicle means money, and money means power. Woe is the poor slob who must buy a used vehicle, and now must deal with all the problems that come with it. This somehow doesn't fall back on the car's manufacturers as a problem due to lack of quality, instead its somehow the fault of the person buying it because they should know better or perhaps "they don't make enough money."

Car manufacturers are focused on the primary urges that drive humans. Each car commercial panders to the sexual urge, the urge to be great, or the desire for comfort, depending on the product, and now uses terror tactics to make sure you buy them. (Isn't your car safe?) All the while the technology exists to make cleaner running cars, in fact cars that can run on water can be built yet are not. More than this, there is no reason why we do not do what Europe has done and use our technology to make a cheap clean version of public transportation that makes cars obsolete. Yet busses are called "loser cruisers", and to not own your own vehicle remains a mark on us like some strange declaration of disease.

Self-confidence

At one time our self-confidence was a quality instilled in us by our parents. The perception of how you see yourself and your own self worth is determined by yourself in relation to your environment and therefore has to come from an external source. Again, because of the dissolution of the family unit and the installation of television to be our mother and father, it is from television that our self-confidence and self-esteem are given to us. Unlike parents who should teach that a child is loved unconditionally and that they are good people unconditionally, the television teaches that as long as we measure up, stay in step, buy the right things, dream the right way, smell the right way, look the right way, drive the right car, we might just do ok in life (and hey, try to have some fun once in awhile.) it also teaches us that if we do not meet the criteria we will be shunned by our peers. We have invented universal classifications for those who do not stay in step with the Corpolitical march of death. We call them nerds, weirdoes, geeks, freaks, or the now more politically correct term "different" as though we should all somehow be the same.

Parents choose names of their children considering how the other kids will ridicule them for it, and from the time they enter the education assembly line until they are spit out of university tens of thousands of dollars in debt, the need to comply with others need or face excommunication is drilled into us.

Now that people have become so psychologically unbalanced due to the pressure of constantly trying to measure up, we have created yet another market to exploit in psychotropic drugs that can help us cope with our hellish lives. If your world is horrible and you feel like there is no hope for you, that's not healthy! (No kidding.) But rather than change you life in a core way, rather than alter you perception of the world and changes your vales and needs through the consciousness key, we are going to dope you up so you can drift along smiling nonstop as you live your life in the lie of a drug, at the very least you will be quiet and wont disturb the other prisoners.

Self-confidence and self-esteem have become billion dollar industries to the drug companies, medical professionals, book publishers, and churches. Like so many other problems that have created a need (and therefore a market), and therefore have no desire to fix these problems. Our society has become one that feeds on itself through the physical and psychological sickness of our peers.

From the cradle to the grave we have medication to help us cope with the designed self-consciousness we have been force-fed.

The need to mate

The sexual urge is instilled in us on a biological level so that we can propagate the species. Whether homosexual or heterosexual, the desire to physically be with another is instilled in us at a genetic level. This need to mate is exploited and twisted by each market that can utilize it no matter how far the stretch (cars are a perfect example).

Our body tells us that we need to be sexually active, but it is through the mind that the goals and desires of that sexual interaction take form. Whether it's a man with a cheerleader fetish, a woman who wants a teenage boy, or a person sexually attracted to trees, the desire to be sexual is the same, yet it is the mind that alters the drive. Sexual drive is not a simple thing. There are many factors that influence it. It is difficult to create a product that will be stimulating to the point of climax for all humans, but it is relatively easy to tie into a sense of erotica. Commercials for all manner of products, from jeans, cars, and computers to perfume, soap, and coffee all try to tie into the sexual drive because they know it is a core component of humanity.

The Corpolitical takes this aspect of us in everything they do, but there are industries that have made this itself its only product. This is the dark side of the travel industry, a place that can send you to a country that, no matter what your sexual desire is, it can be satisfied is one such industry.

Whorehouses and brothels are other examples of the billion-dollar sex trade, and something that was at one time sacred can be bought and sold like toilet paper.

The sex trade itself is not a professional or an acceptable thing. The concept of a call girl in an evening gown sipping champagne and dispensing an evening of passion is a romantic notion, and I'm sure the reality has existed of that very thing, but the large majority of sex trade workers do it out of necessity to reach a goal. Some use it to get through school, or perhaps care for their families, but a large percentage do it because they have become twisted by society either through drug use or the bizarre concept of a racy lifestyle that they have lowered themselves to this. As a man writing this, I cannot help but have a male perspective, but for anyone sex is a deeply personal, spiritual act whether one admits it or not. That is not to say that it should be locked behind closed doors and only experienced by married heterosexuals, but it should not be treated like a dirty, worthless, or shameful thing.

Aside from the degenerate market that is the sex trade (and that fact some use relative morality to say its not degenerative is a testament to itself) every Corpolitical power tries to tie into that drive. Next time you watch any commercial or see any advertisement, look at the image and ask yourself "what are they really selling here?"

Meaning in life

Possibly the most neglected and confusing need in the human is the need for meaning in their lives. This is not a simple thing, yet others would seek to make it that way. (I live to shop/surf/drive fast/ play hockey...etc.). Humanity has searched for meaning in their lives ever since their bellies were full and they had time to think creatively. The search for meaning is the curse of consciousness, and the Corpolitical soon exploits it.

The search for meaning in life is the thing that guides so many when their other needs are met. And those who are able to meet all the needs but this one are, by default, wealthy individuals. The Corpoliticals that prey on these consumers are churches and motivational speakers who teach fulfillment through teamwork and participation in what they call community.

The concept of getting personal fulfillment out of volunteering time to help charities is both ludicrous and insulting. If you were bored and unhappy, and I asked you to give me a ride to work everyday because I did not have a car, would that actually be fulfilling to you? No of course not, but it would provide me with a source of transportation and you with a square peg to jam into the round hole in this area of your life.

Yet the market exists and from this the consumers are farmed. Modern day evangelists that call themselves motivational speakers teach a bizarre concept of "Ideal Worship", where consumers are motivated to believe in themselves, and that through charity, and ever increasing work with others around them they will somehow be fulfilled no matter what it is that they do.

This is an amazing tool that the Roman Catholic Church has proved works for the last two thousand years. Lets make our workplace a religion and our prayers in the morning will be whispers in the mirror that tell us we are happy in our lives. We take notes mentally and physically in our constant search to better improve ourselves to fit into Corpolitical designed ideals of what Ideal employee's should be.

This has gone so far as to today we will ask someone "What do you do?" and judge them by the response, despite the obvious madness of the question. What you do for employment has absolutely no bearing on whom you are as a person, yet in our constant struggle for castes and classes we use this to judge our peers.

To prove the insanity and insidious depravity of these multi thousand dollar charging charlatans, imagine one of them trying to teach sweatshop workers to awaken the giant within themselves, or teaching poverty stricken North Americans the habits of highly effective people. The truth is no matter how much you actualize or visualize, you still have to eat and survive, and these techniques are merely brain washing for a culture that has lost touch with who they truly are.

These Conmen who sell their Corpolitical fulfillment snake oil are perfectly aware of the consciousness key and how it can be used to affect the way we live. They teach that you shouldn't hate or despair about your Job, BECOME your job! That way you will at last be at peace with yourself. What?! You can't do that? Well here, take these drugs to numb your senses and go beg for forgiveness from god at our multimillion-dollar church institution, but be sure to pay for your absolution you worthless cur.

A diamond means forever, as long as I have my mocha.

It doesn't make a lot of sense does it?

Your basic biological human needs are exploited so that the Corpoliticals can grow in wealth and power and leave you broken and lost, playing with toys while medicated. The multinational Corpoliticals with the most power cater to these basic human needs yet still there are others (coffee giants, jewelers) who create need through marketing and addiction. What this has brought us to a financial anarchist state, where no one is in ultimate control except for the mega-corporations battling amongst themselves for our souls. Unless we can stop this, unless we can take back the control of our lives and our society, we will die.

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Sean Kennedy and Kult

Sean Kennedy (also known as "The F*ckin' Man" or "SKTFM", and the voice and face at the forefront of many of the projects on RantMedia) and Kult - two subjects near and dear to my heart. But who (and what), you may well ask, are they?

Sean Kennedy And The Roots Of Kult

It was some time in 2000 that Sean Kennedy - who, at the time, was DJing for a club - began promoting a friend's Internet radio station (Rant Radio - which later became the aforementioned RantMedia).

His promos got longer, and in them, Sean would express - quite energetically, and with more than a few expletives thrown in - his views on anything and everything (but especially social issues such as individuality, corporate culture, and racism, to name a few). This earned him a spot on a weekly Rant Radio show called "What The Hell?!!" Around March of 2000, Sean took a bunch of his friends, fans, and fellow Rat Radio personalities, and formed a tongue-in-cheek social club which he called 'Kennedy's Uber Leet Terrorists', or K.U.L.T.

The Virus Is Released

As the popularity of Rant Radio and "What The Hell?" grew, so did Sean Kennedy's popularity and his recorded "rants" proliferated across the Net. Hand in hand with Sean and Rant Radio's increased popularity, KULT grew with new interest from fans of Kennedy's angry, energetic, and rapid-fire commentary. Sean Kennedy "The Fuckin Man" released a CD of his rants on MP3.com in early 2001.

Sean packed his belief system about personal realization, growth, and social responsibility, which he called the Virus, into a KULT tome which he called the Virus Manifesto. He took on the title of Patient Zero, a medical term referring to the first known case of a viral infection.

Soon, with direction from Sean's somewhat-monthly radio addresses (called Brainwashings - mainly because they were supposed to help you wash the garbage out of your brain), KULT evolved from a private joke to an active and dynamic direct action organization which quickly grew to over 100 members. At its peak, KULT consisted of over 300 members. KULT members eagerly developed a number of resources which encouraged communication within the org, including websites, chat rooms, instant messaging systems, and support systems, and members began to start Projects which carried out Internet and real-world activities ranging from personal improvement for Kult members, to information distribution, to thought-provoking public spectacles and Internet policing (for example, the Gargoyle Watch - which assists local and international law-enforcement agencies in tracking down paedophiles and distributors of child pornography. Ironic, considering what happened next . . .).

Major Problem And General Outcry: The First Blows Fall

KULT's first test was in April of 2001 when one member, SkipRadio, was arrested on charges of impersonating a police officer and possession of child pornography. While in jail, Skip was phoned on the air at RantRadio where he pled a case of innocence and good intentions.

Kennedy and RantRadio drummed up support for Skip's cause. After being released on probation pending a hearing date, Skip slipped and admitted guilt in the child porn charge and Kennedy kicked him out of Kult. Many members who gave SkipRadio both moral and economic support were disappointed and disillusioned.

This created the first significant split in Kult membership, and Kennedy was criticized by members who believed Kennedy had misused Kult comraderie and trust to benefit a liar.

Watching Over You: The Guardians Are Created

In 2001 Sean Kennedy appointed an honor guard of KULT's most involved members which he called Guardians. Meant as role models and examples for others, Kennedy often dispensed details of his plans for the org to the Guardians first, often meeting privately with them as a group. The Guardians were meant as only an honorary group, but naturally came to gain a small amount of privilege from Kennedy. Despite friction from some non-Guardian members, almost all Guardians were respected members within KULT. The Guardians, it was said, would be the ones to form new organization(s) if KULT were to ever die.

Bureaucracy And Fallout: The Exiling

After KULT began to attract a number of outspoken and critical members, a number of people began to seek to change KULT's structure, which was at that time a loosely operated community with a mildly militaristic operational structure where Kennedy maintained control over membership, structure, and direction. Many members vocally resisted Kennedy's structure and stirred up many long discussions about the problems with his system and ideas to reshape them. After much insistence that he would make no such changes, Kennedy quickly began to throw out any member who vocally opposed his system. In the next week almost a dozen people would be expelled and many others would leave in protest.

The loss of many active members slowed KULT down considerably. After this period, Kennedy decided to restrict new membership to only friends of existing members, and gave new powers to the Guardians to remove members and control activity.

Many of the members expelled from KULT during this incident formed a loose online group which became known as Exiles. As a result the incident became known as the Exiling. Many sympathetic KULT members also contributed to Exiles, and many of those members, especially many that were Guardians, came to be distrusted by the inner circle of KULT.

"What's The Use?": KULT Demoralized

Shortly after the Exiling and changing the membership policy, Kennedy went on an extended vacation, leaving his favorite KULT member, Smokehouse, in charge of the organization.

Without Kennedy's outspoken charisma, KULT lost the largest factor in its motivation. Smokehouse's more aggressive and confrontational demeanor did not have a positive effect on morale or motivation, and the change in atmosphere with many members' friends kicked out of the org kept moods dark and arguments high.

"Get A Crash Cart In Here, STAT!": Clinical Death And Revival

After a few months of stagnation and low morale, Zerstoror, a Guardian, wrote a document which addressed the confusion and low morale in Kult, and outlined the need for a new structure in Kult to increase involvement, give membership control over the group's direction, eliminate the concentration of power in one person, and encourage creation of projects and action teams. The document became known as the Revival Document. It eliminated the existence of the commanding position of Patient Zero as well as the privy council of the Guardians.

It laid forth an organization system of groups and teams called Cells, divided into departments, called Ministries, and where the bare essential of group-wide decisions would be made by a Lead Cell of equal representatives from each Ministry. Under the Revival plan, anyone kicked out during the Exiling or who had fallen out of favor with Kennedy would be allowed back in the org without having to reapply.

Initially the Revival idea gained support even from most of the Guardians, and soon the Guardians held a vote to determine whether they would adopt the Revival plan, in turn eliminating themselves as a controlling group and removing power from Sean Kennedy and his replacement Smokehouse. Quickly after the vote, many Guardians and others close to Kennedy and his Vancouver power circle dropped their support, angrily criticizing Revival supporters for mistreating Kennedy and Smokehouse and distorting what Kennedy had created. After hearing about the Revival plan and the division in Kult, Sean Kennedy reappeared from vacation, and immediately shut down KULT, freezing all KULT resources under his control before moving on to work on various RantMedia projects.

(Note: This was probably due to the fact that the "Revival KULT" was willing to let any exiled member back in - including the notorious SkipRadio, who had been convicted of the crimes of impersonating a police officer and possessing child porn. - Zeek)

KULT, Version 2.0: Kult Black Milk

After SKTFM froze all of KULT's web sites, a former member of KULT - along with the leaders of another counter-culture organization called Black Milk - used the Virus Manifesto to change Black Milk into "by the book" recreation of KULT, and Anthony Björne (known then as Frail) took the title of Patient Zero.

(At this point KBM had no knowledge of its sister organization TheKult.Net - but that was to change early in 2002.)

KULT, Version 2.5: TheKult.Net

Having lost its original website, many KULT members re-grouped at TheKult.Net, a website created and controlled by Roto, a former Guardian who had resigned as Guardian over an argument with other Guardians over operation of KULT's website -

and who was later kicked out of KULT during the Exiling when he resisted an order given to him from Sean Kennedy.

Roto, who had also operated the Exiles message board, took freeware weblog code and adapted it to serve as a membership and discussion portal for displaced KULT members.

Still wanting to go ahead with the Revival plan, these displaced members - who still considered themselves to be part of the same organization - re-created their organization without Sean Kennedy.

Renamed simply as "Kult", the group began to implement a new organizational structure laid out by Zerstoror's Revival Document and his Five Ministry Plan. Cells began to form within the Ministries, and in January 2002, the first Lead Cell of representatives from each Kult Ministry was elected. Since then there have been many polls - too many, in some people's opinion - and a problem moving toward accomplishing their goals.

Part And Counterpart: Kult Black Milk Meets TheKult.Net

In February 2002, Roto - a member of TheKult.Net - stumbled upon Kult Black Milk, and each organization learned about its counterpart.

Shortly after this, many former KULT members who had stayed on with thekult.net (but preferred the traditional KULT structure) joined KBM and began contributing their efforts there.

Soon, TheKult.Net - which had been vibrant during and after the Revival - suffered a loss of activity, because many members now had dual citizenship (so to speak): they hadn't abandoned TheKult.Net, but had joined Kult Black Milk as well, preferring its streamlined structure to the bureaucratic Ministries of TheKult.Net - and as a result, the two organizations had to compete for the attention and support of those members.

Political issues in TheKult.Net - such as the acceptance of SkipRadio into TheKult.net's ranks (a move which KBM had shot down - I mean, who wants a known paedophile as an associate?!) - have sparked exodi as well, as have philosophical issues related to interpersonal relationships.

It was also around this time that some members of Kult Black Milk - ones who weren't too happy about the way things were going - split off to reform the original Black Milk, using the ideas (and ideals) of the original Black Milk organization. The result was that Kult Black Milk became two separate entities once more - Kult and Black Milk - and ties between the two organizations have been strained for some time, especially since the separation was not very smooth.

Present Tense, Future Unknown: The Future of Kult

It was some time in late 2004 that so many members of TheKult.Net had joined with Kult that members of both organizations asked themselves, "What should we do?"

For Kult, the answer was simple: Get to work - get old Sean-era programs (such as the Kult Media eXchange, the Gargoyle Watch, and Radio Kult) back up and running, and start looking for ways in which Kult can work to change the way the world works (such as Project: Amicus, an ongoing project dedicated to researching legal cases involving freedom of speech and information and filing briefs in amicus curiae in order to ensure those freedoms are preserved)

For TheKult.Net, however, the answer is harder to see: their member base isn't as large as it used to be, and that - combined with their bureaucratic system of organization - makes it harder for them to get much (if anything) done.

While the future for both organizations is hard to see, for TheKult.Net it doesn't seem very bright.

Catastrophic System Failure: The Kult Reboot

Recently, there was a conflict between two well-known members of Kult: Anthony (the last Patient Zero [the term for the leader of Kult]) and Katana (the member who was appointed as Anthony's replacement - an appointment which many members considered a bad move). Now, I'm not precisely clear on what started the conflict between Katana and Anthony, but I do know what the aftermath was:

[1] Katana was removed from the position of Patient Zero.

[2] Anthony received flak from many Kult members, many of whom believed that even though Anthony had chosen the correct course of action in removing Katana, he didn't have the right to do it.

[3] A flame war (that is, an e-mail/message board conflict in which heated and often insulting messages are exchanged between participants) resulted due to the schism between those who supported Anthony's decision and those who believe Katana should have been left as Patient Zero.

[4] Anthony, who has gotten sick of the flame war, says "Enough is enough", wipes the member database, tells all former members that they're welcome back as long as they don't start up with the petty internal conflict because there are more important issues to deal with, such as government corruption, treasonous acts by members of the American government, and infringement upon civil liberties.

[5] Anthony then turns over most of the administrative duties to the Grey Council (the Kult equivalent of a parliament, with each of the nine Klans of Kult - Cenobyte, Decker, Fleshripper, Gargoyle, Houngan, Nomad, Prophet, Ronin, and Vampyre - represented by that Klan's Guardian).

[6] June 6, 2005 (approximately six weeks after the Reboot): Guardian Dinc of Klan Ronin volunteers to take on the role of Patient Zero. So far, there is a good amount of support for Dinc to become Patient Zero.

And What Of Sean Kennedy?

After Sean shut down the original KULT's resources, he went on to play a greater part in Rant Radio's evolution into RantMedia, and has been working on projects such as NewsReal with Sean Kennedy, Tales From The Afternow, SKTFM.TV, and Patrolling with Sean Kennedy.

Oh, and I hear he's also gotten married, the lucky bloke.

THE VIRUS MANIFESTO
BY SEAN KENNEDY

October 28th 2000

Part 0.1:

!!WARNING!!

This book is a virus. It was constructed to be a Virus that will infect your head, and through you replicate itself to other heads until it has used up all the human resources.

It has been carefully constructed out of lines and lines of code to alter the programming of the unit that comes in contact with it. Right now as you read this you must be made fully aware that the intention of this Virus is to destroy the world as you know it and bring about change that we, or should I say **I**, feel is for the better.

To put this into computing terms, right now you are part of an operating system. A rather resource-intensive operating system which was coded poorly, and is not even remotely effective in attaining the most benefits or bringing the human race to its full potential. It is, in fact, the worst piece of bloat-ware that the world has ever seen. So I am here to try to write a Virus that will infect all the components of the OS and then exploit it for different means.

I am trying to hack the planet one head at a time.

Oh, you may have guessed by this point that just about everything in this book is in Cyberpunk terms. This is because if you are already an older, established person in your comfy little world, the chances of you wanting change are slim to none. But the next generation, Generation K, is already realizing The Lie and is pretty pissed off about it, actually.

Generation K is the wired generation; the generation that was not raised but distracted and misled until we finally put down our game pad to realize that we are suddenly adults. We are forced to do things we hate so we can buy things we don't need to impress people we don't even like! It's all messed up, but now we are all supposed to do our part for the Matrix.

Fuck that noise.

We need a solution, and that's exactly what this Virus is. There are a couple of other things that you should know before you go any further. (Aside from the fact that this book is a Virus I mean.)

1. Everything in this book is stolen.

There is not one original thought in this thing. This whole Virus code was one giant script-kiddy cut and paste. Gimme a break! How the hell am I supposed to write some resistance software that doesn't utilize the tons of great code already written? I could say that these ideas have been copied, shared, taught even, but all those terms are synonymous with stolen now anyway, so what the hell? Why not? Yeah, I ripped off other books, movies, concepts, dreams, role-playing games. I took all their ideas, put my own evil spin on it, and wrapped it up in English text for the purpose of meat-bot infection.

2. I swear in this book.

The concept of a bad word is completely lost on me. The whole idea of a word being good or bad is kinda medieval in my eyes anyway. If you're someone who is easily offended then I would beg you to keep reading; you're the one who needs this Virus the most.

3. I am NOT some highly educated authorial messiah

I am sure you know what I am talking about here. *Sean Kennedy* will not be a name used in the sentence "Oh, have you read..." by some high-knowledge/low-mileage muckity-muck who will think that I'm brilliant. I have no degree, no college or university education, no special rights or abilities that should wow you into going "Ooooh, he's smart! I want to follow what he says and let him give me my chicken-soup-for-the-soul-identity that I need so bad because I have no idea who I am!" If that's what you want, then PLEASE keep reading. You need this Virus in the worst way.

4. The changes described in this book require technology.

There were dreams back in "the good old days" (that never were) about how technology would wind up making the world a better place for everyone. This, of course, was just another example of what corporations throw out through their marketing cannons to give us consumer cattle hope.

But then along came the Internet. The big bad Internet, which they first wanted to make into a kind of Über-mall, but when they discovered people were using it far beyond the vision of the corporate model, they began using terror tactics to try and stop us. The word Hacker has become synonymous with baby killer or demon. They have even gone so far as to actually call these curious teenagers "terrorists"; no doubt once this text gets circulated the next terror buzzwords will be "Digital Cultists".

What you need to realize is that technology DOES NOT make the world a better place. Technology is a tool that gives YOU the power to make the world a better place. The level of communication that now exists all over the world enables us to organize and cooperate in ways the world has never seen. If you do not own or have access to a computer by now, you are in critical danger.

When I say that you are in danger, it's not some novelists "hook tool" to get you to turn to the next page, nor is it some fire and brimstone scare tactic to make you join the KULT and send us all your cash. I say this because it is the simple truth, and if you look around, you can see it for yourself. That is, if you have the courage to look around.

Otherwise, you can put down this virus,

Change the channel, And go back to sleep.

THE VIRUS MANIFESTO

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<virus>

Part 1.0:

It's all FUBAR

If you are already a vegetarian or an activist in some way, then you can just skip right over this chapter and continue infecting yourself with Part 1.2. If you have even the slightest notion that our North American society is NOT Fucked Up Beyond All Recognition (FUBAR), then Part 1.0 is the wake up call.

Now, you have to remember at this point that I am just a guy. It's not like I'm some sociology expert. I am not going to turn this into a huge statement about the hows or whys. There's already way too much written on that anyway. If you want more information, then jump on the net and look it up yourself.

So why, then, do I say that North American society is FUBAR? Ok, here are just a few reasons:

• 8 Million unemployed

Why do you suppose this is? Are these people lazy? Do they have no drive? For some maybe, but do you know the answer for the rest? These are people who are just like you and me. These people are the ones who got "down-sized", "phased-out", fired, laid-off, or quit. This is not their fault of course; nor is it the fault of immigrants or technology, as racist Luddites and blind finger-pointers would have you believe. This is the fault of corporations.

Large corporations hate their employees. This is a simple fact. The reason for this is that an employee is an expense that they want to eliminate. Let's look at it from a corporate standpoint, shall we?

To run our company we need labor, but we want it for the lowest possible price. We have to pay minimum wage (who's bright idea was that anyway?) unless we set up shop in some groovy third world country where we can hire children and work them to death! Then, there are those goddamn unions! Those fucking unions demand benefits and all sorts of hell! We've almost got them killed, but again, the third world option is the way to go. We want productive workers, so if we burn our employees out with ridiculously high workloads, they will quit or die, and we wont have to give them a raise.

Think that it's bullshit? Then you haven't been in the modern workforce. The modern market place is dominated solely by the drive for the dollar and the 8 million who got pushed over the edge are just a by-product. They are only the beginning of the slave-labor pool that is being built.

- **20 Million Hungry**

What does that mean? Well, this is the next lower caste after the unemployed. These are the unemployed after about 6 months. It's not that these people are unemployed mind you, some of them who got fired (oh, sorry; I mean down-sized) from their life long job of 25 years have found meaningful employment for minimum-slave-wage, and are trying now to support their family. They are now part of the "hungry" category. It's interesting how these category statistics are so readily available in order to scare the rest of us. These are *People*; real human beings like you and me, that are living on the edge with nowhere to go, all to protect a profit margin.

- **400,000 Homeless**

Now, you and I both know that this number is wrong. There are far more homeless people in America than this, but for right now, we will go with it. The homeless of course are the invisible members of society. This caste is what even middle and lower income people have become used to calling "scum." A large number of these people have medical problems and have been cast out as the sick and weak for all manner of predators to consume. Do you know the best part about this? It's that we don't even care. You're trying to make ends meet yourself, and what can you do? *Nothing*. Except of course consume even more to make yourself feel like your less close to the edge.

- **1/3rd of all government expenditure is financing the military**

Why must we live in a society that keeps war as its #1 source of revenue? It seems like the economics of western society is based on war! But let me ask you something: Who are we fighting? The Russians are no longer a threat and I wonder if they ever really were. So who is the threat? Who are we declaring war on? Or is that all an excuse for building a military to occupy your own country? Think I'm way off here? Ask yourself how many times the military has been on standby for "civil disobedience" in the last 5 years.

- **GE and Westinghouse control 85% in heavy electrical equipment.**
- **IBM controls 80% in computers**
- **Boeing and McDonnell Douglas control 80% in aircraft**
- **10 out of 14,500 banks own 34% of all assets.**

Are you starting to get the caste system picture here? The age of neo-feudalism is coming quick! Soon there is going to be no middle class. There is only going to be the super-rich in their gated communities, the wage-slave state, and the burnt out homeless who are kept in line by martial law masquerading as a police state. We claim that we are no longer numbers, and this is true; except that now, we're a commodity. Like, say, ...livestock.

- **Rape is becoming a pastime**

Our society doesn't even care. They teach women to scream fire instead of rape in major cities because we have become so numb to the needs of our neighbor that we no longer give a shit. Say what you like about the 50s and 60s, but at least they had a sense of community. But now, if men in black coats kicked in your door, would your neighbors even care? Would they notice? Probably not. If you put a frog in water and heat it slowly, it won't jump out. This is our fate if we do not stop this madness!

- **60% of all Blacks, 53% of Hispanics, and 48% of Asians live in deteriorating central cities**

Is this an accident? Not even close. Racism is just as alive as ever, only now it's hidden. The good old boys' golf clubs and Masonic halls have all done their unspoken deed in repressing the undesirables. Yet even now a new race is emerging from the streets of our society. This race will be hated and beaten worse than any of the others: the race of the poor.

- **1 in 100 Americans are in jail!**

The war on drugs, the war on crime, the war on gangs; we don't try to solve problems; instead we wage war on them, and now the prison industry is one of the fastest growing industries going. Who pays the price in lives? The poor. The weak. The very people that this society should be trying to help.

What is our total population of slaves?

With a forced-labor structured slave state of 60 million, at what point do you say, "HEY! What is going on?" When is it enough? Oh, sure, that's only a couple of statistics; you could go on all day and night with numbers and stats, but that still doesn't give you any indication as to why this has occurred or how this affects you.

Why should you care?

Life is hard; buy a helmet, right?

So what if some other bastard is lazy or has bad luck?

You've got your own ass to cover, right?

Bullshit.

Part 1.1

In the days of old, you could always tell who had seniority in primitive gatherings. The higher class would always wear more feathers or bones on their body, or perhaps a style of dress that let others know that they had some kind of elevated position in their primitive social scale.

Now, today we are far more advanced. Today we gather in groups and can tell status by silk-screened tags representing large corporations that are attached to our clothing. The symbols that are emblazoned on our automobiles are somehow elevating to our status in our "advanced" society. My, how truly advanced we have become! How did this vicious cycle begin? Well, the answer is obvious from the above mentioned cave dwellers. Perhaps a better question might be, "Why does it continue?" It continues because you let it!

Let's talk about you.

You know for a fact that most of the modern world is bullshit. You know that most of what people believe is a massive lie. You know that people don't even have real desires anymore, what they have is a kind of neo-postindustrial-bullshit consumerism that robs people of their individuality and their own mental processes.

You know that you don't fit in.

You know this because people have told you that all your life. You have been plagued with "You think too much" or "Why do you get yourself so worked up?" or "Why are you so angry?" This of course is scattered slightly with smatterings of insults calling you freak, loser, psycho, or whatever bullshit label they attach to things that they don't understand.

Despite what they tell you, you also know that you're smart. Sure you may not admit it out loud, maybe you don't even admit it to yourself, but the fact remains that you see things differently than anyone else. You're on the outskirts, on the fringe, you're probably lonely, and to be honest, if you could sell out maybe you would. The truth of the matter is, however, that you can't change the way you are, and no one is willing to accept you. So fuck them. They don't want you as part of their society, fair enough; you don't even want them to be part of your world.

Fuck them.

Maybe you dyed your hair, maybe you put steel in your face, maybe you have a close circle of friends that are the closest thing to family you ever had, and without them you're basically alone in the world.

Then along comes the Internet. You find a world of people who can see each other but can't touch each other. A world where you're safe; where you can use your

smarts to your own advantage. But now even that has become trendy and there are 10 million fucking losers who think that they know what the power of the Internet is, and what it's all about. They think that they know who you are, and are offering a whole new selection of colorful shapes for you to conform to. Now you'll be able to squeeze into a hole.

Look how society has changed, all just for you!!!

Don't you feel special?

Now you can get friends by doing the exact same things that people used to get beaten for!

Now that you have useful skills and knowledge, they feel they can wave money in front of your face and gain your allegiance. But what they don't realize is that allegiance comes from the heart, and not from the wallet. It comes from something that the corporate whores gave up a long time ago.

Remember when you were a child and your promise meant something to you, as well as to other people? Remember when a promise was sacred, and your word was your bond? But now corporations have us so messed up, we aren't even sure who we are anymore, and when we try to express ourselves by dying our hair, or by wearing mirrored shades, they call us unprofessional. The modern tribal status has got us chasing things we don't need to impress people we don't even like! Why, they even have the gall to tell us we should do that sort of thing on our own time, implying of course that not all time is our own. I don't know about you, but I sure as shit don't keep anybody else's time. "*Our own time*": *what a concept!* To keep us complacent during our "off hours", a whole new industry that's cropped up, the entertainment industry.

The entertainment industry is the escape industry.

We haven't been raised we've been distracted.

We were all watching the television trying to get away from our lives and now, suddenly we are adults. The entertainment industry makes money by telling people how to get away from our fucked up society. Talk about sweeping it under the rug!!! Don't fix anything for Christ's sake, just cover it up with more dazzle, make up, cars, or whatever gets you through the night!!! And hey, there is always Prozac...

People live for IRC chat rooms, people live to play Quake or Half Life or whatever the flavor of the month is. Whatever happened to being people for the sake of being people? I am a "human being" not a human doing. Whatever happened to dreams of community? It seems like society is trying extra hard to create everyone in the same image. They have to make all people follow the same set of rules. Everyone has to fit into a category; everyone has to fit into a section of the world; everyone has to be a productive member of society; everyone has to pay their taxes; everyone has to be a member of the state. Well, I'm sick of their governments, I'm sick of their rules, and I'm sick of their state.

I swear, I yell, I have dreams, I'm not pretty, I'm not perfect, and I'm sick of taking everyone's shit. More than this I'm sick of seeing everyone else take shit too. Where is all this shit coming from anyway? Has our society become more civilized or more corporate? There is a big difference between the two: a corporate society is dedicated to making money no matter what the cost; a civilized society recognizes that money and status are the tribal feathers of a dying people. What is it that drives us to be the consumer gluttons that we have become?

The media.

Think about it. All your life, not once did you decide what was cool; it was shown to you through the screen of the TV, or the local magazine. If you liked something else, God forbid, you were different! And, of course, you paid the price for it. And, ultimately, what is the big sword that the media holds over us? Being "not cool". Why is it that people are not looking to discover for themselves things that are "cool" and are looking instead to what the mass mentality thinks is cool? It probably has something to do with television and the mentalities that it breeds in us as people. If you sit back and think about it, how many of your heroes, that is to say, the people that you tried to emulate and be like as you grew older, weren't even real people? They were actors playing the role of individuals who didn't, or couldn't, even exist. We became so discouraged with our own failure to be these impossible heroes we just gave up on ourselves. The media fills the void with things we don't have and don't need by watching shows like *Lifestyles of the Rich and Famous*. Then we turn off the TV and realize how shitty our life is because we don't make a six-figure income and have excessive amounts of junk. The corporate media says it's cool, and by denying that you become a "freak", or a "loser". Well, so be it!

The bad news: Forever more, the people still struggling to be media-impossible-team cool-guy captains will look at you and shake their heads after giggling slightly for some uncomfortable reason they're not even sure of.

The good news: Now you can do whatever you want, dress any way you want, act any way you want, because it doesn't matter what you do. You're not worried about the curse of cool. You don't have to be Tommy Hilfiger or Martha Stewart; now you can just be you, in all your nasty, go-fuck-yourself splendor and no one can say a word!

You don't need them, or their lies. What if you really did dress how you wanted to dress? Acted how you wanted to? Decorated the way you really wanted to? Let's all be real for just a second here; who is anyone else to judge **you**? By removing the social influence and judgment of others, one is then forced to reflect upon the question of who they are.

So, who are you? How can you define yourself are without outside influence? Is rejecting the world around you enough? What if you've got kids or some responsibility? All this is so hard... how can we ever hope to change anything?

Part 1.2:

How this happened

As you look at history you can see pinnacle moments, forks if you will, in the pathway of the Earth's history. World War II is a perfect example. When the Allies defeated the Nazis, the fate of nations and races were affected. Because we destroyed what we now know to be evil, we have the freedom that we know today. But hindsight is always 20/20.

I guarantee that at the time when Hitler was screaming his madness, there were a lot of companies getting rich off of his scheme to conquer the earth and destroy the undesirables (Bayer and Ralph Lauren to name two). When these people were prospering there were folks worshiping Hitler like a god. It wasn't until his evil had been destroyed that we all knew the truth.

So it could be said that the war was a turning point in history, but what was the turning point in that war? Was it when the Enigma machine was captured? Would that then mean that the actual soldier who got the Enigma machine was directly responsible for changing the face of time on earth? That's a fairly hefty thought, but I believe you understand my point.

So: what of **our** future? The progression to absolute corporate power through the monetary manipulation of governments is inevitable. At this stage of the game, we need to be worried about defense; about damage control. This is not a new idea by any stretch. There have been survivalists living out in the bush, fearing for their freedom since the 1950s. I disagree with their methods, but not entirely with their ideas. There is a dark time coming; a time that we have seen in films, books and multimedia culture. It is a time when we as people are bought and sold as "consumers". A time when individual rights are specifically listed as perks for working with a certain company. When open protests of private companies' tyranny are quashed by a marionette military dancing for their multinational business masters. A future where the environment is a wasteland of toxic policies and destruction. I am talking about the dark future of corporate government.

The Corpolitical.

This is unavoidable!

There have been folks fighting a brave and valiant battle against the coming tyranny for the last 50 years. However here, now, on the dawn of a new millennium we have to see that the battle is not going well. Greed is the king of this planet now, and the caste system is firmly entrenching itself into our society. The propagandistic mainstream media tries to make out those few who stand and fight to be terrorists, hooligans, hackers, and thugs bent on anarchy. This is nothing but lies, yet the general member of our North American society is too concerned with paying off their own debt to notice. This is no slight against them, instead it's a statement to how well we have been distracted. We

won't get in the way of the Corppolitical. How has this been put into place, this elaborate web of oppression? It was not the doing of some "all-seeing all-knowing" Illuminati group, as many conspiracists would like to believe. Instead, ***Directional Chaos*** put this into being.

Directional Chaos: *A core desire applied to a high number of separate entities, which in turn produce complimentary efforts to one another. These overlaps will eventually create a single environment for achieving that desire, which is far more successful and complex than any one individual could produce.*

The realization of this force is vital. It is the reason why things are as fucked up today as they are, but more importantly, it will provide the solution to the problems that we now face. The future that is coming will be a dark time indeed; but why? How did this happen?

The Corpolitical Directional Chaos

Since the people invaded North America and took it from the Native Americans, the settlers' motivation has always been to "prosper" (Read: "make money"). It's not that these people came here to be greedy, but the reality of the world is without cash, you have nothing to bargain with, and so the more cash you have the more power you have.

This was the core desire of North America: "Make money by any means necessary", with the end justifying the means. Many a patriot would love to riot at how I paint the settlers who "cleared" this great continent as greedy vultures, but they sure didn't want to share it with anyone, especially not with the people who were already living here.

The sin that was the genocide of the Native American culture has tainted and cursed our modern society right from its bloody beginnings. The invaders came in and wanted the land, yet there was this Native American problem. So they killed all the Native Americans and wrote a whole genre of propaganda about how the West was won.

The Corpolitical Core belief

"Achieve power through wealth with extreme prejudice."

This is the goal to make money with the mentality that the ends will justify the means. But more than this is the prejudice to not only stop people who get in your way, but to take steps that they will not get in your way again.

The only trouble was that these darn pesky Natives didn't seem too keen on moving off the face of the planet; they fought, and were slaughtered by the millions. They were infected with diseases, shot, raped, burned, mutilated, enslaved, beaten, killed as sport, the list goes on until now there is only a shadow of one of the greatest cultures the world has ever seen.

Time passes, and of course we ran out of Natives pretty fast. But now there was too many sharks trying to eat the same fish. In order to stop the violence, a legal system was needed to regulate the bloodshed down from genocide to paper cuts. This new legal system was a friend to "decent folks" who didn't like the same tactics used on them that they used on the Native Americans, but this soon became a problem for businesses. With this new legal system those with more power couldn't just muscle their way around and kill undesirables. The only people who could be openly killed now, were these criminals that didn't want to live inside restrictions placed on the body, by the body.

Now, granted, many of the laws put into place were fairly good to promote the health of the group, such as: *don't kill people*, But Native Americans and Blacks and Criminals were fine because they're not "decent folks". Soon there are people making so many more rules and laws that a web is created with each new law set in place along with the other laws and precedents made before it. A web that is flexible enough to be twisted by words and phrases, making it possible to eliminate any remnant of a laws original ideal.

This new system of rules, this legal system, gained more power than even the Government. It was the weapon of choice, and there came a call for men with knowledge of this new weapon; a kind of hacker, who had intimate workings of this legal web and all its links. These hackers were called lawyers.

Of these new lawyers, there were those who fought for what they considered to be just and morally right (white hats), and those that fought for the money and desire for power (black hats). This was the beginning of the legal wars. The fight in the great legal wars was one of democracy and equality. Many of the new laws that were put forward were destroyed because they were called “un-American” (although I’m sure the word American has become twisted into something not even close to it’s original intent.)

The white hat lawyers had the best of intentions, but they did not adhere to the Corpolitical core desire. Therefore, they did not have the power to fight the black hats, which were funded by big business. The white hats lost the war slightly before the end of the 20th century. Although there are battles still fought, the black hat lawyers have escorted their Corpolitical masters to a position of power years ago; and, thanks to the legal efforts over the years, no one can stop them now. “No one is above the law”.

Many books can and have been written on the battles for justice against the Corpolitical in this long and even bloody war. I highly recommend getting them from your local library, but it is my belief that the legal war is over and the black hats have won. The dark time is falling upon us now as the last of the battle fires dwindle. The Future Prophesized by Gibson is coming, fast.

The Counterculture Directional Chaos

The Native Americans had an idea of community. They had groups that regulated themselves and lived as a community. They weren't the only culture to do this, and they had wars of their own as the desire for power was felt, yet there was always a kind of balance that occurred. Respect for others and all living things was vital, and to make it you had to work together.

The Counterculture core belief:

“Personal Free Choice For All People.”

They knew that the freedom to work together and the ability to have community was governed by choice. If someone hated their environment, they had to be able to leave. If they had food, they wanted to be able to share it. The freedom to give and receive. They knew that the freedom they had, and what they actually had control over, came from themselves. That's it. And to violate the personal freedom of others was the most hideous of crimes.

The founding fathers of the USA, knew that personal freedom and the preservation of it was VITAL to the peaceful and happy existence of any person, group, or nation. Because of this they made the attempt with a document called “The Constitution” to make the direction and preservation of freedom clear.

Personal free choice is easy enough to check. You yourself can look into your life, and if you're free, you're set! *However*, if you look at your own life and see that you are a victim of oppression, now is when you must act. Personal free choice can only be maintained if it is held for all. If it is not, then eventually all personal freedoms are bled away, one drop at a time, until the body dies.

The key to personal free choice for all, is communication

In any conflict, the key to victory is the maintenance of communication and the dissemination of knowledge. Governments around the world used to regulate the mass production of print, because they knew that this communication could give power to “undesirables.” The nature of all political battles is, in essence, an information war. It won't take long as you look down the aisles of history to see that this is true.

Throughout all wars, all political movements, all corporate actions, even conflicts down to a personal scale, hinge on knowledge and the communication of that knowledge. When you come to this realization, we become acutely aware that the statement of how “Knowledge is power” is totally true. This vital knowledge and the need to communicate have been the battleground for most of civilized history. The flow and the nature of this communication is what has given societies their culture, but what about the counterculture?

Counterculture is the dirty, dark underworld. It is the seething pit of despair that most of mainstream culture fears. But what is it? What is this thing that has scared people for so long? The answer to this can be found in our youth.

Let's look at high schools for a moment. It is a society dedicated to learning and the advancement of humans, run by an authoritative body that lays down specific rules and laws. Yet underneath that, the battle for status exists.

Within the school society there are different tribes: there are the "jocks" who live for sport and the physical; the rich kids who try like hell to be images and ideas fed to them by modern media; the "smart" kids who are dedicated to achievement; and the criminal who reject current ideals to pursue dark paths to profit.

There are a few other fringe groups that have their own unique focuses, such as religion and cars, but they are usually subsets of a larger group. Within each of these social tribes there exists the battle for supremacy, the quest to be part of the "in" crowd. They have winners and losers, but none of them want to be the outcasts of their tribe.

But what about the outcasts? What about the ones who didn't care about what their limited society thought, or worse tried to be a member and was not accepted?

Their reasons for their lack of acceptance are numerous. They could be small, weak, homosexual, clever, look too different, act too different, sound too different, anything that makes them attract attention to themselves. These are the freaks, nerds, geeks, and losers. The ones that are the subject of ridicule by the greater tribes so they can feel superior. These are the victims of abuse and humiliation that will leave them scarred for life. These are the people who turn back and grow proud of their independence. They take the beatings from the jocks and spit blood back in their face, and then do everything in their power to be the extreme of everything that the rest of the tribes are not. These people are The Counterculture.

Counterculture is the byproduct of any Corpolitical society. The members of counterculture are either those who chose not to follow the Lie of the social masses mindset, or were forced into realization by rejection from mainstream society. We are the "ones not wanted" guilty of the crime of being "too different".

This social savagery carries over into life past the high school and the playground politics to become the office, neighborhood, and social politics of adults, yet the freaks and weirdoes remain the victim of cultural hate.

As our society continues, our young people are exposed to our ways of thought and the problems that exist in society continue to get worse because of the core Corpolitical desire. Yet almost unbelievably, the answer to society's inhumanity man is technology.

The Cyberculture is what happens when technology is applied to the existing counterculture and enables them to connect and interact with other "outcasts" allowing them to share ideas and thought between them. The miracle of the internet has revolutionized communication and organization and for the first time in the history of the world that dark vaults of information that were made available only to the select few, has been blown open for all to see.

Cyberculture is based on the freedom of ideas and expressions of counterculture and the integration of them with technology, without the laws, hate and prejudices of mainstream society.

Part 1.3:

Becoming Cyberpunk

Once you realize that the modern Corpolitical media is only interested in farming you as a consumer Matrix style, then it becomes obvious that you must escape. There are many different paths that a person can take to achieve individuality, but from here on in we deal with the Cyberpunk approach. I recommend that you investigate other methods of individualism as you so choose.

The word Cyberpunk conjures a certain image. A hardened figure wearing black leather, with wisps of brightly colored hair hanging down over perpetually worn mirror shades, as they sit on a rooftop of a corporate giant accessing data through spliced lines. This image is not totally inaccurate, but there is far more to it than that. How did he come to be there? Is he a hacker, cracker, datajacker, spy, or a freeloader? Is he a criminal? Is he a threat? Is he violent? To answer these questions we have to take a look at their origins, back when he was a corporate refugee.

Let's say you are this person; this social outcast, this fugitive sheep. You're sick of the crap that has been sold to you and you know there has to be something more. Your age is irrelevant, so is your sex, race, religion, and nationality. You are angry, scared and confused. Now that you've realized that most everything that you believed in was a lie and you need to find some direction in your life. Now is a very dangerous time, you're not shielded mentally, or spiritually, from the real dangers of our world. Religious sects pray on people in this state, as do political parties, and most recently corporations have come up with their own identity training for their workers.

(It's pretty funny that the guy who started an organization called "KULT" is telling you this.)

The key that you must embrace in any attempt at self-realization is that no one can tell you who you are, or what should be. Your identity is discovered decided by you and you alone, otherwise you will never find peace.

The number of people who agree or disagree with you governs the concept of right and wrong in our society. If your beliefs happen to fall in the majority, you're right! If not, you're wrong! This, of course, is crazy.

When you decide to reject society, or society rejects you, you feel lost, alone and outcast. This desolation and desperation can be maddening, and without the popular opinion where do you get your moral values? Some would argue God, others would say its personal judgment, either way you are left to make your own decisions. So what's next?

Get A Computer, GET ONLINE!

This is absolutely vital to your survival as a person, and in your evolution as a Cyberpunk. The computer is your portal, your gateway, your direct link to your own identity as we will discover. If you don't own one, get a friend to help you who knows what the hell is going on. Now you will notice that the second part to this is to get online. A computer standing by itself is utterly pointless. It is the equivalent of having jet fighter and taxiing everywhere but never bothering to take off.

The Internet is the blood of the Cyberpunk. It is his life. Different facets and ideas of and about whatever his interests are all exist online. To the uninitiated it can appear to be a chaotic jumble of symbols and ideas, but it's this chaos that gives the Internet its strength and provides the catalyst for self-discovery. This is the next stage for you, the next step in discovering your identity--a "netsweat".

A netsweat is getting online and losing yourself in the chaos and ideas of the web in order to discover your true interests and beliefs.

Before the time of computers, people who became disillusioned with their environment often traveled in order to experience new things and define themselves as people. This in our North American society has become impossible, so we are robbed of new experiences that can enable us to make up our own minds about who we are. Instead we have the modern media TELLING us who we are, and dividing us endlessly in the force-fed pursuit of the elite ideal.

In native culture, a sweat was a kind of religious fast. You would stay in a small heated shelter, sweating and fasting until you had a vision. This was a deeply spiritual experience and helped these people define themselves as beings. This is the basic concept behind the netsweat. When you have all of your illusions torn away by life and you have to redefine yourself, the only alternative to travel today is a digital immersion.

The chaos and freedom that the Internet allows makes it possible for the first time to experience anything we desire instantly through the screen. On the web we find new friends, ideas, ideas and concepts that are the modern visions that come to us. No one can say after being heavily immersed in the web, that it hasn't drastically changed their perception, way of thinking, and their life! Despite what Luddite preachers and the hate-mongering Corpolitical tells us, technology isn't our damnation, it's our salvation; age, sex, religion, skin color, place of birth, and sexual orientation become irrelevant in Cyberspace. The only thing that shines through is the light of creativity and purity of thought. This is the modern wonder that is the Internet.

How does someone actually do a "netsweat"?

The process is simple. Get a computer, get online. From there you read, learn and experience whatever you want. Immerse yourself in ideas and concepts that you've thought about, and new ones that you discover.

How long do you do this for?

There is no set amount of time. As a matter of fact you could say that the learning never ends. However the purpose of a netsweat is to provide you with the experiences to redefine yourself. Very quickly you will discover what YOU think is cool, and from there your new free identity is born. No one can tell you who you are, or what you are supposed to be. The only one with that right is you, not me, not the media, not the Corpolitical, not your parents, not even God.

Why do this? What's the point?

The worst feeling in the world is the feeling of being lost. This feeling is so bad that the mind will try to numb itself very quickly to it. If this happens, you will become a ghost, a sheep, a mindless person who just drifts about in their life until one day they wake up and realize that they have no idea who they are. This is why people have the phenomenon in the 20th century of the “midlife crisis” where they flip out and do extreme, and some times dangerous things to themselves and other people. Marriages fall apart, jobs are lost, and people suffer all because no one cried out that the emperor was naked until it was too late. Yet, where was this problem 100 years ago? Where was this “crisis” before the Corpolitical media took over our thoughts? If you don't agree with what I say in this book that's fine, but for your own sake make sure that you believe in something! You must develop values and beliefs on your own and you must define them, otherwise you will find yourself being exploited and manipulated by others for their own benefit. The ideals of KULT may not be what you want, but make sure that you continue to seek out what it is that you do want, and not what others force on you. By doing this you will help the counterculture directional chaos and move our society towards one based in choice and not profiteering

The Corpolitical media's function is to keep you distracted, disorganized and lost. This way the Corpolitical can use you as a resource to accomplish their own goals.

Part 2.0

KULT

What KULT is NOT

KULT is *not* racist in any way. The very idea of racism is one of the mortal enemies of our organization. We believe in true blind equality of all people regardless of what they look like or their ethnic background. The core beliefs of KULT emphasize the value of people for their minds, not their bodies or any other medieval concept.

KULT is *not* religious. We do not advocate ANY religion, but members are free to believe whatever they want, provided it doesn't infringe on the freedom of others in the organization. Worship God, (or gods) dogs, frogs, or trees. We do not care. If you try to force your beliefs on others in any way, we meet with considerable resistance. Don't stress out about "saving people" or spreading the truth, worry about yourself.

KULT is *not* a violent revolutionary organization. Violence is a horrible tool that should only be used when there are no other means available. KULT does not agree with some other militant groups who believe that violence is the only way to get attention to the cause. Although we are very aggressive and sarcastic in our humor, KULT believes in evolution; the evolution of our society through technology, communication, and freedom.

KULT does *not* worship Patient Zero. It's "KULT" not "Cult". Patient Zero is the person who is in charge of all policies and ideals laid out within the organization. Their responsibility is to make sure that KULT grows stronger and its members have the support they need. The reasons for this I will explain later, but for now understand that it is entirely possible for someone to be in KULT and dislike Patient Zero on a personal level.

KULT is *not* an Internet criminal "gang". KULT does not go out of its way to break the law. KULT follows the common sense ideas and ideals of communication, teaching, and learning. We believe that all information should be free. We believe those individuals, religions, and Corporal structures that exploit and victimize people should be stopped. KULT wants no more victims. If that makes us criminal, so be it.

KULT is *not* elitist. Although we are constantly frustrated by mainstream societies constant stupidity, we do not hate people or believe them stupid. In fact it could be said that the opposite is true. We spread the Virus of free thought to break people free from the Corporal mindset. The things we do, we do to benefit humanity, not to destroy it.

What KULT IS

Trying to define exactly what KULT is like trying to define a living thing. There could be entire books written on separate and different sections of KULT; on the different Klans and Strike Teams in KULT. So when I try to define the organization I do it in very general terms.

KULT is the enforcing body of the counterculture directional chaos.

It must be understood that action without direction is pointless. As it has happened over the last twenty years, different counterculture movements have risen and fallen because of the lack of direction. KULT is the direction. It is the countercultural force that can bring the core beliefs of free choice into being by evolution. It is our goal to taken the hearts and minds of the young; to hack the system one head at a time, until there are so many of us infiltrating the system that it has no choice but to change. These are the tactics of socio-guerilla evolution. Through the understanding and blatant disregard of modern social binds we can shatter the old chains that keep people repressed.

But what does all this mean to the everyday person? Well, KULT is the walking talking living nightmare of the Corpolitical. We are the sworn enemy of injustice and those who warp laws into justification for the corrupt. We are the freaks in your school, office, or church. We are the ones who do not sit idly by, or turn a blind eye to injustice in any form. We are vigilantes, hackers, freeloaders, spies, and friends. We are sick of the current trend and are taking steps to see that the dark corporate future keeps a healthy supply of rats in its walls. Whenever there is graffiti on the wall, or web page hacked, the goals and desires of KULT are being met.

This is not to say that we are an anarchistic or lawless group. We have a very definite structure and organization, while still maintaining personal freedom. The only laws that we adhere to are the 10 KULT Standards.

The 10 KULT Standards

These Standards are not laws, but rather codes of Conduct that the members of KULT choose to uphold. If members do not comply with these standards then they will not remain compatible with KULT and will be deleted from the organization. Every organization must have guidelines in which to operate or there will be a total lack of direction.

The KULT standards

- #1 Be Kool**
- #2 Get Root**
- #3 Get Route**
- #4 Rip Warez**
- #5 Checksum**
- #6 Pirate**
- #7 Broadband**
- #8 BladeRun**
- #9 Scope**
- #10 Spread The Virus**

#1 Be Kool = To freejack is to have respect. It means to plug yourself into the freedom mindset. This means the lack of judgment of others, the lack of conflict, and the lack of hate. This mindset embodies all of respect and solidarity that is so important to KULT as a whole. If someone does something harmless but you find to be twisted and weird, if you Be Kool it won't matter. It enables you to look at all things and recognize that difference in thought action and deed is not only important, but essential.

#2 Get Root = Know yourself. Reject all Corpolitical icons and ideas of what they say you are. This is vital to your survival as a person. Getting root means to understand yourself, to really know who you are without anyone setting values or parameters on you. Until you have root on yourself you cannot even hope to help anyone. You must define your own thoughts, ideals and beliefs for reasons I have stated earlier, if you do not then you will find yourself becoming twisted and warped by the forces surrounding you. This is the pathway to lost. You **MUST** have a firm grasp of who you are, and what your worth, until then you are useless.

#3 Get Route = Two essential questions you must ask yourself are:

#1- Where am I going?

#2 - Who is coming with me?

NEVER GET THE ORDER MIXED UP!

You must get route and know the pathway that you yourself are going to take in order to reach your goals and achieve what you like. If you have no target then your sure not to hit anything. Just because you have been rejected and beat upon by society and your environment doesn't give you the right to have no chosen path. If KULT was made up of people who had no direction it would be useless!! KULT is not your life, KULT is here to **HELP** you in your life and make sure that the freedoms we value remain intact. You must not let yourself be swayed from your chosen path, no matter what! Or again, this will be the pathway to lost.

#4 Rip Warez = You must immerse yourself in information. You must take as much knowledge as you possibly can and claim it for your own. You must read, learn, experience as much as you can in order to achieve strength.

Information = Knowledge = Power = Strength

The Corpolitical media is dedicated to distracting you in order to keep you calm placid and fat for slaughter. There is absolutely no reason why you should ever be bored again! This doesn't mean that you have no down time, but it does mean that you have to make a constant effort to rip the fleshbot software that already exists. You are KULT. As you grow stronger, KULT grows stronger.

#5 Checksum = Accept nothing, not even this book, without thinking about it heavily first. Look at things from all angles; make sure you question the source on what they are really trying to say, and more importantly their reasons for saying it. Cross-reference it with other sources, and if it is something that has two sides, like history for example, make sure that you seek out the truth and question what you receive into your mind. This prevents both your software from becoming corrupt and this organization from becoming that which we set out to destroy.

#6 Pirate = Share everything that has no physical body. The good of humanity is far more significant than anyone's bank account, yet we have become so corrupted by our desire for cash that people do not look at what money they have made, but instead at the money they haven't. This mentality is what will make only the wealthy have access to software, music, ideas, stories, books, education, and information itself. KULT is dedicated to making sure the lower castes in our feudal society have access to the same knowledge, strength, and power that the rich can purchase from the Corpolitical robber barons. We must share information freely, and by any means necessary.

#7 Broadband = Express yourself. Be it by writing, art, the clothing you wear, pirate radio, or the way you speak. Once you have root on yourself you can show others that they too can be free. Be confident in yourself and your identity, the only reason why other people stare is out of desire. Every corporate whore wants to have the confidence to stand on his own, yet he lives in terror of being noticed. This is not to say you have to go extreme, but if you feel like dying your hair do it! Changing the way society thinks and views things has to be done slowly. But it will be done. I would rather be judged by a man with a blue mohawk than a man with a toupee.

#8 Bladerun = Stop ideas and concepts that are destroying us as a community. Racism, bigotry, sexism, elitism and class-consciousness are destroying the efforts of humanity to unite. These despicable concepts are not present on the web because the screen is blind, so as we are influenced by the standards and ideals of the web we will bring them into practice in the physical realm. All it might take to stop hatred is for one person in a conversation to say, "Whoa man, that's kind of messed up don't you think?" This statement is not an excuse to hate racists. People are not evil, concepts are evil and the people who adhere to these concepts have a corrupted operating system. Once you show someone with bad software a better method of operation, they have no reason not to change.

#9 Scope = Step away from the pack mentality and look what you can do as an individual. In times of war snipers are the most feared, yet they are only a man with a gun the same as any other member of the infantry. The difference is in his tactics. We as a culture have to stop blindly charging our problems and instead become snipers in our ways of thinking. This is all done by trying different angles, different ways of dealing with everyday problems. What is the root of your problem? What is the real source of the trouble? Are you destroying the cause or just a symptom? We have to become cultural snipers to eliminate the source of conflicts.

#10 Spread the Virus = This is not to say that that you should dedicate your life to KULT, nor is it that you should hand out flyers and annoy everyone you know. But an educated person speaking to a group can be very powerful, and once people begin to realize their own self-worth, they become less distracted and then the Virus can take hold.

These are the standards that all KULT members MUST adhere to, not only to remain a part of KULT but also to remain free in their own thoughts and minds as humans.

Humans are by their very nature pack animals. We've separated ourselves into tribes in so called primitive cultures, and, as we have seen, in the so-called civilized cultures as well. Why is this? It is because as humans we crave contact with others. Loneliness is a splinter in our minds that compels us to seek out others. Unfortunately, it is because of this that many people are manipulated and twisted to the will of others in order to avoid being abandoned. The "Peer Pressure" of youth becomes the "Power of Association" as we become adults, and unfortunately plays an integral part in our self-esteem and image.

It must be understood that when a member of the counterculture community decides to take a stand within the organization of KULT they do not lose their identity. Instead, they gain the direction and individuality that KULT insists upon. The very nature of the KULT Standards is such that mindless devotion and the mob mentality become impossible. KULT is a gathering place, a church of like-minded INDIVIDUALS who have common interests and desires. Membership to the organization truly means different things to different people.

To be a member of KULT should not remove the desire to belong from the Human Psyche, but instead it allows us to use it to our advantage rather than the self-destructive force it has become.

"Members of KULT are all devoted to the respect of others and, through solidarity, achieving the freedom of choice for all."

KULT is the attempt to organize a community whose passion and power are derived from their ability to act without instruction. We are able to vaguely categorize chaos into a directional force. Rather than saying that KULT is an organization that fights systematically to destroy that which removes our freedom, it would be more accurate to say that we are a "Freedom Riot" that develops its techniques as dynamically as our environment demands it. There is nothing that stops, restrains, or ties up KULT member's actions, except the 10 KULT Standards.

KULT Terms and Terminology

Safe houses

Some KULT members choose to set up actual physical locations for other KULT members to go in times of crisis. This could be if unjust forces were pursuing them, or maybe they are simply traveling quietly and wish to not incur costs. Members who run these locations are called Safe House Commanders, and give their house a name (like “Nemesis” for example); that information is then recorded in the KULT Nidus. There will be more information on safe houses in the KULT Direct Action Manual. To access these houses you contact the House Commander. THEY HAVE SUPREME AUTHORITY AS WHO AND WHO DOES NOT HAVE ACCESS.

Tombs

Thanks to the ability of Global Positioning Systems, (GPS) members of KULT are encouraged to create a cache of storable food, generic clothing, money, and information that can assist a fellow KULT member in a time of crisis. The Exact Grid Locations will then be sent to Patient Zero and ONLY key KULT members, to distribute when dire circumstances require it. There will be more information on Tombs in the KULT Direct Action Manual.

Data Havens

Data Havens are secure FTP sites that only KULT members can access. These are encrypted in case of physical seizure and when created are recorded on the KULT Nidus. Only registered members and guardians have access to this resource. There will be more information on Tombs in the KULT Direct Action Manual.

The KULT Nidus

The KULT Nidus was the brainchild of Gargoyle Apokruphos in the early days of KULT. It is a semi-secure KULT resource which only KULT registered members are able to access. It is the private community of KULT, once you become a registered member your information is removed from the public page and put into the private Nidus page.

The Masses

This is everyone else. These are the people who have never heard of KULT or perhaps have and don't like it. These ironically are the people that KULT fights hardest to protect. The uneducated aren't stupid, they are just uneducated, and it is KULT's role to try and wake these people up from the media's drug slumber.

Unregistered members

This is the first stage of Consciousness in the battle against the Corpolitical. These are folks who are learning what is going on around them. IN NO WAY should these new people be looked down upon, in fact, they are the most valuable resource that KULT has. They are the future guardians and fighters for the organization.

Registered Members

These are the members of KULT who have committed themselves to the battle against the Corpolitical structure and their mind-controlling agents the media. In order for KULT to stay alive we need to generate funds, the best source for this is from the KULT members themselves. When people register as a KULT member they are asked to either Buy a piece of KULT clothing or send in a one-time fee of \$15 US. This is to help cover the cost and work that is put into the management and coordination of KULT. The money is also used as a legal defense fund for Guardians and registered members that become Corpolitical prisoners.

Once you are a registered member, your membership will be verifiable through a web interface. Your name will be removed from the public roster and moved to the private Nidus roster. This way we protect our members through the shield of limited anonymity, and the armor of dedicated community. Only then, the real resources of KULT can become available to you.

Only registered members have access to KULT resources.

The reason for this is purely for security. Any KULT member can show up at a KULT Safe house and say who they are, but the Safe House Commander has no way to verify you are who you say you are, and therefore you pose a security risk. However this is not to say that they cannot let you have access as the Safe-house Commander has SUPREME authority in this case. Also registered members are able request KULT Tomb Locations, Access KULT Data-havens, and access the secure KULT Nidus resource. It should be stated that whoever creates these havens could give access to whomever they choose, but we provide a layer of security for them if they so wish.

Guardians (GDN)

KULT Guardians are the people who will take over and form their own movements if the organization of KULT is ever attacked and “destroyed”. The Guardians are the **HARDCORE** members of KULT. For them KULT is a lifestyle. These people cannot have a deeper commitment to the cause. To become a Guardian the must endure “The Long Walk” in the Nidus. The long walk is a weeklong question period where all Registered KULT Members and Guardians ask the potential Guardian questions on all manner of things. After 7 days, the feelings of existing Guardians are known, and if all the criteria of the Guardians Klan have been met, that they **MAY** become Guardians. To be a Guardian involves a deep level of personal commitment to KULT. It is a title that signifies their devotion.

GUARDIANS DO *NOT* HAVE ANY MORE OR LESS POWER THAN ANY OTHER REGISTERD MEMBER

Strike Teams (ST)

The first official Strike team in KULT was Team WOE. A strike team is a gathering of KULT members from different Klans who choose to combine their efforts and fight as a section. These radical cells are an extremely powerful tool to KULT and provide local support for individual KULT members. If KULT members have a strike team they wish to register they must send an explanation of the Strike teams capabilities, desired mission types, with primary and secondary contacts for the team to Patient Zero. There will be more information on Strike teams in the KULT Direct Action Manual.

Pharaoh

The KULT Pharaoh is in charge of the KULT web site code and all KULT data on the Nidus site. He is **THE** technical contact for KULT and Patient Zero’s right hand man. Any and all technical questions regarding the web sites should be directed to the KULT Pharaoh. He works **WITH** Patient Zero and **FOR** KULT. He has proven his loyalty to KULT and has taken on a huge responsibility; because of this, he has been somewhat relieved from the other responsibilities of his Klan. The Pharaoh is chosen by Patient Zero and **ONLY** Patient Zero or the Pharaoh himself can remove him from his post.

Patient Zero

Patient Zero is the only KULT member without a Klan. He is the hub that connects all KULT activity and sanctions KULT tasks. He has the absolute FINAL WORD in all KULT matters. The reason for this is purely for speed. The world we live in now becomes so tangled with red tape that nothing is ever accomplished. In order for any system to be effective there has to be 1 person in charge, one person to make the calls and choose direction. This is the role of Patient Zero His goal is to ensure that all KULT members remain protected at all costs; he is the only one who can ultimately be held responsible for any KULT actions. No matter what, Patient Zero must maintain the security and anonymity of KULT members.

I, Sean Kennedy The Fuckin' Man am the first Patient Zero in KULT, but I will not be the last. It is every Patient Zero's responsibility to post fanatically to the KULT site and maintain knowledge of all KULT actions. He must have a successor picked in case of tragedy and let that replacement be known. Being Patient Zero is a life-altering task, and requires placing KULT above all other things. When I can no longer do my job, I will hand the job off to someone who can.

The Klans

Klan Gargoyle

I am KULT's senses.

I keep KULT on the bleeding edge of all knowledge.

Without me, KULT would be deaf, blind and defenseless against the enemies of freedom.

Sister Klans

Decker, Houngan, Nomad

In Neal Stephenson's landmark book *Snowcrash* the Gargoyles were people who had permanently wired themselves into the web. Within the counterculture movement there are those with dark wings who exist in permanent flight through the intricacies of the World Wide Web. These people look at their day and realize that more than half of their time awake in a day is spent traveling through the web searching. Like drug addicts they find information and feel the surge and rush that only comes from screaming hot knowledge, and after the high fades they are off soaring again looking for their next fix.

The Gargoyle is the first to adapt to all new technology they are running with new ideas and concepts daily. Although they may not master them, they are aware of new developments often before they are announced. Within KULT this Klan operates as a vital information resource making sure that all members of KULT are able to have access to and knowledge of the very latest developments in the world.

At first this may seem like a very easy Klan to be a member of, I mean who really doesn't enjoy surfing the web? But for the Gargoyles it's much more than this. The Internet isn't just some casual pastime for them; it is a vital part of who they are. Without the web access or even a computer near them they feel a significant void in their lives. Their best friends are people that they have never met face to face. Through the comforting glow of their monitor they have mastered the search for knowledge; the Flight, the Quest.

There is within Klan Gargoyle a kind of subspecies called a Sentinel. These are the members of the Klan who will be adopting the wearable computer as soon as it is realistic for them to do so and them hooking themselves into the Web on a semi-permanent basis. A prime example of this can be seen in the Bruce Sterling Book Islands in the Net.

The Gargoyle relationship with the rest of KULT becomes obvious very quickly. They are KULT's organizations intelligence agency, and a force to be feared. The Gargoyles are always watching.

Responsibilities Of The Gargoyles

Non-registered Gargoyles: The non-registered Gargoyles are an essential part of the KULT search engine. As many know it is impossible for a program to find all the information on the web. Yet with a “murder” or Gargoyles sent out over the web we will find any and all information. These Gargoyles must report new information to those with posting rights within the organization, and thereby bring new knowledge to the page

Register Gargoyles: Registered Gargoyles are given automatic posting rights and have the responsibility to post to the page regularly (at least 2-3 time per week). As information is requested through the KULT network it is a matter of personal pride as to how fast this information can be retrieved. These people are the living embodiment of “It’s not what you know it’s when you knew it.” Many of their posting stories can and should come from their unregistered brethren

Guardian Gargoyles: Guardian Gargoyles need Psychological help. They dream of wet wiring and becoming purely digital entities to exist within the Web. They are Project 25:17 trying to escape the physical body. They are the first to Wet wire and the concept of being connected to the KULT consciousness or even a full body conversion is a warm thought to them. Their responsibility is to seek out needed KULT info and personnel.

#1. Post on the KULT web site EVERY DAY! No repeats, all fresh info. This is no small task, but it shows the level of commitment needed by the Guardian Gargoyles.

#2. Set up an significant Data Haven (5 gigs or plus)

Klan Decker

*I am KULT's soul.
I stop at nothing to gather information.
I manipulate the digital world to ensure KULT's existence.
Without me KULT could not survive.*

Sister Klans

Ronin, Gargoyle, Nomad

Deckers are the digital versions of their Ronin brethren. Deckers ethereally invade spaces and locations to drain knowledge and learn the secrets that will make KULT stronger. The Deckers are the very soul of KULT. They are vital to the existence of any online organization. Up until the time of KULT there was no one unifying term for all that the Deckers encompass. The Deckers used to be known by the following classifications.

Hackers: Those who would find and exploit security flaws online and within code, and then decide upon a course of action after their discovery. They are masters of security.

Crackers: These were individuals who would break the chains of copyright protection that keeps information from being free.

Phreakers: Phone gods. These are the people who have intimate knowledge of how the phone company works and of their methods of manipulation so to allow free communication between entities.

Freeloaders: This is the free information merchant. Those who share any and all property that does not have a physical body.

Witch Hunters: These people track others through the web. That's **it**. They exist to hunt. They live to find 1 person that is their target.

Coders: The programmers who are so often overlooked but are the essence of all thing digital.

All of these groups are now unified under the banner of the Decker. The term “Decker” comes from the Cyberpunk culture of people who would carry around supercomputers the size of laptops that they would “neural jack” into and float through the virtual world. Here they are as the Ronin, carrying out missions and achieving objectives.

Before the time of KULT there was a sense of rivalry and resentment between the different classes of Deckers, these techno-elite focused on their petty differences rather than realizing that it is only through unity that the Internet’s freedom could be maintained by them. Now with the unity that can be found within KULT the Deckers are in of the most feared forces on the web, fighting to ensure freedom for all.

Responsibilities Of The Deckers

Non-registered Deckers: These are the newbies to the Decker community. These are the young, excited, and hungry who are mad in their thirst for knowledge. Their responsibility is simple. LEARN! These people will immerse themselves so deeply into the Decker world that nosebleeds occur.

Registered Deckers: These Deckers are the functional digital cyber troops. Like Neo from *The Matrix* they lead double lives. In their daytime lives they have a variety of roles and tasks, yet online they become something more. Their responsibility is to assist KULT in Special operations and projects, digitally reinforcing the freedom we love.

Guardian Deckers: These people are the “Kyser Sosay” of “Setec Astronomy”. To see these people in the street you might not even look at them twice. But online they are the final and decisive action in the world of Cybernetic Force. Their names may not be known, in fact the really good Deckers are totally unknown, but they all always present and ready to act.

#1 The responsibility of the Guardian Decker to KULT is to do whatever it takes to ensure that no information or virtually influenced hardware is beyond the reach of the organization.

#2 All guardian Deckers are Responsible to have posting rights to the KULT Page and report all possible dangers and security threats to the KULT page for all to see.

#3 To post and provide warez, cracks, and/or information to the Decker sub sites of KULT making the KULT Decker resource more extensive.

#4 Create either a Safe House or a Data Haven.

Klan Ronin

*I am KULT's strength.
I carry KULT through physical action and through escape and evasion.
Without me, KULT has no physical power.*

Sister Klans

FleshTripper, Decker, Nomad

The Ronin is one of the Klans within KULT that inspires fear. The notion that there are people who are aware of laws and yet chose not to uphold them is frightening to most. The very thought of people who choose to strike out at injustice based on their own chosen morals is considered psychotic.

The term Ronin means masterless samurai. They are the ones who believe that the future of freedom is going to be not a virtual fight but instead, to a certain degree, a physical one. These "Street Samurai" are the agents who carry out direct action where it is needed as thought of by the 10 KULT Standards. Ronin are the agents of force. Force of course meaning violence, the supreme authority from which all other authority is derived. This is why the countries such as the United States in the beginning of the 21st century are called a "world power"; they have the greatest military might.

The Ronin are a Klan that many fear in this way. Despite their humor and tendency to laugh at their own intensity, the Ronin are in fact the ones who cut cables, break windows, sabotage equipment, and have *convincing conversations* with people. Now, it must be stated that the Ronin are not just soldiers, they are in fact anyone who is willing to stand and physically strike out at injustices in the world; by spiking trees, breaking bulldozers, rushing police lines, or even handcuffing themselves to objects or locations.

Ronin is not a Klan to be joined lightly. It is very easy to recognize the people who are members of this Klan by their speech, clothing, and mannerisms. They are the members of the organization who carry out deeds and protect the other Klans when they are persecuted. They are not mindless soldiers or psychotic storm troopers, but rather a legion of independent sharpshooters who work in tandem with each other. To stop soldiers you only need to destroy their command structure. The Ronin are not given specific orders; instead KULT's goals are made known to them and then they are left to their own devices. To stop the Ronin you would have to destroy them all; every last one. Now it is a very rare indeed that KULT would ever sanction direct action, and I should be stated that not all direct action is violence. There could be parcels that need to

be delivered, or maybe something needs to be “taken care of”. Ronin are entrusted with things in the real world that we value.

Responsibilities Of The Ronin

Non Registered Ronin: These Ronin are the angry--the Ronin who are not sure how to act but are willing to lend their support to the organization of KULT. Their responsibilities are to learn as much as they can about the physical and natural guerilla tactics that the Cyberculture and counterculture use.

Registered Ronin: These Ronin have established themselves as fighters against the corruption that physically exists all around them. Many of them are members of other direct action organizations and are willing to show up for KULT events and rallies and be counted as loyal members of Klan Ronin.

Guardian Ronin: They are the terror that lurks in the darkness. These people are the ones who have devoted themselves to the future survival of KULT no matter what the cost. Guardian Ronin appear out of nowhere in a restaurant and hand you a disk, then vanish into thin air, or will meet you outside of an airport with food and supplies when you're running from injustice. They have the deepest level of commitment to KULT and when the call goes out, it is these Ronin who ask no questions, but simply act accordingly. They MUST:

- #1 Create 3 KULT Tombs
- #2 Create a Safe house whenever possible
- #3 Carry out Physical KULT tasks.

The Ronin Bushido

As a Ronin I recognize that I will have to fight longer harder and more physically than any other Klan. I know that the hardships I will face will be many and the rewards few. My reward will be the knowledge that I did not sit idly by while the freedoms of my friends and foes alike were taken away by the Corpolitical machine. I act only out of precise plan and never from vengeance or petty conflict. I recognize that violence is a savage tool never to be used unless no other methods are left open, and if it is to be used it must be decisive action with the minimum of force required to achieve the required result. My word and integrity are second to none. My conviction is absolute. Defeat is not a Ronin word. I will achieve superiority over those against KULT by strength of mind body and spirit. As long as my body draws breath I will fight against injustice, and in doing so make the world a better place.

Klan Houngan

*I am KULT's mind.
I take inspiration of imagination and turn it into a physical reality.
Without me KULT can not build its visions of the future.*

Sister Klans

Gargoyle, Prophet, Nomad

The worlds of Mecha, genetic engineering, robotics, Tesla science, forbidden knowledge and the occult are all the realm of the Houngan. They blend bleeding edge technology and the pursuit of things that others would call unethical or even madness. Aleister Crowley, Albert Einstein, Stephen Hawking, and the fictional Dr. Frankenstein were all Houngans.

The term Houngan comes from the Haitian Islands. A Houngan is a voodoo priest. This ties in with the idea that any technology significantly advanced would appear to the laymen as magic. Throughout history, the Houngans who were responsible for the greatest accomplishments of mankind were ridiculed and treated like outcasts. Before, they would have been forced out of their homes, laughed at, and ridiculed to the point of breaking. But now with the existence of the KULT organization they will be free to do the research that they enjoy, without being targeted as madmen or “unholy monsters.”

Now this is not to say that KULT is a haven for crank science but we *are* open-minded enough to realize that not all concepts that people have passed by were exactly garbage. Quite often the Corpolitical machine has repressed knowledge that would make certain sciences or technologies less productive, and those who considered them possible or viable had no common ground to share this information with others.

KULT is the solution. We provide an environment that is open to new ideas and concepts without bias or corporate interest to cloud our judgment. Also the fact is that KULT members are a bunch of techno junkies that will do whatever it takes to bring the dreams of “cool” tech to life.

As KULT grows we are getting some amazing minds within the organization. We rely on these minds to try and find ways of turning our hopes and dreams into a physical reality. Their Sister Klan, Prophet, is close with the Houngans because if a Prophet can dream up a robot it will be the Houngans that build it. It is the Houngans that will build for us the dreams of the future.

Responsibilities Of The Houngans

Non-registered Houngans: These Houngans spend their days absorbing info and formulating plans. They think of ways to do things like build robotic limbs and then chase down their theories. Their key phrase is “How can I...?”

Registered Houngans: These are usually those who have a bit more experience in their chosen fields and have a clear idea what avenue it is that they want to pursue. The Houngans usually have projects that they are working on in their spare time that they will be able to present to the community and then bask in the glory of their creation. Their responsibility is to usually help the Guardian Houngans with their master projects.

Guardian Houngans: These are madmen with a dream. They have an obsession. Every waking moment is dedicated to thinking of ways to create and work on their master project. In their eyes the goal of their project is not only possible, it is *just* beyond their grasp. It will be a Houngan that gives KULT Mecha. The Guardian Houngans responsibility is to actually have a project that they work on for the good of the community instead of just for those who can afford it, and post updates about it once per week to the KULT page

Klan Prophet

*I am KULT's limitless imagination.
I give KULT the vision, and stimulation that breaths life into the technology.
Without me KULT would have no hopes or dreams.*

Sister Klans

Houngan, Vampyre, Nomad

Quite often people within technical fields forget the contribution that artists make into our world. The television show *Star Trek* has motivated two generations of Houngans to create technological marvels that were previously unthought of. They make the symbols and dreams that give the very organization its life. Without art humans are nothing more than machines, but *with* art, KULT will be able to make *machines* more than human.

This is the reason why the name "Prophets" was chosen. They are the visionaries that foretell what the future will be. They hand out dreams and thoughts of a better future as though it was effortless. Through music, sculptures, art, and writing they create concepts that motivate us forward to greatness.

What is the value of this Klan to KULT? What is music worth to you? What are your favorite movies worth to you? It is the artistic nature of these things that has given many the strength to handle life. Throughout history it was the artists that were persecuted, and ridiculed for saying such crazy things as the world is round, and drawing evil pictures of people flying. The prophets were the first outcasts and the council to kings. People would do well to remember that the Prophets were making pictures on walls before any technology was known. They are the source of all dreams and inspiration.

Responsibilities Of The Prophets

Non-Registered Prophets: These Prophets have visions and ideas but are not nearly as skilled or prolific as they would like to be. Quite often these people are immersing themselves in the sensory explosion of the web.

Registered Prophets: These are Prophets that want to stand and be counted amongst the artists for KULT. Their responsibility is to spread the virus in the most effective ways they know how. Their art reflects the ideas of the 10 KULT Standards and the counterculture directional chaos.

Guardian Prophets: These Prophets are the most devoted to spreading the virus of KULT to the masses. They will be the people who will take the writing within these pages and make it something more by showing how it could be applied. The responsibility of Guardian Prophets is to dedicate a large part of their art to spreading the Virus. This is a massive personal commitment and their sole responsibility.

Klan Vampyre

*I am KULT's shadow.
I exist to shade KULT in the darkness that is just out of reach.
I have made a friend of darkness, fear, and mortal terror.
Without me, fear and mortal terror would be enemies.*

Sister Klans

Prophet, Cenobyte, Nomad

Klan Vampyre is one of the most misunderstood of all the Klans. Klan Vampyre is tied very closely to Klan Prophet for their love of art, and also to Klan Cenobyte for their constant thirst for sensory excitement yet they are a culture unto themselves in the manner of their darkness.

Anyone who has ever spent time in the gothic culture would have a hard time explaining it to others. The culture has a dark atmosphere: dressing all in black and drinking absinthe, all the while immersing themselves in poetry, the occult, and various other forms of "dark art". The essence of the gothic culture is their presence, and this is how the Vampyres lend their strength to KULT.

It is unavoidable to have a certain degree of fashion in any culture, but instead of looking at what the modern media has sold to us, the Goth community has always provided us with an alternative; a true alternative that causes others to be uneasy. The Vampyres by default are the teachers of all counterculture. They have already rejected all of the media icons and created their own society. All the Klans can learn from the amazing strength of the Vampyres.

The very nature of the Goth is the dark brooding creature that lurks. You would have a hard time picking out a Nomad or a Decker in a crowd, but the very nature of the Vampyre makes them extremely noticeable. The Vampyres spit in the face of all the society's norms. The Vampyres are the angels of KULT. They are the ambassadors who bring nightmares into the boardroom of the Corpolitical. They live within a reality that is totally different from the regular perceived world, and it is this difference that lends beauty to their way of life.

The Vampyres are...and that is enough.

Responsibilities Of The Vampyres

Non-Registered Vampyres: These are the fledglings that are just coming into the darkness. They're intoxicated with the very essence of the gothic culture and how Klan Vampyre preserves it within KULT. Their responsibility is to focus on themselves and tumble as far down the rabbit hole as they so choose.

Registered Vampyres: These Vampyres are at the bottom of the rabbit hole and are a presence within the gothic world. Their responsibility is to go to functions in all their gothic splendor and bring the "coolness" of that genre to meetings and Sabbaths. They are a valued part of the counterculture community and when they lend their support to any project the whole project changes for the better. Imagine 5 or 10 Vampyres picking up someone from an airport.

Guardian Vampires: These are the Goth Gods. They have chosen to lend their physical presence to the advancement of KULT in the most devoted way. Their responsibility is to respond when asked to bring their dark presence wherever fellow Guardians, or Patient Zero needs it. They are the messengers of KULT, the ambassadors of the underworld, and the nightmare of the Corpolitical.

#1 Respond when needed in all their dark glory as messengers.

#2 Set up a Safe House or Data Haven where possible.

Klan Cenobyte

*I am KULT's sensory stimulation.
I keep Give KULT the reason to fight for the freedoms that they enjoy.
Without me KULT would never enjoy the freedoms they have.*

Sister Klans

Vampyre, FleshTripper, Nomad

Each Klan in its own way is very extreme. The Klan Cenobyte embraces all of the adult desires, pleasures and desires that free people can enjoy. To them sex is not dirty, drugs are not inherently evil, dancing is not a crime, and pleasure is not a sin.

BUT, they are the first in line to destroy child pornography, victimization, exploitation of innocents, and drug pushing. They live by the ideals of all things in moderation, including excess. This is the Klan of "choice".

Many would say,
"How can any organization have a place for smut and drugs?"

KULT says
"How can you not?"

Sex, Drugs, and Hedonism have been part of every culture since time began. There is nothing inherently wrong with these things, but it can become a problem when a person loses their power of choice to addiction. If a young member in KULT wanted to experiment with drugs for whatever reason it would be best for them to talk with someone who knows what they are talking about and then let that individual make a choice on their own. For the Cenobytes nothing is forbidden.

The sexual fashion with which the Cenobytes conduct themselves in may not be to the liking of others, but it is VITAL that they remain free to do as they choose, because not long after they come for the Cenobytes, they will come for you.

Responsibilities Of The Cenobytes

Non-registered Cenobytes: These are the people that perhaps are younger and are experimenting with things to discover who they are. Their responsibility is to themselves and to be safe and in control of their journey.

Registered Cenobytes: This is the more hardcore fetish crowd. These are the consenting adults who wouldn't mind showing up at a Sabbath wearing nothing but leather and taking three other consenting adult KULT members home. Their responsibility is to spread open-minded thinking and generally let people know its ok to get drunk and fuck.

Guardian Cenobytes: These are the extreme of the extreme. They are in control of things that others would only think about in sweaty, dark moments. They are all about the limits of pleasure and pain. They are demons to some and angels to others. Their responsibility to KULT is to exercise the freedoms that KULT provides them at EVERY opportunity. They are the voice of reason to all on forbidden pleasures.

#1 Go To KULT Functions whenever possible

#2 Set up 1 KULT Tomb

#3 set up either a Safe House or Data Haven

Klan FleshTripper

*I am KULT's unbridled adrenaline.
I show KULT what it is to be alive.
Without me there would be no physical passion.*

Sister Klans

Cenobyte, Ronin, Nomad

The physical rush that can be had by applying technology and physics together is staggering. No one can tell you this better than the Klan FleshTripper. The sport bikers, the hog riders, mountain bikers, surfers, skiers, snowboarders, divers (both sea and sky) will all tell you that the drug of life, being at the brink of extinction, is second to none. The gear heads, and surf bums are all outcast because their so-called "peers" do not understand the what they do. Their addiction and lifestyle is very similar to the Cenobyte Klan yet there are a few VERY distinct differences.

A FleshTripper's Sister Klan is Klan Cenobyte because their drug is the Zen of movement. Physics in its purest form brings out the truth and spiritualism of motion.

This is the hardest of all the Klans to try and put into words. For those who understand no explanation is necessary, for those who do not, no explanation will suffice.

Zoom.

Responsibilities Of The FleshTrippers

Non-Register FleshTrippers: It is their responsibility to understand "Zoom."

Registered FleshTrippers: Teach others about "Zoom."

Guardian FleshTrippers: These are the folks who will die by the Zoom and are quite looking forward to it. Their responsibility is to lend the power and knowledge of "Zoom" to KULT. They will understand. They also have to set up a Tomb by KULT Standards

#1 set up 5 Tombs in extreme locations (but still accessible)

Klan Nomad

*I am KULT's diversification.
Without me KULT will overspecialize,
And breed in weakness.*

Sister Klans

All Klans

The Klan Nomad is the amalgamation of all of the other Klans, these are the people who dress like Ronin, think like Houngans and draw like Prophets. They are the ones who wander the wasteland of the counterculture. They are all the Klans and yet they are none of them.

To think that this Klan is a cop-out is a lie, in a way the nomads are the hardest to detect and have the greatest chance of survival. The fact that they are so diversified allows them to be a kind of binding influence on the rest of the Klans and prevents Klans from becoming isolated groups speaking only to themselves. The Nomads are like the wind, in constant motion and a force to be reckoned with.

Responsibilities Of The Nomads

Non-Registered Nomads: These Nomads are in the process of developing multiple skills. They know that the true strength of the counterculture is the ability to communicate between different Klans.

Registered Nomads: these nomads have the responsibility to post to the page 1 per week,

Guardian Nomads: These nomads have a responsibility to

- #1 Set up a Tomb by KULT standers
- #2 Post to the page 3 times per week
- #3 Set up a Safe-house (where possible)

The Future of KULT

The second book and the extension of this virus is the Direct Action Manual. It will have the tactics and details of the direct action that KULT members can take to ensure the freedom of all.

In closing it must be said that if you do not agree with the ideas and methods of KULT that's fine, but don't try to stop us. No matter who you are, you should fear a future without KULT rather than the future with it.

Sean Kennedy TFM
KULT Patient Zero
October 28th 2000

</virus>

Sean Kennedy Rants
Transcribed by avagdu (2007)

“Sunglasses”

So I'm walking through this consumer concentration camp they call a “mall” and I walk by and there's a store. A store, called the Sunglass Hut. And I walk inside the Sunglass Hut and I'm thinking about something y'know “Well, since the corporations are all burning the fucking ozone layer off I'm going to be needing something to stop my eyes from shriveling up and falling out of my fucking head.” So I go and I find a decent pair of sunglasses in there, y'know what I do, I look at the price on those sunglasses, y'know what the price is? It's four hundred dollars for a pair of Oakley Romeos.

What the fuck costs four hundred dollars on a pair of Oakley Romeos? Huh? What costs that much money? “Oh, well I suppose they're really good quality, I suppose they're really nice, I mean that's thermo-nuclear protection..” Holy shit. How incredibly consumer programmed are we that we can actually rationalize spending more than fifty fucking dollars on a pair of sunglasses?

And the minute you realize that, once you realize that.. you look around the mall, you look around at cars, you look at all these tribal fucking feathers that you put in your cap and what are they worth? What are they really worth? They're worth like what.. a Mercedes doesn't cost that much to produce. Maybe a little bit more than a Japanese car, but not by much so why are you paying the extra cash? “Well, it's the quality..” Bullshit. It's got nothing to do with quality, it's got to do with your fucking status, man.

It's just like they used to say in Amway, “buying things you can't afford to impress people you don't even fucking like..” OK, so why are you going for the status? Why are you paying that much money? Makes no fucking sense. It makes no sense. You have no reason to do that. There's no reason. So why are you doing it? Why? Because your television programmed you to. It's not your fault. You are a victim. But now you know, so you have no excuse to be a victim.

“Oh, well y'know what would people say?” - “To care what other people think is to be controlled by them.” 'Believe Voltaire said that, you might want to listen to the fucking guy, he might have been on to something, but of course you don't hear about this in schools, 'cuz schools don't give a shit either, they wanna have “consumer education” classes, where they teach you to be a good little fucking consumer.

Eat, fuck, shit, consume, die. That's your fucking life. That's what you are. You cattle, you cow, you sheep, you fucking farm animal. You gonna have your little hormone pills, you gonna eat your beef are you gonna do that? Or are you gonna say “Fuck this! I'm storming the wire..” My name's Sean Kennedy and I am The Fucking Man.

“Survivor”

There's a show on TV, and you know what the show is called? It's called “Survivor”. Survivor. This is what they call the show. The show is called Survivor. It's about a group of fucking idiots that get transported to this fucking island and they gotta stay alive. OK, first week they get rid of the Navy Seal, he's the only guy out. And how do they get rid of him? They vote him off the island. Thereby insuring their own extinction. If they didn't have paramedics standing by they'd all be fucking dead.

This is a wonderful parallel. This is the parallel of our society. People think that if you are fucking cool, you will be able to survive. But this is not the case. This is quite simply not the case. Survivor is a fucking joke but if you look at it you can see the parallel in our modern day society. You look around, you can see that “Oh hey, the “cool guys” are getting all the jobs, the cool guys are doing this..” Yea the “cool guys” are a fraud. The “cool guys” are a fake. The “cool guys” are not the ones who are able to perform. This is why the internet is such a beautiful fucking thing. Because now the geeks who used to get the shit kicked out of them would never get the good jobs.

The guy who's 'Toby' stuck in the fucking mail room, he's the guy running your whole network. Why? Because he's the one who can actually perform. Yea, you can schmooze all you want, you wanna go to your golf course, you go to your fucking golf course, but I'm the “Survivor”. I'm the guy who's going to make it because I've got the fucking knowledge.

Knowledge is power. Everyone's said that for years, but now it's fucking true. Now it's all about the people who've got the knowledge, who've got the know how. And by even listening to Rant Radio, you've got knowledge and know how. That's the fucking key, that's the secret. That's how you can be a “Survivor”. You can turn off the fucking media.

What the hell man, you don't have to go and listen to that bulshhit. You don't need it. You don't need any of that shit. You've got us now. We're your new family. We can take care of the whole thing. There's a million people just like you. They're just like you. They're just as sick. Why do suppose thrash music is so fucking prominent? Why do you suppose Europe is twice as pissed as we are? Because they've had longer to get that way. And we're all in a rocket assisted glorious path in which we are all going to come together and the new evolution will be born. My name is Sean Kennedy and I am The Fucking Man.

“Falling Chair”

So here I am, I'm sitting at my desk and I realize to myself “Did you know what? My life is a big bag of shit..”. I'm sitting at my desk and I realize my life is a big bag of shit. I'm sitting at my fucking desk and I realize that my life is a big bag of shit. I am sick of having my water rationed from a small plastic cooler at the end of the fucking hall. That's what I'm sick of. “You with the tie! You look like a fucking idiot, did you know that?”

I hate this. I hate my job, I hate everything about my job. I hate who I'm dealing with, I hate who I have to work with. Our clients suck. Our clients suck. Our clients are the biggest bunch of assholes I've ever had to deal with in my life. I'm not going to put up with this anymore. I'm going to get out and I'm gonna go up to the window, and I'm going to throw my fucking chair through it. And [I'm] going to watch, it's going to fall out of sight, see it fall into traffic, down into the traffic below. I betcha some car alarms are going off now! I betcha some car alarms are going off now aren't they?

I'm just going to go home right now and get some food coloring and fuck up my cat. It'll be great, he'll be running around scaring the neighbors cats and they'll be fucking and they'll think “Oh my god, we're going to have kittens that are going to be blue and pink and purple..” And what the fuck is going to happen then?

Then I'm going to have to go buy something that's leopard print. Anything leopard print. Somebody get me some shit that's leopard print. I'm going to put everything I have on from now on is going to be some kind of animal fabric. That'll be fucking fantastic, I'll have zebra striped socks, leopard print pants and some elephant looking fucking jacket.

It'll be wonderful.. I'm going to shave my head and tattoo shit on the inside of my eyelids to reconfirm my convictions everytime I fucking blink. It'll be great and I'll have my own lights and my own system, my own rules because I'm sick of everyone else's rules. I'm sick of everybody else's rules, I'm sick of everybody else's rules! I'm sick of having to deal with other people telling me what to do twenty four fucking hours a day. How 'bout you? My name's Sean Kennedy and I am The Fucking Man.

“Professor”

You know sometimes after awhile you're looking at yourself in your mirror with the leather jacket on and you see all those other beautiful people walking down the street doing their thing, they're all going to their jobs and you wondering how long you're going to keep spray painting resistance graphitti on the wall y'know..

How long before you're gonna just get a job, isn't it just kind of inevitable anyway that you're going to have to get a job and get a career and get a wife and have kids and kinda carry on, I mean how long Sean do you really think that you're going be able to keep screaming in the microphone and talking to the kids and talking to the internet and going off about cyber rights, I mean really at some point you're just going to have to grow up.

But then again, you've got the other side of that you see, you've got the other side where if you go and you sell out like that, if you allow the world to kind come in on you and press you down and eventually grind you away it's not the biggest conflicts that get you, no, no, no. It's not the big people who come up and say “You need to be destroyed!” and then there's a large battle, that's not it.

It's the daily grind, it's everyday getting up, it's every week getting on the air, it's every single time somebody opens their mouth and you have to try as hard as you can to make sure you can correct them in a way that doesn't get you arrested. Yes, that's the gradual grind of being someone involved with the cyber culture. That is the gradual grind everytime to read every single license agreement, to hunt every day on the web to get every single link that's out there.

That's why you have to choose the clothes you wear, choose the food you eat, choose the kind of person you are because it's far better to live the lie you want than the lie they give you. And that's what it is to be strong, it's not the big fights, it's the daily grind and if you can stand up and keep on going, everyday get up, breathe, keep breathing, that's all that matters. My name is Sean Kennedy and I am The Fucking Man.

“Speech From The Desk”

“Sean Kennedy, you have anything to say before this court passes sentence for the crimes of “social treason”, “consumer heresy”, and for the irreversible chaos you have created?”

Life should be chaos, it should be alive. It should strut and pose and scream. Not shuffle along staring at it's feet. We must always strive for the extremes, forever pushing the boundaries of acceptance. Because without that, we have no method for evolution. No way to surpass our social limits, no way to be a freak.

A noble freak. It will be the freaks and wierdos that through the wisdom of their mutual suffering will strive to make the world a better place for everyone. It's true that no one person is more important than any other, but the actions that one person takes can influence an entire world. We must as individuals recognize the tremendous power that this gives us.

The unbelievable strength of self-realization, the power that comes from this is not only the most important concept for a person to understand, but is vital to the whole of our species to survive.

Real world, our world is a beautiful terror to behold. Is a fantastic voyage of depravity, truth, wonder and ugliness. Each new day should be embraced with the glories of these surging battles. We must not seek to medicate ourselves into a pacified trance. True peace will only be found by the dead. We must not allow ourselves to be sedated by would be mothers and fathers of this bubble child nation.

As they have done with me, they would seek to drug you. Make you a 'normal' or well adjusted corpse, without the passions and depressions of a living being. You must not allow this. Do not let their silence overtake you. Life should be a symphony. It should be a thrash concert not a black deathly silence. I pray to whatever gods exist, “Hear me now! Give me the extreme rising peaks of excitement and the desperate low dregs of depression! And forever make me deaf to the hum of mediocrity so that when I die I can say what it really was to be alive.”

“The End Is Coming”

Ladies and gentlemen, all of you inspected, rejected, dejected, knowledge infected and connected Wogs gathered here listening to the sound of my voice. We're gathered here as an online community to try to find some semblance of sanity en masse. Trying to make sense of what it is that is going on around us in a world that's gone so incredibly mad that everywhere we look the infection has become the norm.

Our society is fucked. We have children with eating disorders. We have young sports athletes under the age of fifteen practicing blood doping so they can make a sports team so they have a chance at making some real money in their life. You fuck up by the time you're twelve your life is over.

Our planet is dying. The ozone layer has got holes in it big enough to drive a fucking aircraft carrier through. We don't have to worry about getting into space because in a few short years space is going to come to us. There's more toxins being pumped in air, the water, the ground. Everything around us is becoming toxic.

We know this. You know this. I know this. Millions of us know this yet we are all powerless to stop this. Why? Why are we powerless to stop this? We are powerless because we lack cohesion. The corporatist has destroyed the concept of higher cause and moral ideal.

They have sold us self destructive hedonism under the guise of free choice. They have sold it all to us in thirty second spots.

And because of this they have prevented us, the Wogs, from storming the wire. Except for us, no one else can even see what's going on. No one else even has a clue. They are too busy trying to meet their needs in a slave wage state.

We are the only hope that North America, maybe the world has against being sold this suicide. We will rise against this and by listening to this you are adding strength to the words that I am saying. We will not be bought and sold. These chains will be broken. We will eventually be able to reach out and destroy the masters that have controlled us for too long. They will give us the ammo that we need.

Have faith my fellow Wogs. My name is Sean Kennedy, and I swear by god the end is coming.

“Hope”

Alone. It's so hard to be alone. We sit in crowds. In the darkness of crowds. We seek solitude, and weep when we find it. Information is being brought to us so fast. Information comes through the air. Information comes through the wires. And all the information just makes us grow.. darker.

Children are starving while nations grow fat. Animals scream in feed locks. Chickens are boiled alive. I just wanted to have lunch, I didn't want to be a murderer. I just wanted to get some shoes, I wasn't making a political statement.

I dyed my hair black, I've got steel going through my face, but I still gotta work. I still have to deal with people and because they wear a tie, they think they're better than I am. I sit in front of the wire and I broadcast everything I can. I've learned how to strike back. I've learned how to rewire so that I can use the box. So that we can strike back.

It's so hard to be alone. It's so hard to keep the fight up. It's so hard to walk through the falling complaints. It's so hard to walk through the sarcasm and the hate that falls like rain from the dark skies. It's so hard to walk past that homeless man, and I have to pretend that he's invisible because I can't take him home with me. Because I'm only two steps away from where he is.

But one day, one day we won't have to be alone. One day we can all band together and we can try to make something better. We can try to stand together for something, anything. Anything that would bring us closer. All these wires, all these airwaves yet people aren't connected.

They don't see each other in subways, in elevators, on the street, in their cars. No one sees anyone anymore. But I see people. People just like me, who want to strike back. And together we have hope.

“Wear Body Armor”

To my fellow upper and lower class: wear body armor. If I could offer you only one piece of advice for the future, body armor would be it. Benefits of body armor have been proven in scientific laboratories, and our society is going to hell in a hand basket in a rocket assisted fashion. All my other advice pertains to trying to live a decent life. You can listen to it or you can tell me to stuff it. But I'll dispense my advice now.

Life is hard, once you accept that fact you'll find that you're not so disappointed when you screw up. The pain you feel from screwing up in life will remove weakness from your body. But it still sucks.

Don't take too many drugs that mess with your brain. Or by the time you're forty, you'll act like you're two.

Have a backup. Don't have too much faith in computer or society. You never know when either one might crash.

Get a good knife.

Beware of anyone that lead others with a religious, riteous fervor. They invariably burn books and hurt people.

Don't get too high on your moral high horse. The only difference between right and wrong is the number of people who agree with you.

Stash guns, money and fake ID. Because you might need them at some point. If you don't, someone you know will.

Read.

Beware of cults, churches and multinatinal corporations. They all want to control you and rob you of your soul.

Try not to break the law. It complicates things. But if you're going to do it, think it through and do it big. There's nothing more embarassing than doing time for some bullshit reason.

Avoid violence as much as you can. But if it happens there is no such thing as fighting dirty. Stick your thumb in his eye and use weapons when he's unarmed. You can justify it all to yourself later.

Don't let yourself be limited by tradition. If we all did that we'd still live in caves.

Trust your guts more than anything or anyone else in the universe. No one else knows you as well as you.

Old people are really, really strong. And realize that a measure of strength is not how hard you can hit, but how hard you can get hit.

When in a moral, financial or violent crisis do whatever it takes to survive.

Don't watch day time TV, it will only make you feel stupid.

Maybe your opinion's right. Maybe it's not. Maybe you're gay, maybe you're not. Maybe you'll divorce. Maybe you'll end up behind a Seven-Eleven mumbling to yourself. But no matter what happens, you are the only person responsible for your outcome. Not your parents, not your culture, not your financial status. But don't be too hard on yourself. You had to make decisions at the time. A bad plan today is better than the best plan tomorrow.

Don't play head games and don't put up with people who play them with you.

Learn who your real friends are. Friends will help you move. Real friends will help you move a body.

Know where you're going, and know who's coming with you. But never get that order mixed up.

Be friends with your lovers, or when you get old the two of you will have nothing.

You are in charge of your own body. But be sure of what you do with it, because you're going to have it for a very long time.

Stand up for people who are smaller than you and people who are attacked emotionally and physically. They probably need your help, but they won't ask for it.

Be a good guy who does bad things from time to time. But looking in the mirror is the only way that you can judge yourself and make that call.

If you don't know what to do in any situation, consider the economics. Money is not the only thing in life, but it's really, really important.

Try to stop swearing, it makes you look like an idiot. But if you can figure out how to do this, let me know.

Try to patch things up with your family. If it takes, great. If not, try again in two years or when you feel strong enough. In the mean time, your friends will help you get by.

Don't date your ex's or have a long distance relationship. It can work, but it's more treacherous than a pissed off mink in a rabbit hole wired on bezed compound.

But trust me on the body armor.

“You're A Freak”

“Well, you think you're some kinda fucking computer guy.. you think you're something special, you think you know what's going on just 'cuz you're all fucking with your little system, you think you're some kinda Gargoyle, you think you sit there and look at your webcams watching people you fucking voyeur you peeping tom, you fucking freak..”

- “You're a freak..”

“..What's wrong with you? You sit there everyday and you're on this IRC talking to people you don't know about personal shit in your life and you think these people are your friends.. You think these people care about you? What the fuck?”

“All you do is you spend your time searching things on the web looking up new things, new information for gadgets, all these gadgets, look at all the gadgets you've got on your belt, you have fucking tools and leathermans and what the fuck else you got on there, holy shit..”

- “You're a freak..”

“You got a remote control other people's fucking cars never mind your own. What do you think you're some kind of hacker, you think you're some kind of cracker, phreaker? That what you think you are? You got breaking codes and games and striking back against riteous companies and people just trying to make an honest buck, you're sitting there taking away food from y'know Microsoft's mouth, Bill Gates has got to eat too y'know. Why you got to sit there and fucking take everything and think it should all be free, if everything was free nobody would have money to buy everything..”

- “You're a freak..”

“Why do you think you can just own other people's systems, you can walk in there and just do what you like.. Do you like that? Do you think that's cool? Do you think you should be able to do that? What are you thinking? That's not right, you're violating other people's right..”

- “You're a freak..”

“What do you think? You think that Nikola Tes.. What are you some kind of Houngan or something? You think Nikola Tesla was right? You think UFOs are real? You think all these Aleister Crowleistic chaos magic shit works? Instead you're going to just sit there and draw runics of chaos magic and put it on the web, try to steal people's power.. That's fucking weird man, that's some weird shit, not only that it's satanic, that's evil. You can't be doing that, what do you think you're doing?”

- “You're a freak..”

“Speaking of evil.. What do you think you're some kind of Prophet? Drawing arts on walls, vandalizing, wrecking billboards and riteous advertising put up by people who pay good hard working money that they can just spend to put that up there, I mean that's not damaging anything, they just put up signs but you have to go there and draw over that smoking sign with your fucking bullshit logo about whatever,

I mean what the hell is that? Is it some kind of little insect face or something I don't get that..”

- “You're a freak..”

“What about you? Fucking.. What do you think you're some kind of Nomad? You got a backpack full of shit, you never sit in any place for one length of time, you can't hold a job.. What's your career? What's your career? You used to have a promising career, you used to work at Starbucks.. Now what do you do? You just kinda live your life moving from one place to another.. You think you're fucking free? You're a bum, you're a fucking bum you got nothing, look at you, you suck..”

- “You're a freak..”

“What about you? Fuck.. You think you're some kind of Vampyre? You're wearing black all the time, your face is all fucking white, you sit there listening to morose music, talking to other freaky looking fucking people I don't know what their deal is.. Like hello vinyl.. Hello rubber it's supposed to be a tire, you don't wear it, what's the deal there? I mean y'know what's with the augmented fucking teeth you got in your head, all you do is you sit there and you got fucking pointy teeth, you scare the shit out of kids.. What do you think you're doing? That's not right, you're not going to be a productive member of society, you're not going to be anything positive, you are not going to grow up and have a family, the 3.5, how are you supposed to be productive, how are you supposed to be a decent consumer when you sit there and you look like Dracula twenty four hours a day..”

- “You're a freak..”

“What do you think you're some kind of fucking samurai or something? You some kind of Ronin? You got fucking guns all over your house, you're sitting there, you're stockpiling, you got barbwire going around your yard, people coming to your house knocking on your doors when they get in trouble, you got weird fucking friends, just like everyone else they sit there and they just fucking come to your home and you protect them and stuff, going to peoples houses, scaring people at rally's and stuff, cops are even fucking worried about you they get uneasy when you walk into a room because you look like you're liable to kill everyone in there, I mean that's just weird y'know.. Meeting people and everything, and the only people who like you are other weirdos, other freaks who are just like you who think that you're fucking cool..”

- “You're a freak..”

“What about you, you don't do anything anyway, you're no worse than the guy with the backpack, you some kinda adrenal junkie? You think you're going to trip off the flesh.. You some kinda Flesh Tripper? Is that what you are? You just sit there and fucking ride your mountain bike all day.. You think the fucking sea gives a shit about you? You're just going to sit there and ride your surf board or snow board down the side of the fucking mountain and think that's cool.. Ooh look at me, look at me, I can do tricks, I'm so fucking cool..”

- “You're a freak..”

“..You think you've got some kind of understanding? There's no understanding that you can't get out of a computer work terminal and I have the satisfaction of a good days' work working for my company but you - No, no, no.. 'I want to be out there with the trees and nature, I want to be understanding things..! Oh, whatever man, you're just wasting time, you're just wasting time..”

- "You're a freak.."

"What about you, you fucking slut.. you wierdo wearing all that fucking vinyl and Cenobite shit. I mean that's just sick. You sit there and you have sex with people. I mean god says homosexually is wrong, OK that's supposed to be wrong, what are you some kind of fucking sexual deviant y'know you're having sex with people and stuff? I mean, what about marriage? What about commitment? What about all those good family values? What about those? What about all those things that make people y'know, decent? You're not decent folk. You shouldn't be in decent neighborhoods, you shouldn't exposing children to these weird ideas about sexuality and masturbation and fantasizing.. That's just bad thoughts, that's like a thought crime, that's wrong, you shouldn't be doing that.."

- "You're a freak.."

"All you guys, you're just fucking freaks!"

- "You're a freak.."

Hey. Are you talking to me?